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Gender inclusive housing details more visible

By LILLIAN PIEL

Gonzaga’s website was updated Tuesday morning to make information regarding gender-inclusive housing on campus more visible and accessible to students. Vice Provost for Student Affairs Kent Porterfield said that gender-inclusive housing has been offered at GU since 2017, but this fall, he received feedback from Housing and Residence Life and the Campus Pride Index that information about it is not visible. The changes to the website will make it easy to find and answer commonly asked questions about it as well, he said. An email was sent from Porterfield’s office to all undergraduate students informing the student body of

the changes. According to the email, gender-inclusive housing is housing that provides students with the opportunity to live with those who share the same gender identity as they do, regardless of sex assigned at birth. “Gender-Inclusive Housing addresses the diverse needs of our student body and serves Gonzaga’s mission for developing the whole person, and for fostering a mature commitment to the dignity of the human person,” Porterfield said in the email. Jamie Aitken, senior director of strategic communications at GU, said that the information on gender-inclusive housing is located on the right side of

the Housing and Dining page, and it includes information on gender inclusive housing, LGBTQ+ housing resources, terms and definitions, frequently asked questions and links to the Lincoln LGBTQ+ Resource Center’s page. Jon Wheeler, director of Residence Life, said that the housing application will also be edited to make it more comprehensible to students what resources are available to them and clarify what gender-inclusive housing is. Additional questions have been added to the student profile section of the application that ask if students are interested in living in an environment that is supportive of LGBQ students, and whether students are interested

SEE HOUSING PAGE 2

University hosts VA Deputy Remy for roundtable

By KAYLA FRIEDRICH

Gonzaga University hosted Deputy Donald M. Remy, the deputy secretary of the Department of Veterans Affairs, Monday for a roundtable conversation with veterans completing their degrees at GU and Whitworth to represent the Eastern Washington region. Remy was nominated by President Joe Biden, and his nomination was confirmed by the Senate on making him the ninth deputy secretary of Veteran Affairs. A handful of veterans and VA board members gathered around the table in the John J. Hemmingson Center where Remy and his panel were ready for conversations addressing mental health and cura personalis, accessibility of academic resources for veterans and the health care needs of women veterans. “I come here today to understand what’s on your mind and understand your

perspective,” Remy said. “We’re listening, able and desirous of providing you an inside of answers and perspectives.” More than one veteran present at the discussion raised questions about how the VA is working to assist its vets with suicide risk and other mental health care issues that can be unique for veterans. To those questions, GU President Thayne McCulloh answered with regard to GU’s role in this topic cura personalis support. “Gonzaga employs people with sources deeply connected in the community,” McCulloh said. “[Immediate services to the veteran community] is something that would need to be assessed, and I’m not sure that it’s being assessed, but it’s something that we could engage in.” McCulloh also responded to a question



PHOTO COURTESY OF DEPUTY DONALD REMY’S TWITTER

SEE REMY PAGE 3 Deputy Secretary of the VA Donald Remy, center in sports jacket, visited Gonzaga Monday.

GUUAC showcases 2022 Senior Art Exhibit

By LILY JOHNSON

There are a total of five artists featured in the Senior Art Exhibit this year, all of whom have multiple pieces being displayed throughout the studio. For some of them, this show is the culmination of over a year’s worth of work. “It feels like a big finale,” said Megan Rusby, a senior art major who is featured in the exhibit. One of the paintings that Rusby decided to showcase was her abstract-style painting called “Sole,” which is just over 3 feet long. She combines colors like pink, red and green to create a melded look that is contrasted with a rectangular white bar in the

middle of the canvas. Alongside this piece is her series of smaller abstract paintings, and a painting called “Morning.” Rusby described how her use of bright colors and designs felt very representative of her personality. This was significant for her, she said, because this show was a chance for her to express herself genuinely as an artist and a person. “I’m very proud of the pieces I put in the show because all throughout my art career of middle school, high school and college, I felt like I was always doing art for an assignment, but this time I was able to just see what I wanted to do without any limitations,” Rusby said. “It was

an opportunity to show just me with no other influences.” For this exhibit, the artists can choose from any of their artwork they have completed from 400-level classes up until this point during their time at GU. Shannon Law, a fine arts major, chose to include work that she had done primarily within the past four months. She said her body of work in the exhibit was focused on the themes of lineage and genealogy. This includes a series called “Torn,” which is a collection of pieces called “An Impossible Decision” and “Fetal Heartbeat.” The latter is a monotype depicting the pattern of a heartbeat as it would appear on a monitor, and

the former is a large encaustic panel with dark shadowy female figures and the heartbeat overlaid on the images. Law said that for this series, she wanted to focus on her identity as an adopted child and explore the history of her birth mother and what she went through. Other works in her section include a panel called “Cross Section” of 362-year-old Family Tree, and another monotype called “Fatherland.” “When people look at my art, I want them to feel the emotions that I’m trying to express,” Law said. “I want them to look at their own relationships in their life and reflect on them like I have.”

Brang Henry Dee, a senior art major in the show, felt that it was an opportunity for him to advocate for change through his art. His section of the exhibition featured a series of paintings showing different animals being killed by motor vehicles, as well as realistic ceramic sculptures depicting sea animals suffering from plastic pollution. Dee’s section of the exhibit is the only one to incorporate an audio soundtrack that is played in the background next to his artwork. This included car crash noises, as well as marine noises to imitate the environments that he portrays in his work.

SEE EXHIBIT PAGE 2

Gonzaga’s COVID-19 response team disbands



CHIYANA MCINNELLY IG: @picsbychiyana

Gonzaga has chosen to disband its COVID-19 tracking team.

By CHLOE SCHWARTZ

In late March, two years into the COVID-19 pandemic, Gonzaga University saw the lifting of the federal, state and school mask mandate and with it, the glimpse of a return to normalcy. The lifting of the mask mandate was one of many milestones for GU in its return to pre-pandemic life. However, no longer requiring masks indoors might leave some wondering how the university plans on phasing out the pandemic entirely, and what the future holds for the COVID-19 Action Response Team (CART). Taylor Jordan, GU’s COVID-19 coordinator and compliance officer, has been carefully tracking COVID-19’s impact since its inception. In facilitating the CART

and helping enforce COVID-19 requirements on all levels, Jordan has become familiar with the nuances of the pandemic and the transition back to normalcy. Current protocols for students who test positive for COVID-19 or are contact-traced mirror the policy that has been in place for some time: five days of quarantine or isolation, respectively, as long as symptoms progress. “Right now, we’re still maintaining our operations for quarantine and isolation,” Jordan said. “The way that we have it on the website right now, as long as the CDC guidance doesn’t change, we’re still going to be enacting that response. If we do see a change in CDC guidance, we’ll pivot that, and we’ve pivoted in the past.” Yet, the first week of

March saw the downsizing of resources necessary to accommodate infected students. “We were seeing such low numbers that we actually shifted operations to on-campus housing, and now they’re all held on campus rather than through Ruby River (Hotel),” Jordan said. As Director of Health and Counseling, Kristiana Holmes echoed a similar notion to Jordan’s regarding testing and contact tracing. She said students who test positive for COVID-19 should keep the university well-informed. Contacting Jordan, contact tracers and CART are important steps infected students must continue to take. However, CART has reached a pivotal point in its existence. The phasing

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OPINION

Maryland lawmakers voted to override Gov. Larry Hogan’s veto of an expansive abortion bill.

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Looking back on a record breaking year of Gonzaga athletics.

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GUUAC

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According to him, the message that he wanted to get across to viewers was that there is a serious issue of wildlife being harmed by human infringement on nature.

“I know it can be uncomfortable to see,” Dee said. “I was inspired to believe that artists can create change in society.”

Another senior featured in the exhibit is Opheila Duncan, who was the creator of the life-size human figures made from newspapers and plastic wrap, a medium that she recently started working with. Multiple sculptures were scattered throughout the space in various positions, each a different part of her series.

According to her artist statement, the sculptures are meant to invite viewers into a more interactive experience with her art. She also said that they are an important part of her collection because they show her adaptability as an artist.

Alongside these sculptures, Duncan had paintings such as "A Soul, Your Soul," "Entering I" and "Entering II," displayed along the walls. She said in her artist statement that she draws inspiration from surrealist artists and focuses on themes relating to human emotion.

Next to Duncan’s art on the walls were pieces by Brianna M. Bruce. In Bruce’s art, she tackles a broad range of subjects.

Among her works displayed is an oil pastel drawing called "Self Portrait," and series of pieces made with black ink on Stonehenge paper, called "The Crow and Vase," "The Crow and Vase (color)," "Morning Boo," and "Hansel & Gretel." Other drawings include her sketches "We Will Not be Silent" and "Blue Jay’s Songs," as well as her oil pastel piece titled "Father Dearest."

According to Bruce’s artist statement, she took artistic inspiration from animation growing up, and now wants to pursue it as a career. She said her work aims to bring art to life through her illustrative imagination.

This exhibition will be on display in the GUUAC until May 7, and the gallery is open to the public on Fridays from 4-7 p.m., and Saturdays from 10 a.m. to 3 p.m.

Lily Johnson is a staff writer.



COURTESY OF GONZAGA UNIVERSITY

Megan Rusby creates her abstract paintings (example above) with bright colors and designs that she feels represent herself.

“

It's taken a while, but part of that is that we've really tried to be comprehensive in our approach. We've tried to really think about how to do it well and not just to take the information that was currently already available and make it more visible, we tried to actually enhance it.

Kent Porterfield, vice provost of student affairs

HOUSING

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in living in an environment that is supportive of transgender and nonbinary students, he said.

“It’s taken a while, but part of that is that we’ve really tried to be comprehensive in our approach,” Porterfield said. “We’ve tried to really think about how to do it well and not just to take the information that was currently already available and make it more visible, we tried to

actually enhance it.”

Matthew Barcus, program manager of LGBTQ+ education and support at the Lincoln LGBTQ+ Resource Center, said that the process of updating GU’s website involved many people from different areas of the university, including students living in gender inclusive housing, resident assistants, students involved with the Lincoln LGBTQ+ Resource Center and those who work with Diversity, Inclusion, Community and Equity (DICE). The process also included members of the president’s staff, Chief Diversity Officer Robin Kelley and members of

Mission and Ministry.

“If it’s not widely communicated, it leaves up the possibility for people not to know, and I think if something is aligned with our mission and aligned with our practices and we’re doing it, it is important that everybody on the campus is aware,” Barcus said.

The Gender-Inclusive and LGBTQ+ Housing Resources page can be found at gonzaga.edu/genderinclusivehousing.

Lillian Piel is a news editor. Follow them on Twitter @lillianpiel.



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Gonzaga Bulletin awarded best all-around small school student paper

By SYDNEY FLUKER

Gonzaga University's student newspaper, The Gonzaga Bulletin, received numerous accolades from the Northwest Excellence in Journalism 2021 Awards (NWEIJ) on April 2, 2022.

The contest covers articles from all of the calendar year of 2021, not the academic year. For the Bulletin, Spencer Brown and Asher Ali served as the editor-in-chief (EIC) for the spring and fall terms, respectively.

The NWEIJ contest, hosted by the Society of Professional Journalists (SPJ), honors journalists across SPJ Region 10, which covers Alaska, Washington, Idaho, Montana and Oregon. The contest is volunteer-run and honors work published or broadcasted across the region.

For the second year in a row, The Gonzaga Bulletin won the Corbin Gwaltney Award for Best All-Around Student Newspaper (Small), competing against other schools under 10,000 students such as the University of Portland

for the accolade.

Seniors Asher Ali and Devan Iyomasa won the In-Depth Reporting (Small) section for their article, "GU commission releases report on Catholic sexual abuse crisis."

"It was one that we got a little bit of a heads-up on as far as its release, so we were able to do a lot of prep work going into the interviews and communicate with the administration beforehand," Ali said. "We had a lot of really good questions posed to them about ways that Gonzaga has and hasn't addressed Catholic sexual abuse both on campus and around the world."

Two Bulletin submissions were named finalists in the Breaking News Reporting (Small) section. Mila Yoch, a 2021 graduate, finaled for her "Racist phone call made to student at GU welcome desk" article from last spring. Iyomasa's article from the fall, "GU administration removes inappropriate photos from College Hall," received the other finalist placement.

"I nominated Mila for that award just because it was so timely and just important in the way that breaking news happens and

that was really cool to see," Brown said.

Senior and current EIC Vincent Saglimbeni won the Sports Column Writing for his Zags sports columns. Three articles are submitted by each writer for the column award and Saglimbeni won for his commentaries "Corey Kispert, one of the greatest Zags all-time," "GU MBB: the team that will be remembered forever" and "A review of Gonzaga athletics over the past year."

Saglimbeni also finaled in Feature Writing (Small) for his piece, "Men's Basketball: GU MBB memories kept by local Harold Rusch" from last spring. The piece highlighted 97-year-old Spokane resident Harold Rusch, who has created scrapbooks for members of the GU men's basketball team for over 20 years.

In photography, Student Media photo editor Lily Kaneshige won Breaking News Photography for her photograph for the "Suspects from drive-by shooting in Logan Neighborhood arrested" article by Ali, released last fall.

Brown and Ali nominated articles from writers for the semesters they served as EIC

to the student media program coordinator Morgan Scheerer. Scheerer submitted a finalized list of articles to be entered in the contest.

"There are so many stories that weren't even honored or brought up by SPJ that I think were some of the best pieces that we wrote all year, but that just goes to show how much great work we're doing here," Ali said.

Categories included reporting in breaking news, general news, in-depth, feature writing, sports writing and editorial, general and sports writing columns. The NWEIJ included photography, magazines, audio and broadcast awards as well.

"[The Bulletin] was just a great group of people doing amazing work..." Brown said. "It just breeds great journalists and even if you don't write or produce journalism, it breeds really interesting people who are passionate and able to do amazing things after college."

Sydney Fluker is an A&E editor. Follow them on Twitter: @sydneymfluker.



LILY KANESHIGE IG: @kaneshigevisuals

Gonzaga's administration will reassess COVID-19 protocols for the fall semester.

TEAM

Continued from Page 1

out of the pandemic up to this point could indicate the gradual disappearance of the program, but that's not inherently the reality. Holmes has had ample experience working with CART, speaking on the future of its necessity at GU.

"The COVID-19 Action Response Team will continue its mitigation strategies and support of students needing isolation and quarantine but is evolving with levels of care as numbers diminish," Holmes said.

Jordan expressed a similar sentiment.

"I would say the only thing that might truly change would be a reduction in our staffing responding to those cases," Jordan said. "We might see fewer contact tracers..."

GU's current stance on phasing out the pandemic

remains stagnant. What has been done is what will continue for the foreseeable future.

"Right now, beyond the lifting of some of our mask, event and visitor guidance, we don't currently have any plans to phase out any additional COVID-related operations," Jordan said. "That's partially because we haven't seen any requirements lifted from the state or from a federal level yet."

Even with normalcy in sight, GU cannot ignore the possibility of COVID-19 making a comeback, although the university is prepared.

"Because we have run the drill a number of times now, we have developed an arsenal of tools, including human resources," Holmes said. "We have become more nimble and able to increase supports more rapidly. This is significant if we were to see another wave."

Specifically, the indoor mask mandate would likely be the first policy to be reinstated.

"I would say that the major piece for folks to know and be ready for is if we see a surge in cases, similar to the

omicron surge we saw in January, I think folks should be prepared to have a reinstitution of our university mask mandate requirement," Jordan said.

As long as another wave does not hit, the university will continue looking forward. Administration will be closely reviewing and reassessing COVID-19 protocols for the fall semester.

"We are going to spend the first couple of weeks of the summer looking at our policies and procedures, making sure that they're all shaped up for the fall," Jordan said. "As we get a little further into the summer, you'll see those start to finalize and be shared out with the community."

Pandemic life is not over, but the GU community has adapted through its many phases.

"We are moving toward an 'endemic' phase instead of a 'pandemic' with COVID-19," Holmes said. "This is a good thing, but we must still remain vigilant."

Chloe Schwartz is a contributor.



COURTESY OF THE NEW ORLEANS VETERANS MEDICAL CENTER

Donald Remy, deputy secretary of the Department of Veterans Affairs, discussed support for veterans at the university level at GU this Monday.

REMY

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directly addressing the lack of space dedicated to veterans on campus and the first building flagged was Hemmingson.

"When Hemmingson was opened in 2015, we had no dedicated space for vets on campus. I'm aware that there is a call for a larger amount of spaces."

McCulloh said that he and the Vice Provost of Student Affairs, Kent Porterfield, are working to identify places on campus to dedicate to veterans under the importance of meeting the needs of all groups on campus.

On a similar note, Remy stressed the importance of clear recognition of veterans among their respective communities.

"The reality is we want to make sure at all universities, the veteran community has a place that recognizes their service and our veterans can feel at home," Remy said. "Whether it's GU or anywhere else, on campuses there is a community for our vets."

There are challenges that student veterans are likely to face that "regular" undergrads typically do not, making the completion of their degree a slightly longer endeavor.

Because of frequent transferring to different campuses and the different requirements that each of those universities require, many veterans end up repeating prerequisite classes resulting in their ability to only be able to take approximately two or three courses toward their majors each semester.

Veteran Readiness and Employment Officer for veterans in Washington and Western Idaho, David Boyd, was one of the members accompanying Remy on the panel and related to the difficulties of being a veteran in the higher education system.

"It takes a lot of work, dedication and research," Boyd said. "There are many different options to get you the credit that you need."

One of the key takeaways that Remy gave to the GU community was that there are ways we can advocate for veterans who are pursuing higher education. Making a conscious effort to keep them in mind during decision-making processes is one of the many ways Remy said most community members can show support.

"When advocating for resources, recognize that you have vets on campus and they have challenges that go beyond being a student" Remy said. "Put a spotlight on their presence, needs and interest."

Remy suggested one of the places to start is creating spaces and programs that can bridge ROTC students to the veterans at GU through building mentor-mentee relationships.

"It'd be nice to talk to someone who has walked the path that they want to walk down," Remy said. "We, the VA, view them as an integral part of the community that we serve."

If you or any veterans that you know are experiencing a crisis or are in need of care, you can find further resources at the Veteran Crisis Line.

Kayla Friedrich is a staff writer. Follow her on Twitter: @friedrich_kayla.



States need to take the lead on abortion

With bad news in seemingly every headline, things have taken a positive spin in recent weeks ... at least in Maryland.

Maryland lawmakers voted on April 9 to override Gov. Larry Hogan's veto of an expansive abortion bill that would allow varying health practitioners, including nurses, midwives and physician assistants to perform abortions.

Both chambers in the state of Maryland have a Democratic majority, and this decision likely wouldn't have occurred if that weren't the case.

The law, which is in place in 14 other states, will go into effect July 1. In addition to expanding the range of medical professionals who can perform abortions, the law also requires most insurance providers in the state to cover the cost of an abortion and directs Maryland to invest \$3.5 million a year in abortion-care training.

In his veto, Hogan claimed that the bill would risk lowering the standard of reproductive health care services in Maryland.

It's time to call it what it is. Hogan, a Republican, simply didn't want to expand access to abortion across the state. Using scapegoats doesn't hide that abortion has increasingly become a partisan issue.

Hogan's claim regarding reproductive health care standards was more subtle than his Republican counterparts in other states, like Gov. Greg Abbott of Texas, for instance. Abbott claimed in a ceremony that he signed the Texas "Heartbeat Bill" into effect because "our creator endowed us with the right to life."

It is inevitable that religion influences the decisions of those in office, but pushing religious beliefs onto an entire state population subjects citizens to measures that they don't necessarily align with.

It is interesting that Abbott and other Republican politicians take a "pro-life" stance, when statistically, more



KAELYN NEW

pregnant people are likely to die if abortion were banned. According to University of Colorado Boulder research, banning abortion nationwide would lead to an overall 21% increase in pregnancy-related deaths, and a 33% in deaths among Black women.

Instead of solving the causes of unwanted or unsafe pregnancies by pushing legislation targeted at providing universal health care, accessible contraception and comprehensive sex education, Republican politicians are targeting pregnant people.

This argument is overstated, and to be frank, I am tired of arguing for it. I am tired of female bodies being the center of political debates. I am tired of having to fight people without uterus on why reproductive healthcare should be protected and I am tired of constantly listing statistics that no Republican lawmaker will ever listen to.

In states with Republican party control, overriding a veto

like Hogan's is an unlikely occurrence. Instead, restrictive abortion bans are imposed.

For now, change happens at the local level by voting for politicians that support the right to choose. Change happens by listening to female voices, especially voices of those who face economic insecurity and oppression.

The fight is not over — not in Texas, not in Maryland and not any other state in the U.S. While it is applaudable that Maryland, joining 14 other states, is going to provide expanded access to abortion care, the state's bill only expands financial coverage of abortions to those with health insurance.

Unfortunately, this abandons well-researched statistics. It likely isn't the fault of lawmakers, but rather the capitalist system that we exist under. Removing financial barriers only for those with insurance fails to address a much larger problem.

According to the National Library of Medicine, parents of lower socioeconomic status and parents in minority racial groups in the U.S. have higher rates of abortion than people of higher socioeconomic status and white people.

Those women are often uninsured and unable to cover the full cost of abortion. Equitable access to abortion would entail covering the cost of abortion regardless of insurance.

Maryland has, however, taken measures to prevent unwanted pregnancies through the Maryland Contraceptive Equality Act, effective as of 2018, that provides expanded access to birth control at little to no cost.

We can't expect immediate change. The state-level legislative override of Gov. Hogan's veto is a step in the right direction.

Take notes, Texas.

Kaelyn New is a staff writer. Follow her on Twitter: @kaelyn_new.

Reflecting on the experience of queer men at GU

Being an openly gay man at Gonzaga is lonely. I came into campus with a joyous surprise that there was a sizable LGBTQ+ population and that there was so much acceptance and support.

At first, I felt hope. I'd attend queer events, praying I'd meet other people like me. From the QSU drag show to the screening of the José Sarria documentary, I met and encountered many amazing people. I learned a lot about my community, my history. I had fun.

However, I would be remiss if I didn't mention I was one of few — often the only queer male in these spaces.

And as time passed, my hope has diminished. I am so proud and overjoyed that we have such a connected community of queer women, nonbinary AFAB, transmasculine and transfeminine people. Every time I see one of my kinfolk — even in passing — it makes me feel a little more at home.

That doesn't change the fact that I feel extraordinarily alone.

It's no secret that queer men occupy a specific experience. There is a reason why the cast of Netflix's Queer Eye is so close. It's not just that they're just good friends, it's that they fundamentally understand one another's humanity.

There is also a deep pain we share. It's a kind of desolate feeling, like a satellite stranded in space; an ever-present sense of isolation, failure and yearning.

We all know it in some way. And it stems from rejection.

Men are taught from a young age to act a specific way: date women, be the breadwinner, don't show emotion, etc. Any deviance sets you apart, and one of the most offensive transgressions against the cult of ideal manhood is simply being gay.

You could be the most straight-passing, masculine person; it does not matter. Someone is going to tear you down. There will always be onlookers throwing tomatoes at



ALEXANDER PREVOST

the queer.

We've all been cast out one way or another. Maybe it was ex-friends in high school or a sports team we played on or our grandparents.

For me, I dealt with religious and paternal rejection — bone-deep wounds that honestly may never heal.

Us queer men all seem to cope with it in our own ways at GU.

Some of us live our truths out loud. Some of us keep it a secret, only being honest when we're faceless profiles on Grindr. Some of us downplay it, wanting to be seen as more than who we take to bed.

But most of us are just coasting under the radar. Whenever I've talked to other queer AFAB people about their experiences, many have shared how there are pockets of other queer and trans people they can lean on. They have their safe spaces; they know who understands them.

They look out for each other. I can't say I've had the same conversations with other queer men.

Because we don't talk to each other.

Any time I've had the gift of simply interacting with another queer male on campus, it's like finding the Spokane river in a blistering desert. There is this small but visceral joy of finding someone who understands my primal core.

And then it's over, back to minding our own business. I could be in a room with another person who I know is out, but to quote Florence and the Machine, "But even closer to you, you seem so very far."

The older I get, the greater this ache becomes. Historically, queer men have never been good at solving this issue. We are so desperate to date or hook up with each other to fill the void. We forget to make room for friendships, for affirmation, for community.

I can't be the only one that feels this dark void. We're living in a world where our basic human rights are backsliding. What with Florida setting dangerous precedents to Obergefell v. Hodges (2015) being on life support, the fragile dignities we hold aren't likely to last.

In spite of this, one of the greatest acts of resistance we can make is unity. I know it's the end of the school year, but it's never too late to find each other.

We deserve better for ourselves.

So, for every queer man reading this, I'm inviting you seek each other out. You don't have to connect just to talk about gay things. Maybe it's just to go get coffee with someone you think is really cool. We need to be looking out for each other.

As for me, you can reach me on Instagram and Twitter @alexanderprvst or over Zagmail. Don't be shy! I want to get to know you, hear your story, and understand your heart.

It's a lonely road we walk. Let's walk it together.

Alexander Prevost is the online editor. Follow him on Twitter: @alexanderprvst.

The Gonzaga Bulletin

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Natalie Rieth

Digital Editors

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Contact Info:

Email: bulletin@zagmail.gonzaga.edu

Office phone: 509-313-6826

Advertising: 509-313-6839 or adoffice@gonzaga.edu

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Stop and smell the roses: What does Spokane have to offer in Spring

Spokane may not always come to mind when you think about cities with particular access to the outdoors. But if you're willing to go a bit off of the beaten path and travel, our fair city has far more access to nature than you might think.

The first place your mind might wander to is Coeur d'Alene.

Lauded for its scenic beauty, this Idaho Panhandle lake town is the gem of the Inland Northwest.

Only a 40 minute drive from campus, the Idaho Panhandle National Forest on the shores of Lake Coeur d'Alene features miles of hiking trails, with scenic views and wildlife that can be enjoyed by all.

One of my favorites is the Bernard Peak trail.

A 5-mile climb gives spectacular views of Farragut State Park below. On a clear day, you can even see Lake Pend Oreille glittering in the distance.

But getting outside as a Gonzaga student doesn't have to mean taking a drive across the border to Idaho — there's plenty of natural beauty in our own backyard.

The Centennial Trail provides easy access to downtown Spokane and Riverfront Spokane, and runs all the way into Idaho.

A favorite among runners, the trail can take you as far as Riverside State Park — although having wheels underneath you makes this endeavor much easier.

Riverside State Park is only 9 miles outside of Spokane, and filled with miles of recreational trails with



By SAM FEDOR

riverside views. This makes for easy camping and hiking without the stress of a long drive.

The Bowl and Pitcher area is a favorite for walkers and rafters alike, with picturesque whitewater and granite rock formations lining the river.

With 55 miles of hiking trails, there's more than enough to explore.

Dishman Hills is another one of the Spokane area's hidden gems.

The Dishman Hills Natural Area, overseen by the Dishman Hills Conservancy, is composed of 530 acres of sculpted hills, crevices and gullies, ripe for the exploring.

There are dozens of trails in the Natural Area, providing bountiful opportunities for hiking and trail running.

Getting outside doesn't always mean going for a hike, of course.

Manito Park is one of Spokane's oldest landmarks, and worth a visit if you can find the time to stop and smell the roses.

Composed of five individual

gardens, Manito was founded in 1904 and has been a favorite destination for tourists and locals the Spokane area ever since.

For those feeling a little more adventurous, Beacon Hill Mountain Biking Trails and Schweitzer Ski Resort pack an extreme sports punch.

Beacon Hill is only a short 15 minute ride from campus, and boasts 33 miles of mountain biking terrain, with all the jumps and whoops any adrenaline junky might need to get their kicks.

Schweitzer, though a 2-hour drive away, is what most GU skiers call their home mountain. With a relatively inexpensive season pass and world-class terrain, you can find GU's shredders knee deep here most weekends in winter.

It can be easy to take Spokane's natural beauty for granted — and admittedly on those cold gray days in the deep of winter, it can be easy to forget that it's actually there.

But at the end of the day, Spokane has the kind of access to the outdoors that towns in the Eastern United States could only dream of.

The Inland Northwest holds a certain rugged beauty — the kind that can at times be cold, and coarse.

But as you're willing to dig a little deeper and journey a bit off of the beaten path, you'll find that jagged edge can be very rewarding.

Sam Fedor is a staff writer.

Snow is slowly stopping, home spring gardening is popping

By MADELEINE REED

Bright greens and florals outline the city this week as spring wakes up the natural plant life. If you're looking for a way to keep this vibrant look with you all year-round, here are a few helpful tips to spruce up your living space with plants this spring:

Do Your Research

Five-dollar ferns from Trader Joe's may be a tempting spur-of-the-moment buy, but don't rush when picking your plants. Take some time to do your research on the types of plants that would best fit your environment. These will generally depend on the amount of space and sun in your area.

There are five general categories for lighting that can be found in plant descriptions: bright direct light, bright indirect light, medium light, low light and no light. Essentially, the greater number of hours that the sun shines directly into a window, the greater the light intensity is, with south-facing windows generally receiving the most and north receiving the least. Though some plants may be hardy enough to survive with a few hours of sun, it is good to find plants that will thrive in the given environment.

For spaces with lots of bright, indirect sunlight, some great starting plants are aloe vera, jade plants and snake plants. For those with low-light windows, I would recommend starting with a pothos or philodendron.

Growing Herbs Indoors

Few things top fresh garden-grown herbs. Luckily, they are exceptionally easy to maintain. Herb boxes will look, smell and taste wonderful indoors. A few great starter herbs include mint, basil, rosemary and thyme.

Most herbs will require bright direct light indoors. If your space does not have a lot of direct sunlight, there are still options, including fluorescent grow lights and all-in-one planters can aid plant growth.

You will likely need to re-pot herbs from their store containers. Make sure that there are holes for drainage at the bottom so that they can breathe. Additionally, make sure that they can receive proper air circulation which can be achieved with a fan (not blowing directly at your plants) and a high level of humidity. Spraying your

herbs with water a few times a week will work well.

Purchasing Plants

Plants can be found at nearly every grocery and garden store, although quality and price will vary. Generally speaking, cheap does not necessarily mean "bad," although most grocery stores and commercial home retailers buy their plants in bulk from wholesalers, taking away from individualized care and opening up plants to a greater risk of root rot, pests and improper care.

Regardless of where you purchase your plants, take time to check under the leaves and in the soil for pests like aphids and whiteflies and check the bottom of plants to make sure that the roots are not poking out of the bottom. This will mean that the plant is crowded and will need re-potting.

For those wanting a professional's eye in selecting the right plant, I recommend checking out The Plant Project and Parrish & Grove downtown.

Immediate At-Home Care

Congratulations — you are a plant parent! Now come the first steps in ensuring your plant's long, healthy and vibrant life.

When you initially take it home, hold off on re-potting your new plant for at least a few days. Allow it to acclimate to your home's atmosphere first, as both will cause the plant stress.

When the time comes to re-pot, grab a soil that suits your plant as certain plants may need a specific ingredient to thrive or certain drainage in the pot. Dampen the soil well and allow the roots to spread out.

Be sure to keep a distance between new plants and old ones. Unknown pests and mold can spread within close proximity, so give the newbie some space. A hydrogen peroxide solution (two cups water, three teaspoons three percent hydrogen peroxide) can either be sprayed onto the plant or dampen the soil and it will both kill any unwanted pest or bacteria and promote root growth as it adds oxygen into the soil.

Maintain A Routine

Watering and fertilizing will depend entirely on the type of plant you've picked up and it will likely be on the plant's tag when you get it. Over and under-watering



BULLETIN FILE PHOTO

Tomatoes are an easy plant to start inside and transfer to outdoor soil or planter pots.



MAKOA DE ALMEIDA IG: @makoa.dealmeida

Buying from local, small shops is a reliable option for plant longevity. Purchasing plants at commercial home retailers can lead to greater risk of rot root.

can be equally harmful, so make sure to stick to a schedule. Fertilizing will also depend on the plant and the product you choose, likely somewhere between two weeks and four months.

I recommend setting a weekly reminder or downloading a plant app to build a schedule. Apps like "Planta" will

help to notify you of your plants' needs as time progresses and will let you see your plants' growth through pictures, which can be a rewarding way to look at how far your green thumb has come.

Madeleine Reed is a staff writer.

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CAUGHT READING



Carolina W. was caught reading the Bulletin and won a Froyo Earth gift card!!

Pick up your Bulletin every week and you could also be a winner!

Best Gonzaga

2021 - 2022

GONZAGA - YOU VOTED AND



BEST PLACE FOR LATE NIGHT FOOD
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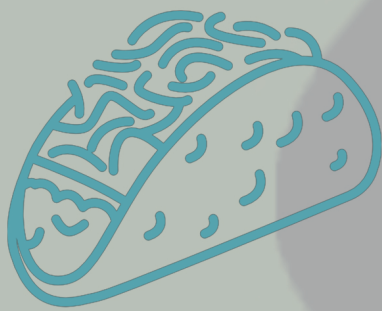
BEST STUDY SPOTS

ON CAMPUS
Foley Library/Hemmingson
OFF CAMPUS
In your off-campus house or room

BEST COG STAY
Sp



BEST BREAKFAST
Clark's Fork



BEST
De
and



BEST DESSERT
The Scoop

BEST BURGER
Wisconsinburger



f nza ga

AND HERE ARE YOUR #1 PICKS!

BEST PIZZA
The Flying Goat



BEST PASTA
**The Old Spaghetti
Factory**

BEST OVERALL
The Mango Tree



BEST TACO
**Leon's Taco
and Bar**



BEST COFFEE
**Arctos Coffee and
Roasting Co.**



BEST BAR
Jack and Dan's



**BEST CHINESE, VIETNAMESE,
KOREAN OR THAI**
Our Thai House



BEST SUSHI
Umi Sushi



Keeping it minimal: Encapsulate your wardrobe with just the essentials



EMMA PATENODE IG: @emmapatenode

A simple jean and long sleeve combination can work wonders in the wintertime.

COMMENTARY
By OLIVIA SANDVIK

Anxiety: that is the feeling most of us have when attempting to declutter our closets and part with apparel. It also makes achieving a capsule wardrobe seem like a pipedream. Fear not!

I have prepared helpful tips and principles to make this process as easy and strainless as possible. Creating a capsule wardrobe may appear to be an extreme measure, but the benefits outnumber material loss.

In case you do not know what a capsule wardrobe is, it is a collection of interchangeable clothing suitable for any occasion without owning any excess clothing. This system minimizes decision fatigue, stress, time lost internet shopping and money spent.

It is important to note that the wardrobe will change slightly with the season, so storing any off-season clothing is an option worth exploring.

Usually, a capsule wardrobe has timeless, elemental articles of clothing, shoes and accessories.

For instance, a capsule wardrobe may include a white T-shirt, black long sleeve, cream crewneck, black tank top, white button-up, pink blouse, white jacket, brown sweater, tan trench coat, black dress, a pair of jeans, trousers and faux leather pants, heeled sandals, white sneaker and black loafers. Accessories might comprise silver and gold jewelry sets, a pair of sunglasses, a belt or two, a brown scarf and a black hat.



EMMA PATENODE IG: @emmapatenode

Long sleeves with shorter pants are great transition pieces for the move between seasons.

Before revamping your closet, it is a good idea to set goals. You should know beforehand what is essential and what you want your wardrobe to look like after.

While you plan to make your new wardrobe, keep in mind that fast fashion items are not sustainable. Exclusively incorporating quality items will ensure that it lasts for several seasons and contributes to a healthier environment.

Pinterest is a fantastic tool that can help you find a variety of styles, color palettes and sample capsule wardrobes that suit your needs. Look out for a neutral color palette first, then choose the accent colors you want to pair with the neutrals.

The first step to clothing organization is filtering by category, so separate your T-shirts, long sleeves, jackets, coats, pants, jeans, shirts, shoes, etc. It is best to take out all items from your closet or drawers and lay them out in groups. This approach allows you to view all your pieces and see how they fit together.

Depending on how much clothing you start with, you may need to redo step one until everything unnecessary is gone.

Things to consider selling, donating or recycling first are fast-fashion clothing, ill-fitting items, pieces not worn for over six months, broken or unused jewelry and accessories and articles with tears, stains or excessive piling.

If any piece of clothing has high sentimental value, it is okay to keep it. Transitioning to a minimalist clothing style is meant to free up physical and mental space, not



EMMA PATENODE IG: @emmapatenode

The same basic combination can be styled with different jackets and accessories for a different look.

force you into giving things up.

After the decluttering stage is complete, look over the pieces you have left. The second step is seeing the holes in your wardrobe.

If you are anything like me, you started with enough clothing so that you would not end up with any gaps. If that is not the case, this is the time to figure out what your new capsule wardrobe needs.

When you are content with your fresh and finalized capsule wardrobe, it is time for step three: organizing. Now that you have reduced your apparel, reorganizing your closet and dresser will be much easier.

First, create a system with the things you already have.

For undergarments, socks and belts, mesh storage boxes fit great in drawers and keep everything tidy. As for folding clothes, the Marie Kondo Method is top tier. Tucking in all straps, edges and hemlines makes the drawer appear neat and uniform.

When hanging apparel, face all items in the same direction by type, create a manageable color code and have matching hangers.

Regarding accessories, consider storage bins if there is nowhere to display them. A jewelry box should fit all your delicate pieces that are not displayed.

With these three simple steps, you can declutter, stylize and organize the perfect capsule wardrobe for yourself.

Olivia Sandvik is a staff writer.

Move out and groove out with these packing tips

COMMENTARY
By CATHERINE BROWN

As finals approach, students will begin packing their rooms for the summer. With the stress of finals, the last thing students want to worry about is packing. If left to the last minute, you could wind up taking everything home and not sorting through it until next fall. Use these easy tips to make the move less stressful and declutter your life.

The best way to reorganize anything is by starting fresh. Whether it's a junk drawer, kitchen cabinet or even your closet, all items can use this method. It's recommended to do this in steps: prepare, clean, organize and pack.

While prepping, think about what type of organization you may need for next year. For example, instead of buying a ton of cardboard boxes, pick up a closet cube for items such as cleaning supplies. This is crucial for items you don't need over the summer and that can live in a container until next semester.

Prepare.

Start off by giving your space a general clean-up. During this step, take a look at your belongings and find the best solution to what type of storage you will need. Are you going to be placing these items in a unit? Are you bringing it all back in a smaller car? Do you need to

go out and buy some boxes just to get everything home? Once you have collected all your supplies, you can move on to the next step.

Organize.

When moving, it's a good rule of thumb to take as little stuff with you as possible. At this point, you should separate your belongings into three piles: keep, throw away and donate. Once this step is complete, sort through your "keep" pile and make sure what you have is really needed. This gives you the opportunity to appreciate and say goodbye to items that are just taking up space.

Sometimes it can be difficult to give up items, so you can always take a picture of them or find a way to condense them. If the item is in fair condition, you can donate it and let someone else love it just as much as you did. By the end of this step, you should know exactly what you plan to keep, what you can donate and what needs to be thrown away.

Pack.

Now that you have all of your items, you can finally start to pack! Although the first thing that may come to mind when packing is to buy cardboard boxes, try to save your money and use extra bags you may already have. If you have reusable or single-use grocery bags, ottomans or closet cubes, these all make great options for packing your belongings. It's also possible to call up

stores or restaurants and ask if they have any cardboard boxes you can take off their hands.

When packing, think about not only what items belong with what, but also how often you will need them. Some advice is to take your items and sort them into categories such as food, kitchen, linens, clothing and school/desk supplies, and keep in mind what goes with what. On top of that, try and think about when you will use the items. Are you packing linens away until next fall? Don't keep these in a box you will need to open in a few weeks.

If you plan to keep items in storage, make sure you decide what you need to bring home before packing for a storage unit. If you're taking everything home but don't need certain items or are placing items in storage, make sure the box is sturdy and secured.

Clean.

Finally, once all of your items are packed and put away, you should clean your space. Make sure to keep some cleaning supplies out during your packing process. Wet wipes or Clorox wipes will be your best friend in making sure everything is clean. This is also your opportunity to double-check all drawers and spots to make sure no items are left behind. Now you're all packed and ready to go.

Catherine Brown is a staff writer.

Spokane's Best of Broadway is back for the new season

By LILLIAN PIEL

The First Interstate Center for the Arts is preparing to give a warm welcome to its 2022-2023 season of the Best of Broadway, in which five popular musicals will be coming to downtown Spokane.

The 2022-2023 lineup of the Best of Broadway is packed with both classic and new well-known musicals. In order of when the shows are coming to Spokane, the lineup includes "Hadestown," "Hairspray," "Ain't Too Proud," "Dear Evan Hansen" and "Aladdin."

"We do five shows that we put on our season subscription every year," said Justin Kobluk, president of WestCoast Entertainment. "So those five shows have to be very specific. They've got to fit a lot of places, they got to fit a lot of genres."

From July 5-10, "Hadestown" kicks off the 2022-2023 season. Although "Hadestown" is a relatively new musical, it has received critical acclaim, winning eight Tony awards.

According to Best of Broadway's website, the musical re-tells the two love stories of Orpheus and Eurydice and Hades and his wife Persephone. Audience members can go "Way Down[town to] Hadestown" to see the story unfold at the theater, which is located at 334 W. Spokane Falls Boulevard.

As students are re-adjusting to the school year this fall, they won't be able to "stop the beat" as "Hairspray" arrives in Spokane in September, with performances running

from September 20-25. Set in Baltimore in the '60s during the Civil Rights Movement, "Hairspray" follows 16-year-old Tracy Turnblad and her quest to dance on TV's most popular show.

"Ain't Too Proud" performs from January 17-22, and it details the journey of The Temptations from Detroit to the Rock & Roll Hall of Fame, according to the Best of Broadway website.

From March 14-19, "Dear Evan Hansen" will be at the First Interstate Center of the Arts, after trying to get the musical to come to Spokane "For Forever."

"Dear Evan Hansen" tells the story of the protagonist, Evan, as he tries to fit in and find connection among his peers. As any former theater kid will tell you, "Dear Evan Hansen's" soundtrack will have anyone belting out the lyrics to popular songs like "Waving Through a Window" or "Sincerely, Me."

"I'm really excited to see 'Dear Evan Hansen,'" said Mae Cramer, a sophomore political science major. "I saw the movie this past year when it came out so I'm really excited to see the musical version."

Rounding out the season is "Aladdin," which performs from June 27-July 2. Based on the Disney film, "Aladdin" features music from the movie as well as new music written by acclaimed composer Alan Menken.

Audience members can experience "A Whole New World" at the theater, and the 2022-2023 lineup of musicals at the First Interstate Center for the Arts provides

something for everyone.

"Right now, I'm planning to see 'Hairspray' with some friends in the fall because it's right when we get back so I'm excited to see that, but the one I'm most excited for would probably be 'Aladdin,'" said Luke Motschenbacher, a first-year theater major. "When you're a kid you watch 'Aladdin,' like you watch the movie, and I've seen some clips of the musical and it looks so cool, and I really want to see it in person."

According to Kobluk, the 2022-2023 Best of Broadway season includes the last remaining shows that had to be rescheduled due to COVID-19. The season also begins earlier than normal because of it, he said.

"Some people I should say, that haven't necessarily been to a Broadway show, they have an idea of what it is, it's kind of the old stuffy theater, and that's just not what Broadway is anymore," Kobluk said. "It hasn't been for years, and every one of these shows will prove that."

Tickets to these musicals can be bought at broadwayspokane.com. Most shows also have a student rush, in which students can show their student ID at the box office two hours before a show and any remaining seats are available for \$25.

Lillian Piel is a news editor. Follow them on Twitter: @lillianpiel.

Spotify's Discover Weekly sparks talk around campus

COMMENTARY
By KATE SULLIVAN

Just in my lifetime, the way I learn about new music and artists has changed a lot. As a little girl, I remember bounding down the highway with my mom in our Saab 9-5 wagon listening to Seattle's now-extinct 103.7 The Mountain. This was how we learned about new music. Well, that and the carefully-curated collection of Starbucks CDs, back when it was normal to actually get out of the car and walk into the café.

Like many other things, music-sharing is a more robotic process now. Instead of picking up a Starbucks jazz CD, we now let unique algorithms guide our listening ears. This may not inherently be positive or negative. After all, it was still a sort of algorithm back when Starbucks placed CDs beside their registers in the early-to-mid-2000s.

To get the pulse on people's feelings toward modern music sharing, the Gonzaga Bulletin — meaning myself and a trusty photographer— hit the streets and surveyed students and faculty about their feelings toward Spotify's Discover Weekly playlists.

Discover Weekly is technically a feature unique to the streaming platform, but similar things have been replicated by Pandora streaming and Apple Music's song queueing algorithm.

Every Monday, Spotify users are presented with 30-song playlists to discover new artists and songs. The Discover Weekly playlists are reminiscent of a listener's habits and interests from the prior week. As it turns out, most GU members polled love this feature.

Senior Judge Thomas Kearns added that music has been incredibly beneficial for him during the pandemic and helps him progress in his own discovery of music, something which means a great deal to him. Kearns' friend and classmate, Josephine Orlando, agreed.

"Discover Weekly helps you tap into music that you didn't even know you would like," Orlando said, adding that she listens to Spotify all day, from the moment she wakes up until the time she goes to bed.

Also in favor of the Discover Weekly playlist is Peter Kearney, who we spoke to on Bulldog Alley after saying goodbye to Thomas and Josephine.

"Music has been integral to my college experience," Kearney said. "I love Discover Weekly. It gives me a

personalized experience and is a good way to find new music."

Of course, not everyone is a fan. The ways we listen to music can be just as polarizing as the music itself. Laura Espinoza described the songs on her Discover Weekly as usually "mid."

"Sometimes there are gems, but most of the time, I like what I like, you know? I don't always need Spotify to tell me what I like," Espinoza said.

She did allude to the effortless nature of having a premade playlist, to which her friend Mairead Polverino agreed.

"I like that it forces me to discover new artists," Polverino said.

Similarly, first-year student Delilah Rosenblum likes that the feature introduces her to new music and gets her out of her music comfort zone. Her friend Silje Squires is an avid Discover Weekly enthusiast, as well as the Spotify feature allowing users to mix playlists with others.

"I listen to [Discover Weekly] with confidence because I know it'll recommend stuff I like to me," Squires said. "Discover Weekly is the main thing I listen to ... I love it."

Luke Lavin, a class of 2008 graduate and vinyl collector, is the director of campus ministry. He doesn't share Squires' sentiment, suggesting that it interferes with the authenticity of art and is yet another form of technology playing with fire.

"Algorithms are taking over the creative process. We used to learn about good music from friends and [our community], not code. [Things like Discover Weekly] are a basis for the industry to supplant what they want people to listen to," said Lavin.

Another fixture in the ministry office, Fr. Pat Conroy S.J., likes using Spotify as a learning tool. Leading spiritual retreats for freshman students, Conroy learns songs on the guitar by ear using the platform.

"It's how I learn chords so I can lead sing-alongs with students," Conroy said.

Student Ariana George finds the Discover Weekly algorithm off-base.

"I'm not a fan," she said, citing that sometimes the suggestions simply stray too far from what she's familiar with.

By and large, Spotify's weekly installment is a popular one, though interesting questions about free will and the power of suggestion arise the more we rely on technology to supply us with art.



EMMA PATENODE IG: @emmapatenode

First year student Peter Kearney enjoys using Discover Weekly to find new music.



EMMA PATENODE IG: @emmapatenode

First year student Silje Squires mainly listens to her Spotify-made Discover Weekly playlist.

"It's completely harnessed to our own likes and dislikes," Orlando said.

The jury is still out on whether this fact is good or bad. Regardless, think about how far music sharing has come over the years the next time you queue up a playlist. We're not relying on recommendations from a radio DJ in a beat-up old Saab anymore and services like Spotify are undeniably more efficient.

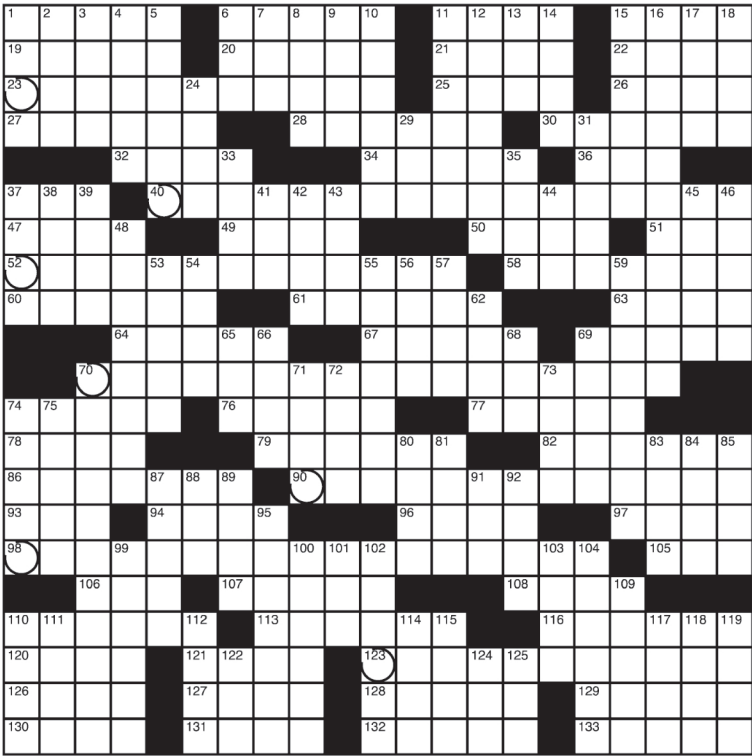
But is that what it's all about?

It all comes down to what you're hoping to get out of music streaming and sharing — is it efficiency or nostalgia? Most GU students seem to be a fan of Discover Weekly, but maybe don't rely on it if you happen to be an old soul.

Kate Sullivan is a copy editor. Follow her on Twitter: @KSullivan2023.

Los Angeles Times Sunday Crossword Puzzle

Edited by Patti Varol and Joyce Nichols Lewis



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EXTRA SPECIAL By Christina Iverson

- ACROSS**
1 Paulson of "American Crime Story"
6 Remove one's name from, as on Facebook
11 ___ one's time
15 Ooze
19 Steered
20 Ma Rainey player
21 Ones in wool coats
22 Muscle car rod
23 Holiday-themed minifigures in LEGO Advent calendars?
25 ___ bean
26 Muscle car roof
27 Like Zippo lighters and Maglite flashlights
- 64 Post, as on a bulletin board
67 Gold unit
69 Photo filter
70 Tale of the hora?
74 Wasn't well
76 Ball of the Bulls
77 Post-workout indulgence
78 Subj. for Elinor Ostrom and Emily Oster
79 Walks loudly
82 Five cents
86 Mosaic piece
90 Surfer's dream?
93 Born
94 Hershey candy in gold foil
96 Skiing aid
97 Arcade name
98 Way to manage the study of Ceres and Vesta?
- 105 ___ de crème
106 Cheer for un gol
107 Vowel-rich first guess in Wordle
108 Growing concern
110 Plant pests
113 Did the tango
116 Wet floor?
120 Print maker
121 "Spring forward" unit
123 Pretty but ineffective dressing?
126 Apple variety
127 "Blackfish" killer whale
128 Soap that floats
129 Co-founder of A.A., familiarly
130 Metal bands?
131 Sturdy trees
132 Like flourless cake
133 Naturally powered elevator?
- DOWN**
1 California sch. near the Mexican border
2 Vishnu's quartet
3 Wander
4 Meeting place for a H.S. film club
5 Prevented from being on time
6 Grape, in Spanish
7 Diarist Anaïs
8 "Africa" band
9 "Doom Patrol" actor Tudyk
10 Fixture in some patio firepits
11 "Hey now, that's unreasonable!"
12 "Gimme!"
13 Actor Patel
14 Genesis twin
15 Planet with 53 named moons
16 Bacon specification
17 North Carolina college town
18 Spices (up)
24 Ward with awards
29 "Egad," like, way updated
31 Disney princess voiced by Anika
32 Noni Rose
33 Pottery oven
35 Understands
37 Suds
38 Gold fabric
39 Stepped
41 Clear (of)
42 Thing
43 Second start?
44 One seeing Spots?
45 Gut bacteria
46 Yemen metropolis
48 Dublin's St. ___
53 Epic featuring Paris
54 Old Dodge
55 Trying
56 Morales of "Ozark"
- 57 Oscar winner Laura
59 Closet organizers
62 Gets behind
65 Short address
66 All in favor
68 PreCheck org.
69 Justice Sotomayor
70 Very relatable
71 Not behind
72 Hillfiger rival
73 Ditty
74 Insurance giant
75 Fruity frozen drinks
80 "___ Loves Mambo"
81 Schedule opening
83 Stay fresh
84 Therefore
85 Test with logic games
87 Blundered
88 Kang's kid
89 Shawkat of "Arrested Development"
91 Civil rights initialism
92 Coral habitat
95 Idiosyncratic sort
99 Privileged few
100 Twinkly toppers
101 Kyo of the "Star Wars" sequels
102 Geometry giant
103 Org. that sent Juno to Jupiter
104 Fashionable
109 Sierra ___
110 Natural hairstyle
111 Penitless
112 "Amascray!"
114 Roof trim
115 Mousetrap brand
117 Dad, in Chinese
118 Challenges on the field
119 Burden for many students
122 British singer Rita
124 Trauma ctrs.
125 "Later, gator"

Sudoku By The Mepham Group

Level **1** **2** **3** **4**

	6				1		9	
				5		3		
				4	3	9	6	
9						5		1
	5			4			3	
8		2						9
		3	8	2	5			
		1		7				
	7		1				4	

Solution to last Sunday's puzzle

4/24/22

2	7	9	3	5	6	4	1	8
6	3	8	1	4	7	5	2	9
5	1	4	2	9	8	7	3	6
8	5	1	9	3	4	6	7	2
7	9	3	6	2	1	8	4	5
4	6	2	7	8	5	3	9	1
3	8	5	4	1	2	9	6	7
1	4	7	8	6	9	2	5	3
9	2	6	5	7	3	1	8	4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit 1 to 9.

For strategies on how to solve Sudoku, visit sudoku.org.uk.

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Men's tennis rallies for postseason

The Bulldogs will look to continue a historic 2022 campaign when they hit the road for the WCC Tournament in California

By TOMMY CONMY

The Gonzaga University men's tennis team will compete in the WCC Tournament for the first time since 2019 in head coach D.J. Gurule's first season at the helm.

"It's a great achievement, and it was definitely one of our team goals, but more importantly it allows us the ability to spend a little more time together as a team," Gurule said. "It's an amazing group of guys that bring the best out of each other. I have been unbelievably blessed to coach them."

The Zags enter the tournament as the No. 4 seed after falling to the University of Portland in the final match of the regular season. The Zags didn't play their normal pairing of Sasha Trkulja and Matthew Hollingworth and lost the doubles point to kick off the match before eventually falling 4-1.

Despite the heartbreaking loss that catapulted the Pilots to the No. 3 seed in the WCC Tournament, the Zags have plenty to be proud of this season. Last season, GU finished with a paltry 1-7 record in conference play to finish ninth out of 10 teams. This season, expectations changed as a combination of Gurule and a talented returning group morphed the Zags into being ranked fifth in the WCC Preseason Coaches' poll.

On their way to outperforming those expectations, the Zags shattered a number of records. Under Gurule, the Bulldogs won the most duals in program history (17), posted a perfect 11-0 record at the Steven's Center and posted the program's longest winning streak of eight straight duals.

Ranked as high as No. 46 in the ITA rankings this season, the Bulldogs aren't done yet.

"In respect to goals, I think we all just aim to be true to ourselves and the work we have put in this season," junior Matthew Hollingworth said. "Every time we just want to compete, regardless of the outcome, and step off the court knowing that we left it all out there."

Hollingworth and doubles teammate Trkulja have been another bright spot for GU this season, particularly in the fall. In prior seasons, the Zags struggled to win the doubles point and set a positive tone to start each match. When Gurule finally paired the two together, he struck gold.

The pairing lost in the championship



ANDREW LOF IG: andrewlof_photography

Matthew Hollingworth finished the regular season on a three-match win in doubles play streak, posting a 12-5 dual record overall.

match of the ITA Northwest Super Regional to Stanford by a score of 6-1, 6-2, but qualified for the national championship tournament in San Diego.

Their season came to a close after losing to Denver in the opening round and bowing out against the University of Arkansas in the consolation bracket. Still, the foundation was laid for a successful spring season as Trkulja developed his game to be GU's go to player in the No. 1 spot.

Trkulja and the Zags will face off against No. 5 Santa Clara in the opening round of the WCC Championships at 10 a.m. on Thursday at the Bizantz Family Tennis Center in Claremont, California.

The format for the WCC Championships mimics that of regular season play, with each team's top three doubles pairings facing off with the first winner of two matches receiving the crucial first point of the match. Six singles matches take place after, so a team essentially needs to win the doubles point and three of six matches to take the dual.

Should the Zags advance past Santa Clara and take down No. 1 Pepperdine, they'll find themselves in the championship match with the opportunity to clinch an automatic bid to the NCAA Tournament.

Advancing in the bracket will be a challenge for the Bulldogs as there is stiff competition at every turn. San Diego is currently No. 19 in the ITA top 75 and boast the No. 4 and No. 120 player in the country in August Holmgren and Guilherme Osorio. The two are also ranked No. 18 in the country in doubles.

Additionally, Pepperdine is ranked No. 24 in the country with four players ranked in the top 100 of the ITA.

The NCAA Tournament resembles the structure of March Madness, with 31 teams receiving automatic bids while 33 teams receive at-large selections based on regular season ITA rankings for a total of 64 teams. The singles and doubles tournament take place after the conclusion of the team tournament. Individuals and doubles pairings are automatically awarded to any conference with one or more players ranked in the ITA top 125 eligible.

For any conference with more than one

player that meets this criteria, the NCAA selection criteria to determine automatic qualifiers. The same criteria is applied to doubles pairings, but the pairing must be ranked in the ITA top 60.

Trkulja and Hollingworth were ranked as high as No. 25 in doubles earlier this season but are currently unranked. GU has zero individuals currently ranked in the ITA top 125.

This team has adopted the attitude of their head coach and values the process towards success over the ultimate results. No matter the results at the WCC Tournament, the men's tennis program is not the same outfit that missed postseason play all together a short year ago.

"These guys are so selfless, and have bought into our process... Every practice has been unbelievably competitive," Gurule said. "They thrive on challenging themselves and each other in everything they do, but without self-interest or personal goals overstepping the team's vision."

Tommy Conmy is a copy editor. Follow him on Twitter: @tommyconmy.

Bloomsday run returns to in-person format

By TOMMY CONMY

The 46th annual Bloomsday is set to return to in-person competition following a three-year hiatus caused by the COVID-19 pandemic.

The race is set for Sunday as festivities commence with the Elite, Corporate and Brown groups running at 9 a.m. All runners will follow the traditional 12-kilometer (7.46 miles) path familiar to former racers.

"It's been a running joke that for the last two years we've done virtual, that we were looking forward to getting out of the mailing business and back into the running business," Jon Neill, the race director, said to the Spokesman-Review. "And we're thrilled to be able to say we're back in the running business."

Along with Hoopfest, the return of Bloomsday marks the most "normal" calendar for a Spokaneite in three years. After the hiatus, all the original challenges of planning such a wide-scale event still exist.

"I travel around the country promoting sports for Spokane and I get asked all the time about Bloomsday and, 'How does it work? 50,000-plus runners, all the sponsors, the volunteers closing the city down for an event like this, you know, what's the secret behind Bloomsday?'" Chief Executive Officer Eric Sawyer said to the Spokesman-Review. "And I'm not sure I really have a good answer. The only thing I can say is that it is, to me, just the spirit of a really healthy community."

The first in-person iteration of the event will feature a multitude of new features to excite former runners and entice new runners to participate.

The virtual option of racing is still in place according to Neill. Runners can complete the 12-kilometer course between Thursday and May 8 to receive a Bloomsday finisher T-shirt via mail. For virtual racers there is also Bloomsdog – a new feature where a dog can complete the run alongside it's owner and receive a specialized bandana for finishing along with treats.

Also new is the addition of the Bloomsday app, where runners can track their own splits in addition to the times of friends and family on race day. Courtesy photos will also be taken of runners on the course by Bloomsday photographers.

Every year, the Bloomsday Board of Directors chooses a charity to sponsor as part of the event. This year, the charity is the West Central Community Center which offers a number benefitting children and developmentally disabled adults.

According to the President of the Board of Directors, Dori Whitford, the center was chosen because of the wide range of services they offer and their reputation within the community.

"Even in COVID, they were there taking care of their neighbors," Whitford said to the Spokesman-Review.

The first Bloomsday run happened on May 1, 1977, thanks to an idea local runner Don Kardong. Kardong was inspired to create a hometown race after he competed in the 1976 Olympic Marathon and with the local support, over 1,000 runners toed the line on that morning in 1977.

According to a 2004 study conducted by Gonzaga University student Luke Matrell and professor Scott

Bozman, the estimated economic impact Bloomsday had on Spokane was \$9.5 million. Using 2017 numbers to factor in inflation, that translates to over \$12 million in direct economic impact on Spokane.

In 2021, over 21,000 finishers completed the Bloomsday course virtually. That number pales in comparison to the last in-person event in 2018 that attracted over 41,000 finishers, which marked a slight decrease from the year prior.

Earlier this month, the Jr. Bloomsday event attracted nearly 2,500 kids to Spokane Falls Community College to complete the 1.2 mile race. Race director Jon Neill told the Spokesman-Review at the event that more than 19,000 runners had signed up for Bloomsday to that point, with 4,000 signed up to compete virtually.

Although the bulk of the event will take place in-person, race officials are still exercising caution by requiring participants to abide by the most current COVID-19 rules and regulations of the Spokane Convention Center, as that's where race packets are picked up.

The rules require runners to submit proof of a COVID-19 vaccination or a negative test within 72 hours of the event and masks are not required per state guidelines.

Registration for Bloomsday is still open, with registration fees sitting at \$50 after Thursday.

Tommy Conmy is a copy editor. Follow him on Twitter: @tommyconmy.

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Zags reach new heights during 2021-22 school year

By TOMMY CONMY

Although the Gonzaga University men's and women's basketball programs are renowned for their successful exploits as rags to riches enterprises, all of GU's athletic programs are on the rise.

As the academic year comes to a close, now is as good a time as any to recap the athletic endeavors of all 16 GU athletics' teams.

Men's and Women's Soccer

The women's soccer team had a season for the ages thanks to a blistering start. The Zags went 10-1-0 in nonconference play and matched the program record for assists before playing a single conference game. The early season success catapulted the Zags up the national rankings, with the Bulldogs being ranked as high as No. 16 – another program record.

Conference play wasn't as fruitful for GU, as the women posted a 5-4 record and fell out of the top 25 polls. However, the Zags completed a program record 12 shutouts to drive the team to an all-time high 15 wins.

Redshirt sophomore Maddie Kemp led the Bulldogs with nine goals and four assists on the season, followed closely by Erin Healy who had eight goals and an assist of her own. Healy was named to the All-WCC First Team while Sophia Braun landed on the second team. Jordan Thompson was an honorable mention and Kelsey Oylar and Willow Collins were named to the All-WCC Freshman Team.

On the men's side, success didn't come as easily. First year head coach Aaron Lewis took over a program that had struggled in the highly competitive WCC. In Lewis' first season, GU went 7-10 overall with a 2-5 record in WCC play, the best mark since 2016 when GU went 8-8-2 and 2-4-1 in the WCC.

Frankie Ljucovic and Demetrius Kigeya were named to the All-WCC Second Team and Caleb Kiner landed on the All-WCC Freshman Team.

Men's and Women's Basketball

The GU men's basketball team experienced so much such success in the prior two decades that it has become an expectation to win, not a privilege. After opening as the No. 1 team in the Associated Press' Top 25 poll, the Bulldogs took their share of lumps, losing to Duke and Alabama before WCC play began.

The Zags cruised through conference play unscathed before losing to Saint Mary's in the regular season finale. Nevertheless, Mark Few collected his 21st regular season WCC championship and his 18th WCC Tournament crown on his way to the No. 1 overall seed in the NCAA Tournament for the second consecutive year.

The NCAA Tournament was not a frolic through the flowers for any GU coach or player. Facing a Georgia State team in the first round that was considered more of a No. 14 seed than a No. 16 seed, the Zags were deadlocked with the Panthers until they pulled away late in the second half to win.

The trend of the Bulldogs facing talented double-digit seeds continued in the Round of 32 against the Memphis Tigers. One could argue the Tigers had a more talented roster top to bottom, but defining performances from Andrew Nembhard and Drew Timme kept the Tigers at bay and sent the Zags to their seventh straight Sweet 16 – the nation's longest streak.

Alas, the Bulldogs' dogged attempt at finally securing an elusive national championship will have to wait one more year. The Zags fell to the University of Arkansas in the Sweet 16, ending the collegiate careers of Chet Holmgren and perhaps Timme, who declared for the draft while maintaining his eligibility.

"It was a hell of a ride," Timme said. "It didn't end up the way we wanted but we came to play hard. It was their night."

On the women's side, Lisa Fortier once again assembled a formidable team that was picked to finish second in the WCC. With the likes of Jill Townsend and the Wirth twins departed, a deficit in scoring and leadership emerged. The one constant was the dynamic play of Yvonne Ejim – who was rewarded for her stellar season off the bench with the WCC Sixth Woman of the Year award.

The Bulldogs suffered two regular season losses that weren't particularly close during to conference foe BYU in



ALYSSA HUGHES IG: @alysahughesphoto

The Gonzaga women's soccer team (15-5, 5-4) broke a program records for wins in a single season.



DYLAN SMITH IG: @dylansmit.h

The Gonzaga baseball team (26-11, 13-5) is ranked No. 11 in the nation by D1Baseball.com.

addition to two defeats at the hands of the Stanford Cardinal. Still, the Zags got revenge when it mattered most, defeating BYU 71-59 in the WCC Championship game to guarantee a spot in the NCAA Tournament for the fifth straight season.

The momentum didn't stop there, as the Bulldogs upset No. 8 Nebraska, 68-55, in the First Round of the tournament in to earn the right to play the No. 1 Louisville Cardinals. The Cardinals would end the Zags season, 69-58, in a game that was closer than the final score indicates.

"I love coaching our team and I thought they really battled today," Fortier said. "I think that's part of the reason why I love coaching them. They are just a bunch of fighters and did a great job of starting both halves. That just became too much for us to overcome."

Men's and Women's Golf

The men's golf team finished its fall season by placing 11th at the Ka'anapali Collegiate Classic in Maui. Charlie Magruder led GU, shooting 213 over the three-day event to finish at even par. Standout sophomore Jace Minni shot 215 to finish at two over par.

In the program's last tournament before the WCC Championship, the Zags finished 5th at the UC Santa Barbara

Invitational. Minni paced the Bulldogs, finishing in a tie for 11th with a combined score of two over par (146) in high winds.

After being picked to finish last in the WCC Preseason Coaches' Poll, the Zags hope to have a respectable outing in a top-heavy conference that sent three schools to nationals last year.

For the women, the 2021-22 season opened with high expectations as the team sought to defend its first WCC Championship last spring.

The Zags closed the fall portion of their season by placing ninth at the Clash at Boulder Creek, totaling a score of 39-over for the tournament.

Tied with Pepperdine atop the WCC Preseason Coaches' Poll, GU landed three golfers on the preseason All-WCC team in Mary Scott Wolfe, Cassie Kim and Quynn Duong. Only BYU had more golfers (4) on the team.

Despite solid performances from Kim and Duong in the spring, the Zags fell short of their lofty preseason expectations, finishing fifth at the WCC Championships. Duong placed fifth by shooting eight-over par (224) while Kim finished in a tie for 16th, shooting 18-over (234).

Although the Zags fell short this season, they don't lose any golfers to graduation and will look to once again be

crowned champions of the WCC in 2023.

Men's and Women's Tennis

The 2022 season marked a large step forward for the men's tennis program. Picked to finish fifth in the WCC Preseason Coaches' Poll, the Zags finished the regular season as the No. 4 team in the conference and will compete in the WCC Tournament for the first time since the 2020 season.

The Bulldogs have been led by Sasha Trkulja, who has paired with Matthew Hollingworth to lock down the doubles' point on the regular for GU. The two were ranked in the ITA Top 25 for doubles and the team as a whole was ranked No. 46 – the highest in program history.

First year head coach D.J. Gurule has capitalized upon the talent on the roster and has the Zags poised for more postseason success in year one than the past few seasons combined.

The women's team was ranked picked to finish sixth in the WCC Preseason Coaches' Poll, but failed to qualify for the WCC Tournament, finishing the fall season with an 8-14 record and a 2-7 record in WCC play.

Men's and Women's Rowing

The men's rowing team achieved the No. 25 ranking in the IRA poll, the highest for the team since 2019. After winning all three races against Washington State to win the Fawhey Cup, the men will take a three-week break before competing at the WIRA in San Francisco.

For the women, they came into the season as the preseason No. 1 team in the WCC poll. The women placed second in all three races at the Oregon State Invitational and will compete against Washington State on April 30 before postseason racing begins.

Baseball

The Bulldogs' baseball season is off to a strong start thanks to a quartet of ace pitchers and clutch team hitting. The Zags opened the year with a series sweep over No. 4 Oklahoma State before taking series against BYU and Missouri and posting a win over No. 2 Oregon State – the highest ranked win in program history.

The Zags sit alone atop the WCC standings and are projected to host a regional for postseason play in Spokane. Further, the Zags rose to No. 11 in the most recent national rankings, just off the program record of No. 9 in the country.

Volleyball

The GU women's volleyball team closed the 2021 season with a 9-20 record and a 5-13 record in WCC play, finishing eighth overall in the conference after being picked to finish seventh in the preseason.

Kennedy Craft and Cara McKenzie were both named All-WCC honorable mentions for their performances during the season. After the conclusion of the season, former head coach Diane Nelson stepped down as the head coach and was replaced by Katie Wilson, a former Notre Dame assistant coach.

Cross country and Track and Field

Both the men's and women's cross country programs posted historic fall seasons, as both finished second in the WCC. James Mwaura paced the men, finishing second behind BYU's Conner Mantz. Kristen Garcia finished seventh to pace the women as Elisabeth Danis finished 10th.

The men were selected to run at the National Championship meet after narrowly missing out on a bid the year prior. The women were narrowly snubbed, but Garcia was selected as an at-large runner.

Mwaura once again led the Bulldogs at nationals, finishing 36th after falling early in the race to earn the status of All-American and setting the program's 10K record in the process. The men's team finished 26th overall.

Garcia claimed 90th place in her fourth national meet after a pileup early in the race prevented her from gaining an advantage.

In indoor track, the Zags had zero runners qualify for the national indoor meet. Although the track season is still in its infancy, GU is poised for more big performances on the oval.

Tommy Conmy is a copy editor. Follow him on Twitter: @tommyconmy.

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Spokane reaps benefits of March Madness

By DOMINIC PE BENITO

March Madness has always been a fun-filled time for the Spokane community. Whether it is supporting Gonzaga basketball or local Washington universities, there are major March Madness fans in Spokane.

However, Spokane has been a hot topic for March Madness as the city was selected in 2020 to host the first and second rounds for the men's NCAA basketball tournament in 2024 and the regional tournament for the women's tournament in 2025.

GU, Eastern Washington and Washington State fans should be excited because their teams are eligible to play in the NCAA Tournament games in Spokane as the University of Idaho is set to be the host school.

Before the COVID-19 pandemic canceled the NCAA Tournament in 2020, Spokane was supposed to host the First and Second rounds for the men's tournament. According to Visit Spokane, Spokane's economy lost around \$20 million due to the tournament being canceled as fans from all over the nation were left disappointed with only ticket refunds to show for it.

However, Spokane was the recent host for the 2022 NCAA Women's Basketball Regionals in the Spokane Veterans Memorial Arena. The event featured the Sweet 16 and Elite Eight with teams such as the Texas Longhorns, Ohio State Buckeyes, Stanford Cardinal and Maryland Terrapins who all fought for a spot to play in the Final Four in Minneapolis, Minnesota. The Stanford women's team featuring hometown Spokane stars Lexie and Lacie Hull were the winners of the tournament as they got to play in front of a home crowd.

Spokane Sports, a nonprofit organization, helped Athletic Director Tim Mooney of the University of Idaho and his colleagues at the University of Idaho to host the event.

Spokane Sports is charged with bringing major sporting events every calendar year and hosts between 50-70 championship events across all sports. The major focus is making a positive economic impact on the region and putting Spokane on the map for sports tourism.

The VP of Spokane Sports, Ashley Blake, discussed her thoughts on hosting the NCAA Women's tournament in Spokane.

"To host events of this caliber that brings national media coverage is incredible," Blake said. "This certainly helps us achieve our goals of generating sports tourism for our city and putting Spokane on the map as a first-rate sports destination. We're so fortunate to be in a community that truly backs our vision and helps us move the city forward."



Spokane Sports, a nonprofit organization, helped Athletic Director Tim Mooney of the University of Idaho and his colleagues at the University of Idaho to host the NCAA Tournament.

Based off information that Blake shared on the impact of the tournament from this past March, she shared how there was an economic impact of \$4,402,125. This is based off 150 athletes competing, 35 visiting officials/VIPs, and 1,750 spectators that all were in Spokane during the weekend of March 25. The all-session tickets were sold for \$50, while youth and senior tickets were \$30.

What this information means to Spokane is that sports serve as a major part of the economy. Hosting events like the NCAA Tournament for both men and women helps increase the income of the city by helping local businesses, restaurants, hotels and more.

Not to mention the attention that the city receives from news, sport networks and other media raises Spokane as another potential location to host more major events, which is also contributed to by the success of local teams.

There also comes the excitement for fans to be able to support their local teams. For example, if GU men's basketball games are all sold-out in the McCarthy Athletic Center that holds 6,000 people, imagine the GU Bulldogs playing in March Madness in the Spokane Veterans Memorial Arena that can hold over 12,000 rabid spectators.

With the upcoming 2024 NCAA men's basketball tournament, you can expect at least three games to be played in Spokane. That would be a whole three days of March Madness with a sold-out Spokane Veterans

Memorial Arena for three separate occasions so college basketball fans, Spokane locals and out-of-state guests can come support their teams and the Spokane community.

You would also expect ticket sales, merchandise sales, advertisements and other expenses around the city to increase during this time, which could translate an economic impact greater than or equal to the \$20 million that was expected to be earned from the 2020 men's basketball tournament.

Based off this information and the numerous selections for March Madness and other sporting events, we know that Spokane is proving to be the center of sports tourism throughout the nation. Spokane is no longer a random city, rather proving itself to be put on the map and show that the city has all the major resources to host these sporting events and gain national recognition due to the city's success and economic impact that these events bring for the Spokane community.

Spokane sports have proven to be the heart of the community from the Spokane and Washington residents attending all events to it being one of many sources of income to positively affect the local economy.

We hope that Spokane can be the host to more major events in the future, so we can see economic growth of the city and possibly support all our Washington teams in competition.

Dominic Pe Benito is a staff writer.

GU SPORTS CALENDAR

- Thursday, April 28**
- Men's golf at WCC Championships - Day 1, Henderson, NV, all day.
 - Men's tennis vs. No. 5-seeded Santa Clara, Ojai, CA, 10 a.m.


- Friday, April 29**
- **Baseball vs. Loyola Marymount, 6 p.m.**
 - Women's golf at WCC Championships - Day 2, Lake Las Vegas, all day.
 - Track at Oregon State High Performance Meet, Corvallis, OR, all day.
 - Track at Payton Jordan Invitational (Men Only), Palo Alto, CA, all day.
 - Men's rowing at Wira Championships, Gold River, CA, all day.

- Saturday, April 30**
- **Baseball vs. Loyola Marymount, 6 p.m.**
 - Women's rowing at Washington State, Pullman, WA, all day.

- Sunday, May 1**
- **Baseball vs. Loyola Marymount, noon.**

- Monday, May 2**
- **Baseball vs. University of Washington, 3:35 p.m.**

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