## Gonzaga **Explore** Packing List

Category	#	Item	✓
Lodging	1	Sleeping bag or blanket and sheets (beds are twin extra long)	
	1	Pillow	
	1	Bath towel and face towel	
	1	Shampoo, soap, toothpaste, toothbrush, and misc. toiletries	
	1	Medication, contact solution, etc	
Clothing	1	Hiking long pants (required for Turnbull National Wildlife Refuge)	<u> </u>
	1-2	Hiking shorts	
	3-5	Hiking shirts	
	1	Hiking boots or shoes	
	1	Swimsuit or synthetic clothes for rafting	
	1	Shoes for rafting that can get wet and stay secure while swimming	
		(e.g. Tevas, Keens, Chacos, old tennis shoes, etc <b>no Crocs or flipflops</b> )	
	1	Set of comfy hangout clothes and shoes for evenings	
	1	Fleece, light jacket, or hoodie	
	1	Rain jacket & pants or poncho	
	1	PJs	
	5	Pairs of socks and underwear	
Gear	1	Duffle bag or suitcase for Lodging and Clothing items	
	1	Backpack for daytime outings	
	2	Water bottles (each at least 32 oz / 1 liter capacity)	
	1	Hat	
	1	Sunglasses	
	1	Sunblock (at least 30 spf)	
	1	Bug spray (optional)	
	1	Flashlight / headlamp (optional)	
	1	Journal and writing utensil (optional, both will be provided during Explore)	
	1	Religious and spiritual items (optional, e.g. Bible, Rosary, prayer books, etc)	