

How to Answer “Tell Me About Yourself”

This may be the first question you are asked in an interview, and the way you answer it will set the tone for the rest of your interview. It can impact an employer’s first impression of you. Therefore, it is very important to have a strategy for answering this question.

Your answer will be short (60-90 seconds), but touch on the high points of your accomplishments and give the interviewers a sense of who you are as a candidate. Later in the interview you will likely go into greater detail on many of the things you briefly mention in this answer, but you are starting off the interview by reminding them of the most important things they need to know about you.

