



**FACULTY
CANDIDATE
GUIDE**

Employee Benefits

Benefit plans effective January 1–December 31, 2023

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We are thrilled that you're interested in being a Zag!

Here at Gonzaga University, benefits are an integral part of the overall compensation package provided by Gonzaga University and a key tool in recruiting and retaining great employees. It is our objective to offer comprehensive and affordable coverage that meets our employees' needs. Gonzaga University intentionally develops the whole person—intellectually, spiritually, culturally, physically, and emotionally. Here at Gonzaga University, we are committed to our Jesuit values and an environment of *cura personalis* or care for the whole person. We want to take care of you, so you can take care of your students.

Within this Benefits Guide you will find important information on the benefits available for the 2023 plan year (January 1–December 31, 2023). Please take a moment to review the benefits Gonzaga University offers.



GONZAGA'S NEW EMPLOYEE ORIENTATION

At Gonzaga's New Employee Orientation we will take a deep dive into your benefits and how to enroll in them.

Learn more about the many benefits available in Gonzaga's comprehensive benefits program. You'll have the opportunity to get all your questions answered so you can take full advantage of the benefits provided for you and your family.

ELIGIBILITY

Regular, full-time employees become eligible for health coverage on the first of the month following date of hire (or coinciding with date of hire if hired on the first of the month).

Many of the plans allow you to cover your eligible dependents, which include:

- Your legal spouse.
- Your children to age 26, regardless of student, marital, or tax-dependent status.
- Your dependent children of any age who are physically or mentally unable to care for themselves.

WHO PAYS

Some benefits are 100% paid by Gonzaga University, while others require that you contribute.

Benefit	You Pay	Gonzaga University Pays
Medical Insurance	X	X
Dental Insurance	X	X
Vision Insurance	X	
Flexible Spending Accounts	X	
Basic Life and AD&D Insurance		X
Supplemental Life and AD&D Insurance	X	
Long-Term Disability		X
403(b) Retirement Savings Plan	X	X
Health Advocate		X
SupportLinc		X

PAY SCHEDULE

You will be paid on the 10th and 25th of each month. If these dates fall on a weekend or holiday, the payroll date will be the business day prior to the weekend or holiday.

MEDICAL BENEFITS

Gonzaga University offers a self-funded medical plan with customer service and network access provided by Premiera.

The Premiera plan offers in- and out-of-network benefits, providing you the freedom to choose any provider. However, you will pay less out of your pocket when you choose a Premiera provider. Locate a Heritage network provider or facility at premera.com. Select "Heritage & Heritage Plus 1" as your network when searching as a guest.

The table below summarizes the benefits of the medical plan. The coinsurance amounts listed reflect the amount you pay. Please refer to the official plan documents for additional information on coverage and exclusions.

Summary of Covered Benefits	Premera PPO	
	In Network	Out of Network
Plan Year Deductible Individual/Family	\$500/\$1,000	\$500/\$1,000
Out-of-Pocket Maximum Individual/Family	Includes deductible, copays, and coinsurance	
	\$3,500/\$10,000 ¹	Unlimited
Pharmacy Out-of-Pocket Maximum Individual/Family	\$1,500/\$3,000	Unlimited
Preventive Care	Plan pays 100%	Not covered
Physician Services		
Primary Care Physician	\$25 copay	40% after deductible
Specialist	\$25 copay	40% after deductible
Telemedicine	\$10 copay	Not covered
Behavioral Health Telemedicine	\$10 copay	Not covered
Physical Therapy Telemedicine	\$10 copay	Not covered
Urgent Care	\$35 copay	40% after deductible
Lab/X-Ray		
Diagnostic Lab/X-Ray	20% after deductible	40% after deductible
High-Tech Services (MRI, CT, PET)	20% after deductible	40% after deductible
Hospital Services		
Inpatient	\$250 copay, then 20% after deductible	40% after deductible
Outpatient	20% after deductible	40% after deductible
Emergency Room	\$150 copay, then 20% after deductible (ER copay applies to Inpatient Hospital copay if admitted)	
Therapies		
Acupuncture (12 visits per calendar year)	\$25 copay	40% after deductible
Chiropractic (24 visits per calendar year)	\$25 copay	40% after deductible
Physical, Speech, and Occupational Therapy (45 visits combined per calendar year)	\$25 copay	40% after deductible
Prescription Drugs		
Preferred Generic	\$7 copay	\$7 copay, then 40%
Preferred Brand	\$25 copay	\$25 copay, then 40%
Preferred Specialty	\$50 copay	Not covered
Non-Preferred Generic	30%	30%, then 40% after deductible
Non-Preferred Brand	30%	30%, then 40% after deductible
Non-Preferred Specialty	30%	Not covered
Mail Order (Up to a 90-day supply)	\$17.50/\$62.50 copay	Not covered

(1) \$7,000 for a family of two; \$10,000 for a family of three or more.



MEDICAL BENEFITS

FREE PREMERA 24-HOUR NURSELINE

Access a registered nurse for all of your health care questions.

Gonzaga University offers virtual therapy through SupportLinc to all employees. See page 19 for details.



FREE Premera 24-Hour Nurseline

Not sure if you should call your doctor, go to urgent care, or the ER? Advice on what to do is just a phone call away—24 hours a day, 7 days a week, 365 days a year. A Premera registered nurse helps you decide what to do and where to go for in-network care.

TELEMEDICINE

You have access to three telemedicine options through Premera: Doctor on Demand, 98point6, and Talkspace. Whether you're on the go, at home, or at the office, care comes to you in the form of virtual care.



Doctor on Demand

Get care from the comfort of home without an appointment. Connect from your phone, computer, or tablet to receive care for common health issues like allergies, asthma, sore throat, fever, headache, rashes, and much more. Urgent care, therapy, and psychiatry visits are also available.



98point6

Connect with a doctor via text through 98point6. 98point6 is a text-based service that helps you receive a diagnosis, get treatment, or consult on a health issue with a doctor from your smartphone. Immediate care is available on your schedule.



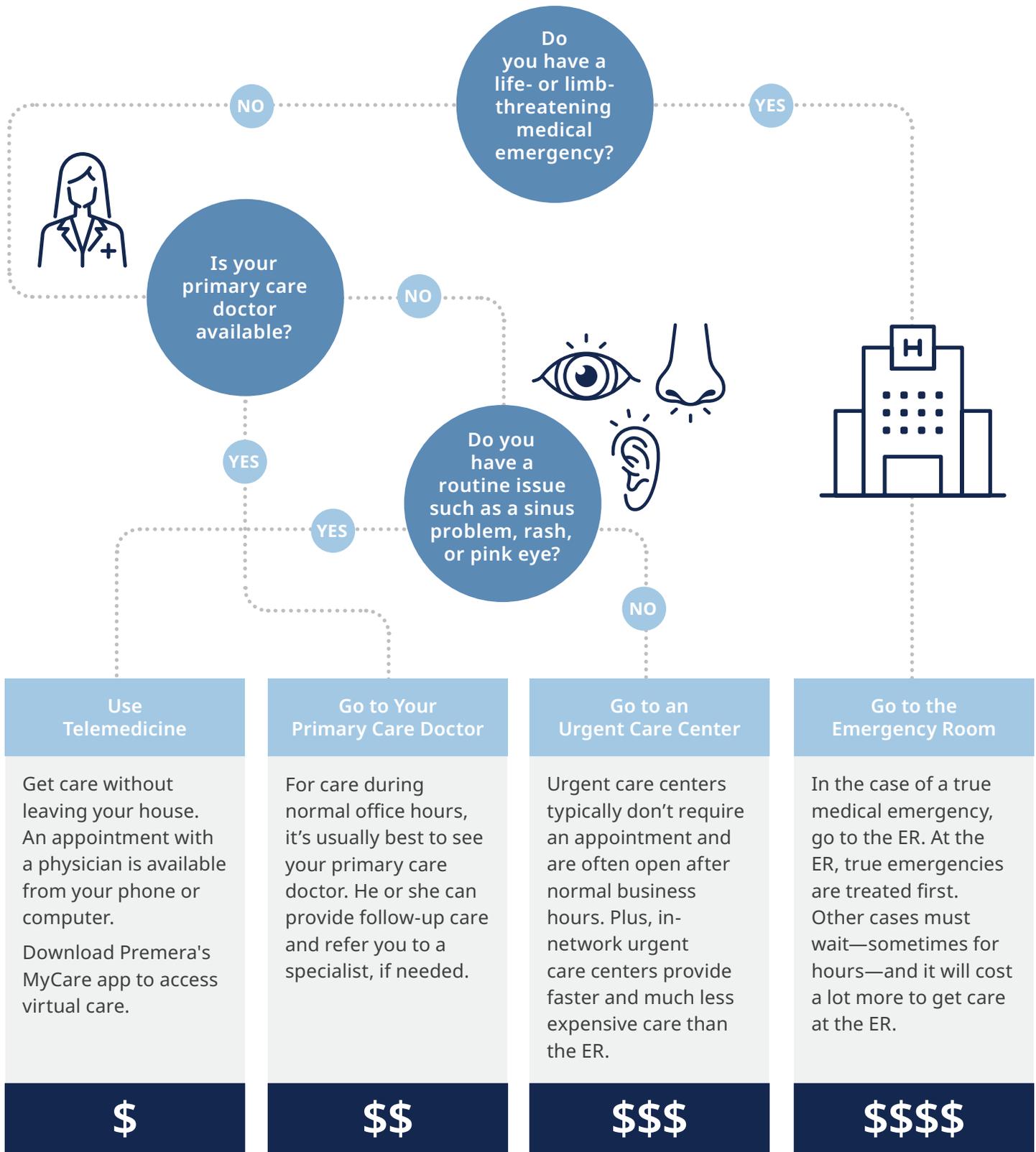
Talkspace

Talkspace is an online therapy service that connects you to licensed therapists anytime, anywhere. You can regularly talk with dedicated therapists via private text, voice, or video as life happens. Therapists engage daily, five days per week.

MEDICAL BENEFITS

Know where to go for care.

Where you go for medical care can make a big difference in how much you pay and how long you wait to see a health care provider. Use the chart below to help you choose where to go for care or call the FREE Premera 24-hour NurseLine.



MEDICAL BENEFITS

As part of your Premera medical plan, you have access to the following tools and resources to support your health.

LIVONGO FOR DIABETES AND HYPERTENSION

Livongo is a digital health program that empowers people with chronic conditions to live better and healthier lives. The Livongo diabetes and hypertension programs are free to qualifying members enrolled in Gonzaga's Premera medical plan. The easy-to-use Livongo meter provides real-time personalized tips based on your blood glucose readings. Livongo helps make living with high blood pressure easier by providing you with a connected monitor, a mobile app that provides personalized feedback, and one-on-one coaching.

OMADA WEIGHT LOSS PROGRAM

Omada is a digital lifestyle change program that inspires healthy habits that last. Omada combines the latest technology with ongoing support so you can make the changes that matter most—whether that's around eating, activity, sleep, or stress. It's an approach shown to help you lose weight and reduce the risks of type 2 diabetes and heart disease.

You will start with a 16-week online weight loss program that has helped Gonzaga employees and their spouses lose 1,324 pounds since it was introduced several years ago. You will then continue to build on your new healthy habits through Omada's ongoing program support.

Omada features include:

- Interactive program to guide your journey.
- Wireless smart scale to monitor your progress.
- Weekly online lessons to empower you.
- Professional health coach for added support.
- Small peer group to keep you engaged.

If you or your covered adult dependents are at risk for type 2 diabetes or heart disease, Omada is available at no cost to all benefits-eligible employees and their spouses enrolled in the Premera medical plan through Gonzaga.

OMADA FOR JOINT AND MUSCLE HEALTH (FORMERLY PHYSERA)

With a network of licensed physical therapists, Omada's virtual physical therapy program provides care navigation, diagnosis, and personalized guided exercise therapy through the convenience of a smartphone. Once completing treatment, individuals have ongoing access to Omada's exercise library and educational content. The physical therapy copay applies for virtual physical therapy.



MEDICAL BENEFITS

HINGE HEALTH FOR JOINT AND MUSCLE PAIN

Hinge Health is a digital musculoskeletal solution that equips you with the tools and physical therapy to reduce muscle and joint pain.

Chronic pain can affect every aspect of your life: work, home, even your relationships. Back, knee, hip, neck, and shoulder pain make everything more difficult. We introduced Hinge Health Chronic Care in 2021 to help those dealing with muscle and joint pain and have seen some amazing results.

The following year was truly groundbreaking: a wearable technology for lasting pain relief.

Participants in the Chronic program receive a welcome kit with a free tablet, sensors, and app that work together right out of the box. The sensors allow you to follow the exercises displayed on the tablet, showing you how to move and adjust your body in real-time.

The programs are made up of 15-minute playlists that you work through three times per week, are tailored to your abilities and pain, and adapt as you continue to improve. You will have your own personal health coach you can email, text, or call to answer all your questions.

On average, participants reduce their pain by more than 60%, and 90% of participants say they are now less likely to pursue surgery as an option for pain relief than they were before using Hinge Health.

For 2023, Gonzaga is offering all four program options. Download the Hinge Health app, complete a short assessment, and you will be matched with the right program for you:

- **Prevention:** Learn healthy habits and receive in-app exercises designed by physical therapists and customized for your job.
- **Acute:** Schedule a physical therapist video visit and receive a customized care plan with exercise recommendations and support.
- **Chronic:** Use the free tablet and sensors to guide exercise therapy with support from your physical therapist and health coach, plus the pain relief of Enso.
- **Surgery:** Most surgery program participants come directly from the Chronic program. You will continue care with your physical therapist and your provider with rehab pre- and post-surgery. An expert medical opinion is also available if you are not sure surgery is right for you.

All services are offered at no cost to employees and their spouses enrolled in a Premera medical plan through Gonzaga.



WELLNESS PROGRAM

ZAGFIT WELLNESS

PHYSICAL • MENTAL • SPIRITUAL • FINANCIAL • EMOTIONAL

At Gonzaga University, it is our mission to intentionally develop the whole person. That's why we offer an extensive and all-encompassing wellness program for our employees and their families to help improve their physical, mental, spiritual, financial, and emotional health.

ZAGFit is full of programs and resources to improve your wellbeing and help support a healthy work-life balance. No matter where you are in your personal fitness journey, we want to support you in your health and wellness goals.

As part of the ZAGFit wellness program, we offer monthly wellness challenges, preventive programs, and many financial resources, such as coaches and monthly webinars. We encourage all employees to participate in the wellness program.

Gonzaga University employees and their spouses are eligible for a \$250 wellness incentive if they fulfill the following requirements:

1. Enroll in the Gonzaga medical plan.
2. Earn 300+ wellness points annually.
3. Complete their personal health profile.
4. Complete their biometric screening.

Employees and spouses enrolled in the Gonzaga medical plan are eligible for free biometric screenings at our annual wellness fair every October. Additionally, Gonzaga University provides flu shots to all employees and their spouses **AT NO COST** during this event.

The Health Advocate wellness program is available to employees, spouses, and dependents age 18+. The program includes one-on-one coaching sessions, a wellness plan, challenges, workshops, and more.

DENTAL BENEFITS

Gonzaga University offers two dental insurance plan options through Delta Dental: the PPO and the DeltaCare Managed Care Plan.

- The Delta Dental PPO plan offers in- and out-of-network benefits, providing you the freedom to choose any provider. However, you will pay less out of your pocket when you choose a Delta Dental provider. Locate a network provider at deltadentalwa.com. Select the **Delta Dental PPO** network.
- The DeltaCare Managed Care Plan provides in-network benefits only. Locate a network provider at deltadentalwa.com. Select the **DeltaCare** network.

The table below summarizes key features of the dental plans. The coinsurance amounts listed reflect the amount you pay. Please refer to the official plan documents for additional information on coverage and exclusions.

Summary of Covered Benefits	Delta Dental PPO		DeltaCare Managed Care Plan
	PPO Dentist	Non-Participating Dentist	In Network Only
Plan Year Deductible Individual/Family	\$50/\$150	\$50/\$150	None/None
Plan Year Benefit Maximum	\$1,500		Unlimited
Preventive Care (Oral exams, cleanings, x-rays)	Plan pays 100%	20% after ded.	General office visit: \$0 copay Specialist office visit: \$0 copay Preventive care: \$0
Basic Services (Periodontal services, endodontic services, oral surgery, fillings)	20% after ded.	40% after ded.	You pay a copay for each covered procedure. See schedule of benefits for details. Refer to the official plan documents for more information.
Major Services (Bridges, crowns [inlays/onlays], dentures [full/partial], dental implants)	50% after ded.	60% after ded.	
Orthodontia Services	N/A		Child: \$1,600 copay Adult: \$2,000 copay



VISION BENEFITS

Gonzaga University offers a vision insurance plan through VSP.

You have the freedom to choose any vision provider. However, you will maximize the plan benefits when you choose a network provider. Locate a VSP network provider at vsp.com.

The table below summarizes key features of the vision plan. Please refer to the official plan documents for additional information on coverage and exclusions.

Summary of Covered Benefits	Vision Plan	
	In Network	Out of Network
Eye Exam (Every 12 months)	\$10 copay	Reimbursement up to \$50
Standard Plastic Lenses (Every 12 months) Single/Bifocal/Trifocal/Impact-Resistant Lenses for Dependent Children	\$25 copay	Reimbursement up to \$50/\$75/\$100
Frames (Every 24 months)	\$150 frame allowance at Sam's Club and Walmart; \$80 frame allowance at Costco \$170 featured brands allowance \$150 allowance + 20% off balance	Reimbursement up to \$70
Contact Lenses (Every 12 months in lieu of standard plastic lenses) Lenses Fitting and Evaluation	\$130 allowance (copay waived) \$60 copay	Reimbursement up to \$105 ¹ Reimbursement up to \$105 ¹

(1) Applies to professional fees and materials.



FLEXIBLE SPENDING ACCOUNTS

Gonzaga University offers two pre-tax flexible spending account (FSA) options through Rehn and Associates.

If you take advantage of the FSA you'll be able to log in to your account to: view your account balance(s), calculate tax savings, view eligible expenses, download forms, view transaction history, and more.

HEALTH CARE FSA (NOT ALLOWED IF YOU FUND AN HSA)

Pay for eligible out-of-pocket medical, dental, and vision expenses with pre-tax dollars.

The health care FSA maximum contribution is \$3,050 for the 2023 calendar year.

DEPENDENT CARE FSA

The dependent care FSA allows you to pay for eligible dependent day care expenses with pre-tax dollars. Eligible dependents are children under 13 years of age or other immediate family members who are physically or mentally unable to care for themselves, such as a child over 13, spouse, or elderly parent residing in your home.

You may contribute up to \$5,000 to the dependent care FSA for the 2023 plan year if you are married and file a joint return or if you file a single or head of household return. If you are married and file separate returns, you can each elect \$2,500 for the 2023 plan year.



A list of eligible medical, dental, and vision expenses can be found in IRS Publication 502. Refer to IRS Publication 503 for eligible dependent care expenses.

HOW TO USE AN FSA

1

contribute

Decide how much to contribute to your FSA on a plan year basis up to the maximum allowable amounts. This amount will be evenly divided by the number of pay periods and deducted on a pre-tax basis from your paycheck.

2

pay

Use your FSA debit card to pay for eligible expenses at time of service or submit a claim for reimbursement online. Keep all receipts in case Rehn and Associates requires you to verify the eligibility of a purchase.

3

use it or lose it

Use your FSA funds before the end of the plan year—any remaining funds will be forfeited. You have a two month and 15 day grace period after the end of the plan year to submit 2023 expenses. Dependent care expenses must be submitted by the last day of the plan year.

LIFE AND AD&D BENEFITS

Gonzaga University's comprehensive benefits package includes financial protection for you and your family in the event of an accident or death.

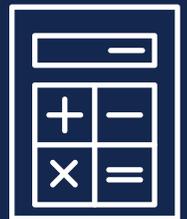
BASIC LIFE AND AD&D INSURANCE

Gonzaga University automatically provides basic life and accidental death and dismemberment (AD&D) insurance through Lincoln Financial Group to all benefits-eligible employees **AT NO COST**. If you die as a result of an accident, your beneficiary would receive both the life benefit and the AD&D benefit. **Please be sure to keep your beneficiary designations up to date.**

- **Employee life benefit:** 2x annual earnings up to a maximum of \$600,000
- **Employee AD&D benefit:** 2x annual earnings up to a maximum of \$600,000

Depending on your personal situation, basic life and AD&D insurance might not be enough coverage for your needs. To protect those who depend on you for financial security, you may want to purchase supplemental coverage.

Use the calculator at lfg.com to find the right amount for you.



SUPPLEMENTAL LIFE AND AD&D INSURANCE

Gonzaga University provides you the option to purchase supplemental life and AD&D insurance for yourself through Lincoln Financial Group. You can purchase life insurance for your spouse and dependent children.

You must purchase supplemental coverage for yourself in order to purchase coverage for your spouse and/or dependents. Supplemental life rates are age-banded. Benefits will reduce to 65% at age 65 and to 50% at age 70. The spouse's benefits coverage ends when they turn 70.

- **Employee:** \$10,000 increments up to \$500,000 or 5x annual salary, whichever is less—guarantee issue: \$150,000
- **Spouse:** \$5,000 increments up to \$150,000 or 50% of the employee's election, whichever is less—guarantee issue: \$50,000
- **Dependent children:** Birth to 6 months: \$500; 6 months to age 26: \$5,000 increments up to \$10,000



If you elect supplemental coverage when you're first eligible to enroll, you may purchase up to the guarantee issue amount(s) without completing a statement of health (evidence of insurability). If you do not enroll when first eligible, and choose to enroll during a subsequent annual open enrollment period, you will be required to submit evidence of insurability for any amount of coverage. Coverage will not take effect until approved by Lincoln Financial Group.



DISABILITY BENEFITS

SHORT-TERM SALARY CONTINUATION

Eligible faculty receive six (6) months of salary continuation if they are medically unable to work. After one full year of service, eligible faculty can receive one full semester of paid parental leave for the birth or adoption of a child.

LONG-TERM DISABILITY INSURANCE

Gonzaga University automatically provides long-term disability (LTD) insurance to all benefits-eligible employees **AT NO COST**. LTD insurance is designed to help you meet your financial needs if your disability extends beyond the short-term benefit duration period. You are eligible after one year of employment.

- **Benefit:** 66.67% of base monthly pay up to \$13,000
- **Elimination period:** 120 days
- **Benefit duration:** Later of age 65 or social security normal retirement age
- **Own occupation period:** 24 months
- **Waiver of premium:** You will not be required to pay premiums during any time of approved total or partial disability
- **Pre-existing condition exclusion:** 3/12; benefits will not be paid for any disability for which you received medical treatment, care, or consultation for during the 3 months preceding your effective date until you have been covered under the policy for 12 months

RETIREMENT

Gonzaga University offers a 403(b) retirement savings plan administered by TIAA.

AUTO-ENROLL

Employees are auto enrolled at 3% into the plan and can change their elections at any time.

GONZAGA UNIVERSITY CONTRIBUTION

After one full year of service, employees who have met the threshold of 1,000 hours compensated are eligible for the Gonzaga University 8.5% contribution.

EMPLOYEE CONTRIBUTION

When the GU contribution begins, employees are also enrolled in the mandatory 5% employee contribution.

VESTING

All contributions are immediately 100% yours.

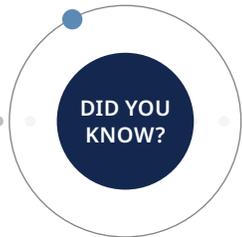
2023 ANNUAL MAXIMUM CONTRIBUTIONS

Voluntary contributions are allowed into the 403(b) plan up to the IRS annual maximum.

	Under Age 50	Age 50+
403(b) Contributions	\$22,500	\$30,000

TIAA TOOLS AND RESOURCES

To schedule your free, in-person session with a financial consultant or access unlimited financial planning and wealth management services, visit tiaa.org/tools.



Employees are immediately 100% vested in their retirement savings plan.

RESOURCES

TIAA OFFICE HOURS AND MONTHLY WEBINARS

As part of Gonzaga University's holistic approach to wellness and cura personalis (care for the whole person), we offer TIAA office hours to help our employees meet their financial goals and meet one-on-one with financial counselors. Financial wellness is so important at Gonzaga University that we allow employees to use work hours to meet with our TIAA financial counselors. TIAA also holds monthly financial webinars that employees can participate in.

HR BENEFITS OFFICE HOURS

Navigating through benefits, leave programs, and wellness can be difficult; the HR benefits team is here to help. Every Wednesday, the Gonzaga University benefits team has open office hours to help answer your questions—no matter how small. Our goal is to provide you with the support and resources you need to thrive so you can better serve our students.



🔍 RESOURCES

RESEARCH SUPPORT

Gonzaga University provides research and development support to all faculty.

Offerings include:

- Allocated funds to support faculty research and professional development through the deans' budgets. Access information about these funds via the applicable Office of the Dean.
- The Office of Sponsored Research Programs (SRPs). SRPs can assist faculty with identifying and applying for grants.

LEGAL AND FINANCIAL ASSISTANCE THROUGH SUPPORTLINC

Legal Assist and Financial Assist through SupportLinc offers assistance with all of the following:

- Consumer issues
- Criminal law
- Debt and bankruptcy
- Estate planning
- Family law
- Financial calculators
- Home buying and selling
- Law library of congress
- Lawyers and court
- Legal resources
- Legal information
- Personal finance
- Real estate
- Taxes

SAVI STUDENT DEBT SOLUTION

Through TIAA, the SAVI Student Debt Solution can help you find out if you qualify for the federal Public Service Loan Forgiveness (PSLF) program. You may be eligible for the PSLF if you work full-time for a 501(c)3 not-for-profit organization, which includes Gonzaga University.

GREENPATH FINANCIAL WELLNESS

TIAA is partnering with the non-profit GreenPath to provide confidential debt coaching to help you tackle your financial goals with a personalized plan. Get help dealing with credit card debt, medical bills, student loans, and more. Your coach can help you find out what motivates you to change your habits, reduce debt, improve your credit score, and build wealth.

ADDITIONAL BENEFITS

PERSONAL AND PROFESSIONAL DEVELOPMENT

Throughout the year, employees have access to ample learning opportunities that support day-to-day work, long-term professional development, and individual and collective health and wellness.

Offerings include:

- Monthly, bite-size sessions on topics like communication, conflict styles, cultural fluency, giving feedback, managing change, building resilience, mental models, and more!
- Monthly in-depth sessions on the essentials of supervision and incorporating Jesuit principles into leadership practices.
- Intact-team sessions that are customized to meet the unique needs of a team, such as how to best leverage each person's strengths to effectively work together.
- Instructional design and development services through Gonzaga's Office of Instructional Design and Development (IDD) are available to assist faculty in designing and developing online courses for online programs.
- And more!

Employees have access to the following professional development opportunities provided by the Center for Teaching and Advising (CTA):

- **New faculty support:** The CTA provides essential support for first-year faculty members beginning with New Faculty Orientation in late August to monthly meetings of the New Faculty Learning Community. CTA will help familiarize you with instructor resources and opportunities to learn best practices in pedagogy and course design.
- **Advising support:** During your second year at Gonzaga, faculty typically begin their academic advising for students. The CTA will provide "just in time" training and support for new faculty advisors. Monthly meetings with campus experts and colleagues will focus on topics that align with the advising cycle, as well as specific issues that emerge during the academic year (e.g., student wellbeing, advising international students and those on the margins, etc.).
- **Innovative and inclusive pedagogy:** The CTA supports faculty across their careers with workshops and training sessions to enhance their teaching through innovative and inclusive pedagogical approaches to promote student engagement, authentic assessment, and inclusive classrooms. From lunch-time sessions to more in-depth and focused workshops, faculty will gain advice from experts and learn from colleagues about tools, strategies, and academic technologies that help promote greater student learning and result in a more welcoming and inclusive classroom environment.

The CTA does this work in partnership with offices across campus that support faculty development as well as student growth, development, health, and wellbeing. These offices include the Center for Student Academic Success (CSAS), Instructional Design and Delivery (IDD), Academic Technology Applications Support (ATAS), the Office of Inclusive Excellence (OIE), the Foley Center Library, the Office of Health Promotion, and Diversity, Inclusion, Community & Equity (DICE), the Center for the Study of Hate, and Productive Discomfort Faculty Affinity Group.

WHERE INSPIRATION AND INNOVATION MEET DETERMINATION

ADDITIONAL BENEFITS

SUPPORTLINC

Gonzaga University offers support services **AT NO COST** to you and your household through SupportLinc. SupportLinc is a free, strictly confidential service that includes 24/7 online and telephonic counseling and up to **five free face-to-face visits** per person, per issue, per year with a licensed clinician.

SupportLinc offers assistance for the following:

- Legal consultations in person or by phone with a local attorney
- Child care
- Elder care
- Pet care
- Financial consultation for retirement, budgets, debt, and more
- Emotional and work-life counseling
- Family and marital conflicts
- Major life changes
- Depression, stress, and anxiety
- Addiction
- And more

Download the SupportLinc mobile app to access these additional support services on the go:

- **TextCoach:** Personalized counseling services you can access at home or via mobile.
- **TextCoach for Teens:** Adolescents ages 13 and up can access TextCoach with parent or guardian permission.
- **Animo:** Self-guided support resources to help improve your emotional wellbeing.
- **Virtual Support Connect:** Moderated support group sessions via anonymous chat-based platforms.

Don't hesitate to reach out whenever you need it. No personal information is ever shared with Gonzaga University and access to SupportLinc is completely confidential.



Need help getting started? Use the Navigator service on the SupportLinc website and take a brief mental health survey to get personalized support based on your needs.



ADDITIONAL BENEFITS

GU LIVING—SUPPORT FOR LIFE

Gonzaga University provides detailed referrals and information on social and wellbeing services.

Achieve improved work-life balance with access to these resources:

- Adoption services
- Career and life counseling
- Housing opportunities
- Legal and law services
- Pet care
- Financial planning/CPAs
- Home and care services
- Travel
- Gym and fitness centers
- Hobby courses
- Health and wellness services
- Financial assistance
- Food security programs
- And much more

To access these services, call 844-523-3368.

ADDITIONAL BENEFITS

Gonzaga University provides the following additional benefits to employees.

HEALTH ADVOCATE

Gonzaga University provides you with access to Health Advocate **AT NO COST**. Health Advocate offers personal and confidential health and wellbeing support anytime, anywhere.

Your personal health advocate can:

- Offer support for common to complex medical issues.
- Answer questions about diagnoses and treatments.
- Locate in-network doctors and make appointments.
- Coordinate second opinions and transfer medical records.
- Resolve insurance claims and medical billing issues.

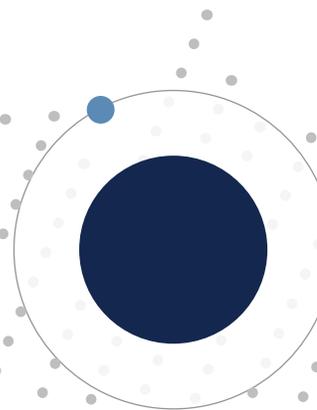
WORK STRIDE: NAVIGATING CANCER

John Hopkins faculty created Work Stride to support working cancer patients, caregivers, and their managers. The program provides a web portal with information and resources that you can access at any time.

Access these cancer support resources:

- Screening and prevention options
- Understanding your diagnosis and treatment
- Balancing treatment and work
- Caregiving
- Coping
- Navigating the financial, insurance, and legal impacts of cancer
- Supporting your employees through a cancer diagnosis

When you need someone you can talk to, the Johns Hopkins oncology Nurse Navigators provide critical guidance and resources for each stage of the cancer journey. They are available 24/7 through telephonic, email, and text support.



ADDITIONAL BENEFITS

CHILDCARE

Gonzaga University is focused on family and we understand that finding childcare may be difficult. GU Living provides 24/7 free, confidential resources and referrals to daycares near Gonzaga University and your home. Let GU Living take the stress out of finding daycare options. To access GU Living, call 844-523-3368.

St. Aloysius School Partnership

Gonzaga University has also partnered with St. Aloysius School to provide prioritized placement for the children of Gonzaga University employees in their high-quality infant care and early learning programs. St. Aloysius School is located just two blocks north of Gonzaga University.

TUITION WAIVERS

At Gonzaga University, we are committed to the ongoing development of those who work here. We provide a tuition waiver program to help you and your immediate family reach their educational goals.

Tuition can be waived for you to receive **one** undergraduate, graduate, and doctoral degree while you are employed at Gonzaga University. Your spouse is eligible for one undergraduate or graduate degree, and children who qualify are eligible for one undergraduate degree.

Per IRS regulations, Gonzaga University employee tuition waivers for education are excluded from employees' wages up to \$5,250 or around 5 credits per calendar year. This includes tuition waivers for post-baccalaureate classes. Any tuition waiver amounts provided above \$5,250 per calendar year are taxable to the employee. All employee spouse tuition waivers for education are taxable to the employee.

Family member tuition is dependent upon employment length with Gonzaga University. Tuition rates are as follows:

◦ **Employees:**

- » 1st anniversary—100% tuition

◦ **Spouse and child(ren):**

- » 1st anniversary—50% tuition
- » 3rd anniversary—75% tuition
- » 5th anniversary—100% tuition

TUITION EXCHANGE

Faculty and Staff Children Exchange (FACHEX)

FACHEX is a program in which children of eligible employees of participating Jesuit colleges and universities may apply for undergraduate admission to one of the institutions and, if accepted, are eligible for tuition remission subject to the terms and conditions set by the accepting institution. All Jesuit schools, with the exception of Georgetown, currently participate in this exchange program.

Visit ajcunet.edu for more information.

Tuition Exchange Program

The Tuition Exchange Program is a national scholarship exchange program for institutions of higher education. Children of eligible employees may apply for undergraduate admission to one of the participating institutions and, if accepted, are eligible for tuition remission subject to the terms and conditions set by the accepting institution. Visit tuitionexchange.org for more information.

Locate a Tuition Exchange School at telo.tuitionexchange.org/search.cfm.

CAMPUS BENEFITS

Gonzaga University offers all employees access to exclusive campus benefits and discounts.

FREE ATHLETIC TICKETS

- **Men's and women's soccer, volleyball, and baseball games:** Gonzaga employees are able to get themselves and their immediate family (spouse and children) into games by presenting their ZAGCARD at the main gate.
- **Men's and women's basketball games:** Based on availability, Gonzaga employees may be eligible for tickets to regular-season men's and women's basketball home games. Faculty and staff must register online for faculty and staff tickets.

RUDOLF FITNESS CENTER

Employees are considered primary users and have free access to the Rudolf Fitness Center during all open recreation hours. Spouses and children (ages 16–18) may pay a semester-use fee or a per-use fee. Children have access to the fitness center on Saturday and Sunday and must be supervised by parents.

CAMPUS PARKING

Employees can purchase parking permits that allow parking right on campus. Faculty and Staff parking permits start at only \$100.

Call the Parking Office at 509-313-4147 for more information.

MYRTLE WOLDSON PERFORMING ARTS CENTER

Performances include Gonzaga music, theatre, and dance productions as well as productions by local arts groups and national touring companies. Ticket prices vary.

See event listings at gonzaga.edu/mwpac or visit the Myrtle Woldson Performing Arts Center Box Office.

Receive a Faculty discount with ID when purchasing tickets online or at the Myrtle Woldson Performing Arts Center Box Office.

NO COST BUS PASSES

Your ZAGCARD is an accepted fare when riding STA buses. Simply swipe your card through the fare box on the bus.

SODEXO MEAL PLANS

Operated by Sodexo Campus Services, breakfast, lunch, and dinner are served in the Hemmingson Marketplace and Sub Connection. There are several other food locations on campus in the following buildings: Tilford, Crosby, Kennedy, and Cataldo. The price of the meals varies, and all facilities are open to all personnel.

ZAGSHOP CAMPUS BOOKSTORE

The Gonzaga University Bookstore is located in the BARC. Store hours are 9 a.m. to 6 p.m., Monday through Friday and 10 a.m. to 5 p.m. on Saturday, except for summer and holidays when hours may vary. Employees receive a 15% discount on regular-priced items, excluding candy, software, and sales.

COMMUNITY DISCOUNTS

Gonzaga University offers our employees discounts within our community including hotels, restaurants, wellness offices, wireless services, and much more.



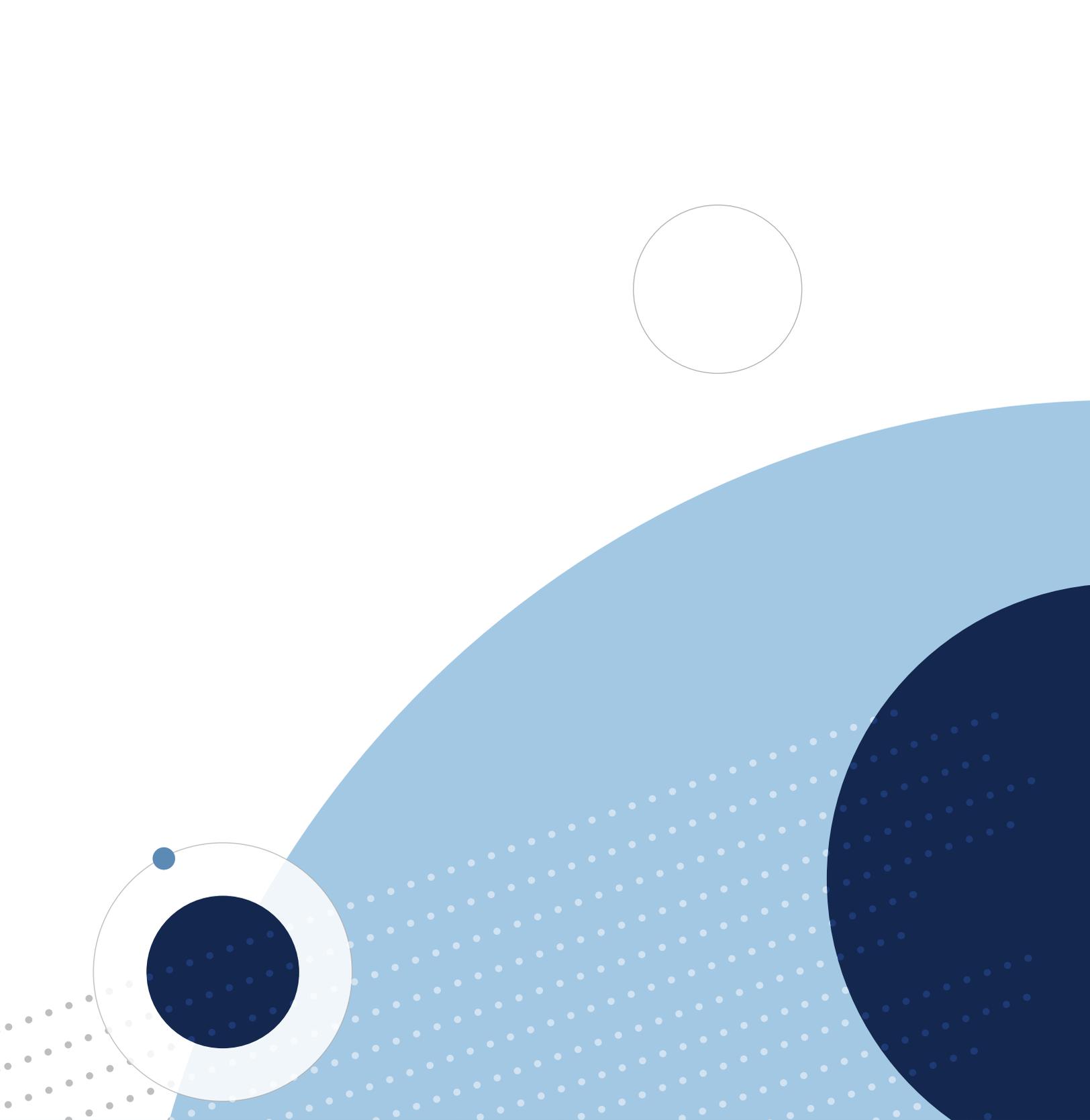
TIAA RELOCATION SERVICES

Ready to become a Zag? We'll help you get here! To help simplify your relocation, we are pleased to offer the Gonzaga University Relocation Portal as a resource to you.

The relocation portal makes moving easier by simplifying the time-consuming process of sourcing key services required to move. From transporting your personal belongings to finding a new place to call home, this easy-to-use portal provides access to helpful resources and fully vetted service providers to help plan your move.

Features and benefits include:

- A free virtual move survey you can schedule at your convenience.
- Quote pricing comparisons from multiple moving companies and guaranteed pricing.
- Access to the Real Estate Rewards program where you can earn a cash reward when you buy or sell a home.
- Free mortgage pre-approvals, competitive interest rates, and special programs to help with buying a home.
- Access to rental resources to assist with finding a home in your new location.
- City insights to provide an overview of the location to which you are moving.
- A moving checklist to help you plan and organize your move.
- Helpful recommendations for the little things that are tough to remember during a hectic relocation.
- GU Journeys—a resource page for navigating unique life experiences (starting a family, retiring, etc.) and access to MyGU, where you can find everything you need for life at Gonzaga University.



This summary of benefits is not intended to be a complete description of the terms and Gonzaga University insurance benefit plans. Please refer to the plan document(s) for a complete description. Each plan is governed in all respects by the terms of its legal plan document, rather than by this or any other summary of the insurance benefits provided by the plan. In the event of any conflict between a summary of the plan and the official document, the official document will prevail. Although Gonzaga University maintains its benefit plans on an ongoing basis, Gonzaga University reserves the right to terminate or amend each plan, in its entirety or in any part at any time.

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