

## VITA

### Elisabeth D. Bennett

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#### Current Position

2013-present Professor Dept of Counselor Education Gonzaga University

#### Academic Degrees

1994	Ph.D.	Counseling Psychology	University of Utah
1989	M.S.	Counseling Psychology	University of Utah
1983	B.S.	Clinical Psychology	Brigham Young University

#### Certification and Licensing

1998 to present	Licensed Psychologist	Washington
1995 to 1998	Certified Mental Health Counselor	Washington
1994 to 1995	Registered Counselor	Washington

#### Internships, In-Service Training, Specialized Training

2023 International Marriage and Family Therapy Association World Congress, Malaga, Spain  
2023 An Introduction to Acceptance and Commitment Therapy for Common Presenting Problems in Service Members, USU/CDP, 14 CE  
2023 Relationship Education and Distress Prevention: Current Research and Clinical Considerations for Couples, IAMFC, 1 CE  
2023 Using Action Research, Counter Storytelling, and Reflective Assignments to Inspire Advocacy and Activism Confirmation, ACES, 1.5 CE  
2023 Assessment and Treatment of Sleep Disturbance in the Military: Circadian Rhythm Sleep-Wake Disorders, USU/CDP, 4 CE  
2023 Ethical Dilemmas Faced by Marriage and Family counselors, IAMFC, 1 CE  
2023 Cognitive Behavioral Therapy for Chronic Pain, USU/CDP, 14 CE,  
2022 Betrayal in Marriage and Couples Counseling: Holding a Comprehensive Trauma-Focused Lens in Treatment, IAMFC, 1 CE  
2022 Tier Two: Overview of Behavioral Health Challenges Related to Military Service, SBPH, UVU, 13.5 CE  
2022 Tier One: Introduction to Military Culture and Deployment, SBHP, UVU, 6.5 CE  
2022 Preparing Counselor Trainees to Broach the Subjects of Race, Ethnicity, and Culture During the Counseling Process, ACES, 1.5 CE  
2022 Strategies for Integrating Trauma-Informed Supervision into Clinical Supervision, ACES 1 CE  
2022 Kevin Mitnick Security Awareness Training. Cyber safety training through Gonzaga University  
2022 Certified Clinical Trauma Professional, Evergreen #805036  
2022 Treatment for Suicidal Ideation, Self-harm, and Suicide Attempts Among Youth CE4LESS, 3 CE  
2022 Preventing Medical Errors: Best Practices for Mental Health Professionals, CE4LESS, 2 CE  
2022 Motivational Interviewing, CE4LESS, 4 CE  
2022 Preventing and Responding to Suicide Clusters in American Indian and Alaska Native Communities, CE4LESS, 2 CE  
2022 Neuroleptic Malignant Syndrome, CE4LESS, 2 CE  
2022 Understanding the Impact of Trauma, CE4LESS, 2 CE  
2022 Trauma Awareness, CE4LESS, 2 CE  
2022 Trauma Focused Cognitive Behavioral Therapy for Children and Adolescents, CE4LESS 3 CE  
2022 Burnout and Wellness in Social Workers, Psychologists, and Counselors, CE4LESS, 4 CE  
2022 Techniques of Grief Therapy, CE4LESS, 10 CE

2022 Child Abuse Assessment, CE4LESS, 2 CE

2022 Addressing Suicidal Thoughts and Behaviors in Substance Abuse Treatment, CE4LESS 2 CE

2022 Fetal Alcohol Spectrum Disorder, CE4LESS, 2 CE

2021 Treating Complex Trauma: Beyond Competency, PESI, 24 CE

2021 Ethics and Boundary Issues, CE4LESS, 5 CE

2021 Human Trafficking, CE4LESS, 1 CE

2021 Alzheimer's Disease, CE4LESS, 1 CE

2021 Counselor Burnout and Wellness, CE4LESS, 1 CE

2021 Child Maltreatment, Trauma, and Self Injurious Behavior, CE4LESS, 1 CE

2021 Cocaine Use Disorder, CE4LESS, 1 CE

2021 e-Cigarette Use Among Youth and Young Adults—Introduction, CE4LESS, 1 CE

2021 Elder Abuse, CE4LESS, 1 CE

2021 Suicide: Assessment, Treatment, Management, CE4LESS, 8 CE

2021 Fentanyl, CE4LESS, 1 CE

2021 Improving Cultural Competence Part 1—Introduction to Cultural Competence, CE4LESS, 2 CE

2021 Improving Cultural Competence Part 2—Core Competencies, CE4LESS, 2 CE

2021 Improving Cultural Competence Part 3—Evaluation and Treatment Planning, CE4LESS, 1 CE

2021 Issues in Domestic Violence: Introduction and Theories, CE4LESS, 1 CE

2021 Trauma Screening and Assessment, CE4LESS, 1 CE

2021 Preventing Sexual Harassment in the Work Place: Changing the Culture and Climate that Drives It, CE4LESS, 1CE

2021 Benzodiazapines, CE4LESS, 1 CE

2021 Buprenorphine-Naloxone, CE4LESS, 1 CE

2021 Mandatory Abuse Reporting, CE4LESS, 1 CE

2021 Using HIPAA in the Real World: A Review, CE4LESS, 1 CE

2021 The Value of Empathy in the Patient-Clinician Relationship, CE4LESS, 1 CE

2021 Topics in Human Sexuality: Sexual Disorders and Sex Therapy, CE4LESS, 1 CE

2021 Topics in Human Sexuality: Physical and Emotional Aspects of Puberty, CE4LESS, 1 CE

2021 Topics in Human Sexuality: Sexuality Across the Life Span, Adulthood CE4LESS, 1 CE

2021 Topics in Human Sexuality: Sexuality and Childhood Sexual Abuse, CE4LESS, 1 CE

2021 ACA Code of Ethics, CE4LESS, 2 CE

2021 Substance Misuse, CE4LESS, 2 CE

2021 APA Ethics Code, 2017, CE4LESS, 2 CE

2021 Mental Health Conditions Commo to Veterans and Family Members of Veterans, CE4LESS, 2 CE

2021 Gottman Training, John and Julie Gottman, Sound Marital House, PESI. 19 credits.

2021 Brain Injuries, CE4LESS, 2 units

2021 We are Still Here: Learning From Native American Perspectives, ACA, Webinar.

2021 Kevin Mitnick Security Awareness Training. Cyber safety training through Gonzaga University

2021 SAGE training through Gonzaga University

2020 Telepsychology Best Practices 101: Getting Paid: Reimbursement Strategies & Marketing Your Professional Services Online, Segment 4, APA, 2 hours

2020 Telepsychology Best Practices 101: Legal, Regulatory & Ethical Rules of the Road, Segment 3, APA, 2 hours

2020 Telepsychology Best Practices 101: About the Tech...Video, Email, Text Messaging and Apps, Segment 2, APA, 2 hours

2020 Telepsychology Best Practices 101: Clinical Evaluation and Care: Cultural Competencies; Documentation, Segment 1, APA, 2 hours

2020 Attended Telehealth for mental health Professionals: 2-Day Distance Therapy Training, PESI 24 hours

2019 Attended International Family Therapy Association Congress, Aberdeen Scotland

2018 Attended International Family Therapy Association Congress, Bangkok, Thailand

2018 Attended CENET Continuing Education, 38 hrs. Online at [www.cenet.com](http://www.cenet.com)

2017 Attended American Counseling Association Annual Convention Education Session, San Francisco, CA,

2016 Attended American Counseling Association Annual Convention Education Session, Montreal, Quebec,

2015 Attended American Counseling Association Annual Convention Education Session, Orlando, FL

2014 Attended Directions in Clinical and Counseling Psychology, Vol 21,

2014 Attended the American Counseling Association Annual Convention Education Session, with Certification in Clinical Mental Health Counseling/Private Practice, Honolulu, Hawaii,

- 2013 Attended Medical University of South Carolina Helping Heroes
- 2013 Attended the American Counseling Association Annual Convention Education Session, with Certification in Marriage and Family Counseling, Mar
- 2013 Attended Directions in Clinical and Counseling Psychology, Vol 10, Feb
- 2012 Attended Directions in Clinical and Counseling Psychology, Vol 24, Aug
- 2012 Attended the American Counseling Association Annual Convention Education Session, Mar,
- 2011 Attended ACA Institute for Leadership Training, Alexandria, Virginia, July
- 2011 Attended the Counsel for Accreditation of Counseling and Related Educational Programs "How to Write a CACREP Self-study," Ashland, Oregon, Apr
- 2011 Attended the American Counseling Association Annual Convention Education Session with Certification in Military Counseling Academy, New Orleans, Louisiana, Mar,
- 2011 Attended the American Counseling Association Annual Convention Education Session with Certification in Child and Adolescent Counseling, New Orleans, Louisiana, Mar
- 2010 Attended Directions in Clinical and Counseling Psychology, Vol 20, Aug
- 2010 Attended ACA Institute for Leadership Training, Alexandria, Virginia, July
- 2010 Attended the American Counseling Association Annual Convention Education Session with Certification in Counselor Education and Supervision, Pittsburgh, Pennsylvania, Mar
- 2010 Attended Directions in Clinical and Counseling Psychology, Vol 19, Jan
- 2009 Attended the National Institute of Mental Health Grant Writing Seminar, Las Vegas, Nevada, June
- 2009 Attended the American Counseling Association Annual Convention Education Session with Certification in Counselor Education and Supervision, Raleigh, North Carolina, Mar
- 2009 Attended the Life Science Discovery Fund Meeting, Spokane, Washington, Feb
- 2008 Attended the American Counseling Association Annual Convention Education Session with Certification in Couples and Family Counseling, Honolulu, Hawaii, Mar
- 2008 Participated in Training for the ACA Northern Illinois University Pro-Bono Counseling Initiative, Oct
- 2007 Attended Directions in Clinical and Counseling Psychology, Vol 17, Aug
- 2007 Attended the American Counseling Association Annual Convention Education Session with Certification in Counselor Education, Detroit, Michigan. Mar
- 2006 Attended Directions in Clinical and Counseling Psychology, Vol 10, Feb
- 2006 Attended Directions in Clinical and Counseling Psychology, Vol 16, Feb
- 2006 Attended Directions in Clinical and Counseling Psychology, Vol 13, Feb
- 2005 Attended Directions in Clinical and Counseling Psychology, Vol 9, Dec
- 2005 Attended the American Counseling Association Annual Convention, Atlanta, Georgia. Apr
- 2004 Attended *What Really Works in Counseling*. Scott Miller, 6 CE credits, Spokane, Washington. May,
- 2004 Attended the American Counseling Association *Annual Convention*, Kansas City, Kansas. Apr
- 2003 Attended Sexuality Issues in Counseling and Therapy, Sep
- 2003 Attended Directions in Clinical and Counseling Psychology, Vol 7, Aug
- 2003 Attended the *Gottman Institute: Initial Training for Marital Counseling*. Seattle, WA, Fe
- 2003 Attended the Directions in Clinical and Counseling Psychology, Vol 8, Jan
- 2002 Attended the AACTE 54<sup>th</sup> Annual Meeting and Exhibits, New York, Feb
- 2001 Attended *Spiritual Exercises in Everyday Living*, Gonzaga University, Spokane, WA.
- 2000 Attended *Leadership Workshop offered by the Center for Organizational Reform*, Gonzaga University
- 2000 Attended *Professional Boundaries and Secondary Traumatization*, Charee Boulter, Ph.D., Eastern Washington University, Cheney, WA. June
- 2000 Attended Therapeutic Strategies with the Older Adult. June
- 2000 Attended Directions in Clinical and Counseling Psychology, Volume 7, July
- 2000 Attended *Trauma and Dissociation—Diagnosis and Treatment*. Betty McQuirk, M.S., Eastern Washington University, Cheney, WA. Mar
- 2000 Attended *Welcome to the Gamma Quadrant: Forensic Survival Strategies for Mental Health Professionals*, Laura Brown, Ph.D., Eastern Washington University. Feb
- 1999 Attended *Ethics in Psychotherapy, Vol 2*, Apr
- 1999 Attended *Ethics in Psychotherapy, Vol, 3* Mar
- 1999 Attended *Ethics in Psychotherapy, Vol 1*, Jan
- 1998 Attended *Listening to Prozac But Hearing Placebo: A Meta-Analysis of Antidepressant Medication*. APA.
- 1988 Internship with Veterans Administration Medical Center, Inpatient Psychiatry, Biomedicine, Neuropsychology, Inpatient Substance Abuse, Salt Lake City, Utah,
- 1985 Internship with Veterans Administration Medical Center, Outpatient Substance Abuse Clinic, SLC, Sum

## Professional Experience

<u>Appointment Level</u>	<u>Institution</u>	<u>Dates</u>	<u>Subject Area</u>
Professor	Gonzaga University	2013-Present	Counselor Education
Associate Professor	Gonzaga University	2005-2013	Counselor Education
Assistant Professor	Gonzaga University	1998-2005	Counselor Education
Adjunct Professor	Spokane Falls Comm. Col.	1996-1997	Humanities
Adjunct Professor	Gonzaga University	1994-1998	Counselor Education
Visiting Professor	University of Alaska	1991-1992	Psychology
Adjunct Faculty	Salt Lake Comm. Col.	1989-1991	Humanities
Coordinator/Instructor	University of Utah	1986-1988	Efficient Reading
Instructor	University of Utah	1986-1987	Counseling
Instructor	University of Utah	1984-1987	Learning Skills

## Faculty Teaching and Administrative Load

Fall 2023

EDCE 695	Pre-practicum in Counseling, on-campus	3 credits
EDCE 697	Internship in Counseling, on-camp	4 credits
EDCE 688	Advanced Theories and Professional Seminar	1 credit
EDCE 603	Human Sexuality	2 credits

Spring 2024

EDCE 696	Practicum in Counseling, on-campus	3 credits
EDCE 697B	Internship in Counseling, on-camp	4 credits
EDCE 689	Advanced Theories and Professional Seminar	1 credit
EDCE 687	Advanced Theories and Professional Seminar	1 credit

## Current Collegiate Assignments

2016-present	Member	Awards Committee (SOE)
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## Research Interests

- Evidence informed treatment
- Adult attachment/Attachment behaviors in elephants as compared to human attachment behaviors
- Creative techniques in counseling

## Current Professional and Academic Associate Memberships—Outside of University

2000-present	Member	American Counseling Association
2002-present	Member	Washington Counseling Association
1994-present	Member	American Psychological Association
2002-present	Member	Washington State Assoc. for Counselor Ed. and Supervision
2002-present	Member	Association for Counselor Education and Supervision
2002-present	Member	Wash. Assoc. for Spiritual, Ethical, and Rel. Values in Couns
2002-present	Member	Association for Spiritual, Ethical, and Rel. Values in Counseling
1989 to life	Member	Phi Kappa Phi
2005 to present	Member	PEO

## Current Professional Service, Leadership & Consultation

1998-present	Licensed Psychologist in Private Consulting Practice
2009-present	Board Member ex officio, Reach for the Future, Spokane, Washington
2004-present	Counseling Consultant, Gonzaga Prep, Spokane, Washington,

## Publications – Refereed Chapters

- Bennett, E.D. and Young, M.A. (2022). Other pertinent Issues in Counseling Practice. In Erfords, B. (Eds) *Clinical Experiences in Counseling*. New York: Routledge
- Bennett, E.D. and Young, M.A. (2020). Other pertinent Issues in Counseling Practice. In Erfords, B. (Eds) *Clinical Experiences in Counseling*. New Jersey: Pearson. (Dropped by Pearson due to Covid)
- Bennett, E.D. (2017). The Women's Project. In Lebow, J., Chambers, A., & Breunlin, D. (Eds) *Encyclopedia of Couple and Family Therapy*. NYC: Springer.
- Bennett, E.D. (2014) Other Pertinent Issues in Counseling Practice. In Erford, B. (Eds) *Clinical Experiences in Counseling*. New Jersey: Pearson.
- Bennett, E, and O'Connor, T. (2011). Helping Students with Incarcerated Parents. In Erford, B. and Byrd, V (Eds.) *Applying Technique to Common Encounters in School Counseling: A Case-Based Approach*. NJ: Merrill Publishing.
- Bennett, E, and Curran, L. (2011). Working with Sam, A Homeless Child. In Erford, B. and Byrd, V (Eds.) *Applying Technique to Common Encounters in School Counseling: A Case-Based Approach*. NJ: Merrill Publishing.
- Bennett, E, and Brown, M. (2011.) Working with Gifted Children. In Erford, B. and Byrd, V (Eds.) *Applying Technique to Common Encounters in School Counseling: A Case-Based Approach*. NJ: Merrill Publishing.
- Bennett, E. and Hastings, P. (2009). Key legal issues in assessment. In Erford, B.. (Ed.) *Encyclopedia of Counseling*. Alexandria, Virginia: American Counseling Association.
- Hastings, P. and Bennett, E. (2009). Classical conditioning. In Erford, B. (Ed.), *Encyclopedia of Counseling*. Alexandria, Virginia: American Counseling Association.
- Bennett, E.D. (1994). *Life Events, Hardiness, and Prepartum Depression in Relationship to Maternity Blues and Postpartum Depression*. Dissertation Abstracts.

## Articles

- Barstack, S., Karkhanis, S., Bennett, E., Erford, B., Buchanan, E., Sharpe, C., Wissel, A. (2023). Synthesis of the Eating Disorder Inventory-Third Edition (EDI) Psychometric Characteristics; Implications for Counseling Practice. *Journal of Counseling and Development* (4), Wiley. Retrieved from <http://dx.doi.org/10.1002/jcad.12474>
- Bennett, E., Le, K, Lindahl, K., Wharton, S., Mak, T.W. (2017). Five out of the box techniques for encouraging teenagers to engage in counseling. *Vistas.2017*. Retrieved from <http://www.counnseling.org/knowledge-center/vistas>
- Bennett, E., Mak, T., Le, K., Garn, P., Perales, J., and Adame, S. (2016). Five Techniques for Redistributing Airtime in Family Counseling with Airtime Monopolizers, *Vistas*. Retrieved from <http://www.counseling.org/knowledge-center/vistas/vistas-2016>.
- Bennett, E.D., Davari, J., Perales, J., Perales, A., Sumner, B., Gill, G., Mak, T.W. (2016). Five Counseling Techniques for Increasing Attachment, Intimacy, and Sexual Functioning in couples. *Vistas.2016*. Retrieved from <http://www.counnseling.org/knowledge-center/vistas>
- Bennett, E.D., Bennette, W.E., Sylvester, A., Roth, B., and Cataldi, J. (2014). Concordance and the Counselor's Role in Supporting Medical Compliance, *Vistas*. <http://www.counseling.org/knowledge-center/vistas/vistas-2014>.
- Bennett, E.D., Sylvester, A. (2012). Postpartum Depression: What Counselors Need to Know, *Vistas*.

Retrieved from [http://counselingoutfitters.com/vistas/vistas13/Article\\_24.pdf](http://counselingoutfitters.com/vistas/vistas13/Article_24.pdf).

Bennett, E.D., Beal, A.E., and Beal, B. (2012). Counseling for Sexual Dysfunction Through the Lens of Attachment. *Vistas*. Retrieved from <http://www.counseling.org/library/>.

Bennett, E.D., Hunsaker, E., Butler, M., Cook, O., and Leland, B. (2012) Autism Spectrum Disorder: What Counselors Need to Know. *Vistas*. Retrieved from [http://www.counselingoutfitters.com/vistas/vistas12/Article\\_102.pdf](http://www.counselingoutfitters.com/vistas/vistas12/Article_102.pdf).

Bennett, E.D., Lewis, M., and Hunsaker, E. (2012). Counseling Kids with Incarcerated Caregivers. Retrieved from [http://www.counseling.org/Resources/Library/VISTAS/vistas12/Article\\_56.pdf](http://www.counseling.org/Resources/Library/VISTAS/vistas12/Article_56.pdf).

Bennett, E.D., and Smith, J.N. (2011). Neurology for Smarties: Symptoms recognition, referral, and support. Retrieved from [www.counseling.org/Resources/Library/VISTAS/2011-V-Online/Article\\_57.pdf](http://www.counseling.org/Resources/Library/VISTAS/2011-V-Online/Article_57.pdf).

Koffman, S., Hicks, G., Arnette, K., Watckins, P., Jackson, N., Bennett, E., Browsers, R. & Hastings, P. (2001). Psychosocial Variables in a Screening Study of Older Adults: Scale Development and Construct Validity. Presented at the 17<sup>th</sup> World Congress of the International Association of Gerontology, Vancouver, B.C. *Internationals Journal of Experimental, Clinical, and Behavioral Gerontology*, 47, 359. (abstract)

### **Presentation Reviews**

2021/2022	Association for Counselor Educators and Supervisors, Proposal Reviewer
2019/2020	American Counseling Association Annual Convention, Proposal Reviewer
2018/2019	American Counseling Association Annual Convention, Proposal Reviewer
2017/2018	American Counseling Association Annual Convention, Proposal Reviewer
2016/2017	American Counseling Association Annual Convention, Proposal Reviewer
2015/2016	American Counseling Association Annual Convention, Proposal Reviewer
2014/2015	American Counseling Association Annual Convention, Proposal Reviewer
2013/2014	American Counseling Association Annual Convention, Proposal Reviewer
2012/2013	American Counseling Association Annual Convention, Learning Institute Reviewer
2011/2012	American Counseling Association Annual Convention, Proposal Reviewer
2011/2012	Washington Counseling Association Conference, Proposal Reviewer
2010/2011	American Counseling Association Annual Convention, Proposal Reviewer
2009/2010	American Counseling Association Annual Convention, Proposal Reviewer
2009/2010	Washington Counseling Association Mini-conference, Proposal Reviewer
2008/2009	American Counseling Association Annual Convention, Proposal Reviewer
2008/2009	Washington Counseling Association Mini-conference, Proposal Reviewer

### **Book Reviews**

2023	Abbott, D. Culturally Responsive Mental Health Practice with Nonreligious Clients, Roman and Littlefield.
2021	Drummond, et al. Assessment for Counselors and Helping Professionals, Pearson.
2020	Gladding, S, Theories of Counseling. Roman and Littlefield.

### **Professional Papers Presented (Refereed)**

#### **National & International**

Bennett, E., and Fisher, A. (2023) What about the Perpetual Affair?: Literature and Case Study. International Marriage and Family Therapy Association World Congress. Malaga, Spain.

Wissel, A., Bennett, E., Bonner, K, (2022). The Development of Competence for DEI: A Polan to Implement in Counselor Education Master's Degree Programs. WASES, Portland, Oregon.

- Bennett E., TJaden, S., Gillette, A., Hancock, J., Burton, M. (2022). Five Techniques for Helping Deployed Families Retain/Build Parental Bonds. International Association of Marriage and Family Therapists, New Orleans.
- Bennett E., TJaden, S., Gillette, A., Hancock, J., Burton, M., Bourne, K., Case, S. (2022) Five Techniques for Helping Deployed Families Retain/Build Parental Bonds. International Association of Marriage and Family Therapists, New Orleans.
- Fisher, A., Bennett, E., (2022). An Integrative and Systemic Approach to Counseling and Supervision. International Association of Marriage and Family Therapists, New Orleans.
- Wissel, A., Bennett, E., Leach, D., McCarthy, M., Schaffer, M., (2021). Top Ten Techniques for Curbing Burnout. American Counseling Association Annual Convention. Held Online.
- Bennett, E. , Boyle, C., McCarthy, J., Schaffer, M., (2021). Top Ten Techniques for Curbing Burnout. International Family Therapy Association Annual Congress. Held online.
- Bennett, E., Boyle, C., Melo, V., Schaffer, M., Smith, H. (2021). Get 'Em Moving: The art and science of movement in therapy. International Family Therapy Association Annual Congress. Held online.
- 2 presentations accepted to ACA for 2020 San Diego, CA; conference cancelled.  
2 presentations accepted to IFTA for 2020 Basel, Switzerland; conference cancelled.
- McKinney, R., Bennett, E., Cram, D., Paulsen, M., Brinser H., Champagne, B., Swanson, S., Singh, R., Singh, S., Durstling, N.,(2019). Attachment: Family Therapists Partnering with Schools and Communities, International Family Therapy Association Annual Congress. Aberdeen, Scotland.
- McKinney, R., Bennett, E., Champagne, B, Swanson, S., Singh, R., Singh, S., Durstling, N., Paulsen, M., Cram, D., Brinser H. (2019). Creative Approaches to Difficult Situations: Speed Dating Style, International Family Therapy Association Annual Congress. Aberdeen, Scotland.
- Bennett, E., Mak, A., Messier, C., Ellis, J., Pierce, M. (2018). Treating Couples through the Lens of Attachment. International Marriage and Family Therapy Congress. Bangkok, Thailand
- Bennett, E., Mak, A., Messier, C., Ellis, J., Day, A., Moret, K., Roberts, A. (2018). Theoretically Grounded Creativity in Family Counseling. International Marriage and Family Therapy Congress. Bangkok, Thailand
- Bennett, E., Sumner, B., Mak, A., Le, K., Ellis, J., (2017). Treating Couples through the Lens of Attachment. Learning Institute. American counseling Association Annual Convention. San Francisco, California.
- Bennett, E. Davari, J., Perales, A., Perales, J., Gill, G., Sumner, B., Garn, P., Mak, T., (2016) Treating Sexual Dysfunction Through the Lens of Attachment. American Counseling Association-Canadian Counseling and Psychotherapy Association Joint Annual Convention. Montreal, Canada.
- Backlund, R., Backlund, M., Llauro, A., Bennett, E., *Get Your Clients in the Groove: The Use of Dance as Technique*. American Counseling Association Annual Convention. Orlando, Florida.
- Bennett, E., Bennett, W., Cataldi, J., Reidy, J, Roth, A., Howells, R., Poindexter, T., Vollrath, D., Davari, J., Gill, G., (2015). *Neuroanatomy and Psychopharmacology: Current Medications, How they Work, and the Counselor's Supportive Role*. Learning Institute. American Counseling Association Annual Convention. Orlando, Florida.
- Bennett, E., Brown, M., Reidy, H., Roth, A., Rugo, K., Pedlar, S., Price, P., Perales, J., Llauro, A., Jeon, K., Mak, T., (2015). *Grit, Gratitude, and Gumption: Developing "Academic Fitness."* American Counseling Association Annual Convention. Orlando, Florida.

- Bennett, E., Beal, A., Cataldi, J., Rugo, K., Graydon, M., Perales, A., (2015). *Sexual Dysfunction: Best Practice Application Grounded in Attachment Theory*. American Counseling Association Annual Convention. Orlando, Florida.
- Bennett, E., Bennett, W., Fouche, M., Sylvester, A., and Christoe, L. (2013). *Neuroanatomy and Psychopharmacology for Counselors*. Learning Institute at American Counseling Association Annual Convention, Cleveland, Ohio.
- Bennett, E., Bennett, W., Bell, C., DiViveros, E., Fouche, M., (2012). *Neuroanatomy and Psychopharmacology for Counselors*. Learning Institute. American Counseling Association Annual Convention. San Francisco, California.
- Bennett, E., Butler, M., Hunsaker, E., Cook, O, Leland, B, and Hickam, S. (2012). *Autism Spectrum Disorder: What Counselors Need to Know*. American Counseling Association. San Francisco, California.
- Bennett, E., Smith, J., Neves., H. and Mardis, C. (2011). *Neurology for Smarties*, American Counseling Association Annual Convention, New Orleans, Louisiana.
- Bennett, E, and Anderson, L. (2010). *What every counselor must know about autism to secure a therapeutic relationship*. American Counseling Association Annual Convention. Pittsburgh, Pennsylvania
- Bennett, E, Andrysiak, C., Pote, S., and Holmes, C. (2010). *Counseling Kids with Incarcerated Caregivers*. American Counseling Association Annual Convention. Pittsburgh, Pennsylvania.
- Bennett, E. (2010). *What You Should Know About Autism*. Kids Count Conference. Indiana Youth Institute. Indianapolis, Indiana. (Invited Presentation)
- Bennett, E. (2010). *Assisting Children with Incarcerated Care-givers*. Kids Count Conference. Indiana Youth Institute. Indianapolis, Indiana. (Invited Presentation)
- Bennett, E. (2010). *Our Kids Cut: What You Must Know About Self-Mutilation*. Kids Count Conference. Indiana Youth Institute. Indianapolis, Indiana. (Invited Presentation)
- Bennett, E, and Lewis, M. (2009). *Teaching the Process of Counseling: A Matrix Model*. Association of Counselor Educators and Supervisors Annual Convention. San Diego, California
- Bennett, E., Fisher, A., Brooksby, J. (2009). *GRE, Supervisor Evaluations, and other measures of success in Graduate School*. American Counseling Association Annual Convention. Raleigh, North Carolina.
- Bennett, E., Hastings, P., and Dockendorff, S. (2009). *Counseling Student Indebtedness and Perceived Expected Salary*. American Counseling Association Annual Convention. Raleigh, North Carolina.
- Bennett, E., Fisher, A., and Brooksby, J, (2009). *Doctoral Program Entrance Requirements Relationship to Success*. American Counseling Association Annual Convention, Raleigh, North Carolina
- Bennett, E. Dockendorff, S., and Hastings, P. (2009). *Graduate Student Indebtedness and Expected vs. Likely Post-graduate Income*. American Counseling Association Annual Convention, Raleigh, North Carolina
- Bennett, E., Wenig, A., and Prah, R., (2008). *Attachment: You know nothing if you don't know this*. 16<sup>th</sup> Annual Children's Justice Conference, Seattle, Washington. (Invited Presentation)
- Bennett, E., (2008). *Bullying: Mandating an Impossible End(Working to Curb Bullying)*. 16<sup>th</sup> Annual Children's Justice Conference, Seattle, Washington. (Invited Presentation)
- Bennett, E., (2008). *Self Abuse from Pleasure to Pain*. 16<sup>th</sup> Annual Children's Justice Conference, Seattle, Washington. (Invited Presentation)

- Bennett, E., & EagleBear, A. (Mar, 2007). *Multicultural Counseling: Native American Techniques*. American Counseling Association Annual Convention. Detroit, Michigan.
- Oppelt, A., Bennett, E., & Plaeger, D. (April, 2005). *Impact of Reasoning on Decision Making: Implications for Counselors*, American Counseling Association Annual Convention, Atlanta, Georgia.
- Bennett, E., & Fisher, M. (accepted April, 2005). *Weaving the Threads of Hardiness and Religiosity through the Fabric of Counseling: An Approach to Preventing Depression*. American Counseling Association Annual Convention, Atlanta, Georgia.
- Bennett, E., Majors, A., Symes, M., & Bitzig, S. (April, 2004). *Life Events, Hardiness, and Implications for Postpartum Depression*. American Counseling Association Annual Convention, Kansas City, MO.
- Majors, A., Bennett, E., Symes, M., Bitzig, S., & Rahm, C. (April, 2004). *Religion as Related to Depression*. American Counseling Association Annual Convention, Kansas City, MO.
- Gilchrist, G., & Bennett, E. (August, 2003). *Current and Ideal Body Images of Males: A Fitness Setting. Poster Presentation*. Annual Convention of the American Psychological Association. Toronto, Ontario, Canada.
- Bennett, E., Brougher, J., Conners, D., & McDonald, D. (February, 2002). *The Dean Management Team: An Experiment in Collaborative Leadership*. Annual Conference of the American Association of College Teacher Educators, New York.
- Koffman, S., Hicks, G., Arnett, K., Watkins, P., Jackson, N., Bennett, E., Browers, R., & Hastings, P. (August, 2001). *Psychosocial Variables in a Screening Study of Older Adults: Scale Development and Construct Validity*. Presented at the 17<sup>th</sup> World Congress of the International Association of Gerontology, Vancouver, BC, Canada.

### **Regional and Local**

- Bennett, E., Roth, A., Reidy, H, Rugo, K. Llaurodo, A., Ngo, K., Perales, J., & Willet, W. (2014) Grit, Gratitude, and Gumption. Washington Counseling Association, Seattle, Washington.
- Bennett, E., Roth, A. Cataldi, J., Reidy, H. Howells, R. Poindexter, T. Davari, J., Gill, G., & Litt, C. (2014) Neurology and Psychopharmacology: Current Medications, How they Work, and the Counselor's Supportive Role. Washington Counseling Association Annual Convention. Seattle, Washington.
- Bennett, E., Cataldi, J. Rugo, K., Baksis, C., Garn, P., Lopez, C., Perales, A, & Urann, S. (2014). Working with Adults from an Attachment Perspective. Washington Counseling Association Annual Convention, Seattle, Washington.
- Brown, M. and Bennett, E. (2014) Grit, Gratitude, and Gumption. Washington School Counseling Association, Seattle, Washington.
- Bennett, E., Telleria, B., Reidy, H, and Backlund G. (2013) Neurology and Psychopharmacology: Current Medications, How they Work, and the Counselor's Supportive Role. Washington Counseling Association Annual Convention. Spokane, Washington.
- Sylvester, A. & Bennett, E. (2013). Dating Violence: What School Counselors Should Know. Washington School counseling Association, Seattle, Washington.
- Bennett, E., Bennett, W., Fouche, M., Sylvester, A., and Christoe, L. (2013). *Neuroanatomy and Psychopharmacology for Counselors*. Washington Counseling Association Annual Convention, Spokane, Washington.
- Bennett, E., Butler, M., and Hunsaker, E., (2011). *Autism: Spectrum Disorders: What Counselors Need to Know*. Washington School Counseling Association. Seattle, Washington.

- Bennett, E., Sylvester, A. (2011). *Counseling Kids with Incarcerated Caregivers*. Washington School Counseling Association. Seattle, Washington.
- Bennett, E. and Brown, M. (2011). *Instilling Gratitude in Schools: Increasing Learning and Resilience*. Washington School Counseling Association. Vancouver, Washington. (Invited Presentation)
- Bennett, E., Butler, M., and Hunsaker, E., (2011). *Autism: Spectrum Disorders: What Counselors Need to Know*. Washington Counseling Association. Spokane, Washington.
- Bennett, E., Smith, J., Neves, H., and Mardis, C. (2010). *Neurology for Smarties*. Washington Counseling Association. Spokane, Washington.
- Brown, M. and Bennett, E. (2010). *Instilling an Attitude of Gratitude*. Washington School Counseling Association. Seattle, Washington.
- Bennett, E. and Brown, M. (2010). Key Note Address. Idaho School Counseling Association, Coeur d'Alene, Idaho. (Invited)
- Bennett, E., Anderson, L, Markealli, N, (2009). *Autism: What every counselor must know to build relationship*. Washington Counseling Association. Spokane, Washington
- Bennett, E. and Brown, M. (2009). *Responding to What our Students are Thinking*. Washington School Counseling Association Annual Convention, Seattle, WA.
- Bennett, E. (2008). *Cutting and Other Forms of Self Abuse*. Washington Counseling Association Mini-Conference, Spokane, WA. (Invited Presentation)
- Brooksby, J., Huang, E., Markealli, N., and Bennett, E. (2008). *Biblio-counseling*. Washington Counseling Association Mini-Conference, Spokane, WA.
- Dockendorff, S., Bennett, E., and Hastings, P. (2008). *Student Indebtedness and Expected Income for Counselors*. Washington Counseling Association Mini-Conference, Spokane, WA, Invited Presentation
- Koffman, S., Hastings, P., Bennett, E. et. al. (2008). *Emotional Intelligence in Counselor Education Students*. Washington Counseling Association Mini-Conference, Spokane, WA, Invited Presentation
- Bennett, E., Notestine, C., Dockendorff, S., and Whitbred, L., (2008). *What School Counselors Need to Know and Do About Homeless Children: Collaboration*. Washington School Counseling Association Annual Conference, Seattle, Washington.
- Lewis, M., Bonner, K., and Bennett, E., (2008). *Counseling Kids with Incarcerated Caregivers*. Washington School Counseling Association Annual Conference, Seattle, Washington.
- Brown, M., Bennett, E., Eberth, L., Ferris, J., and Renner, L., (2008). *Utilizing Possible Selves Theory to Increase Student Achievement*. Washington School Counseling Association Annual Conference, Seattle, Washington.
- Bennett, E., Dockendorf, S., Whitbred, L., Stewart, K., and Notestine, C. (2007). *Homeless Children: A Situation Requiring Counseling Collaboration*. Washington Counseling Association Annual Convention, Seattle, Washington.
- Bennett, E., Dockendorf, S., Kennedy, J., Knudsen, S., & Swenson, K. (2007). *Eating Disorders: What You Need to Know and What We Do Not Know*. Washington Counseling Association Annual Convention, Seattle, Washington.
- Bennett, E., EagleBear, A., Lewis, M., Holmes, C., Tate, E., Bonner, K., (2007). *Understanding the Native*

*American You May Ben Counseling.* Washington Counseling Association Annual Convention, Seattle, Washington.

Bennett, E., Stewart, K., Knudsen, S., Hill, K., & Holmes, C., (2007). *Left Foot, Right Foot, Repeat: From Survival Mode to Self Care.* Washington Counseling Association Annual Convention, Seattle, Washington.

Bennett, E., Beal, A., Whitbred, L., Lewis, M., Tate, E., & Bedient, L. (2007). *Assessing and Treating Sexual Dysfunction: An Attachment Based Approach.* Washington Counseling Association Annual Convention, Seattle, Washington.

Bennett, E., Lewis, M., Bedient, L., Swenson, K., Kennedy, J. (2007). *Psychotropic Medications for Children and the Supportive Counselor.* Washington Counseling Association Annual Convention, Seattle, Washington.

Koffman, S., Bennett, E., Hastings, P., Disney, K., Buzinover, Y., Fisher, A., Langman, N., Lussier, R., Parker, C., Sauder, S., & Simon, J. (2007). *From Small Beginnings Come Great Things: The Growth of Emotional Intelligence in Future Counselors; Year 3 of the Study at Gonzaga University.* Washington Counseling Association, Seattle, WA

Bennett, E., Yost, P., Warren, T., & Starks, M. (Oct. 2006). Identifying and Counseling Clients with Eating Disorders. Washington Counseling Association Annual Convention. Seattle, Washington.

Bennett, E., Everson, E., & Burrill, C. (Oct. 2006). *Methamphetamines: What Counselors Should Know.* Washington Counseling Association Annual Convention. Seattle, Washington.

Bennett, E. Shafer, C., & Green, J. (Oct. 2006). *Self-asphyxiation: What, How, and How to Help.* Washington Counseling Association Annual Convention. Seattle, Washington.

Bennett, E., Young, T, Martin, K., Im, Yookwi, & Burke, E. (Oct. 2006). *Counselor Heal Thyself.* Washington Counseling Association Annual Convention. Seattle, WA.

Bennett, E. & Gilchrist, G. (Oct. 2006). *Men, Women and Body Image Perceptions: Are We on the Same Page?* Washington Counseling Association Annual Convention. Seattle, WA.

Bennett, E., Eaglebear, A., and Beal, A. (March, 2006). *Native American Techniques in School Counseling.* Washington School Counseling Association Annual Convention. Seattle, WA.

Bennett, E. Beal, A., & Metzger, S. (March, 2006). *Becoming Consciously Competent as a School Counselor.* Washington School Counseling Association Annual Convention. Seattle, WA.

Brown, M., Doyle, K., Gray, S., & Bennett, E. (March, 2006). *Self-mutilization.* Washington School Counseling Association Annual Convention. Seattle, WA.

Minchala, V., Bennett, E., & Fisher, M. (October, 2004). *A Perspective on Domestic Violence in Same-Sex Relationships.* Washington Counseling Association Annual Convention, Spokane, Washington.

Bennett, E., & Hastings, P. (October, 2004). *The Matrix and the Process of Counseling.* Invited half-day presentation, Washington Counseling Association Annual Convention, Spokane, Washington.

Oppelt, A., Plaeger, D., & Bennett, E. (October, 2004) *The Role of Rationality in Decision Making.* Washington Counseling Association Annual Convention, Spokane, Washington.

Bennett, E., & Majors, A. (October, 2004). *Religiosity as Related to Depression.* Washington Counseling Association Annual Convention, Spokane, Washington.

Bennett, E., & EagleBear, A. (October, 2004). *Native American Techniques in Counseling.* Washington Counseling Association Annual Convention, Spokane, Washington.

Bennett, E., & Fisher, M. (October, 2004). *Hardiness as a Buffer for Depression*. Washington Counseling Association Annual Convention, Spokane, Washington.

Bennett, E., Syme, M., Majors, A., Bitzig, S., & Brown, M. (October, 2003). *Depression: Who is aware? Who must be?* Washington Counseling Association Conference, Seattle, WA.

Bennett, E., Brown, M., Majors, A., Syme, M., & Bitzig, S. (October, 2003). *Facing the Bully: What Counselors Can Offer to Bullies, Victims, and Bystanders*. Washington Counseling Association Conference, Seattle, WA.

Bennett, E., Holsinger, J., Eccles, N., & Brown, M. (March, 2003). *The National Model and Bullying: The State of the Art in Prevention*. Washington School Counselor Association Conference, Spokane, WA.

Bennett, E., Mahoney, D., Walsh, F., & Weber, K. (March, 2003). *Gate-keeping: We are the Responsible Ones*. Washington School Counselor Association Conference, Spokane, WA.

Bennett, E., Brown, M., & Koffman, S. (March, 2003). *A Comprehensive Peer Review Plan: One Response to the Implementation of the National Model*. Washington School Counselor Association Conference, Spokane, WA.

Gilchrist, G., & Bennett, E. (August, 2003). *Current and Ideal Body Images of Females: A Fitness Setting*. Poster Presentation. Annual Conference of the Washington State Psychological Association. Seattle, Washington.

Koffman, S., Bennett, E., Arnett, K., Hicks, G., Jackson, N., & Browers, R. (October, 2001). *Structured Reminiscence as Group Psychotherapy for Older Adults: Mental Health Variables and Adjustment Issues*. Annual conference of the Washington Counseling Association, Spokane, WA.

Koffman, S., Bennett, E., Arnett, K., Hicks, G., Jackson, N., & Browers, R. (October, 2001). *Methodological Concerns, Sampling Procedures and Construct Validity in Counseling Research: A Current Screening Study with Older Adults*. Annual Conference of the Washington Counseling Association, Spokane, WA.

#### **Other Non-Conference Invited Presentations**

2022	Bennett, E. Gottman Method Application, MFC Course, Canada
2022	Bennett, E. Personal Betterment, EDTE Supervisor Training, Spokane, WA
2021	Bennett, E. Gottman Method Application, Calgary, AB, Canada
2019	Bennett, E. Implementing ASCA Model and Creativity for Attachment in Schools presented to BC School Counselors, Penticton, British Columbia, Canada
2011	Bennett, E. Autism: Information for Excelsior Youth Workers, Spokane, WA
2011	Bennett, E. What every counselor working with youth should know about autism. YFA Connections Staff Development, Spokane, WA.
2011	Bennett, E. Neurology for the adolescent counselor. YFA Connections Staff Development, Spokane, WA.
2010	Bennett, E. Reach for the Future: Process Facilitator
2010	Bennett, E. and Majors, M. Graduate School: Why and How. Utah Valley University, Orem, Utah
2010	Bennett, E. and Jean, J. Graduate School: Why and How. Brigham Young University--Idaho, Rexburg, Idaho
2009	Bennett, E. Instilling Truthful Hope in Troubled Times. Business Conference, Spokane Washington
2009	Bennett, E. Reach for the Future: Process Facilitator
2008	Bennett, E. I Have a Dream: Process Facilitator.
2007	Bennett, E. & Hastings, P. (2007) Parenting: Do as We Do. Invited Fireside to Greenbluff Ward, LDS Church, Colbert, Washington.

2007 Bennett, E. (2007) Parenting: Trouble-shooting and Consistency. Invited lecture to Greenbluff Ward, LDS Church, Colbert, Washington.

2007 Bennett, E. (2007) Parenting Using a Developmental Model. Invited lecture to Greenbluff Ward, LDS Church, Colbert, Washington.

2006 Bennett, E. (2006). The Process of Counseling: A consciously competent approach. Invited Lecture to University of Utah Doctoral and Master Students. Salt Lake City, Utah.

2005 Bennett, E. (2005). Attending to the Whole Child: A Developmental Approach to Administration. Cheney School District. Principal Training. Cheney, Washington.

2004 Bennett, E., & Hastings, P. (2004). *The Matrix and the Process of Counseling*. Staff Training Session. Lutheran Community Services. Spokane, Washington.

2004 Bennett, E. (2004). *The Matrix: Becoming Consciously Competent in the Process of Counseling*. Cheney School District. Staff Training. Cheney, Washington.

2004 Bennett, E., & Hastings, P. (2004). *The Matrix as a Tool in Supervising Interns in the Process of Counseling*. St. Joseph's Family Center. Spokane, Washington

2004 Bennett, E., & Majors, A. (2004). *Graduate School: Why and How*. Utah Valley State College, Orem, UT.

2003 Bennett, E. (2003). *Finding Joy in Your Divine Potential*. LDS Little Spokane River Ward. Spokane, WA.

2002 Bennett, E. (2002). *Graduate School Applications: The Whys and Hows of Counseling*. Brigham Young University, Idaho. Rexberg, ID.

2002 Bennett, E. (2002) Crisis Intervention Related to 9/11 and Elementary School Children. Colbert Elementary Faculty, Staff, and Administration, Colbert, WA.

2001 Bennett, E. (2001). Teen Stress/Parent Stress. Public Lecture Series, Spokane Public School, Spokane, WA.

2001 Bennett, E., (2001). Raising Healthy Teens. Radio Broadcast, KXLY News Talk Radio. Spokane, WA.

2000 Bennett, E. (2000). Stress, Depression, and Resulting Ailments: Understanding the Causes and Taking Preventative Action. Lecture hosted by the PEO Chapter EW of the State of Washington. Spokane, WA.

1999 Bennett, E. (1999). Attending to the "Whole" of Self. Johns-Hopkins Youth Awards Keynote Address. Gonzaga University, Spokane, WA.

1999 Bennett, E. (1999). Stress and Depression: Care for the Caregiver. Continuing Education Workshop hosted by LIFE, Inc. Spokane, WA.

1999 Bennett, E. (1999). Conflict Resolution: Managing Difficult Moments. Continuing Education Workshop for Nursing and Nursing Assistance hosted by LIFE, Inc., Spokane, WA.

1998 Bennett, E. (1998). Communication Essentials: Working in a Healthy Environment. Educational Workshop hosted by LIFE, Inc., Spokane, WA.

1998 Bennett, E. (1998). Leadership and Healthy Organizations: Building the Skills for a Strong Group Development. Educational Workshop hosted by LIFE, Inc., Spokane, WA.

## Community and Scholarly Service

### Other Professional Experience

1995-Present Private practice as Consulting Psychologist, Spokane, WA

1992-1993 Founder and Clinical Director, Discovery Outpatient Unit, Providence Adolescent Mental Health Services, Providence Hospital, Anchorage, AK

1989-1991 Psychology Resident, Center for Counseling, Education, and Research, Intermountain Health Care, Orem Community Hospital, Orem, UT

1989-1991 Director, Pain and Arthritis Clinic, Intermountain Health Care, Orem, UT

1988-1989 Counseling Psychology Intern, Inpatient Psychiatric Unit, Outpatient Substance Abuse Clinic, Behavioral Medicine, Geriatrics, and Neuropsychology, VA Medical Center, Salt Lake City, UT

1986-1990 Psychologist in Training, LDS Social Services, Salt Lake City, UT

1985-1986	Research Assistant to the Dean, Department of Education, University of Utah, Salt Lake City, UT
1985-1986	Child Therapist in Training, Children's Center, Salt Lake City, UT
Summer 1985	Psychologist in Training, VA Medical Center, Outpatient Substance Abuse Clinic, Salt Lake City, UT
1984-1987	Counselor, Adolescent Residential Treatment and Education Center, Salt Lake Valley Mental Health, Salt Lake City, UT,
1984-1985	Teaching Assistant, Foundations of Educational Psychology, University of Utah, Salt Lake City, UT

#### Past University Committees

#### Volunteer Experiences

2018—present	Member, Friends of the North Spokane Library, Hawthorne Branch, Spokane, WA
2009 – present	Board Member ex officio, Reach for the Future, Spokane, Washington
2005-2006	Registered Counselor Task Force, Washington State Governor's Appointment, DOH
2004- 2020	Counseling Consultant, Gonzaga Prep, Spokane, Washington,
2004- 2009	Board Member, Family Services Spokane, Spokane, Washington,
2002– 2004	Leader, Junior Troop 273, Girl Scouts, GSIEC, Colbert, WA.
2002– 2003	Achievement Days Leader, Colbert, WA.
2000-- 2003	Classroom Volunteer, Colbert Elementary, Colbert, WA.
Sept. 2001	Consultant to Meadow Ridge and Colbert Elementary Schools—9-11 Crisis Intervention, Mead School District, Colbert, WA.
1999 – 2001	President, Summerwood Home Association, Colbert, Washington,
1997 – 2005	President, Friends of the North Spokane Library, Hawthorne Branch, Spokane, WA.
1997 – 2001	Member, Summerwood Home Association Board, Colbert, WA.
1997 – 1999	Classroom Volunteer, Meadow Ridge Elementary, Colbert, WA.

#### Grants

2008	\$335,786 Development, Implementation, and Validation of a Prevention Program for Postpartum Mood Disorders in Single Mothers, Submitted to National Institute of Health (Submitted/denied)
2007-2008	\$9,000; Marital Counseling Program Development, Venture Fund, Gonzaga University, Spokane, Washington
2006-2007	\$300; Enhancing Career Development, Assessment Grant, Gonzaga University, Spokane, Washington
2006-2007	\$300; School Counseling Assessment, Assessment Grant, Gonzaga University, Spokane, Washington
2006-2007	5725; Department of Education Technology and Recruitment DVD, Venture Fund, Gonzaga University, Spokane, Washington
2004-2007	\$30,000; PEP Grant: Infusing Character Development Curriculum in Physical Education Courses in Spokane Public Schools, Washington Department of Education, Olympia, WA.
2003-2004	\$782; OSPI Special Projects Grant: Professional Portfolio Rubric Development, Washington Department of Education, Olympia, Washington.
2000-2002	\$5,000; Enhancing Diversity through Recruitment, Special Projects Grant, Venture Fund, Gonzaga University, Spokane, Washington
2000-2002	\$15,000; Geriatric Studies in Reminiscence Groups; United Way and Gonzaga University Corps, Spokane, Washington.
1999-2000	\$1,000; Enhancing Diversity through Recruitment, Special Projects Grant, Venture

#### Awards

Oct 2010	President's Award, Washington Counseling Association. (state)
May 2008	Recipient of The Jeanne Foster Wardian (Faculty) Leadership Award (SOE), Gonzaga University, Spokane, Washington (School)

### Past Collegiate Assignments

2019-2020	Member	SOE RRT Committee (Alternate)	SOE
2018-2019	Member	SOE RRT Committee (Alternate)	SOE
2018	Co-Chair	Search Committee, Chair EDCE	Dept
2017-2019	Member	University Budget Committee	University
2007-2013	Chair	Dept of Counselor Education	Dept
2011-2019	Director	Clinical Mental Health Counseling	Dept
2002-2011	Director	Community Counseling Program	Dept
2001-2002	Member	Dean Management Team	SOE
1999-2004	Chair	Dept of Counselor Education	Dept
2011-2013	Member	Mission Committee	University
2011-2013	Member	AVP Advisory Committee	University
2005-2007	Member	Graduate Admissions Committee	SOE
2003-2010	Member	Assessment Committee	University
2005-2007	Member	Intellectual Properties Committee	University
2005-2013	Member	School Counseling PEAB	Dept
2005-2007	Member	RRT Committee	SOE
2004-2006	Member	Graduation Committee	University
2003-2006	Member	Budget Committee	University
2001-2005	Member	Counselor PEAB	Dept
2003-2005	Chair	Community Advisory Board	Dept
2003-2005	Member	Commencement Awards Com	University
2004-2005	Member	Facilities Committee	SOE
2001-2004	Chair	Research Committee	SOE
2001-2004	Member	University Graduate Council	University
2003-2004	Member	Marketing Committee	SOE
2003-2004	Member	Academic Budget Committee	University
2003-2004	Member	Intellectual Properties Committee	University
2002-2003	Member	Assessment Committee	University
2002-2003	Member	Procedures Committee	SOE
2001-2003	Member	Elections Committee	University
2002-2003	Member	RRT Committee	SOE
2001-2002	Member	Mission Committee	SOE
2001-2002	Member	Off-campus Task Force	SOE
2001-2002	Member	Search Committee Dean	SOE
2001-2002	Member	Search Committee for Faculty	Dept
1999-2002	Member	Curriculum Committee	University
2000-2001	Member	Research Committee	University
2000-2001	Member	Search Committee for Dean	SOE
2000-2001	Member	Search Committee for Faculty	Dept
2000-2001	Chair	Evaluation Committee	SOE
1999-2000	Member	Evaluation Committee	SOE
1999-2000	Member	Human Subjects Committee	SOE
1999-2000	Chair	NCATE/TEAC Review Committee	SOE

### Past Professional Service, Leadership and Consultation

Past President	Washington Counseling Association*	2012-2013
President	Washington Counseling Association*	2011-2012
Past President	Washington Counseling Association*	2010-2011
President	Washington Counseling Association*	2009-2010
President-elect	Washington Counseling Association*	2008-2009

Past President	Washington State Assoc. for Counselor Ed. and Supervision*	2006-2007
President	Washington State Assoc. for Counselor Ed. And Supervision*	2005-2006
President Elect	Wash. Assoc. for Spiritual, Ethical, and Rel. Values in Couns.*	2007-2008