

## VITA

### Elisabeth D. Bennett

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### Current Position

2013-present	Professor	Dept of Counselor Education	Gonzaga University
2002-present	Director, CMHC	Dept of Counselor Education	Gonzaga University

### Academic Degrees

1994	Ph.D.	Counseling Psychology	University of Utah
1989	M.S.	Counseling Psychology	University of Utah
1983	B.S.	Clinical Psychology	Brigham Young University

### Certification and Licensing

1998 to present	Licensed Psychologist	Washington
1995 to 1998	Certified Mental Health Counselor	Washington
1994 to 1995	Registered Counselor	Washington

### Internships, In-Service Training, Specialized Training

2017 Attended American Counseling Association Annual Convention Education Session, San Francisco, CA,  
2016 Attended American Counseling Association Annual Convention Education Session, Montreal, Quebec,  
2015 Attended American Counseling Association Annual Convention Education Session, Orlando, FL  
2014 Attended Directions in Clinical and Counseling Psychology, Vol 21,  
2014 Attended the American Counseling Association Annual Convention Education Session, with  
Certification in Clinical Mental Health Counseling/Private Practice, Honolulu, Hawaii,  
2013 Attended Medical University of South Carolina Helping Heroes  
2013 Attended the American Counseling Association Annual Convention Education Session, with  
Certification in Marriage and Family Counseling, Mar  
2013 Attended Directions in Clinical and Counseling Psychology, Vol 10, Feb  
2012 Attended Directions in Clinical and Counseling Psychology, Vol 24, Aug  
2012 Attended the American Counseling Association Annual Convention Education Session, Mar,  
2011 Attended ACA Institute for Leadership Training, Alexandria, Virginia, July  
2011 Attended the Counsel for Accreditation of Counseling and Related Educational Programs "How to Write  
a CACREP Self-study," Ashland, Oregon, Apr  
2011 Attended the American Counseling Association Annual Convention Education Session with Certification  
in Military Counseling Academy, New Orleans, Louisiana, Mar,  
2011 Attended the American Counseling Association Annual Convention Education Session with Certification  
in Child and Adolescent Counseling, New Orleans, Louisiana, Mar  
2010 Attended Directions in Clinical and Counseling Psychology, Vol 20, Aug  
2010 Attended ACA Institute for Leadership Training, Alexandria, Virginia, July  
2010 Attended the American Counseling Association Annual Convention Education Session with Certification  
in Counselor Education and Supervision, Pittsburgh, Pennsylvania, Mar  
2010 Attended Directions in Clinical and Counseling Psychology, Vol 19, Jan  
2009 Attended the National Institute of Mental Health Grant Writing Seminar, Las Vegas, Nevada, June  
2009 Attended the American Counseling Association Annual Convention Education Session with Certification  
in Counselor Education and Supervision, Raleigh, North Carolina, Mar

- 2009 Attended the Life Science Discovery Fund Meeting, Spokane, Washington, Feb
- 2008 Attended the American Counseling Association Annual Convention Education Session with Certification in Couples and Family Counseling, Honolulu, Hawaii, Mar
- 2008 Participated in Training for the ACA Northern Illinois University Pro-Bono Counseling Initiative, Oct
- 2007 Attended Directions in Clinical and Counseling Psychology, Vol 17, Aug
- 2007 Attended the American Counseling Association Annual Convention Education Session with Certification in Counselor Education, Detroit, Michigan. Mar
- 2006 Attended Directions in Clinical and Counseling Psychology, Vol 10, Feb
- 2006 Attended Directions in Clinical and Counseling Psychology, Vol 16, Feb
- 2006 Attended Directions in Clinical and Counseling Psychology, Vol 13, Feb
- 2005 Attended Directions in Clinical and Counseling Psychology, Vol 9, Dec
- 2005 Attended the American Counseling Association Annual Convention, Atlanta, Georgia. Apr
- 2004 Attended *What Really Works in Counseling*. Scott Miller, 6 CE credits, Spokane, Washington. May,
- 2004 Attended the American Counseling Association *Annual Convention*, Kansas City, Kansas. Apr
- 2003 Attended Sexuality Issues in Counseling and Therapy, Sep
- 2003 Attended Directions in Clinical and Counseling Psychology, Vol 7, Aug
- 2003 Attended the *Gottman Institute: Initial Training for Marital Counseling*. Seattle, WA, Fe
- 2003 Attended the Directions in Clinical and Counseling Psychology, Vol 8, Jan
- 2002 Attended the AACTE 54<sup>th</sup> Annual Meeting and Exhibits, New York, Feb
- 2001 Attended *Spiritual Exercises in Everyday Living*, Gonzaga University, Spokane, WA.
- 2000 Attended *Leadership Workshop offered by the Center for Organizational Reform*, Gonzaga University, Spokane, WA. Oct
- 2000 Attended *Professional Boundaries and Secondary Traumatization*, Charee Boulter, Ph.D., Eastern Washington University, Cheney, WA. June
- 2000 Attended Therapeutic Strategies with the Older Adult. June
- 2000 Attended Directions in Clinical and Counseling Psychology, Volume 7, July
- 2000 Attended *Trauma and Dissociation—Diagnosis and Treatment*. Betty McQuirk, M.S., Eastern Washington University, Cheney, WA. Mar
- 2000 Attended *Welcome to the Gamma Quadrant: Forensic Survival Strategies for Mental Health Professionals*, Laura Brown, Ph.D., Eastern Washington University. Feb
- 1999 Attended *Ethics in Psychotherapy, Vol 2*, Apr
- 1999 Attended *Ethics in Psychotherapy, Vol, 3* Mar
- 1999 Attended *Ethics in Psychotherapy, Vol 1*, Jan
- 1998 Attended *Listening to Prozac But Hearing Placebo: A Meta-Analysis of Antidepressant Medication*. APA. July
- 1988 Internship with Veterans Administration Medical Center, Inpatient Psychiatry, Biomedicine, Neuropsychology, Inpatient Substance Abuse, Salt Lake City, Utah,
- 1985 Internship with Veterans Administration Medical Center, Outpatient Substance Abuse Clinic, Salt Lake City, Utah, Summer.

## Professional Experience

<u>Appointment Level</u>	<u>Institution</u>	<u>Dates</u>	<u>Subject Area</u>
Professor	Gonzaga University	2013-Present	Counselor Education
Associate Professor	Gonzaga University	2005-2013	Counselor Education
Assistant Professor	Gonzaga University	1998-2005	Counselor Education
Adjunct Professor	Spokane Falls Comm. Col.	1996-1997	Humanities
Adjunct Professor	Gonzaga University	1994-1998	Counselor Education
Visiting Professor	University of Alaska, Anchorage	1991-1992	Psychology
Adjunct Faculty	Salt Lake Comm. Col.	1989-1991	Humanities
Coordinator/Instructor	University of Utah	1986-1988	Efficient Reading
Instructor	University of Utah	1986-1987	Counseling
Instructor	University of Utah	1984-1987	Learning Skills

## Faculty Teaching and Administrative Load

### Summer 1 2016

EDCE 565	Assessment in Counseling, on-campus	3 credits
EDCE 689	Professional Seminar, on-campus	3 credits
EDCE 699	Orals, on-campus	0 credits

### Summer 2016

EDCE 689	Professional Seminar, off campus	3 credits
EDCE 699	Orals, off-campus	0 credits
EDCE 584	Prepracticum A	2 credits

### Fall 2016

EDCE 695	Pre-practicum in Counseling, on-campus	4 credits
EDCE 697	Internship in Counseling, on-camp	5 credits

### Spring 2017

EDCE 696	Practicum in Counseling, on-campus	4 credits
EDCE 697B	Internship in Counseling, on-camp	5 credits

### **Current Collegiate Assignments**

2002-present	Program Director	Clinical Mental Health Counseling (EDCE)
2016-present	Chair	Awards Committee (SOE)
2005-present	Member	Assessment Committee (SOE)
2005-present	Chair	CMHC Board (EDCE)

### **Research Interests**

- Evidenced based treatment strategies
- Adult attachment
- Attachment behaviors in elephants as compared to human attachment behaviors
- Creative techniques in counseling

### **Current Professional and Academic Associate Memberships—Outside of University**

2000-present	Member	American Counseling Association
2002-present	Member	Washington Counseling Association
1994-present	Member	American Psychological Association
2002-present	Member	Washington State Assoc. for Counselor Ed. and Supervision
2002-present	Member	Association for Counselor Education and Supervision
2002-present	Member	Wash. Assoc. for Spiritual, Ethical, and Rel. Values in Couns
2002-present	Member	Association for Spiritual, Ethical, and Rel. Values in Counseling
1989 to life	Member	Phi Kappa Phi

### **Current Professional Service, Leadership & Consultation**

1998-present	Licensed Psychologist in Private Consulting Practice
2009-present	Board Member ex officio, Reach for the Future, Spokane, Washington
2004-present	Counseling Consultant, Gonzaga Prep, Spokane, Washington,

## **Publications – Refereed Chapters**

- Bennett, E.D. (2017). The Women's Project. In Lebow, J., Chambers, A., & Breunlin, D. (Eds) *Encyclopedia of Couple and Family Therapy*. NYC: Springer.
- Bennett, E.D. (2014) Other Pertinent Issues in Counseling Practice. In Erford, B. (Eds) *Clinical Experiences in Counseling*. New Jersey: Pearson.
- Bennett, E, and O'Connor, T. (2011). Helping Students with Incarcerated Parents. In Erford, B. and Byrd, V (Eds.) *Applying Technique to Common Encounters in School Counseling: A Case-Based Approach*. NJ: Merrill Publishing.
- Bennett, E, and Curran, L. (2011). Working with Sam, A Homeless Child. In Erford, B. and Byrd, V (Eds.) *Applying Technique to Common Encounters in School Counseling: A Case-Based Approach*. NJ: Merrill Publishing.
- Bennett, E, and Brown, M. (2011.) Working with Gifted Children. In Erford, B. and Byrd, V (Eds.) *Applying Technique to Common Encounters in School Counseling: A Case-Based Approach*. NJ: Merrill Publishing.
- Bennett, E. and Hastings, P. (2009). Key legal issues in assessment. In Erford, B.. (Ed.) *Encyclopedia of Counseling*. Alexandria, Virginia: American Counseling Association.
- Hastings, P. and Bennett, E. (2009). Classical conditioning. In Erford, B. (Ed.), *Encyclopedia of Counseling*. Alexandria, Virginia: American Counseling Association.
- Bennett, E.D. (1994). *Life Events, Hardiness, and Prepartum Depression in Relationship to Maternity Blues and Postpartum Depression*. Dissertation Abstracts.

## **Articles**

- Bennett, E., Le, K, Lindahl, K., Wharton, S., Mak, T.W. (2017). Five out of the box techniques for encouraging teenagers to engage in counseling. *Vistas.2017*. Retrieved from <http://www.counselling.org/knowledge-center/vistas>
- Bennett, E., Mak, T., Le, K., Garn, P., Perales, J., and Adame, S. (2016). Five Techniques for Redistributing Airtime in Family Counseling with Airtime Monopolizers, *Vistas*. Retrieved from <http://www.counseling.org/knowledge-center/vistas/vistas-2016>.
- Bennett, E.D., Davari, J., Perales, J., Perales, A., Sumner, B., Gill, G., Mak, T.W. (2016). Five Counseling Techniques for Increasing Attachment, Intimacy, and Sexual Functioning in couples. *Vistas.2016*. Retrieved from <http://www.counselling.org/knowledge-center/vistas>
- Bennett, E.D., Bennette, W.E., Sylvester, A., Roth, B., and Cataldi, J. (2014). Concordance and the Counselor's Role in Supporting Medical Compliance, *Vistas*. <http://www.counseling.org/knowledge-center/vistas/vistas-2014>.
- Bennett, E.D., Sylvester, A. (2012). Postpartum Depression: What Counselors Need to Know, *Vistas*. Retrieved from [http://counselingoutfitters.com/vistas/vistas13/Article\\_24.pdf](http://counselingoutfitters.com/vistas/vistas13/Article_24.pdf).
- Bennett, E.D., Beal, A.E., and Beal, B. (2012). Counseling for Sexual Dysfunction Through the Lens of Attachment. *Vistas*. Retrieved from <http://www.counseling.org/library/>.
- Bennett, E.D., Hunsaker, E., Butler, M., Cook, O., and Leland, B. (2012) Autism Spectrum Disorder: What Counselors Need to Know. *Vistas*. Retrieved from [http://www.counselingoutfitters.com/vistas/vistas12/Article\\_102.pdf](http://www.counselingoutfitters.com/vistas/vistas12/Article_102.pdf).
- Bennett, E.D., Lewis, M., and Hunsaker, E. (2012). Counseling Kids with Incarcerated Caregivers. Retrieved

from [http://www.counseling.org/Resources/Library/VISTAS/vistas12/Article\\_56.pdf](http://www.counseling.org/Resources/Library/VISTAS/vistas12/Article_56.pdf).

Bennett, E.D., and Smith, J.N. (2011). Neurology for Smarties: Symptoms recognition, referral, and support. Retrieved from [www.counseling.org/Resources/Library/VISTAS/2011-V-Online/Article\\_57.pdf](http://www.counseling.org/Resources/Library/VISTAS/2011-V-Online/Article_57.pdf).

Koffman, S., Hicks, G., Arnette, K., Watchkins, P., Jackson, N., Bennett, E., Browers, R. & Hastings, P. (2001). Psychosocial Variables in a Screening Study of Older Adults: Scale Development and Construct Validity. Presented at the 17<sup>th</sup> World Congress of the International Association of Gerontology, Vancouver, B.C. *Internationals Journal of Experimental, Clinical, and Behavioral Gerontology*, 47, 359. (abstract)

### **Presentation Reviews**

2016/2017	American Counseling Association Annual Convention, Proposal Reviewer
2015/2016	American Counseling Association Annual Convention, Proposal Reviewer
2014/2015	American Counseling Association Annual Convention, Proposal Reviewer
2013/2014	American Counseling Association Annual Convention, Proposal Reviewer
2012/2013	American Counseling Association Annual Convention, Learning Institute Reviewer
2011/2012	American Counseling Association Annual Convention, Proposal Reviewer
2011/2012	Washington Counseling Association Conference, Proposal Reviewer
2010/2011	American Counseling Association Annual Convention, Proposal Reviewer
2009/2010	American Counseling Association Annual Convention, Proposal Reviewer
2009/2010	Washington Counseling Association Mini-conference, Proposal Reviewer
2008/2009	American Counseling Association Annual Convention, Proposal Reviewer
2008/2009	Washington Counseling Association Mini-conference, Proposal Reviewer

### **Professional Papers Presented (Refereed)**

#### **National & International**

Bennett, E., Sumner, B., Mak, A., Le, K., Ellis, J., (2017). Treating Couples through the Lens of Attachment. Learning Institute. American counseling Association Annual Convention. San Francisco, California.

Bennett, E. Davari, J., Perales, A., Perales, J., Gill, G., Sumner, B., Garn, P., Mak, T., (2016) Treating Sexual Dysfunction Through the Lens of Attachment. American Counseling Association-Canadian Counseling and Psychotherapy Association Joint Annual Convention. Montreal, Canada.

Backlund, R., Backlund, M., Llauro, A., Bennett, E., *Get Your Clients in the Groove: The Use of Dance as Technique*. American Counseling Association Annual Convention. Orlando, Florida.

Bennett, E., Bennett, W., Cataldi, J., Reidy, J., Roth, A., Howells, R., Poindexter, T., Vollrath, D., Davari, J., Gill, G., (2015). *Neuroanatomy and Psychopharmacology: Current Medications, How they Work, and the Counselor's Supportive Role*. Learning Institute. American Counseling Association Annual Convention. Orlando, Florida.

Bennett, E., Brown, M., Reidy, H., Roth, A., Rugo, K., Pedlar, S., Price, P., Perales, J., Llauro, A., Jeon, K., Mak, T., (2015). *Grit, Gratitude, and Gumption: Developing "Academic Fitness."* American Counseling Association Annual Convention. Orlando, Florida.

Bennett, E., Beal, A., Cataldi, J., Rugo, K., Graydon, M., Perales, A., (2015). *Sexual Dysfunction: Best Practice Application Grounded in Attachment Theory*. American Counseling Association Annual Convention. Orlando, Florida.

Bennett, E., Bennett, W., Fouche, M., Sylvester, A., and Christoe, L. (2013). *Neuroanatomy and Psychopharmacology for Counselors*. Learning Institute at American Counseling Association Annual Convention, Cleveland, Ohio.

Bennett, E., Bennett, W., Bell, C., DiViveros, E., Fouche, M., (2012). *Neuroanatomy and Psychopharmacology*

for Counselors. Learning Institute. American Counseling Association Annual Convention. San Francisco, California.

Bennett, E., Butler, M., Hunsaker, E., Cook, O, Leland, B, and Hickam, S. (2012). *Autism Spectrum Disorder: What Counselors Need to Know*. American Counseling Association. San Francisco, California.

Bennett, E., Smith, J., Neves., H. and Mardis, C. (2011). *Neurology for Smarties*, American Counseling Association Annual Convention, New Orleans, Louisiana.

Bennett, E, and Anderson, L. (2010). *What every counselor must know about autism to secure a therapeutic relationship*. American Counseling Association Annual Convention. Pittsburgh, Pennsylvania

Bennett, E, Andrysiak, C., Pote, S., and Holmes, C. (2010). *Counseling Kids with Incarcerated Caregivers*. American Counseling Association Annual Convention. Pittsburgh, Pennsylvania.

Bennett, E. (2010). *What You Should Know About Autism*. Kids Count Conference. Indiana Youth Institute. Indianapolis, Indiana. (Invited Presentation)

Bennett, E. (2010). *Assisting Children with Incarcerated Care-givers*. Kids Count Conference. Indiana Youth Institute. Indianapolis, Indiana. (Invited Presentation)

Bennett, E. (2010). *Our Kids Cut: What You Must Know About Self-Mutilation*. Kids Count Conference. Indiana Youth Institute. Indianapolis, Indiana. (Invited Presentation)

Bennett, E, and Lewis, M. (2009). *Teaching the Process of Counseling: A Matrix Model*. Association of Counselor Educators and Supervisors Annual Convention. San Diego, California

Bennett, E., Fisher, A., Brooksby, J. (2009). *GRE, Supervisor Evaluations, and other measures of success in Graduate School*. American Counseling Association Annual Convention. Raleigh, North Carolina.

Bennett, E., Hastings, P., and Dockendorff, S. (2009). *Counseling Student Indebtedness and Perceived Expected Salary*. American Counseling Association Annual Convention. Raleigh, North Carolina.

Bennett, E., Fisher, A., and Brooksby, J, (2009). *Doctoral Program Entrance Requirements Relationship to Success*. American Counseling Association Annual Convention, Raleigh, North Carolina

Bennett, E. Dockendorff, S., and Hastings, P. (2009). *Graduate Student Indebtedness and Expected vs. Likely Post-graduate Income*. American Counseling Association Annual Convention, Raleigh, North Carolina

Bennett, E., Wenig, A., and Prah, R., (2008). *Attachment: You know nothing if you don't know this*. 16<sup>th</sup> Annual Children's Justice Conference, Seattle, Washington. (Invited Presentation)

Bennett, E., (2008). *Bullying: Mandating an Impossible End(Working to Curb Bullying)*. 16<sup>th</sup> Annual Children's Justice Conference, Seattle, Washington. (Invited Presentation)

Bennett, E., (2008). *Self Abuse from Pleasure to Pain*. 16<sup>th</sup> Annual Children's Justice Conference, Seattle, Washington. (Invited Presentation)

Bennett, E., & EagleBear, A. (Mar, 2007). *Multicultural Counseling: Native American Techniques*. American Counseling Association Annual Convention. Detroit, Michigan.

Oppelt, A., Bennett, E., & Plaeger, D. (April, 2005). *Impact of Reasoning on Decision Making: Implications for Counselors*, American Counseling Association Annual Convention, Atlanta, Georgia.

Bennett, E., & Fisher, M. (accepted April, 2005). *Weaving the Threads of Hardiness andReligiosity through the Fabric of Counseling: An Approach to Preventing Depression*. American Counseling Association Annual Convention, Atlanta, Georgia.

- Bennett, E., Majors, A., Symes, M., & Bitzig, S. (April, 2004). *Life Events, Hardiness, and Implications for Postpartum Depression*. American Counseling Association Annual Convention, Kansas City, MO.
- Majors, A., Bennett, E., Symes, M., Bitzig, S., & Rahm, C. (April, 2004). *Religion as Related to Depression*. American Counseling Association Annual Convention, Kansas City, MO.
- Gilchrist, G., & Bennett, E. (August, 2003). *Current and Ideal Body Images of Males: A Fitness Setting. Poster Presentation*. Annual Convention of the American Psychological Association. Toronto, Ontario, Canada.
- Bennett, E., Brougher, J., Conners, D., & McDonald, D. (February, 2002). *The Dean Management Team: An Experiment in Collaborative Leadership*. Annual Conference of the American Association of College Teacher Educators, New York.
- Koffman, S., Hicks, G., Arnett, K., Watkins, P., Jackson, N., Bennett, E., Browers, R., & Hastings, P. (August, 2001). *Psychosocial Variables in a Screening Study of Older Adults: Scale Development and Construct Validity*. Presented at the 17<sup>th</sup> World Congress of the International Association of Gerontology, Vancouver, BC, Canada.

### **Regional and Local**

- Bennett, E., Roth, A., Reidy, H, Rugo, K. Llaurodo, A., Ngo, K., Perales, J., & Willet, W. (2014) Grit, Gratitude, and Gumption. Washington Counseling Association, Seattle, Washington.
- Bennett, E., Roth, A. Cataldi, J., Reidy, H. Howells, R. Poindexter, T. Davari, J., Gill, G., & Litt, C. (2014) Neurology and Psychopharmacology: Current Medications, How they Work, and the Counselor's Supportive Role. Washington Counseling Association Annual Convention. Seattle, Washington.
- Bennett, E., Cataldi, J. Rugo, K., Baksis, C., Garn, P., Lopez, C., Perales, A, & Urann, S. (2014). Working with Adults from an Attachment Perspective. Washington Counseling Association Annual Convention, Seattle, Washington.
- Brown, M. and Bennett, E. (2014) Grit, Gratitude, and Gumption. Washington School Counseling Association, Seattle, Washington.
- Bennett, E., Telleria, B., Reidy, H, and Backlund G. (2013) Neurology and Psychopharmacology: Current Medications, How they Work, and the Counselor's Supportive Role. Washington Counseling Association Annual Convention. Spokane, Washington.
- Sylvester, A. & Bennett, E. (2013). Dating Violence: What School Counselors Should Know. Washington School counseling Association, Seattle, Washington.
- Bennett, E., Bennett, W., Fouche, M., Sylvester, A., and Christoe, L. (2013). *Neuroanatomy and Psychopharmacology for Counselors*. Washington Counseling Association Annual Convention, Spokane, Washington.
- Bennett, E., Butler, M., and Hunsaker, E., (2011). *Autism: Spectrum Disorders: What Counselors Need to Know*. Washington School Counseling Association. Seattle, Washington.
- Bennett, E., Sylvester, A. (2011). *Counseling Kids with Incarcerated Caregivers*. Washington School Counseling Association. Seattle, Washington.
- Bennett, E. and Brown, M. (2011). Instilling Gratitude in Schools: Increasing Learning and Resilience. Washington School Counseling Association. Vancouver, Washington. (Invited Presentation)
- Bennett, E., Butler, M., and Hunsaker, E., (2011). *Autism: Spectrum Disorders: What Counselors Need to Know*. Washington Counseling Association. Spokane, Washington.

- Bennett, E., Smith, J., Neves, H., and Mardis, C. (2010). *Neurology for Smarties*. Washington Counseling Association. Spokane, Washington.
- Brown, M. and Bennett, E. (2010). *Instilling an Attitude of Gratitude*. Washington School Counseling Association. Seattle, Washington.
- Bennett, E. and Brown, M. (2010). Key Note Address. Idaho School Counseling Association, Coeur d'Alene, Idaho. (Invited)
- Bennett, E., Anderson, L, Markealli, N, (2009). *Autism: What every counselor must know to build relationship*. Washington Counseling Association. Spokane, Washington
- Bennett, E. and Brown, M. (2009). *Responding to What our Students are Thinking*. Washington School Counseling Association Annual Convention, Seattle, WA.
- Bennett, E. (2008). *Cutting and Other Forms of Self Abuse*. Washington Counseling Association Mini-Conference, Spokane, WA. (Invited Presentation)
- Brooksby, J., Huang, E., Markealli, N., and Bennett, E. (2008). *Bibliocounseling*. Washington Counseling Association Mini-Conference, Spokane, WA.
- Dockendorff, S., Bennett, E., and Hastings, P. (2008). *Student Indebtedness and Expected Income for Counselors*. Washington Counseling Association Mini-Conference, Spokane, WA, Invited Presentation
- Koffman, S., Hastings, P., Bennett, E. et. al. (2008). *Emotional Intelligence in Counselor Education Students*. Washington Counseling Association Mini-Conference, Spokane, WA, Invited Presentation
- Bennett, E., Notestine, C., Dockendorff, S., and Whitbred, L., (2008). *What School Counselors Need to Know and Do About Homeless Children: Collaboration*. Washington School Counseling Association Annual Conference, Seattle, Washington.
- Lewis, M., Bonner, K., and Bennett, E., (2008). *Counseling Kids with Incarcerated Caregivers*. Washington School Counseling Association Annual Conference, Seattle, Washington.
- Brown, M., Bennett, E., Eberth, L., Ferris, J., and Renner, L., (2008). *Utilizing Possible Selves Theory to Increase Student Achievement*. Washington School Counseling Association Annual Conference, Seattle, Washington.
- Bennett, E., Dockendorf, S., Whitbred, L., Stewart, K., and Notestine, C. (2007). *Homeless Children: A Situation Requiring Counseling Collaboration*. Washington Counseling Association Annual Convention, Seattle, Washington.
- Bennett, E., Dockendorf, S., Kennedy, J., Knudsen, S., & Swenson, K. (2007). *Eating Disorders: What You Need to Know and What We Do Not Know*. Washington Counseling Association Annual Convention, Seattle, Washington.
- Bennett, E., EagleBear, A., Lewis, M., Holmes, C., Tate, E., Bonner, K., (2007). *Understanding the Native American You May Ben Counseling*. Washington Counseling Association Annual Convention, Seattle, Washington.
- Bennett, E., Stewart, K., Knudsen, S., Hill, K., & Holmes, C., (2007). *Left Foot, Right Foot, Repeat: From Survival Mode to Self Care*. Washington Counseling Association Annual Convention, Seattle, Washington.
- Bennett, E., Beal, A., Whitbred, L., Lewis, M., Tate, E., & Bedient, L. (2007). *Assessing and Treating Sexual Dysfunction: An Attachment Based Approach*. Washington Counseling Association Annual Convention, Seattle, Washington.



- Bennett, E., Lewis, M., Bedient, L., Swenson, K., Kennedy, J. (2007). *Psychotropic Medications for Children and the Supportive Counselor*. Washington Counseling Association Annual Convention, Seattle, Washington.
- Koffman, S., Bennett, E., Hastings, P., Disney, K., Buzinover, Y., Fisher, A., Langman, N., Lussier, R., Parker, C., Sauder, S., & Simon, J. (2007). *From Small Beginnings Come Great Things: The Growth of Emotional Intelligence in Future Counselors; Year 3 of the Study at Gonzaga University*. Washington Counseling Association, Seattle, WA
- Bennett, E., Yost, P., Warren, T., & Starks, M. (Oct. 2006). Identifying and Counseling Clients with Eating Disorders. Washington Counseling Association Annual Convention. Seattle, Washington.
- Bennett, E., Everson, E., & Burrill, C. (Oct. 2006). *Methamphetamines: What Counselors Should Know*. Washington Counseling Association Annual Convention. Seattle, Washington.
- Bennett, E. Shafer, C., & Green, J. (Oct. 2006). *Self-asphyxiation: What, How, and How to Help*. Washington Counseling Association Annual Convention. Seattle, Washington.
- Bennett, E., Young, T, Martin, K., Im, Yookwi, & Burke, E. (Oct. 2006). *Counselor Heal Thyself*. Washington Counseling Association Annual Convention. Seattle, WA.
- Bennett, E. & Gilchrist, G. (Oct. 2006). *Men, Women and Body Image Perceptions: Are We on the Same Page?* Washington Counseling Association Annual Convention. Seattle, WA.
- Bennett, E., Eaglebear, A., and Beal, A. (March, 2006). *Native American Techniques in School Counseling*. Washington School Counseling Association Annual Convention. Seattle, WA.
- Bennett, E. Beal, A., & Metzger, S. (March, 2006). *Becoming Consciously Competent as a School Counselor*. Washington School Counseling Association Annual Convention. Seattle, WA.
- Brown, M., Doyle, K., Gray, S., & Bennett, E. (March, 2006). *Self-mutilization*. Washington School Counseling Association Annual Convention. Seattle, WA.
- Minchala, V., Bennett, E., & Fisher, M. (October, 2004). *A Perspective on Domestic Violence in Same-Sex Relationships*. Washington Counseling Association Annual Convention, Spokane, Washington.
- Bennett, E., & Hastings, P. (October, 2004). *The Matrix and the Process of Counseling*. Invited half-day presentation, Washington Counseling Association Annual Convention, Spokane, Washington.
- Oppelt, A., Plaeger, D., & Bennett, E. (October, 2004) *The Role of Rationality in Decision Making*. Washington Counseling Association Annual Convention, Spokane, Washington.
- Bennett, E., & Majors, A. (October, 2004). *Religiosity as Related to Depression*. Washington Counseling Association Annual Convention, Spokane, Washington.
- Bennett, E., & EagleBear, A. (October, 2004). *Native American Techniques in Counseling*. Washington Counseling Association Annual Convention, Spokane, Washington.
- Bennett, E., & Fisher, M. (October, 2004). *Hardiness as a Buffer for Depression*. Washington Counseling Association Annual Convention, Spokane, Washington.
- Bennett, E., Syme, M., Majors, A., Bitzig, S., & Brown, M. (October, 2003). *Depression: Who is aware? Who must be?* Washington Counseling Association Conference, Seattle, WA.
- Bennett, E., Brown, M., Majors, A., Syme, M., & Bitzig, S. (October, 2003). *Facing the Bully: What Counselors Can Offer to Bullies, Victims, and Bystanders*. Washington Counseling Association Conference, Seattle,

WA.

- Bennett, E., Holsinger, J., Eccles, N., & Brown, M. (March, 2003). *The National Model and Bullying: The State of the Art in Prevention*. Washington School Counselor Association Conference, Spokane, WA.
- Bennett, E., Mahoney, D., Walsh, F., & Weber, K. (March, 2003). *Gate-keeping: We are the Responsible Ones*. Washington School Counselor Association Conference, Spokane, WA.
- Bennett, E., Brown, M., & Koffman, S. (March, 2003). *A Comprehensive Peer Review Plan: One Response to the Implementation of the National Model*. Washington School Counselor Association Conference, Spokane, WA.
- Gilchrist, G., & Bennett, E. (August, 2003). *Current and Ideal Body Images of Females: A Fitness Setting*. Poster Presentation. Annual Conference of the Washington State Psychological Association. Seattle, Washington.
- Koffman, S., Bennett, E., Arnett, K., Hicks, G., Jackson, N., & Browers, R. (October, 2001). *Structured Reminiscence as Group Psychotherapy for Older Adults: Mental Health Variables and Adjustment Issues*. Annual conference of the Washington Counseling Association, Spokane, WA.
- Koffman, S., Bennett, E., Arnett, K., Hicks, G., Jackson, N., & Browers, R. (October, 2001). *Methodological Concerns, Sampling Procedures and Construct Validity in Counseling Research: A Current Screening Study with Older Adults*. Annual Conference of the Washington Counseling Association, Spokane, WA.

#### **Other Non-Conference Invited Presentations**

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| 2011 | Bennett, E. Autism: Information for Excelsior Youth Workers, Spokane, WA   |
| 2011 | Bennett, E. What every counselor working with youth should know about autism. YFA Connections Staff Development, Spokane, WA.  |
| 2011 | Bennett, E. Neurology for the adolescent counselor. YFA Connections Staff Development, Spokane, WA.  |
| 2010 | Bennett, E. Reach for the Future: Process Facilitator  |
| 2010 | Bennett, E. and Majors, M. Graduate School: Why and How. Utah Valley University, Orem, Utah  |
| 2010 | Bennett, E. and Jean, J. Graduate School: Why and How. Brigham Young University--Idaho, Rexburg, Idaho   |
| 2009 | Bennett, E. Instilling Truthful Hope in Troubled Times. Business Conference, Spokane Washington  |
| 2009 | Bennett, E. Reach for the Future: Process Facilitator  |
| 2008 | Bennett, E. I Have a Dream: Process Facilitator.   |
| 2007 | Bennett, E. & Hastings, P. (2007) Parenting: Do as We Do. Invited Fireside to Greenbluff Ward, LDS Church, Colbert, Washington.  |
| 2007 | Bennett, E. (2007) Parenting: Trouble-shooting and Consistency. Invited lecture to Greenbluff Ward, LDS Church, Colbert, Washington.                                       |
| 2007 | Bennett, E. (2007) Parenting Using a Developmental Model. Invited lecture to Greenbluff Ward, LDS Church, Colbert, Washington.   |
| 2006 | Bennett, E. (2006). The Process of Counseling: A consciously competent approach. Invited Lecture to University of Utah Doctoral and Master Students. Salt Lake City, Utah. |
| 2005 | Bennett, E. (2005). Attending to the Whole Child: A Developmental Approach to Administration. Cheney School District. Principal Training. Cheney, Washington.              |
| 2004 | Bennett, E., & Hastings, P. (2004). <i>The Matrix and the Process of Counseling</i> . Staff Training Session. Lutheran Community Services. Spokane, Washington.            |
| 2004 | Bennett, E. (2004). <i>The Matrix: Becoming Consciously Competent in the Process of Counseling</i> . Cheney School District. Staff Training. Cheney, Washington.           |

2004 Bennett, E., & Hastings, P. (2004). *The Matrix as a Tool in Supervising Interns in the Process of Counseling*. St. Joseph's Family Center. Spokane, Washington

2004 Bennett, E., & Majors, A. (2004). *Graduate School: Why and How*. Utah Valley State College, Orem, UT.

2003 Bennett, E. (2003). *Finding Joy in Your Divine Potential*. LDS Little Spokane River Ward. Spokane, WA.

2002 Bennett, E. (2002). *Graduate School Applications: The Whys and Hows of Counseling*. Brigham Young University, Idaho. Rexberg, ID.

2002 Bennett, E. (2002) Crisis Intervention Related to 9/11 and Elementary School Children. Colbert Elementary Faculty, Staff, and Administration, Colbert, WA.

2001 Bennett, E. (2001). Teen Stress/Parent Stress. Public Lecture Series, Spokane Public School, Spokane, WA.

2001 Bennett, E., (2001). Raising Healthy Teens. Radio Broadcast, KXLY News Talk Radio. Spokane, WA.

2000 Bennett, E. (2000). Stress, Depression, and Resulting Ailments: Understanding the Causes and Taking Preventative Action. Lecture hosted by the PEO Chapter EW of the State of Washington. Spokane, WA.

1999 Bennett, E. (1999). Attending to the "Whole" of Self. Johns-Hopkins Youth Awards Keynote Address. Gonzaga University, Spokane, WA.

1999 Bennett, E. (1999). Stress and Depression: Care for the Caregiver. Continuing Education Workshop hosted by LIFE, Inc. Spokane, WA.

1999 Bennett, E. (1999). Conflict Resolution: Managing Difficult Moments. Continuing Education Workshop for Nursing and Nursing Assistance hosted by LIFE, Inc., Spokane, WA.

1998 Bennett, E. (1998). Communication Essentials: Working in a Healthy Environment. Educational Workshop hosted by LIFE, Inc., Spokane, WA.

1998 Bennett, E. (1998). Leadership and Healthy Organizations: Building the Skills for a Strong Group Development. Educational Workshop hosted by LIFE, Inc., Spokane, WA.

## Community and Scholarly Service

### Other Professional Experience

1995-Present	Private practice as Consulting Psychologist, Spokane, WA
1992-1993	Founder and Clinical Director, Discovery Outpatient Unit, Providence Adolescent Mental Health Services, Providence Hospital, Anchorage, AK
1989-1991	Psychology Resident, Center for Counseling, Education, and Research, Intermountain Health Care, Orem Community Hospital, Orem, UT
1989-1991	Director, Pain and Arthritis Clinic, Intermountain Health Care, Orem, UT
1988-1989	Counseling Psychology Intern, Inpatient Psychiatric Unit, Outpatient Substance Abuse Clinic, Behavioral Medicine, Geriatrics, and Neuropsychology, VA Medical Center, Salt Lake City, UT
1986-1990	Psychologist in Training, LDS Social Services, Salt Lake City, UT
1985-1986	Research Assistant to the Dean, Department of Education, University of Utah, Salt Lake City, UT
1985-1986	Child Therapist in Training, Children's Center, Salt Lake City, UT
Summer 1985	Psychologist in Training, VA Medical Center, Outpatient Substance Abuse Clinic, Salt Lake City, UT
1984-1987	Counselor, Adolescent Residential Treatment and Education Center, Salt Lake Valley Mental Health, Salt Lake City, UT,
1984-1985	Teaching Assistant, Foundations of Educational Psychology, University of Utah, Salt Lake City, UT

### Past University Committees

## Volunteer Experiences

2009 – present Board Member ex officio, Reach for the Future, Spokane, Washington  
2004-present Counseling Consultant, Gonzaga Prep, Spokane, Washington,  
2004-2009 Board Member, Family Services Spokane, Spokane, Washington,  
2002– 2004 Leader, Junior Troop 273, Girl Scouts, GSIEC, Colbert, WA.  
2002– 2003 Achievement Days Leader, Colbert, WA.  
2000-- 2003 Classroom Volunteer, Colbert Elementary, Colbert, WA.  
Sept. 2001 Consultant to Meadow Ridge and Colbert Elementary Schools—9-11 Crisis Intervention, Mead School District, Colbert, WA.  
1999 – 2001 President, Summerwood Home Association, Colbert, Washington,  
1997 – 2005 President, Friends of the North Spokane Library, Hawthorne Branch, Spokane, WA.  
1997 – 2001 Member, Summerwood Home Association Board, Colbert, WA.  
1997 – 1999 Classroom Volunteer, Meadow Ridge Elementary, Colbert, WA.

## Grants

2008 \$335,786 Development, Implementation, and Validation of a Prevention Program for Postpartum Mood Disorders in Single Mothers, Submitted to National Institute of Health (Submitted/denied)  
2007-2008 \$9,000; Marital Counseling Program Development, Venture Fund, Gonzaga University, Spokane, Washington  
2006-2007 \$300; Enhancing Career Development, Assessment Grant, Gonzaga University, Spokane, Washington  
2006-2007 \$300; School Counseling Assessment, Assessment Grant, Gonzaga University, Spokane, Washington  
2006-2007 5725; Department of Education Technology and Recruitment DVD, Venture Fund, Gonzaga University, Spokane, Washington  
2004-2007 \$30,000; PEP Grant: Infusing Character Development Curriculum in Physical Education Courses in Spokane Public Schools, Washington Department of Education, Olympia, WA.  
2003-2004 \$782; OSPI Special Projects Grant: Professional Portfolio Rubric Development, Washington Department of Education, Olympia, Washington.  
2000-2002 \$5,000; Enhancing Diversity through Recruitment, Special Projects Grant, Venture Fund, Gonzaga University, Spokane, Washington  
2000-2002 \$15,000; Geriatric Studies in Reminiscence Groups; United Way and Gonzaga University Corps, Spokane, Washington.  
1999-2000 \$1,000; Enhancing Diversity through Recruitment, Special Projects Grant, Venture

## Awards

Oct 2010 President's Award, Washington Counseling Association. (state)  
May 2008 Recipient of The Jeanne Foster Wardian (Faculty) Leadership Award (SOE), Gonzaga University, Spokane, Washington (School)

## Past Collegiate Assignments

2007-2013	Chair	Dept of Counselor Education	Dept
2002-Present	Director	Community Counseling Program	Dept
2001-2002	Member	Dean Management Team	SOE
1999-2002	Chair	Dept of Counselor Education	Dept
2011-2013	Member	Mission Committee	University
2011-2013	Member	AVP Advisory Committee	University
2005-2007	Member	Graduate Admissions Committee	SOE
2003-2010	Member	Assessment Committee	University
2005-2007	Member	Intellectual Properties Committee	University

2005-2013	Member	School Counseling PEAB	Dept
2005-2007	Member	RRT Committee	SOE
2004-2006	Member	Graduation Committee	University
2003-2006	Member	Budget Committee	University
2001-2005	Member	Counselor PEAB	Dept
2003-2005	Chair	Community Advisory Board	Dept
2003-2005	Member	Commencement Awards Com	University
2004-2005	Member	Facilities Committee	SOE
2001-2004	Chair	Research Committee	SOE
2001-2004	Member	University Graduate Council	University
2003-2004	Member	Marketing Committee	SOE
2003-2004	Member	Academic Budget Committee	University
2003-2004	Member	Intellectual Properties Committee	University
2002-2003	Member	Assessment Committee	University
2002-2003	Member	Procedures Committee	SOE
2001-2003	Member	Elections Committee	University
2002-2003	Member	RRT Committee	SOE
2001-2002	Member	Mission Committee	SOE
2001-2002	Member	Off-campus Task Force	SOE
2001-2002	Member	Search Committee Dean	SOE
2001-2002	Member	Search Committee for Faculty	Dept
1999-2002	Member	Curriculum Committee	University
2000-2001	Member	Research Committee	University
2000-2001	Member	Search Committee for Dean	SOE
2000-2001	Member	Search Committee for Faculty	Dept
2000-2001	Chair	Evaluation Committee	SOE
1999-2000	Member	Evaluation Committee	SOE
1999-2000	Member	Human Subjects Committee	SOE
1999-2000	Chair	NCATE/TEAC Review Committee	SOE

### **Past Professional Service, Leadership and Consultation**

Past President	Washington Counseling Association*	2012-2013
President	Washington Counseling Association*	2011-2012
Past President	Washington Counseling Association*	2010-2011
President	Washington Counseling Association*	2009-2010
President-elect	Washington Counseling Association*	2008-2009
Past President	Washington State Assoc. for Counselor Ed. and Supervision*	2006-2007
President	Washington State Assoc. for Counselor Ed. And Supervision*	2005-2006
President Elect	Wash. Assoc. for Spiritual, Ethical, and Rel. Values in Couns.*	2007-2008