

# WOMEN LEAD

## Women Lead Spring Conference: Celebrating 10 Years of Empowering Women

Wednesday March 12th (In-person)	
7:45 AM – 8:15 AM	<i>Light breakfast with optional networking</i>
8:20 AM	Welcome & Introductions: <b>Morgan Marum</b>
	Dean's Welcome/Founder's Remarks
9:10 AM	Morning Keynote: <b>Pavi Theva</b> , "Ignite the Leader Within"
10:15 AM	<i>BREAK</i>
10:30 AM – 11:30 AM	Workshop Session #1 <i>Choose one from below:</i>
	<b>Sara Dean</b> , "Speak Up, Stand Out: Advance Your Thought Leadership & Communication Confidence"
	<b>Tamika LaMere</b> , "Reclaiming Wellness: Navigating Self-Care Beyond Capitalism & Challenging Societal Expectations"
	<b>Erin Lipsker</b> , "From Safe Spaces to Brave Spaces: Engaging in Courageous Conversations to Understand Systemic Racism & its Ongoing Impact"
	<b>Kristin Plouffe</b> , "Empowered Emotions: Leading with Emotional Intelligence"
11:30 AM – 11:45 AM	<i>BREAK</i>
11:45 AM – 12:15 PM	MicroLearning Sessions: <i>Choose one from below</i>
	<b>Numerica Credit Union</b> , "Financial Literacy for Women"
	<b>Melissa Castro</b> , "Intrinsic Leadership: Leveraging Influence to Lead Inclusively"
	<b>Kerrie Miles</b> , "Your Next Best Step"
	<b>Katey Treloar</b> , "Neurodiversity and Executive Function Skills in the Workplace"
12:15 PM	<i>LUNCH BREAK</i>
12:40 PM – 1:25 PM	Woman of Wisdom Interview: <b>Mandi Price</b> , Producer at Hello Sunshine
1:30 PM – 1:45 PM	<i>BREAK</i>
1:45 PM – 2:45 PM	Workshop Session #2 <i>Repeat of morning sessions (choose 1)</i>
2:45 PM – 3:00 PM	<i>BREAK</i>
3:00 PM – 3:25 PM	MicroLearning Sessions: <i>Choose one from below</i>
	<b>Chantell Cosner</b> , "Building & Leading a Culture of Creativity"
	<b>Stephanie Harrod</b> , "Optimizing Menstrual Cycle Health: Syncing Your Cycle..."
	<b>Karen Hughes</b> , "It's OK to Make Mistakes: Embracing Imperfection for Growth"
	<b>Sandy Zimmerman</b> , "Rise Together: The Power of the Three C's"
3:25 PM – 3:35 PM	<i>BREAK</i>
3:35 PM	Closing Keynote Speaker: <b>Lamiaa Laurene Daif</b> "Lead with Clarity & Confidence: Unlock the Power of the Body's Intelligence"
4:40 PM	Wrap-up & Closing Remarks: <b>Morgan Marum</b>
4:45 PM – 5:30 PM	<i>Reception/Social with optional networking</i>