

# Mikale Natasha Nowak

nowakm@gonzaga.edu

## Education

- Post-Graduate Certificate – August 2024
  - Duquesne University – Pittsburg, PA
  - Forensic Nursing
- Doctor of Nursing Practice – August 2021
  - Gonzaga University – Spokane, WA
  - Psychiatric Mental Health Nurse Practitioner
- Master of Engineering in Mining Engineering – May 2015
  - Graduate Certificate in Safety Engineering – May 2015
  - Missouri University of Science & Technology – Rolla, MO
- Bachelor of Science in Nursing – May 2012
  - University of Mary Hardin-Baylor – Belton, TX

## Work Experience

- Lecturer & Clinical Faculty – June 2024 to Present
  - Gonzaga University – Spokane, WA
  - Taught NURS 653M Psychiatric Mental Health Nurse Concepts II, NURS 654M Psychiatric Mental Health Nurse Concepts III, & NURS 708 Inferential Statistics
  - Provides clinical instruction and oversight, acts as a point of contact for preceptors, students, & facilities, utilizes Canvas for classroom management, evaluates student performance in relation to the course learning objectives, encourage students to succeed inside & outside of the classroom.
- Psychiatric-Mental Health Nurse Practitioner – October 2021 to Present
  - Wyoming State Hospital – Evanston, WY
  - Elected Medical Staff President February 2022 – February 2024
    - Duties included: Acting as an advocate for the medical staff, presiding over Medical Executive Committee meetings, acting as a non-voting member of all hospital committees & was charged with maintaining each committee's projects & recent activities, acted as the Medical Director when the primary Medical Director was unavailable, acted as an official line of communication between the medical staff & the hospital's administration
  - PMHNP duties include: Performs comprehensive psychiatric evaluations & mental status examination, completes differential diagnoses, performs medication management with full prescriptive authority, performs patient education, collaborates with a multidisciplinary team, provides expert testimony, provides psychiatric care to the hospital's inpatient forensic & civil population & outpatient ACT program patients

- Surgical RN – March 2016 to November 2020
  - Forks Community Hospital – Forks, WA
  - Performed focused & comprehensive patient assessments, performed medication calculations & medication administration, educated patients, created & maintained sterile fields, assessed patient outcomes & adjusted as necessary, participated in a multidisciplinary team
- Adjunct Faculty – September 2016 to March 2020
  - Peninsula College – Forks, WA
  - Taught Introduction to Algebra, Essentials of Intermediate Algebra, Intermediate Algebra for Calculus, Math in Society, & Introduction to Statistics
  - Utilized varied instructional strategies, evaluated student performance in relation to the course learning objectives, surveyed students to identify their educational wants/needs, encouraged students to succeed inside & outside of the classroom, utilized WAMAP & Canvas for classroom management
- Adjunct Faculty – October 2015 Term
  - Westwood College – DuPage Campus, IL
  - Taught Patient Relations & Medical Terminology for the Medical Assisting Program
  - Utilized a variety of instructional strategies, evaluated student performance in relation to course learning objectives, surveyed students to identify their educational wants &/or needs, encouraged students to succeed inside & outside of the classroom, utilized Blackboard for digital classroom management
- Correctional RN – June 2012 to May 2015
  - Phelps County Jail & Pulaski County Jail – Rolla, MO & Waynesville, MO
  - Contracted through Advanced Correctional Healthcare
  - Performed focused & comprehensive patient assessments; charted; administered medication; maintained the site's Medication Administration Record; maintained the site's medication stock & medical supplies; implemented infection control standards; trained jail & nursing staff; performed patient education; charted & completed physician's orders; provided continuum of care; collaborated with the US Marshals Service & the jail administration; collaborated with outside healthcare providers; provided a conduit of communication between jail administration & corporate headquarters; acted as a professional resource for jail administration; collected & documented jail health statistics

## Special Projects

- An Evidence-Based Case Study on Rural Law Enforcement Negotiation Teams – Summer 2024
  - Post-Graduate Forensic Nursing Capstone Project
- Establishing a Fire District Critical Incident Stress Management Program – Spring 2020 to Spring 2021
  - Doctor of Nursing Practice Project
  - Selected to present at the 2021 Gonzaga University DNAP & DNP Virtual Poster Presentations
  - Published in the June 2022 edition of *Crisis, Stress, and Human Resilience: An International Journal*
- Tuberculosis: The Ideal Model to Reduce Antibiotic Resistance – Fall 2015
  - Diplomacy Lab for the U.S. National Action Plan for Combating Antibiotic-Resistant Bacteria under the U.S. State Department
- The Effects of Tobacco Use on the U.S. Mining Population – Fall 2014 to Spring 2015
  - Master of Engineering in Mining Engineering Industrial Project
- Firearm Loading Times & Usability Test – Fall 2014
  - Human Factors Project
- Creating an Emergency Accountability System for the University of Mary Hardin-Baylor's College of Nursing – Spring 2012
  - Bachelor of Science in Nursing Capstone Project
  - Invited to present at the University of Mary Hardin-Baylor's 2012 Scholar's Day

## Current Licenses, Certifications, & Memberships

- Wyoming Certified Nurse Practitioner License
- Washington Advanced Registered Nurse Practitioner License
- Utah Advanced Practice Registered Nurse License
- ANCC PMHNP Board Certification
- DEA Controlled Substance Registration Certification
- Clozapine REMS Certification
- Wyoming Multistate Registered Nurse License
- BLS Certified
- QPRT Suicide Risk Assessment and Management Trained
- Sigma Theta Tau International Honor Society of Nursing Member
- International Association of Forensic Nurses Member
- Uinta County Veterans Board Member