

"IT HAS TAKEN ME SEVERAL YEARS OF EXPLORATION, BUT I AM AT A PLACE NOW WHERE I SEE AUTISM AS NEITHER AN AFFLICTION NOR A SUPERPOWER. IT'S JUST THE BLUEPRINT FOR WHO I AM. THERE IS NO CURE, BUT THAT'S ABSOLUTELY FINE BY ME. TO CURE ME OF MY AUTISM WOULD BE TO CURE ME OF MYSELF."

-SARA GIBBS, DRAMA QUEEN: ONE
AUTISTIC WOMAN AND A LIFE OF
UNHELPFUL LABELS

# This issue:

NOTE FROM THE CHIEF DIVERSITY OFFICER

SEXUAL ASSAULT AWARENES AND PREVENTION MONTH

AUTISM ACCEPTANCE MONTH

OFFICE OF INCLUSIVE EXCELLENCE UPDATES & EVENTS

**EDUCATION CORNER** 

ANNOUNCEMENTS & EVENTS

MEDIA RECOMMENDATION

# MESSAGE FROM THE CHIEF DIVERSITY OFFICER

Greetings,

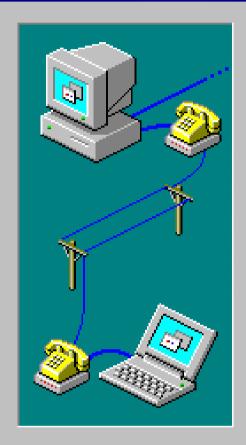
This month is Sexual Assault
Awareness Month, Arab American
Heritage Month, Autism
Awareness Month, Pride Week
(April 10, 2023, to April 15, 2023),
World Autism Awareness Day, and
Earth Day.

Additionally, this year Easter,
Passover, and Ramadan are
celebrated in April. We have
educational information, events,
and resources. Please enjoy this
month's issue of Diversity Digest.

Robin Kelley, Ph.D.
Chief Diversity Officer
Office of Inclusive Excellence.



## Welcome to Dial-Up Networking



Dial-Up Networking enables you to connect one computer to another computer and to the network by using a modem.

< <u>B</u>ack Next > Cancel

# EDUCATION CORNER

## **EDUCATION CORNER**

In this section we will be providing information on the difficult topic of sexual assault and harassment, providing resources both on campus and nation-wide, and showing our support for survivors of these experiences.

Also this month we will be sharing information on Autism (ASD), on-campus resources, links, and much more!

We recognize this can be a difficult month, perhaps more so than others. Please only view information that is safe for you to do so, and please skip this section if any of the information may be triggering for you. Take care of yourself, first and foremost!





Let's #HEALtogether







rainn.org/saapm

2023

# SAAR

Sexual Assault Awareness and Prevention Month

RAINN



EVERY 68 SECONDS, AN AMERICAN IS SEXUALLY ASSAULTED.

AND EVERY 9 MINUTES, THAT VICTIM IS A CHILD.

MEANWHILE, ONLY 25 OUT OF EVERY 1,000 PERPETRATORS WILL END UP IN PRISON.

THERE ARE MANY TYPES OF SEXUAL VIOLENCE, INCLUDING RAPE, CHILD SEXUAL ABUSE, AND INTIMATE PARTNER SEXUAL VIOLENCE—AND OTHER CRIMES AND FORMS OF VIOLENCE MAY ARISE JOINTLY IN THESE INSTANCES.

SEXUAL VIOLENCE CAN HAVE PSYCHOLOGICAL, EMOTIONAL, AND PHYSICAL EFFECTS ON A SURVIVOR. THESE EFFECTS AREN'T ALWAYS EASY TO DEAL WITH, BUT WITH THE RIGHT HELP AND SUPPORT THEY CAN BE MANAGED.

CONSENT IS AN AGREEMENT BETWEEN
PARTICIPANTS TO ENGAGE IN SEXUAL ACTIVITY.
CONSENT ALSO PLAYS AN IMPORTANT ROLE IN
DETERMINING IF ACT IS LEGALLY CONSIDERED A
CRIME.

WHEN A CRIME IS COMMITTED, THERE IS A WINDOW OF TIME THAT A STATE HAS TO CHARGE THE PERPETRATOR. THE LAWS THAT DETERMINE THIS TIME FRAME ARE CALLED CRIMINAL STATUTES OF LIMITATIONS, AND THEY VARY BY STATE, SITUATION, AND CRIME.

### SEXUAL ASSAULT AWARENESS AND PREVENTION

Gonzaga University fosters a climate free from sex and gender-based harassment, sexual assault, stalking, domestic and dating violence, and/or retaliation through clear and effective policies, coordinated education and prevention programs and the prompt and equitable resolution of all complaints of sexual harassment.

If you have experienced sexual assault, stalking, dating or domestic violence, gender or sex based discrimination there are many options for help, and know that we are here to assist you.

Getting to a safe place can be a good first step as you begin to explore options for support, healing and reporting. There are numerous places on and off campus that can assist you with accessing support resources. You have the choice of who tell about this incident, as well as what resources, support and reporting options you wish to pursue.



# FREQUENTLY ASKED QUESTIONS

Where do I find all the Information I may need regarding my rights, Gonzaga Title IX's Policies and processes, my options for support on and off campus, and more?

What are my options to get help?

Where can I get the most common questions I may have about any of these topics and more answered?

Where can I find information on what to do to help someone who has experienced an incident?

Where do I find more information on reporting an incident?





# FREQUENTLY ASKED QUESTIONS

# DO I HAVE TO FILE A FORMAL COMPLAINT IN ORDER TO RECEIVE ACCESS TO SUPPORT, RESOURCES OR TO ASK FOR AN INTERIM MEASURE?

No. If you are a Gonzaga Student, staff or faculty and have experienced Sexual Harassment as defined by either the Title IX Sexual Harassment policy or the Harassment and Non-Discrimination Policy, but are not sure whether or not you are ready or willing to file a formal complaint, you may still work with the Title IX Coordinator to: gain a better understanding of your support and reporting options, or request reasonable interim support measures to help you maintain access to your educational program or activity.



### SUPPORT/REPORTING OPTIONS YOU HAVE

# MEDICAL ATTENTION AND/OR EVIDENCE PRESERVATION

Seeking medical attention for an emergency and nonemergency.

# **CONFIDENTIAL SUPPORT**

Speaking with confidential resources such as on and offcampus professional counselors, medical professionals, community advocates and priests or clergy acting in their sacred confidence role, all of whom can offer complete and legally protected confidentiality. A complete list of such confidential resources can be found in the Harassment & Non-Discrimination Policy.



# **REPORTING THE INCIDENT**

Reporting the violence, abuse, harassment, misconduct or retaliation to the University and/or to Law enforcement for inquiry and investigation to stop the behavior, prevent its re-occurrence, address the behavior through administrative and/or criminal justice systems, and seek remedial action.

# **REPORTING OPTIONS INCLUDE:**

- Criminally through the Spokane Police Department
- Administratively through Gonzaga University Process
- Both through the Criminal and GU Administrative processes



# GONZAGA TITLE IX CONTACT



CHRISTINA THOMAS

Title IX Director & Lead Investigator

Email: thomasc1@gonzaga.edu

Phone: (509) 313-4104

# LINKS, RESOURCES, AND MORE

LINKS:

TYPES OF ABUSE AND SEXUAL VIOLENCE

**EFFECTS OF SEXUAL VIOLENCE** 

**UNDERSTANDING CONSENT** 

STATUTES OF LIMITATIONS

RAINN - GET HELP





# RAINN DAY

April 18, 2023 - is an opportunity for college students to demonstrate to their peers that they are an ally in the fight against sexual violence. This year, you can join them and elevate the conversation online by using the hashtags #RAINNDay and #WhatIWish.

# **DENIM DAY**



April 26, 2023—is an annual, national day of awareness that encourages participants to wear denim as a symbol of believing survivors and asserting that consent has nothing to do with your clothing. Follow us to get updates and post your own #DenimDay photo in solidarity.



# AUTISM SPECTRUM DISORDER (ASD)

## WHAT IS AUTISM SPECTRUM DISORDER?

Autism spectrum disorder (ASD) is a complex developmental condition involving persistent challenges with social communication, restricted interests, and repetitive behavior. While autism is considered a lifelong disorder, the degree of impairment in functioning because of these challenges varies between individuals with autism.

# HOW IS ASD DIAGNOSED?

ASD is a neurodevelopmental disorder, and it is thought to have a strong genetic component. However, medical tests such as blood tests or brain scans cannot currently be used to diagnose ASD. Instead, healthcare providers diagnose the condition based on the patient's history and behaviors.

SOURCE: AMERICAN PSYCHIATRIC ASSOCIATION SOURCE: AMERICAN PSYCHOLOGICAL ASSOCIATION



# HOW IS ASD DIAGNOSED? (CONTINUED)

Various experts can make this diagnosis, including some psychologists, pediatricians and neurologists. Psychologists (including neuropsychologists, who specialize in the relationship between the brain and human cognitive, behavioral and emotional functioning) are often involved in the diagnostic process. It is important that the expert making the diagnosis has extensive experience working with the wide range of symptoms associated with ASD.

To make a diagnosis of ASD, psychologists draw on a number of sources of information:

- Patient interviews.
- Observations of the patient's behavior.
- Tests of cognitive and language abilities.
- Medical tests to rule out other conditions.
- Interviews with parents, teachers or other adults who can answer questions about the patient's social, emotional and behavioral development.

SOURCE: AMERICAN PSYCHOLOGICAL ASSOCIATION

# SEEING A PSYCHOLOGIST ABOUT ASD

When psychologists diagnose ASD or meet with a patient with ASD for the first time, they typically perform a comprehensive evaluation. That evaluation acts as a roadmap that identifies the patient's strengths and areas of need to help guide treatment.

Each person with ASD is different and has a range of strengths and challenges. Psychologists can make recommendations based on an individual's cognitive, behavioral, emotional and academic needs. Those treatment plans can help ABA therapists, educators and others capitalize on the individual's strengths and accommodate any challenges.



# LINKS, RESOURCES, AND MORE

## DISABILITY ACCESS OFFICE

The Disability Access office in the Center for Student Academic Success at Gonzaga University establishes accommodations for students with disabilities as well as supports faculty and staff in providing those accommodations.

A disability, under the American's with Disabilities Act (as amended), is defined as any physical or mental impairment that substantially limits one or more major life activity of an individual.

If you are unsure if you have a medical condition that qualifies for disability accommodations, please call (509) 313-4134 or come into the Disability Access office (Foley Library 208) and talk to a staff member, do not delay meeting with a Disability Access representative out of concern for not having appropriate paperwork.

GONZAGA UNIVERSITY DISABILITY ACCESS OFFICE



# **DISABILITY ACCESS OFFICE**



#### Disability Access Office

Foley Center Library Room 208

"We have no hope of solving our problems without harnessing the diversity, the energy and the creativity of all our people."

- Roger Wilkins



#### **Dates and Deadlines**

The Disability Access office accepts accommodation requests at any time during the year. However, the assignment of some accommodations will impact other University departments, such as Housing.

If you are a sophomore or a junior, please contact us no later than **November 1** of the current year for Housing accommodation.

If you are a current freshman or a transfer to Gonzaga, Housing accommodation requests should come to us by **December 15** of the current year. If you are an incoming freshman, we should receive your Housing accommodation request by **May 15**.

#### **Examples of Accommodation:**

#### **Alternative Testing**

The Disability Access office encourages students and instructors to work together to meet testing accommodation needs. If the correct environment is not available or the accommodation is too complicated for the instructor to proctor, the student may take their exams with accommodations in the Academic Testing Center.

#### **Textbooks in Alternative Formats**

Some students need to listen to their books or enlarge the font in order to read effectively. Gonzaga uses an innovative approach to obtain textbooks in electronic formats. This allows students to use computer programs to listen to their books or adjust the font to allow for easier viewing.



# DISABILITY ACCESS

An office of the

Center for Student Academic Success

#### Gonzaga University Policy

Gonzaga University seeks to provide equal access for persons with disabilities to include students, employees and the public, to all educational programs, employment, activities, events and services which it operates, consistent with applicable Federal and state laws and Gonzaga policies.

Reasonable accommodations, academic adjustments, and public access will be provided to persons with disabilities to ensure they are provided an equal opportunity to participate in or benefit from any Gonzaga program, activity, event, or service.



# DISABILITY ACCESS OFFICE



#### What We Do

We are dedicated to facilitating and cocreating a welcoming and equal opportunity environment for persons with disabilities. We recognize the unique and intrinsic value of each person and are committed to serving all in an atmosphere of equality. To that end, we arrange accommodations and provide resources that allow students with disabilities to access University programs, services, activities and facilities.

A *disability* is defined as "a physical or mental impairment that substantially limits one or more major life activities" and it may be temporary or permanent. Major life activities include (but are not limited to):

- Learning
- Reading/Writing/Computing
- Focusing/Thinking
- Communicating
- Sleeping
- Breathing
- Eating/Digestion

#### Accommodations

All disability accommodations are determined on an individual basis. The Disability Access office determines appropriate accommodations by reviewing documentation, considering the environment, interviewing the student and deciding if the requested accommodation is reasonable. Some examples of accommodations are listed below; this list is not exhaustive.

#### Classroom Accommodations

- Note takers
- · Sign Language interpreters
- Modified furniture
- Classroom relocation

#### Alternative Media

- · Textbooks in alternative formats
- · Brailed materials or large print resources

#### Assistive Technology

- Training in text-to-speech and speech-totext programs
- Captioning
- · Sound amplification systems
- · Screen magnification systems

#### Alternative Testing

- Extended time
- Distraction reduced testing environment
- · Use of computer for essays

#### Student Life

- · Housing accommodations
- · Meal plan adjustments

#### Course and Policy Accommodations

- · Attendance policy accommodations
- · Priority registration

#### **Our Process**

Students requesting accommodation will submit an Accommodation Request Form to the Disability Access (DA) office. This form is available on the Disability Access website as below, under the *Student* link.

In addition to the Accommodation Request Form, students will need to provide the DA office with medical documentation of a diagnosed condition/disability. The Accommodation Request Form provides further information on criteria this documentation should address.

If a student is unsure whether they have a medical condition that qualifies them for disability accommodations, Disability Access staff are available for consultation.

#### **Contact Us**

**Disability Access** 502 E. Boone Ave. Spokane, WA 99258-0019

509-313-4134 (Phone) 509-313-5523 (FAX) disability@gonzaga.edu

Visit us on the web: www.gonzaga/disabilityaccess

or find us in the Foley Center Library, room 208.





# LINKS, RESOURCES, AND MORE

# **ACCOMMODATIONS RESOURCES**

For more information on how to secure accommodations, click this link!



To **begin the process** of securing accommodations, click this link to access and **fill out the Online Student Application** <u>here!</u>





# LINKS, RESOURCES, AND MORE

# **ACADEMIC TESTING CENTER**

The Academic Testing Center provides proctoring services for faculty that are seeking assistance in administering disability related exam accommodations.

# CENTER FOR STUDENT ACADEMIC SUCCESS

For information on the Center for Student Academic Success and resources available there, click this link!













Dialing...





WATCH FOR THE RELEASE OF THE OFFICE OF INCLUSIVE EXCELLENCE

# KEEP AN EYE OUT FOR NEW RELEASES FROM THE OFFICE OF INCLUSIVE EXCELLENCE:

Our Annual Report will be released at the end of this year! It will cover things accomplished by our office around campus and in the community for 2020-2022, as well as upcoming programs and exciting plans for 2023-2024.

Look for the release of our localusive Excellence
Strategic Plan later this year!





EARNH

# WEEK



# THE GONZAGA ENVIRONMENTAL ORGANIZATION



THE GONZAGA ENVIRONMENTAL ORGANIZATION AIMS TO EDUCATE THE GONZAGA COMMUNITY ABOUT SUSTAINABILITY BY HOSTING FUN EVENTS AND PROVIDING VOLUNTEER OPPORTUNITIES. GEO IS MADE UP OF THE FAIR TRADE/ENVIRONMENTAL JUSTICE, RETHINK WASTE, AND THRIFT SHOP SUBCOMMITTEES. FOR MORE INFORMATION, FEEL FREE TO EMAIL EWAGNER2@ZAGMAIL.GONZAGA.EDU, OR FOLLOW

US ON INSTAGRAM @GONZAGAGEO.

# EARTH WEEK EVENTS FROM THE GONZAGA ENVIRONMENTAL ORGANIZATION

# WASTE AUDIT- 4/17 FROM 11AM-1PM OUTSIDE HEMMINGSON

Learn how to properly sort waste by participating in the Welch vs. Desmet waste audit! We will be going through the dumpsters of Welch and Desmet dorms to see which dorm is best at sorting their waste. Anyone who attends from the winning dorm will receive a set of reusable utensils.

# S'MORES AND STARS- 4/20 FROM 7-8PM AT JUNDT AMPITHEATRE

S'mores and Stars is an event put on by GEO where we discuss light pollution while eating s'mores together!

# ROCK THE PLANET- 4/21 FROM 3-6PM AT THE JUNDT AMPITHEATRE

Rock the Planet is a celebration of the Earth! We will have 4 bands performing, tons of student vendors, outdoor games, and a food truck!





# JPOKANE COMMUNITY EVENTS





# <u>APRIL 20-22 - 7TH INTERNATIONAL CONFERENCE ON HATE STUDIES: THE</u> <u>CHALLENGES OF HATE IN THE 21ST CENTURY</u>

This conference is one of the leading interdisciplinary academic forums on hate, related social problems, and ways to create socially just and inclusive communities. The lessons learned and plans which emerge will help educators, researchers, advocates and others better analyze and counter hatred in its various manifestations to lead to communities being committed to peace, human rights, and justice.

TIME: Thursday, April 20th: 6:30 p.m. - 8:00 p.m.

Friday, April 21st: 9:00 a.m. - 6:00 p.m.

Saturday, April 22nd: 9:00 a.m. - 4:30 p.m.

LOCATION: Spokane Community College

1810 N Greene St, Spokane WA

# JPOKANE COMMUNITY EVENTS





#### APRIL 1-30 - UBUHLE WOMEN: BEADWORK AND THE ART OF INDEPENDENCE

"Ubuhle Women: Beadwork and the Art of Independence' exhibit showcases a new form of bead art, the ndwango, developed by a community of women living and working together in rural KwaZulu-Natal, South Africa. The six artists featured in the exhibition call their paintings in beads ndwangos, which translates as "cloth" or "rag."

TIME: Gallery is open Tuesday-Sunday, noon-4 p.m.

Through April 30

LOCATION: Northwest Museum of Arts and Culture 2316 W. First Ave, Spokane WA



# GONZAGA COMMUNITY EVENTS





#### APRIL 14 & 15 - STUDENT CHOREOGRAPHY CONCERT

Enjoy the variety of work presented by the Student Choreography class of 2023. This concert is sure to impress as students showcase creativity, vision, and leadership through completed dance works performed by students.

TIME:7:30 pm

LOCATION: Magnuson Theatre

#### **APRIL 28 - LAVENDER GRADUATION**

Honor graduating LGBTQ+ students and their allies for their achievements and contributions at Gonzaga University.

TIME: 4:30pm - 6:00pm

LOCATION: Wolff Auditorium



# GONZAGA COMMUNITY EVENTS





#### **APRIL 25 - ACADEMIC HONORS CONVOCATION**

Please join us for this annual event to recognize student and faculty achievement. Reception with light refreshments will immediately follow the ceremony.

TIME: 3:30 - 5:00pm

LOCATION: Hemmingson Auditorium

# <u>APRIL 28 - ANDREA BROWER'S "SEEDS OF OCCUPATION, SEEDS OF POSSIBILITY"</u>

Join Andrea Brower, Lecturer of Sociology, for a discussion of her recent book, "Seeds of Occupation, Seeds of Possibility," where she tackles the historical and social conditions that led to the chemical-seed industry's domination and testing of herbicide-resistant GM technologies in the Hawaiian Islands.

Dr. Brower will be joined in the conversation by Wendy Thompson, Director of the Office of Tribal Relations and Women's & Gender Studies assistant professor Noralis Rodriguez-Coss.

TIME: 5:00pm

LOCATION: Humanities Building - Room 153

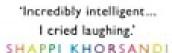








Connected!



'A standing ovation for this brutally honest, very funny and moving book.' RACHEL RILEY

SARA GIBBS

# DRAMA QUEEN

One Autistic Woman and a Life of Unhelpful Labels



A MEMOIR



'SARA GIBBS ABSOLUTELY NAILS THE DISORIENTING EXPERIENCE OF GROWING UP WITH UNDIAGNOSED AUTISM.' - JOANNE LIMBERG, AUTHOR OF LETTERS

JOANNE LIMBERG, AUTHOR OF LETTERS
TO MY WEIRD SISTERS

**PURCHASE HERE** 



APRIL 2023

# THAT'S ALL FROM US HERE AT THE OFFICE OF INCLUSIVE EXCELLENCE THIS APRIL!

ENJOYED THE NEWSLETTER? SCROLL DOWN TO **SUBSCRIBE!** 

GIVE US A FOLLOW ON INSTAGRAM

@GONZAGADIVERSITY

OR FEEL FREE TO EMAIL US AT

INCLUSIVEEXCELLENCE@GONZAGA.EDU

TO STAY IN TOUCH!





# FOLLOW THE LINK BELOW TO SUBSCRIBE TO DIVERSITY DIGEST!

CLICK HERE TO SUBSCRIBE AND STAY UP TO DATE WITH THE OFFICE OF INCLUSIVE EXCELLENCE!



ANY FEEDBACK FOR US? PLEASE EMAIL
US AT
INCLUSIVEEXCELLENCE@GONZAGA.EDU
OR DM US ON INSTAGRAM
@GONZAGADIVERSITY AND LET US
KNOW!!