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N° 41567. Les mêmes, toile noir. 1 75

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N° 41570. COLS en toile fine ornée de piqués. Le col. . 65

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4AM HAS ENTERED THE CHAT: NEW THRIFT SHOP KEEPS SPOKANE THRIFTED

By ISABELLA ASPLUND-WAIN

4AM is the newest place for premium streetwear in Spokane, located at 1009 N Washington St. The former law office – with gray carpets and bare walls – was transformed into a spunky vintage oasis. Currently decked out with turf carpets, spacious and organized clothing racks and intricate art, the shop brings a calming and refreshing atmosphere. The pops of purple and green against grayscale walls was bold – a theme that was representative of most of the unique pieces as well.

The shop is a buy-sell-trade store. However, it also sells its own clothing line, 4AM, and sources most of its vintage wear from vendors in Texas.

One of these vendors is a 17-year-old student at Lewis and Clark High School, who curates all the women’s racks marketed under her own brand, 17 Vintage. Both 4AM and 17 Vintage lines are available for purchase online as well.

The shoes and hype wear selections, meanwhile, are often sourced in other ways. “This is going to be not only the spot but the brand of Spokane as far as fashion is concerned for sure,” said Prince Eshan, co-partner of 4AM.

Owner Christian Jones saw his clothing line take off in 2018 when his brother, Jeremy Jones, started repping it while playing for the Gonzaga University men’s basketball team from 2015 to 2019. His connection to athletics in Spokane and love for creating unique vintage styles drove his decision to open up the brick-and-mortar store near the Spokane Arena and Podium.

The store name came from a tradition set by his father. Christian Jones reminisced on early mornings in Houston when his father would wake up for a 4 a.m. run before starting his day. Most mornings, the Jones brothers found themselves running by his side.

Jones also remembered being fond of athletes like Allen Iverson when he was young, looking up to the confidence and authenticity they displayed on and off the court.

He found himself more broadly drawn to all individuals who were

able to express themselves boldly; this led him to discover that fashion was a creative outlet for him, as he could be unapologetically himself.

While enjoying a lunch at Luna on the South Hill in 2019, Jones was encouraged to open a storefront by a close friend. He started to look at spaces and coordinate with Eshan, who was still in Texas at the time.

Although he liked the Garland Area location he found, he thought a close proximity to GU would be more desirable. Within a two-mile radius of campus, it was important to Jones to be accessible to students who may not have vehicles in Spokane.

“For kids at Gonzaga specifically – for the next however many years – for this to be a part of their experience means the world,” Jones said. “It’s honestly why I did it. There’s not many shopping options that you guys could consistently go to and call your own, that’s like affiliated with you guys.”

It wasn’t until May 21 when Jones and Eshan could reveal their shop to the public. They provided food and drinks, as well as a meet and greet with some current and former GU basketball players. The first customer in line also received a \$50 store credit.

Shortly after, the store adopted the tagline, “It’s 4AM Somewhere.”

“Working with someone you’re so close with, you just kind of find yourself holding yourself accountable and in a different way,” Jones said. “You just want the best for everything that’s going on – the business, him, me – it’s a certain responsibility to figure out what I’m supposed to be doing.”

Throughout their partnership, Jones and Eshan have had the opportunity to learn and grow both as individuals and together. They agreed their efforts are often validated and matched by the other party and that they can still have an open line of communication.

In the future, Jones hopes to host pop-up shops on campus. For now, though, 4AM is open Monday through Sunday from 11 a.m. to 7 p.m.

The owners are always excited to see GU students in store and project the shop will one day have a space that will invite all to hang out, play some games or study.

Isabella Asplund-Wain is a digital editor.



With pops of green and purple in contrast of gray walls, 4AM is a buy-sell-trade store that also sells its own clothing.

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A new Spokane-based clothing company works to lead the way in creating a judgement-free community around size-inclusive and gender non-conforming fashion. Founded by Kim Blessing and Gonzaga University alum Delena Mobley, Dom+Bomb launched in the spring of 2022 and strives to bring sustainability, inclusivity and joy into Spokane’s fashion community.

Blessing and Mobley met as co-workers at a local health communications and marketing firm, but during the pandemic they chose to leave their office jobs and shift their focus onto something more creative.

As the two began brainstorming for a business idea, they found that the lack of size inclusivity in the fashion industry was something that they knew they could work to change, as they both have a background in working with textiles.

“If you want to go into a store to find something, chances are, if it’s a little boutique, it’s not going to have your size,” Blessing said. “And if it does have your size – if you’re in a department store or whatever – the plus size department is like upstairs next to the bathroom, in the dusty corner. You just can’t go shopping with your friends if you’re bigger.”

Dom+Bomb currently has a few select “essentials” items available at their online store, but they hope to expand with items like pants and button-up shirts, planning to open a local boutique within the next year.

Inclusivity of all body shapes and sizes is one of Dom+Bomb’s main missions, but that’s not the only goal the business has in mind when it comes to changing the fashion game.

In addition to size inclusivity, the team also prioritizes sustainability, supporting other businesses owned by members of the LGBTQ+ community and people of color and blurring the lines of the gender binary through their designs.

In terms of sustainability, the growing business focuses on how their team is treated. The community building aspect of sustainability is one of the business’ core values, and they work to build outward from that foundation.

“The first thing is, we need to make sure that anyone who is working for us, who is making our stuff is protected,” Blessing said.

The team partners with a factory in LA, one that they feel shares their values by paying people living wages and ensuring that working conditions are safe.

Additionally, Mobley and Blessing personally work with a team of about 50 models and take around 42 points of sizing on their bodies – meaning there are more measurements than usual that allow for far greater intricacy when it comes to designing. This allows them to create clothing that will fit the model’s body as accurately as possible, which gives a fair portrayal of how it fits on different bodies to buyers.

Further, the business offers upcycling and styling services as well as tailoring and mending services.

Free consultation sessions for tailoring or styling can be booked on their website.

“In my perspective it’s also about longevity and not participating in all the bad habits and attitudes that we as consumers have towards fast fashion,” Mobley said.

The team puts this philosophy into action by providing services where people can bring in clothes with a tear or a missing button, or even something too large or too small, and they will work to upcycle or mend the garment in order to get new life out of it rather than throwing it away and buying something new.



PHOTO COURTESY OF DOM + BOMB
CO-FOUNDER DELENA MOBLEY

“A huge component of our tailoring services and our styling services really go together when it comes to upcycling and mending,” Mobley said. “You might have that dress that might fit a little tight or too loose and maybe you can get another five years out of it ... it’s about getting people to think about their buying practices and how they impact other people’s lives.”

Reflecting on the last few years, Mobley expressed that creativity was the only way for her to heal from the threats to her community and that as a Black woman she simply couldn’t go back to the way she lived her life before 2020.

Blessing added that creating a space of joy for both people of color and LGBTQ+ communities can be difficult with all the ongoing attacks and oppressive laws, but it’s what they aim for.

“It’s that joy and coming in and being able to find something that makes you feel good – that’s what gets us excited,” Blessing said. “We’re building the world that we want to see.”

This community value also goes much further for the team than sustainability and the way they make their products: Mobley described how a lot of their inspiration comes from their own personal experiences, as well as stories that the models have shared with them.

“We’ve dedicated our lives to showing people that you can come into a space, and we will show you love and be kind to you, but also challenge others and protect our space so that it is a safe haven, and that you know it’s a place you can come and always feel accepted – not tolerated, but accepted – and ultimately loved,” Mobley said.

Emmalee Appel is a digital editor.
Follow them on Twitter: @emm_appel.

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fall fashion edition



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VOL. 134 ISSUE 6

Wildfire smoke raised health concerns

By CONNOR CAMPBELL

Over the past few weeks, wildfire smoke was responsible for a drastic decrease in air quality, forcing Gonzaga University students and fellow Spokane community members to stay indoors and decrease outdoor activities.

The decrease in air quality started on Sept. 9 and continuously worsened throughout that weekend. By the start of the week of Sept. 11, the air quality index (AQI) broke 200. The air didn't fully improve to a good rating until Sept. 16.

The AQI is a widely used tool for monitoring and measuring air quality. It is split into six categories ranging from good, which is an AQI of 0 to 50, to hazardous, which is an AQI of over 300. These six categories inform public safety policy and advise the public on which health precautions should be taken.

The Spokane Regional Clean Air Agency monitors air quality within the greater Spokane area.

Mark Rowe is the air monitoring manager at the Clean Air Agency. According to Rowe, the agency has a network of regulatory grade air monitors, including five monitoring sites that monitor fine particles known as PM 2.5.

While PM 2.5 is the particle measurement typically used when monitoring wildfire smoke, the agency also has multiple monitors that monitor PM 10, a slightly larger particle, and ozone.

Given the large number of forest fires occurring across the West, the fires responsible



COURTESY OF TWITTER @YOUNGKWAK

SEE SMOKE PAGE 2 Spokane residents continue their daily activities amid dangerous AQI levels.

CAS introduces new faculty mentorship program

By SAMUEL FEDOR

Gonzaga University's College of Arts and Sciences (CAS) is implementing a first-of-its-kind faculty mentoring program in the coming academic year. The program is designed to increase the longevity of new staff, and to build lasting relationships between new and experienced faculty.

"Essentially the program that [The College of Arts and Sciences] is running this academic year pairs new, tenure-track faculty with a team of Gonzaga faculty who have been here for some time," said professor Melissa Click, who suggested the program to the dean's office. "To help show them the ropes, to help them build a community, in hopes of better retaining faculty."

Click suggested the program to address the longevity of incoming faculty. The program also aligns with the dean's office's mission to diversify the College of Arts and

Sciences.

"Given that we're purposefully recruiting to diversify our faculty, it makes sense to have a program to provide them the support they need," Click said.

Associate Dean Jonathan Rossing said that the program has been well received by new faculty, but that the program's success will be more long term.

The program operates on an opt-in basis, and is open to tenure track assistant professors in the College of Arts and Sciences. According to Rossing, all but one of the eligible new faculty opted in to participate in the program. The program is not just open to first-year professors, though; professors in their first three years, including those who joined for the fall semesters of 2020 and 2021, are welcome.

"We recognize that faculty who might've started in either of those academic years still might feel like they haven't immersed into the Gonzaga culture," Rossing said.

"So we said, 'why not invite those folks from years one through three.'"

The mentors and more experienced faculty in CAS also seem to be excited to participate.

"I think it's also been well received by the mentors, the folks that have been here a little bit longer," Rossing said. "They're eager to help shape the GU community, help shape the community by supporting the new folks in the community."

While this is the first program of its kind at GU, faculty mentoring is not a new concept in the academic world. Click indicated that this sort of program is more common at research universities.

"I do think the program is in line with Gonzaga's mission, particularly given our emphasis on Jesuit pedagogy," Click said. "I'm surprised Gonzaga didn't

SEE MENTORING PAGE 3



MAKOA DE ALMEIDA IG: @makoa.dealmeida

Jenaro Abraham's activism was inspired by his father, Jenaro Alberto Abraham Noriega.

Activist turned professor joins political science department

By KAEALYN NEW

Despite growing up in the Southern U.S., GU political science professor Jenaro Abraham said he feels the most at home in Puerto Rico.

Abraham was born in West Virginia and moved to many Southern states in his youth before relocating to Puerto Rico with his father, who is from the territory, after his parents' divorce when he was 12.

"I often tell people that I grew up in a Puerto Rican household, but I didn't really know what being Puerto Rican was until I went to Puerto Rico," Abraham said. "I guess I grew up with some sort of weird imagination of what it could be, and I got there and there was a lot of cultural shock."

More than anything, Abraham said it was shocking to witness the sheer number of protests in Puerto Rico. When he

moved there, he said, many Puerto Ricans were upset about the U.S. government's treatment of a small island off the coast of Puerto Rico called Vieques.

"The island was being used by the U.S. Navy as a bombing range — they bombed with live uranium," Abraham said. "So, at one point or another, Puerto Rico had the highest cancer rate in all of the United States including its territories."

There was a nationwide movement when he arrived in Puerto Rico called "Paz Pá Vieques" or "Peace for Vieques" that attempted to remove the Navy through peaceful means, according to Abraham. His father, Jenaro Alberto Abraham Noriega, along with thousands of other Puerto Ricans occupied the territory so the Navy could no longer bomb.

SEE PROFESSOR PAGE 2

Jewish Bulldogs focus on growing community

By NOAH APPRILL-SOKOL

Since its inception in 2014, the Jewish Bulldogs have been working to promote the GU Jewish community, and under the advisory of Rabbi Elizabeth Goldstein, the Jewish chaplain on campus and a religious studies professor, the club has grown significantly in living out its mission.

Goldstein said the Jewish Bulldogs have evolved to not only promote fellowship but also create spaces to reflect upon what it means to be a modern-day Jew on a Catholic campus. Goldstein said that the weekly meetings are often spaces where Jewish students gather to share and learn more about their Jewish identity.

"We should never forget our past, but it's also good to explore what it means to be a Jew today," Goldstein said. "Does it mean that we are involved with social justice? Does it mean that we study theology? Does it mean that we eat Shabbat dinners together, that we are in community? Does it mean that we help intergenerationally? All the things that make up what a community is, we need to explore."

GU students Isaiah Krigel, Gabriela Marquis and Cassidy Gitelson have all been members of the organization since their first year at GU and agreed that the events and meetings hosted by Jewish Bulldogs have been valuable in developing their own Jewish identity. They noted that the club has been a place where they feel that they can embrace their Jewish identity without it being misunderstood.

"Judaism is a big part of my faith and what Judaism really to me means — community," Krigel said. "Coming to Gonzaga, there wasn't a huge Jewish community but it definitely was there. Just growing that community has been great."

Marquis and Gitelson particularly highlighted the retreat hosted by the Jewish Bulldogs last year and said it was an experience that allowed them to bond with other GU Jewish students and feel more grounded in their Jewish identity.

"It was one of the only spaces where I felt truly like I could just exhale, just be myself, and not have to worry, not have to explain anything," Marquis said. "[In Jewish Bulldogs], I can make references to Jewish cultural or religious things and people just understand them [and] laugh. [I do] not feel that pressure to have to be explaining and defining who I am all the time."

Krigel, Marquis, Gitelson and Goldstein said it is often difficult being Jewish at GU where they sometimes feel that their religious identity is not valued or understood among many students and faculty.

This feeling coupled with the increased presence of white nationalist groups near Spokane, according to Marquis and Goldstein, makes being Jewish particularly challenging and is why they value the space and events hosted on campus by Jewish Bulldogs.

"I am reminded constantly how many white nationalist, antisemitic hate groups there are all around us, and it can sometimes be mixed with the general feeling that we're perceived as a community or a culture that's no longer really in existence," Marquis said. "That's a dangerous place to be. The more presence Jews have on campus, the less likelihood there is that we do run into issues with antisemitism."

Goldstein, who teaches multiple classes related to Jewish culture and religion, said she sees the power of education as being an effective means of combating antisemitism and ignorance and is grateful for some university support for this educational work.

"We are one of those places that needs to grow and learn not just about Jews, but about people of color, about Muslims, about Hindus," Goldstein said. "While I'm really proud to be part of the Jesuit Catholic humanistic tradition, there's ways in which the Jesuit Catholic humanistic tradition can also be more

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OPINION

Take risks and change up your style - 'fall' into a new look this autumn.

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A&E

"Dancing with Life: Mexican Masks" highlights mask making and cultural dance.

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SPORTS

Cross country captain Wil Smith looks to lead the Zags to first WCC title.

PAGE 9



Graduate Hannah Presken (2022) carries the Torah in last October's ceremony.

BULLDOGS

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expansive.”

Krigel, Marquis and Gitelson also said that they see the work of the Jewish Bulldogs as a counter to the ignorance present on campus around Jewish identity and said this was one of the reasons why they are so excited about the growth of the club.

“It’s really important to show people that Judaism is a real religion that is still practiced and active to this day and that antisemitism is extremely painful and hurtful to real people that are still here,” Gitelson said. “I feel like a lot of people have never really met a Jewish person. It’s important to make ourselves known and seen and create the narrative for ourselves.”

According to Goldstein, one important way the Jewish Bulldogs is expanding its outreach and becoming more known is through the celebration of High Holy Days services on campus. These services, which are the pinnacle of the Jewish liturgical year, will be held for the first time at GU.

Goldstein, Krigel and Gitelson said that this is a very meaningful step for GU’s Jewish community because it means students can celebrate these religious traditions without traveling off-campus and will be able to participate with each other in a place that many of them call home.

“I went to Seattle this past weekend for a special musical Shabbat and had some time to reflect outside of Spokane and GU,” Goldstein said. “I came away with this very excited feeling that, like I don’t have to pack a bag this year to celebrate the High Holy Days. [I am] celebrating the High Holy Days in my home, in my workplace.”

Goldstein, Krigel, Marquis and Gitelson also said that the presence of the Torah, which the university received last fall, was another important step of growth for the Jewish Bulldogs and credited it for the ability to celebrate the High Holy Day services.

The Torah, according to Goldstein and Marquis, is the heart of Jewish religious and cultural identity. They said the presence of the Torah for the Jewish Bulldogs means that they are able to honor specific religious traditions but has also become a symbol for the community to unite around.

“We don’t have a lot of symbols that we display all the time,” Marquis said. “But the Torah is this very physical

presence of Judaism, and it’s one of our only real, tangible manifestations of our religion. To have one on campus, it really designates that we have a place.”

Goldstein, Marquis, Krigel, and Gitelson believe that the Jewish Bulldogs should not be the only organization on campus meant to promote Jewish community and education, and that in this time of increased antisemitism, it is the role of everyone at the university to stand up to hate.

However, they also said they are proud of the community that the Jewish Bulldogs have formed and are grateful for the university for valuing safe spaces for cultural and religious identities.

“All cultures and religions have their own experiences, and having the Jewish Bulldogs creates a safe space for Jews to share those experiences with one another,” Gitelson said, “On a broader scale, part of Gonzaga’s mission is to cultivate growth for people in all aspects of their life, including culturally and spiritually, and having these spaces creates an environment of acceptance and unity.”

Noah Apprill-Sokol is a news editor. Follow him on Twitter: @noah_sokol03.

SMOKE

Continued from Page 1

for bringing smoke into the area are largely determined by wind direction and air pressure systems. As of Sept. 13, fires ranging from the Cascades to Idaho were bringing vast quantities of smoke into the city.

“We have had different fires contribute over the past few days,” Rowe said. “A few days ago, we were getting smoke from fires down in the central Idaho Panhandle and northeastern Oregon. Last night, we had northerly surface winds which brought in smoke from fires up in the northern Idaho Panhandle in northeastern Washington, and those actually pushed our air quality index up into the very unhealthy level which, this year, has been the worst air

quality.”

On Sept. 13, GU’s Office of Risk Management posted a message in the Morning Mail stating that GU closely monitors the air quality and adjusts based upon guidance from the Spokane Regional Health District and other authoritative resources.

The message reiterated that GU’s facilities provide effective air filtering which allows for the continuation of classes and that outdoor activities will be assessed based on daily conditions. The Office of Risk Management was unavailable for any further comment.

If smoke returns, students should be mindful of current air conditions, which can be found on the Clean Air Agency’s website. The website also includes a more in-depth guide regarding the severity of health effects based on the level of AQI.

According to Dr. Trevor McCrorey,

a physician at Health and Counseling Services, the effect of inhaling smoky air is largely dependent on risk level.

“There are certain people that are at higher risk for effects and symptoms,” McCrorey said. “Those people would be anybody who’s older and anybody who’s younger, children and infants.”

He also highlighted that people of all ages who have lung diseases such as asthma or COPD, or cardiac diseases that cause problems with circulation face potential health effects.

“The main point is that when there’s pollution in the air, you can oxygenate less efficiently,” McCrorey said.

The symptoms of poor air quality are varied and depend on one’s risk level and prior health.

“People can have symptoms including shortness of breath, cough, chest tightness, wheezing, any of the symptoms that people

would normally have with an asthma exacerbation,” McCrorey said.

While wildfire smoke in late summer and early spring has historically been a fixture of the Inland Northwest, the severity has increased in recent years. Pollution has also increased from worsening forest fires, Rowe said.

While air quality has improved, it is unclear when the Spokane area will be completely out of the woods. More dramatic weather changes will likely be needed to fully end the fire season and remove the threat of smoke from affecting the Spokane area.

“What we really need is a good, widespread, smoke season ending rainfall, which isn’t in the forecast yet,” Rowe said.

Connor Campbell is a staff writer.

PROFESSOR

Continued from Page 1

His father, who has a background in Catholic social movements in the territory, additionally established a church in the area that was being bombed that practiced intercommunion, welcoming people from several different religious practices.

“My brother and I ... were able to see this really interesting intersection of how a church, people and all kinds of other groups could be agents of change in a relationship that was quite obviously imperialist,” Abraham said.

During the protests, Abraham said that his family lived in an abandoned convent where every day he was able to watch his dad bring supplies and other necessary measures to other protesters.

“It was a very eye-opening moment for me,” Abraham said.

Abraham was involved with activism throughout his maturation, as his father worked as an adjunct professor at various institutions in Puerto Rico throughout his teenage years, but Abraham said he most notably remembers being involved in the 2010 University of Puerto Rico (UPR) strike while he was attending the university.

According to Abraham, the university, acting upon measures imposed by the government, had been cutting funding for scholarships and other measures that would guarantee the presence of lower-income populations at the institution, so the students at the university went on strike.

“We shut the university down in 2010 and we were there for a little over two months, if I’m not mistaken, just living behind the campus,” Abraham said.

It was through protest at UPR that Abraham forged his friendship with Guillermo Morejón, who additionally went on strike.

Morejón said that at one point during the strike,

Abraham earned the nickname “Bamboo” after the students on strike were discussing what they would do if police presence was introduced onto the campus.

“We were talking about ways that we could barricade ourselves if they tried to come in,” Morejón said. “[Abraham] suggested that we should round up a bunch of fallen bamboo trees and put them on the fence where we believed the police would come in and light it on fire.”

Throughout their years of friendship, Morejón said that activism has been one of the common threads that unites the pair.

“He’s very passionate about everything that he does ... It’s so empowering, the drive that he’s got, which I guess makes him such a great teacher,” Morejón said.

After attending UPR, Abraham received his doctorate from Tulane University in Louisiana.

He completed his dissertation on why the Revolutionary Armed Forces of Colombia, or the “FARC,” failed as a political movement. In researching this, he spent time in Colombia speaking with former guerrillas in reincorporation camps.

According to Abraham, the experience helped him realize that he aspires to be a mouthpiece for the terrible things happening in the world, and once he completed his studies, he went to teach in Michigan before being hired at GU.

In addition to teaching, Abraham serves as the vice president of the Partido Independentista Puertorriqueño (the Puerto Rican Independence Party) and as a collaborator for Boricuas Unidos en la Diáspora, an international advocacy group composed of Puerto Ricans.

“The activism turned into something else when I came to the United States,” Abraham said. “It became less socialist and more for independence [of Puerto Rico] — not that the socialism part went away — rather, the nation took a different meaning when I came here.”

Morejón said that he thinks Abraham will offer a unique perspective to GU students, as he was raised in the U.S. but identifies most with his Puerto Rican heritage. He said that Abraham’s lived experience may help students

“

I think that ultimately I have a responsibility to help students imagine the world that they would like to create, not the one that they unwillingly perpetuate.

Jenaro Abraham, political science professor

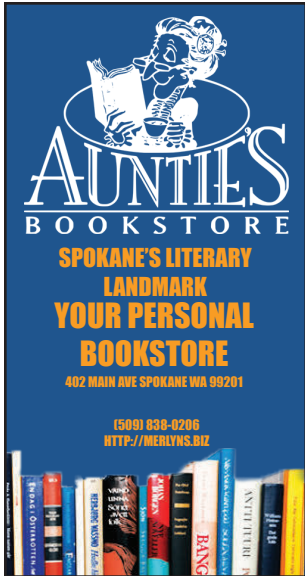
understand how U.S. imperialism negatively impacts both those within the U.S. and around the world.

“I’m sure that he is going to see what he is doing as an extension of his work for humanity in general,” Morejón said.

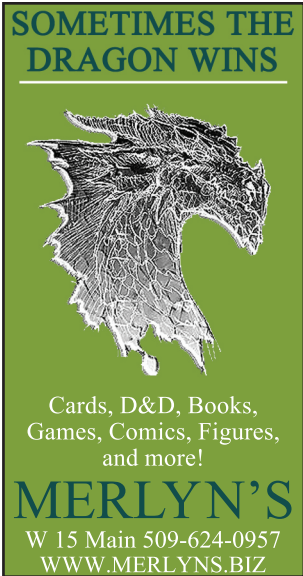
Now, Abraham said that he is both excited and grateful to be teaching at GU because, in a special way, teaching is a form of activism.

“I think that ultimately I have a responsibility to help students imagine the world that they would like to create, not the one that they unwillingly perpetuate,” Abraham said.

Kaelyn New is a news editor. Follow her on Twitter: @kaelyn_new.



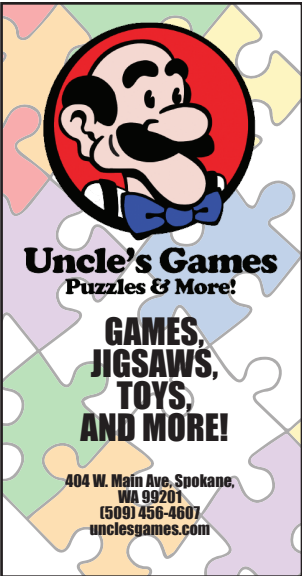
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Music Appreciation Club jams to new beats

By EMMALEE APPEL

Gonzaga University’s Music Appreciation Club aims to be an all-inclusive space for people to explore different music genres and find a community of those who enjoy music.

Cole Goodheart, the club founder and director, is a senior at GU majoring in human physiology with minors in jazz performance and psychology. He is also on the pre-medicine track.

He said that the idea behind the club was his own desire from his first couple years at GU for a music club that is not performance based.

“I just wanted, like, an opportunity or a club where I could really just geek out and talk to people, but also give students the opportunity to explore music — from an educational standpoint, from an exploration standpoint, but also from an experience standpoint,” Goodheart said.

He began going through the process of starting a club in the fall of 2021, and when the club launched this past spring, around 80 people had signed up.

“This is kind of just more of a community-based club that tries to bring in music-minded and music-centered people in any capacity,” Goodheart said. “So, you can be someone who’s involved in so many ensembles, like I am, or someone who is very recreational with music.”

This semester, the club has grown to have around 200 members on the email list.

The club, according to Goodheart, functions as a space for both music appreciation and music history education.

The club’s biweekly meetings focus on a topic, a genre or a question. The officers and sometimes club members will give presentations and encourage discussions surrounding the topic.

Additionally, the club is working to host more events that extend its involvement in both the GU and Spokane communities.

Goodheart explained that they send out monthly newsletters that provide an easy look at the on-campus performing arts clubs or majors and their events. They also include Spokane venues in hopes of expanding people’s opportunities.

One of Goodheart’s biggest ambitions for the club is to create a partnership with a Spokane music venue in order to create something like a season’s pass or ticket bundle that would get students into more live events — especially as a group.

“The idea is to give students the opportunity to see where music is meant to be heard, live and onstage,” Goodheart said. “It’s about putting all those aspects together and making a community and using the language of music to form relationships.”

Goodheart also reflected on a community trip from last semester where club members went to local record stores and were encouraged to not only learn about the art of vinyl records, but also engage with businesses and connect with different parts of the music community. This is something Goodheart hopes to do again with the



COURTESY OF @MPPF.GONZAGA

Finn Pettit and Cole Goodheart (left to right) hope the club will host album listening parties for students to admire music.

club.

In terms of social gatherings, Goodheart hopes to host album listening parties on Thursday evenings. This extends the club’s most basic function, which is to give people a space to enjoy new music together.

This core value is something that Finn Pettit, the club’s treasurer, echoes.

Pettit is a junior majoring in business, and met Goodheart through jazz band. He said that he enjoys the openness factor of the club and the fact that it allows people to learn about new music and have fun with it.

“I’m hoping that people have a space to talk about music with a bunch of different people and get a new perspective on different music — music they may never have heard before or would never have been exposed to,” Pettit said.

The other big goal of the club is to spread awareness and education of music history.

Goodheart explained that music is always developing and changing, and that modern, western music is always drawing expansive inspiration.

“There are some forms of music that are very linear — some that are predominantly present in one culture — but a lot of the time you have different subcultures that go into music as well,” Goodheart said.

He also expressed that learning the roots of certain genres of music can help us differentiate the line between inspiration and appropriation, as well as understanding

the social realities that music can influence.

“We have an interculturality statement in the summary of what our club does and one of them is that we try to present other cultures and cultural music as well,” Goodheart said. “We did [a presentation] on Bob Marley and how reggae music transitioned into ska, and how these groups like The Police, which are predominantly white, took Jamaican style music and made it this more popular thing ... We looked at that appropriation of music.”

The club offers a wide range of involvement and goals, but Goodheart made it clear that his main goal was to build a community for people to enjoy and learn about music together.

“I want [members] to learn that there’s people like them, people that have interests as big as them in music or as small as them in music,” Goodheart said.

The club meets biweekly on Mondays, although the time and location have yet to be officially announced.

Reach out to Cole Goodheart at cgoodheart@zagmail.gonzaga.edu or find the club on Instagram (@mppf.gonzaga) to get more information on joining.

Emmalee Appel is a digital editor. Follow them on Twitter: @emm_appel.

GU students visit Delft to research sustainable design

By HENRY KRUEGER

What do you want your neighborhood to look like? What are the most efficient modes of transportation? How can we build a community that fits our needs while still following sustainable practices?

The Spokane Sustainability Action Subcommittee is trying to answer these questions as the city and the surrounding region battle the effects of climate change.

In 2021, the group released a Sustainability Action Plan (SAP), which was an updated version of the city council’s plan from 2009.

In an effort to help the subcommittee, 18 civil engineering students at Gonzaga University spent three weeks in the Netherlands where they reported on strategies they found that could be used in Spokane to meet the goals of the SAP.

Led by civil engineering chair and professor Rhonda Young, the trip took place in the town of Delft, Netherlands and lasted from May 11 to June 1.

A few weeks before leaving for Delft, students got to interact with Kara Odegard, the head of sustainability policy and initiatives for Spokane. She outlined the SAP and identified four of its main areas of action — buildings and energy, transportation, waste diversion and material conservation and water resources.

During the trip, students met with Dutch engineers and planners to learn more about the country’s urban infrastructure. They also conducted field



COURTESY OF JOE O'HAGAN

Students admired the architecture and city design of the town Delft, Netherlands.

experiments to figure out the principles and approaches the country’s engineers use for designing its cities.

On the second to last day of the trip, the students recorded a video where they presented their findings and made suggestions to help in the areas of action that Odegard listed.

While the students have been back in Spokane for a few months, their work isn’t over.

“Where we’re at now ... we’re going to reengage with the city and then they’re going to start kind of looking at what the students learned with the hope that we can incorporate it into a senior design project next year,” Young said.

Young led a similar trip to the Netherlands in 2019 as she believes the country is the gold standard for sustainability.

“They’re below sea level and they’ve

recovered so their societal relationship to the environment is much different,” Young said of the Dutch.

Among several practices the students admired were green roofs and green facades to use vegetation for water and insulation.

“It ties in well with some of the stuff that our Climate Center on campus is doing looking at the heat effects in Spokane, so the students really thought this was a strategy that could work well here,” Young said.

Another aspect of the trip students found fascinating was how almost everyone in the Netherlands embraced sustainability, said associate professor of civil engineering Sue L. Niezgoda, who was also on the trip.

“[The Dutch] are about acting on sustainability, having flexibility in their designs, and then solidarity among their people, so everyone is on board with promoting sustainability and that was eye-opening for our students too,” Niezgoda said.

With the research expedition being part of the Gonzaga in Delft Program, there’s another trip set for 2024. It’s open to civil engineering and environmental studies majors, along with sustainable business minors.

Henry Krueger is a sports editor. Follow him on Twitter: @henrykrueger.



COURTESY OF @GONZAGACAS

New faculty learn teaching tips in the CAS mentoring program.

MENTORING

Continued from Page 1

already have a program like this, but I think it’s an excellent fit.”

The program itself is composed of groups of experienced and inexperienced faculty in the College of Arts and Sciences, rather than operating on a peer-to-peer basis.

“A lot of research has shown that the peer-to-peer model isn’t great and isn’t as beneficial as creating a network or a group,” Click said. “We’ve built the squads out of one full professor and one associate professor, and then two to three new faculty members ... research shows that the group model is a stronger model and yields more success to the mentees and the mentors.”

In a peer-to-peer model, the mentor can feel pressured to ‘be everything’ to their mentee, and the mentee can come to expect everything from their mentor, Click said.

“In a group or a networking model, you build a community,” Click said.

The more experienced faculty can help the new faculty branch outside their department to build a network across campus too. The hope is that faculty mentors can use their experience to connect new faculty with peers outside of their discipline and can be an amplifier for the ideas that new faculty

might have to improve the CAS.

“It’s definitely not a model of instructing,” Rossing said. “We want it to be responsive to the needs and desires of the new folks.”

There are a number of challenges that new faculty may experience that mentors can assist with. For instance, adapting to the culture of the student body, or acclimating to the larger Spokane community. And while the dean’s office is there to provide guidance and direction, much of the mentoring will be as needed.

“A lot of it is at the mentoring group’s discretion ... What we do from the dean’s office is more to remind them and say ‘hey, get your group together, here’s some things you could talk about,’” Rossing said.

Even though the program is designed to be driven by the new faculty and what they need, the mentors can use their experience and discretion to help as needed.

“There are so many different ways to be a mentor,” Rossing said. “The hope is that they are here to be a resource, to be a sounding board, to provide insight and advice as needed and requested. To listen, to hear and affirm the experiences of new faculty and to be an advocate for them.”

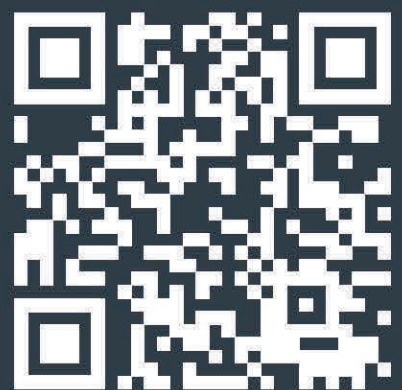
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Time to 'leaf' the past behind, embrace change with fall fashion

School is back in session, and as the crisp fall air quietly settles over Spokane, you walk down Bulldog Alley on your way to class, confronted by your demons, past, present and future. You think to yourself, 'At last I look good right now.'

Because in your Ugg booties (mid-rise only) and your faux fur jacket, you do look good. You are the star.

We all know the basic rules for dressing for a change of season — layer, layer, layer and when you're done layering, layer some more. Keep the basics around (the black tank, classic white sneakers, Levi's jeans that you never wash, you know the drill), and add those unique pieces back into your wardrobe that you have been waiting to uncover for months. In this case, as the weather is getting colder this may mean pulling out those threadbare cardigans and baggy cargo pants.

This fall, however, it's time to level up. No more simple layering and dressing up the basics — we did that all spring long. And who even wears clothes in the summer anyway? Fall is the time to prove that you are the style icon you always knew you were. Or the time to pull out your grandmother's faux fur jacket, at the very least.



By HARPER HAMILTON

You've waited all year long to not only show off your fall pants and hoodies, but to truly let loose in all areas of life. To help us achieve this state of feral that fall demands, this season we will be channeling our favorite grungy rock icons — think Mick Jagger and Keith Richards of The Rolling Stones, Debbie Harry, Kim Gordon and Patti Smith, to name a few.

All of these legends exude a certain "je ne sais quoi," or simply, a laid-back ease to not only life, but to their wardrobe.

While you may be thinking to yourself, 'I can never achieve the easy yet oh-so-cool look of the rockers of the past' with a few simple steps, any fall outfit has

the ability to be endlessly cool.

The first step to the inevitably cool fall fit is a solid base. Dark wash jeans are always a safe bet, while a pair of black, brown or navy Dickies provides the same strong base, with a cleaner silhouette.

After figuring out the pants you will wear, move to step two, your top. The fall is the time to show off your graphic tees. That one shirt you thrifted during the summer with the joke on it that no one but your younger brother found slightly funny? That's the shirt. Put it on. Tuck the shirt, but keep it slightly loose, and you have a strong base for any fall day fit.

Now that you have your outfit (which is really nothing special at this point), it is time for the fun part. Fall is the perfect time to flex your outerwear game, whether it's a jean jacket to compliment your jeans (Canadian tuxedo, anyone?), or a knit button-up to pop over your graphic tee. Regardless, the light top layer was made to be seen during fall.

Step three of designing the perfect fall fit requires us to get creative. It's time to add all the odds and ends to your fit that will truly make it iconic.

The ideas are endless when it comes to fall-ifying your outfit — cowboy boots, fingerless gloves, a pair of sunglasses to keep out not the sun, but the looks of the

ones who are unironically still following the wave of #christiangirlautumn, and of course, a hat, beanie or five-panel, are all valid (and effortlessly cool) ways to style your fall fit.

No faux fur jacket or mid-rise Uggs? That's OK, because whether you are demon fighting on Bulldog Alley, crying through your anatomy and physiology study session, or simply walking through life, as long as you remember that it's not so much about what you wear but about how you wear it, you're sure to have a solid fall fit.

Yo La Tengo sums up the casual unpredictability and ease of fall perfectly in their wonderfully relevant song, "Autumn Sweater." Their words I'll leave you in parting:

"We could slip away / Wouldn't that be better / Me with nothing to say / And you in your autumn sweater."

Harper Hamilton is a staff writer.

Queen's death reminds us monarchy is mortal, and it's time to move on

On Sept. 8th at 4:30 p.m. British standard time, the world let out a large sigh — and then went back to work. For the royal-watching part of the world, Queen Elizabeth II's tragic death denoted the transition from one generational dynasty of divinely chosen leaders to the next. For most everyone else, save a satisfied few, it was a regular Thursday.

Twitter's reaction has proven to be quite hilarious, and somewhat justifiably. Monarchy is a system that begs to be ridiculed. The royal hearse toured the decaying corpse for eleven days before it was allowed to be buried. Tabloid insanity has returned full steam and without restraint. Here I am, disinterested and disdainful, writing about it.

I think more productive discussion can be had though. Consider the lens of productivity itself — what did Elizabeth II really do, other than smile and pose for the camera? This question has loomed over the queen for the past 10 years just as closely as death itself. Her role was largely ceremonial, but that does not excuse the rather mediocre use of her office's power and expanse. The imperialist oppression and colonizing behavior of the United Kingdom is never too far away from current memory.

In no way do I intend to disregard any of the queen's positive actions. Contemplating her life and monarchy just provides a diminishing context to them. Elizabeth seems to become a figure of inaction, rather than action.



By MICHAEL BEIRNE

I find it necessary to remind myself of her true role in history. Elizabeth, although representative of the state, did not govern it. Let us not confuse the actions of the democratically elected government of the United Kingdom with the loud inaction of its opulent figurehead.

That's all the office really is — a position of aesthetic and no real substance. The pomp, circumstance and all other proceedings are just the grotesque collision of medieval culture and modern scientific advancement in the field of extreme long term geriatric care. There was

little to Elizabeth's reign beyond what was required of it in ceremony and poise. I guess in this regard, she passes as a "good" monarch.

I find little to celebrate in the macabre overextension of Elizabeth II's life. That was the only impression I ever held of the queen — someone clutching on dearly to each breath.

In a way, monarchy as an institution mirrors this. The only "meaningful" objective it satisfies is an appeal to imperialist culture and behavior. At its core, monarchy purports some humans inherently have more worth than others, should work less than others and are more divine than others.

In the modern world, a supposedly "free" world, there is no place for an idea as antiquated and ridiculous as this (other than at the butt of a joke). If we are to truly be dedicated to democracy and the prosperity of all humankind, we must be more critical towards an institution that has ruled, owned or enslaved well over one-third of humankind.

The death of Elizabeth marks more than just a change in crown or ruler; this is a shift in social consciousness. We are simultaneously further from the past than ever before and more aware of it than ever before. Elizabeth, in her well-earned passing, has brought the twilight of a long-dead, unnecessary institution.

Michael Beirne is a staff writer. Follow him on Twitter: @mtbeirne.

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To download or not to download; the GU app dilemma

As I sit down to write this, I can't log into the Gonzaga University app. That's not starting strong. On Aug. 3, GU announced on its Instagram page there would be a mobile app for all things GU called "GU Mobile". GU's dining department reported on Aug. 20 that they will no longer be using Bite Universities (BiteU) and will be using Everyday.

I live on campus in the Kennedy Apartments, which means I am on the opposite side of campus from the COG. I went to the COG frequently during the beginning of my time at GU because it was easy, premade food I could stop and eat on campus. This was especially easy due to my classes in College Hall, Herak, Hughes Hall, etc. But then, I started getting into my major-specific courses in the integrated media building, right beside Kennedy.

Some days, I didn't want to cook, but I didn't want to buy anything; it happens to all of us. So, I would open the BiteApp, and see what I could get for Bulldog Bucks or a meal swipe.

I'm not too fond of COG food that much, so if I had the choice, I wouldn't eat there. But, BiteApp only offered COG food for a meal swipe, and for Bulldog Bucks, you could get stuff from the Marketplace (now known as Iggy's Market).

The Marketplace options were slim and didn't come with much variety. It didn't offer freshly made things like sushi, sandwiches or salads through the app. It offered chips, energy drinks and sweets, but those aren't a meal, even though they are nice to have for snacks. So, I usually wouldn't order from the



By TRINITY WILHITE

Marketplace via BiteApp.

The app also wouldn't work most of the time for me; it would glitch or take a lot of time to load. This has made me lose faith in the apps ZagDining promotes, but I was happy when they decided to switch to Everyday.

I downloaded the Everyday app to give it a fair chance, and maybe I'll start using it. It allows for "view only" in COG and Cataldo because these places are purely meal swipe places or pay at the pay station. The view will enable you to look at what those dining halls have and the available times, which can be helpful.

There's also "pickup & delivery" for Iggy's Market, Iggy's Sandwiches, Qdoba and The Bulldog. This allows you to view what these places have available, order and either deliver it to wherever via Kiwibot, or pick it up yourself to skip the lines. They also have pick-up-only options for Starbucks and Cafe Lawte.

The GU Mobile app was launched this summer and marketed toward students, faculty, alumni, family members, etc. I downloaded it immediately because it sounded like it would

be a faster, easier way to access class schedules, Bulldog Buck balance and more.

It worked fine the first few times I accessed it, though I had to do the two-step verification on many of the windows, like Zagweb, which is how I would look at just about anything. The two-step verification is appreciated for security reasons, but it is tedious. It can get annoying if you are trying to "quickly" access something, and you have to stop and relog in and then input the code for security reasons.

The last few times I have tried to access the GU Mobile app, it wouldn't even give me the option to login, so I cannot access anything. I can quickly whip out my computer, which I carry just about everywhere, and get any of the information I am looking for. There are flaws with this because you need Wi-Fi and time, but personally, sometimes it is just easier than working with the app.

I'll refrain from using the GU mobile app due to the inconsistencies I face with it. It may be because I have an ... Android, so the app might need a few fixes to be more compatible with phones that aren't iPhones.

After looking over the Everyday app, it seems incredibly improved from the BiteU app used last year. I have yet to use it, but I have heard from around the campus that it is more user-friendly.

To download or not to download, that is the question.

Trinity Wilhite is a contributor. Follow her on Twitter: @twilwhite02.

Zags on the Big Screen: GU filmmaker turns passion into success

By GRACE SPIEGEL

Sam Van Morehouse is a junior at Gonzaga University. He is like any normal student — he studies, hangs out with friends and is in the GUTS improv club. But besides all of this, he is a filmmaker.

His latest film, written and directed with his friend Rogan Tinsley, entitled "Tremuloid," follows two characters who are trapped in the woods and begin to turn on each other as strange things start happening.

Morehouse fell in love with films at the early age of six.

"I fell in love with movies and film as early as I could see movies that weren't made for kids," Morehouse said. "Movies like 'Spider-Man 2' with Tobey Maguire would have been the first PG-13 movies I saw, and I saw those when I was about six or so, which was pretty early."

From that point on, he began to incorporate cinematic elements into games he played with his brother. Morehouse directed these games and ensured that there were rules, structure and an actual point to the game. Eventually, he began to write comics with original plots and characters.

Now, he has grown from a comic writer and games-director to a full filmmaker. In August of 2021, after writing the film, saving money and scheduling film days, Morehouse began to film "Tremuloid." It had a cast of two and was filmed in Deer Park, just north of Spokane.

"It was really a fantastic experience, despite it being a strange kind of hell," Morehouse said. "I had written the whole thing to be outside, which was a mistake, because it was hot and there were wasps everywhere, and planes going over our heads and dogs barking that we had to wait out. But, overall, we all look back on it really fondly, and as a rewarding experience."

Despite having a small cast and one co-director, Morehouse was able to get his friends and family to help. You can thank his twin brother Jack for the sound — he held the boom mic the entire time.

"Tremuloid" comes from the Latin name for the Quaking Aspen, a native tree to Spokane. It is currently in the festival circuit, showing at the Chicago Indie Film Awards, the Toronto Film and Script Awards, the AltFF: Alternative Film Festival, the LA Indies and the LA Sun Film Fest.

Morehouse is also hoping to set up a student screening of his film at GU once it is out of the festival circuit.

"He is so dedicated to his work and I am so, so proud of him," said junior Chloe Olsen, a good friend of Morehouse. "This movie has been a long time in the making and I know there were a lot of obstacles along the way, but he put his whole heart into it and there's no doubt in my mind that it is going to be phenomenal."

Other than this film, Morehouse has been working on scripts for other movies. Over the summer, he co-wrote a film titled "The Pizza Guys" with Michael Finch, a GU class of 2022 alum.

"It's a bit of a tonal shift from 'Tremuloid,' and is a buddy road trip comedy about two friends, who have just graduated college and are about to move away from each other, taking a road trip from Spokane to Los Angeles, in



Morehouse had a screening of his film "Tremuloid" at the Magic Lantern Theatre in downtown Spokane.

“I, completely, honestly, want to keep on making movies forever. I just love the power that they have to make people feel and think and experience. I don't even have any plans to retire.”

Sam Van Morehouse, student filmmaker

order to get to a pizza place they went to once together years ago, before it closes for good,” Morehouse said.

Finch and Morehouse are in the process of editing the script and applying for grants to help fund the project. But, if all goes well, they are hoping to start filming next summer.

Morehouse named thriller as his favorite genre, a nod

to his film "Tremuloid," because it meshes character and story together.

"There is no better time to completely dissect a person's psyche than when they are under intense amounts of stress, or in a dead spiral downwards," Morehouse said.

This thriller theme continues forward, because Morehouse said his favorite movie might be the 2013 mystery/thriller "Prisoners," directed by Denis Villeneuve. His deep interest in the layers of storytelling and the situations the characters are put in throughout the film led him to write a paper on it, which only made him love the film more.

But, he feels torn whenever someone asks him what his favorite film is.

"It's always such a loaded question because there is such a difference between what I think the 'best' movie is versus what I feel like my personal 'favorite' is," Morehouse said.

In contrast with "Prisoners," Morehouse also listed Steven Soderbergh's 2001 remake of "Ocean's Eleven" starring George Clooney and Brad Pitt as one of his favorites. Although it does not hit him as emotionally as "Prisoners," it is a movie he will always love.

Morehouse is not planning to stop any time soon.

"I, completely honestly, want to keep on making movies forever," Morehouse said. "I just love the power that they have to make people feel and think and experience. I don't even have any plans to retire. I just will keep on doing it. I love it so much."

Grace Spiegel is a staff writer.

The Gonzaga Bulletin

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Homegrown produce is just around the corner

By LILY JOHNSON

Fall in the Inland Northwest is a beautiful time of year, and provides Spokane with an abundance of seasonal fruits and vegetables. For students who want to support the local community or incorporate more fresh produce into their lifestyle, getting involved is as easy as taking a closer look at the region's agricultural community.

The cooler weather of Eastern Washington offers its residents many different produce options to enjoy. Gonzaga University is roughly 40 minutes south from the town of Green Bluff, which boasts a collection of farms and orchards that produce fresh fruits and vegetables throughout the year. Green Bluff hosts several apple orchards, including Hansens, High Country and Becks Harvest House.

One prominent produce staple is apples — Washington's state fruit. In the fall season, many of these locations host apple picking events, where visitors can go out into the orchard and pick their own fresh fruit to take home. Washington is the nation's leading producer of apples, so it is no wonder that the Spokane area boasts its fair share of apple orchards. Apples are at their best when harvested around September, so anyone interested should consider planning a trip to Green Bluff while they can.

Along with apple picking, High Country Orchard allows guests to pick from other seasonal fruits like apricots and pears. According to the High Country Orchard website, they sometimes have peaches available into late September as well. For many orchards like High Country, the cost of picking your own fruit will average at about \$38 per 20-22 lbs.

Of all the farmers markets in the Spokane Area, Green Bluff's is the original. The Green Bluff Growers is an association of over 30 Green Bluff farms that, according to their website, promotes Green Bluff as a viable and sustainable area for farming, education and agri-tourism. According to their website, the association increases member farm's exposure and helps them thrive, as well as educates the community on what Green Bluff provides.

The annual festival is held by Beck's Harvest House, one of Green Bluffs' largest farms. According to the official Beck's Harvest House website, festival goers can take a chance in the corn maze, shop for pumpkins and try sweet treats while enjoying the Green Bluff views.

"It really brings families together in the community to celebrate our farmers, and it's a great way to get off phones and spend more time making real-life experiences," said lifelong resident of Spokane, Lucas Struck.

Harvest festivals are one of the Inland Northwest's biggest tourist attractions. But there are options nearer by for fresh fall produce as well. Most of Spokane's farmers markets run into October, including the Spokane Farmers



ANDREW LOF IG: andrewlof_photography

Fall in the Inland Northwest gives locals the chance to support local farmers and try farm fresh produce.

Market on Wednesdays from 8 a.m. to 1 p.m., the Perry Street Thursday Market on Thursdays from 3 to 7 p.m., and the Fairwood Farmers Market on Tuesdays from 3 to 7 p.m.

"I'm big into supporting local businesses, so I think farmer's markets are a great way to do that and it's also a great way to get away from products that might be at bigger grocery stores that are more processed," said GU student Teagan Servais.

These farmers markets cater to buyers of all ages and backgrounds, with everything from craft beer and fresh fruits and vegetables to arts and crafts from local artisans. Perry Street's market is known for its crafts, and Fairwood sees local food trucks. Each farmers market is a chance for people to gather and build community, all while supporting the local economy.

According to the Fairwood Farmers Market's website, their mission is to "establish a vibrant, seasonal North Spokane farmers market where neighbors can connect weekly with local growers, artisan food producers, and crafters in a festive, nurturing environment."

GU students who are interested in actively growing their own fresh produce can get involved as well. Community gardens have exploded in Spokane in recent

years. According to local gardening expert and small farms and urban agriculture coordinator for Washington State University's Spokane County Extension Pat Munds, for the Inlander, there are over 60.

Community gardens provide Spokane residents with access to fresh, healthy food. They also serve to alleviate some of the pressures of living in economically disadvantaged areas, many of which in Spokane are designated as food deserts. Participation in community gardens gives GU students a way to give back to the community, while providing easy access to the same healthy, fresh foods.

For those students interested in getting involved, Inland Northwest Community Gardens is a regionwide resource whose website provides a directory of nearby gardens. According to the Spokane Community Gardens website, those interested in participating should contact the listed garden manager to reserve a plot.

Lily Johnson is a staff writer.

Uno Más Taco Shop: Your New Taco Tuesday Go-To

By AVA PRUNIER HERMAN

Uno Más Taco Shop is taking over Spokane one bite at a time. Chef Chad White opened Uno Más in downtown's Wonder Building this past summer and is firing up some tasty tacos.

The Wonder Building, located at 835 N. Post Street, is about 1 mile from Gonzaga University's campus and close to the Spokane Arena.

The Spokane native opened this fast-casual space with business partners Ramsey and Amy Pruchnic, owners of local sweet spot Hello Sugar, after deciding to close down his other restaurant, High Tide Lobster Bar, in February. White specifically wanted to highlight unique flavors from the state of Jalisco, Mexico, and sell "Campestre style" (Country) taco. Each taco is based on a 6-inch tortilla with about a quarter-pound of meat on each one.

"We take all of our high quality smoked meat from TT's [Old Iron Brewery and BBQ] and finish it off at Uno Más and add different spices and salsa," White said.

Before becoming a successful chef and restaurateur, White joined the U.S. Navy and was then sent to the U.S. Navy and Air Force Culinary School in San Antonio, Texas and was later stationed in San Diego,



JOE O'HAGAN IG: ohagandaz

Chad White is serving Spokane with fiery tacos at locations in the Wonder Building and the Spokane Valley.

CA until 2006.

White was then honorably discharged from the Navy as a 3rd class petty officer and pursued a career as a chef. After working at Hotel Del Coronado, White opened his first restaurant in 2011, named Sea Rocket Bistro.

He was asked to be on television shows like "Bizarre Foods", and was later a finalist on Bravo TV's "Top Chef" in 2015. After all of the shows, he returned to Spokane

where he opened Zona Blanca and Ceviche Bar, High Tide Lobster Bar, TT's Old Iron Brewery and BBQ and now Uno Más.

White has received many awards, like "Best New Restaurant" for Zona Blanca and TT's BBQ (The Inlander, 2016 and 2020), "Best Chef" (The Inlander, 2016, '17, '19, '20, '21), and Spokane-SBJ's Rising Star "Top 10 under 40 Award" (2022)".

The Uno Más menu is to the point — five tacos, carnitas (braised pork),

barbacoa (smoked beef), batata asada (grilled sweet potato), pollo asado (grilled chicken) and pescado (fish).

The menu allows customers to mix and match which tacos they want and their salsa of choice. Customers can choose any one of their side dishes, like sopa de arroz (red rice), frijoles charros (cowboy beans) or elotes en vaso (street corn in a cup).

If that's not enough, customers can go all out and order "el rodeo," which is the whole menu.

"I appreciate that everything is made from scratch," said Tysin Reyes, the front-of-house employee at Uno Más. "I love street tacos, but these are hardy, hold a lot of flavor, and have the best ingredients that other taco vendors don't have."

While only being open for about two months, White opened a second Uno Más Taco Shop in Spokane Valley last week at 11205 E. Dishman Mica Rd.

"The [Spokane] Valley is underserved for restaurants," White said. "Eventually Uno Más will be the only fast-casual restaurant, with a drive through, south of Sprague."

Ava Prunier Herman is a contributor.

Rap-duo 'EarthGang' brings energy and soul to the Knitting Factory

REVIEW
By ISABELLA ASPLUND-WAIN

EarthGang performed at the Knitting Factory on Friday. The \$32.50 admissions fee covered a 3-hour show, including an opening performance from T.S The Solution and EarthGang classics such as "Stuck," "Top Down" and "Proud of U."

Although the backdrop felt artistically bare, the lighting provided ambient color palettes and the stage presence from both performances was dynamic.

EarthGang is an American Hip Hop duo from Atlanta, Georgia, featuring the artists Johnny Venus and Doctur Dot. However, they are also often referred to by their stage names Olu and WowGr8.

"Our music is influenced by the conscious and subconscious, and we create it to influence the like," Venus said in an interview with Central Sauce in 2018.

In 2010, they co-founded the musical collective Spillage Village, with collaborations from JID, Hollywood JB, JordxnBryant, 6LACK, Mereba and Benji. According to Venus, the name EarthGang represents music for the people by the people.

At the Knitting Factory, the pair introduced themselves to the crowd in bright outfits that complimented their lighting combinations.

Venus wore a yellow two-piece set — and it didn't take long before he threw it into the crowd. Meanwhile, Dot wore

a red button-up with camouflage loose pants.

"I have never really listened to EarthGang before this," said Sarah McMichael, a GU senior. "They were able to just engage the whole crowd during the whole concert, which was a great experience"

When EarthGang stepped out on stage, they were determined to uplift the energy in the room. Venus was quick to make use of the elevated spaces and Dot's microphone often gravitated towards the chimes displayed in the front left-hand corner.

With features from a live guitarist, pianist, drummer and DJ as well, their rhythms were soulful.

The group opened with "The Glow," a song from the album GHETTO GODS which was released July 1. They continued to showcase their newest album, performing "Ghetto Gods," "BILLI," "AMEN," "All Eyes On Me" and more.

Yet, EarthGang kept the set fresh with a mixture of some of their older hits. Songs like "This Side," "1993" and "Down Bad" were nice contrasts to the newer hip-hop sounds.

According to Bryce Eppler, GU senior, the length of the show was perfect. Despite not being familiar with their new album, he was happy to hear some favorites from their third studio album, "Mirrorland," and familiar features from Dreamville's "Revenge of the Dreamers III." Since it ended at 11 p.m., he felt



COURTESY OF @THEAWKWARDSLOTH'S TWITTER

EarthGang performed at Spokane's Knitting Factory and lit up the crowd with neon fits and hip-hop beats.

he still had time to explore Spokane's nightlife with his friends afterwards.

EarthGang wrapped up their set with "Up," a song from the album "Mirrorland." For Venus, the energetic tune is about his experience growing up in Maryland and dreaming about a future where he could make a difference, whereas Dot took the song as an opportunity to reflect upon his actions early-on in the music industry, as well as his journey to becoming a humbler artist.

"The back and forth of the crowd definitely changed how much I liked their music because I felt like they cared about

their supporters and they wanted to bring them along for the ride," McMichael said. "They created a good ambience in the room."

Despite the duo not performing an encore, fans rushed to throw their shoes on stage — a sentiment EarthGang encouraged — sticking around to sign and return the sneakers to each fan. They chatted and took photos with attendees before swiftly leaving to prepare for their next show in Salt Lake City, UT on Monday.

Isabella Asplund-Wain is a digital editor.

Past and present collide in exhibit 'Dancing with Life: Mexican Masks'

By EMMALEE APPEL

The Northwest Museum of Arts and Culture's newest exhibit, "Dancing with Life: Mexican Masks" highlights the art of Mexican mask-making and cultural dance through a contemporary lens.

The exhibit consists of 54 dance masks, both from the Northwest Museum of Arts and Culture's (MAC) collection and from modern artists, along with dance regalia and video interviews with artists or performances from dancers.

Curated by Gonzaga University's own Pavel Shlossberg, department chair and associate professor in communication and leadership studies, the exhibit is part of the work he has been pursuing for around 20 years.

Shlossberg defined the exhibit as a way to contextualize the masks in relation to the community and the culture through centering the voices of artists, dancers, local scholars and other members of the actual communities where these masks and dances originate.

"It's very community oriented: it's music, it's a drama, it's telling the story – it's very interactive," Shlossberg said.

Shlossberg started his research into Mexican masks and cultural folk dance as a graduate student. For this specific exhibit we see a regional focus in Michoacan, Mexico, where Shlossberg lived for a time and experienced the significance of the masks and the dances for himself.

Shlossberg said that a trustee from the museum became aware of his knowledge of the masks through his 2015 book, "Crafting Identity." From there, he was asked to give context to the collection of masks.

He wanted to breathe life back into the masks and be able to show people the artists' stories. For Shlossberg, it was important to let the artists and performers speak in their own voices. He wanted the exhibit to tear down the stereotypes that these art forms are "archaic" or "dying" and rather highlight that they are still very prevalent in many Indigenous communities.

Felipe Horta is an internationally renowned traditional mask-making artist, or mascarero. Horta has been involved with the curation of this exhibit since the idea came into existence.

Shlossberg said that he has been friends with Horta for many years and was able to make many connections with people with Horta's help. In the span of two-and-a-half weeks, the team was able to schedule 10 interviews with roughly 70 different artists, performers and scholars in Michoacan.

"For two weeks we're driving to different parts of rural Michoacan, and we were able to work with a local photographer and videographer — someone who could give it a local touch and get us a professional video," Shlossberg said.

Horta has also been involved with many of the accompanying events at the MAC this past month — hosting things like artist demonstrations and family day mask painting. He is also scheduled to give a presentation on Nov. 3.

Shlossberg said that as someone who comes from outside the culture, he devoted a lot of time to understanding how he can best uplift the voices and



RACHAEL HALEY IG: rachael.haley

The exhibit features a total of 54 dance masks, both from the Northwest Museum of Arts and Culture and modern artists.

stories of those who should be represented, even as he is given the credit of being the curator.

"This is important for us to think about as students and teachers ... there are ways to build connections and there is no perfect model to [allyship] but we learn from mistakes as well," Shlossberg said. "So for me, that's been a learning experience and a real privilege to be able to work within that space."

Additionally, as a professor in the communication and leadership studies departments, Shlossberg said that he uses his own experiences in a very practical way to influence his teaching.

He expressed that his own lived experiences inform a lot of the ways in which he teaches his students about how cultures are built and how to extend and foster a two-way dialogic way of communicating based on mutual respect.

Shlossberg also talked about a partnership that the theatre and dance department has created with the leadership studies department in order to create an opportunity for students to get a behind-the-scenes look at the museum exhibit and discuss issues of access and representation in relation to the exhibit.

CarliAnn Bruner, an adjunct dance instructor at GU, is working with Shlossberg and the museum to create opportunities for her students to explore another kind of dance.

In her class this semester, called "dance improvisation," they have been given lessons from Horta about the masks that he makes and the dances that are a living part of his culture.

Horta does not speak English, although Bruner said he was able to walk her class through two different dances and communicate and teach through movement. Shlossberg was also in attendance at these lessons, for translation purposes, but Bruner said that dance is a universal language.

"It's just a wonderful opportunity to see how dance lives in a culture outside of the U.S. or in Westernized views of dancing," Bruner said. "It's part of celebrations and everyone in the community does it which I think is beautiful."

Bruner's class will work to create a dance score which they will then perform at the MAC on Dec. 8 as part of the exhibit's events.

The exhibit is a chance to engage with a beautiful and dynamic part of Michoacan culture and gain a new sense of cultural awareness.

The exhibit will stay at the MAC until April 16, 2023. See the MAC's website for information on tickets and events.

Emmalee Appel is a digital editor. Follow them on Twitter: @emm_appel.

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ZAGDINING

by **sodexo**

'I'm proud of his leadership': Wil Smith to captain men's cross country team

By DOMINIC PE BENITO

Gonzaga University's cross-country team is ready to fight for a WCC title and a trip back to the NCAA Championships this year with the help of their rising captain, Wil Smith.

The redshirt sophomore was recently awarded a spot on the men's preseason All-WCC team with three of his fellow teammates: Yacine Guermali, James Mwaura and Cullen McEachern.

Smith is a Spokane-born runner who has been actively competing in the area since middle school. Ever since his sophomore year, he was the top runner for the Lewis and Clark High School cross-country team and he helped them win a state championship in 2017.

He also was an All-American for cross-country his senior year as he was the 4A state champion for Washington and placed 10th in Nike Cross Nationals.

When Smith was asked why he chose to run for the Zags, he credited how his relationship with Coach Pat Tyson was a major factor in the recruitment process.

"Tyson ended up being the coach for me and was the coach I met that believed in me more than any other college coach I talked to," Smith said. "I really wanted to be a big cross-country runner and run the 5k and 10k for track and Tyson specialized in that."

Lewis and Clark's head coach for cross-country was also under Tyson's coaching in the past, so Smith felt the transition from high school to college was easier as he had the tools and knowledge to fit with GU's program.

Furthermore, according to Smith, the competition of facing the highly ranked crosstown rival of Central Valley High School is what helped him prepare to run against college athletes as he consistently competed with one of the best teams in the nation.

The cross-country season was different his freshman year due to COVID-19 delaying the season to the spring semester. He felt that the extra months of workouts and learning from the older teammates helped prepare him for his first race.

Smith's first cross-country race was in February of 2021 at the WCC Championships where he captured All-WCC second team honors by placing 11th. He then competed at the NCAA National Championships as a true freshman.

He redshirted the track season due to catching COVID-19 two weeks prior to the first meet.

Heading into his second season of cross-country, Smith felt that he had something to prove in terms of competing individually and as a team. The Zags started off the season with strong team performances and finished second place at the WCC Championships, fifth in the NCAA West Regional Championships and earned another trip to the NCAA Championships.

During this season, Smith had remarkable placements in meets such as a second place finish at the Clash of the Inland NW, fourth at the Cougar Classic and 11th in the Nuttycombe Invite which featured some of the best runners in the country. He earned All-WCC first team honors with a seventh-place finish at WCC Championships and all-region honors at the NCAA West Regional with a 14th place finish.

Following the cross-country season, Smith raced one indoor track meet and got injured, so him and Tyson agreed to discontinuing racing to nourish his health for outdoor track. However, shortly after starting to feel fit once again for the outdoor season, Smith rolled his ankle, derailing the outcome of his outdoor track season.

He ran in three meets, but never got back to his full potential. Smith was forced to finish his outdoor track season early due to the brutal toll it took on his body physically.



HAYATO TSUJII IG:@hayatoarchive

Smith's first cross-country race was in February of 2021 at the WCC hampionships where he placed 11th.

However, the injury didn't discourage him, but rather offered a glimpse of his potential for track.

"It obviously isn't fun, but at the same time I feel like I walked away from last season realizing that I do have a lot of potential on the track because I surprised myself after running a solid PR without a lot of training," Smith said. "I knew that if I am consistent and healthy all year and coming back into track season, I'll be able to run really fast."

Smith has a lot of excitement coming into this year's cross-country season as he hopes to achieve numerous goals.

"I'd say the big individual goal is to become an All-American for cross-country, which is top 40 at nationals," Smith said. "I'm also really focused on what I can do to lead the team to a great performance and assert ourselves as one of the better teams in the nation."

For indoor track, Smith discussed how his own personal goal and the team goal align as they all want to achieve a good, early season 5k time and gain racing experience in preparation for outdoor track.

He also aspires to make the NCAA Championships for outdoor track and hopes that the experience of his teammates racing at regionals last year and training with the team will help carry him toward the fitness level required to achieve this goal.

Tyson explained his thoughts on Smith's great potential as a runner.

"Wil is as competitive a runner that I've ever been around and I've been around a few in the coaching world," Tyson said. "Here at the college level, Wil is arguably one of the top three or four Zags in Gonzaga history and he's only a redshirt sophomore."

Tyson shared how Smith's work ethic contributes to why he has the abilities to be a great runner. He believes that Smith is still evolving at his age and his

healthiness and mental toughness help maximize his abilities in competition, thus showing how Smith has the perfect skill set to compete.

Smith looks forward to being a captain and nurturing the underclassmen on the team. He also wants to motivative his teammates and make sure their well-being is being put first.

Tyson shared his perception on Smith's growth as a team-first leader.

"I'm most proud of Wil for being a role model for his teammates," Tyson said. "He's a great team leader and he wants this team to be a podium team during his career and he wants to become a brand in running that every recruit in America wants to be a part of, so I'm proud of his leadership and unselfishness."

In addition, Tyson discussed his aspirations for Smith and the team which included an All-American honor for both cross-country and track, being ranked top-20 as a team for cross-country, and how the coaches will do everything in their power to help Smith achieve his dreams.

Based off the aspirations and leadership qualities of Smith, the cross country team looks forward to having a memorable season at full strength with the return of a majority of their top-seven runners from last season.

As the team continues to practice together and prepare for the WCC Championships, the Zags have one goal in mind and that is to run the national meet a third year in a row, with the help of their captain, Wil Smith.

Dominic Pe Benito is a diversity editor.

Top 10 gameday outfits in Gonzaga men's basketball history

COMMENTARY
By DANIEL FORTIN

The Gonzaga University men's basketball team has always shown what it means to abide by the pregame dress code.

We are used to seeing the athletes in their team's attire on our TV screens. However, before every game, players dress up to give us a glimpse of their personal style and use the entryway into the stadium as their makeshift runway.

With the team set to host Kraziness in the Kennel on Oct. 8, let's take a look at the top 10 gameday fits in the program's history.

10. Julian Strathwer on Nov. 17, 2021.

Julian Strawther's outfit was simple and not overly flashy like some of the others on this list. But sometimes comfy outfits outclass style.

The outfit was worn in the winter, so a puffer jacket with a black hoodie underneath and baby blue Nike Air Force Ones made for an appropriate outfit.

His fit was complimented by fellow Zag Rasir Bolton, who commented, "Drip King" on the post.

9. Andrew Nembhard on Feb. 19, 2023.

Former GU point guard and current Indiana Pacers rookie Andrew Nembhard's outfit was a perfect example of dressing subtle.

It lacked flashy colors, but the outfit looked good regardless with the black hoodie, backward cap, ripped jeans and black Nike Air Max shoes.

8. Aaron Cook on Jan. 7, 2021.

This one was another simple outfit as Aaron Cook rocked a custom white hoodie with some fun designs with blue jeans and high-top Travis Scott x Air Jordan 1 OG shoes. Like Nembhard's outfit, there was nothing wrong with a simple and easy color scheme.

7. Jalen Suggs on Jan. 7, 2021.

Although Jalen Suggs will always be remembered for his game-winning shot in the NCAA tournament, his outfits were equally as impressive.

The fit was easy on the eyes as well, as he sported a flannel with a red and black pattern. The black ripped jeans compliment both colors with a rose image on the top corner of the pants. He gets points for the neck chain which always looks good.

6. Geno Crandall on Feb. 2, 2019.

Former Zag Geno Crandall was underrated in terms of his on-court play and his off-court style.

The outfit had both an aesthetic beauty and a great message as he rocked a yellow sweater with a message stating "Respect, Protect, Love Black Woman."

Crandall also rocked black sweatpants with white stripes on each side with black spots. He topped it off with yellow and black retro Nike Air Max shoes that matched his overall color scheme.

5. Andrew Nembhard on Feb. 27, 2021.

Nembhard makes the list again as he sported another simple fit.

What really made the outfit stand out was the Nike puffer jacket and the low-top Nike shoes.

4. Anton Watson on Nov. 5, 2021.

Anton Watson wore a nice puffer jacket with a GU patch, along with a black shirt that had an image of Naruto and Goku together with the caption, "Modern Rockstars." He then topped the outfit off with a neck chain and white converse.

3. Greg Foster Jr. on Feb. 2, 2019.

Foster's outfit was a homage to the viral image of a young wrestler and actor Dwayne "The Rock" Johnson. He also wore a neck chain with a black turtleneck sweater, but added some of his own flair as he added glasses, green pants and black and white Van Pro Skates.

2. Omar Ballo on Feb. 18, 2021.

Omar Ballo topped off an outer space look with a pale blue jean jacket, a tie-dyed shirt and splash paint pants that look like the Andromeda galaxy.

He finished the look with a pair of Jordan high tops that don't match any colors of the outfit, but still compliment the pale color of his jacket.



COURTESY OF THE GONZAGA MEN'S BASKETBALL INSTAGRAM PAGE

Junior guard Julian Strawther took first place with his outfit on Jan. 2, 2021

1. Julian Strawther on Jan. 2, 2021.

Strawther won the No. 1 spot with a bit of flair as he sported a multi-colored jacket and a black T-shirt of Super Bowl XXIX (29) in which the San Francisco 49ers defeated the San Diego Chargers in Miami, Florida.

He topped off the look with a pair of Nike SB lows that match the jacket's colors.

Former Zag Joel Ajayi reacted to Strawther's outfit by commenting "Fit

crazy @julianstrawther." Also, Corey Kispert: "Ju woke up this morning and decide to make the rest of us look bad @julianstrawther."

Daniel Fortin is a copy editor. Follow him on Twitter: @Daniel_Fortin_.

Zags poised to shine in NBA

COMMENTARY
by TOMMY CONMY

With the NBA season a mere three weeks away, the Gonzaga Bulldogs will have 10 ex-players rostered on NBA teams, with the potential for two additional players to make it through training camp.

Not only is this the largest number of ex-Zags playing in the NBA at one time, a number of players will have significant roles for their respective franchises.

At the top of that list is the Sacramento Kings’ Domantas Sabonis. After being traded from Indiana to Sacramento in a package involving guard Tyrese Haliburton, Sabonis showed out for the Kings, averaging 18.9 points, 12.3 rebounds and 5.8 assists per game on a 56.4% effective field goal percentage.

The Kings missed the playoffs for the 16th straight season, going 10-16 after the Sabonis trade as he played in 15 of those games due to injuries. This season, the Kings will fight for a spot in the play-in game in the competitive Western Conference with Sabonis and De’Aaron Fox running the offense. Sabonis has made three trips to the playoffs, never having advanced past the first round.

“Since the second I made it to the NBA, I figured out the hard way it’s a business,” Sabonis said in a postgame press conference after his first Kings victory against the Timberwolves. “I got traded on draft night, and then a year later, I got traded again. I’m just trying to find a home where I’m loved ... and I feel like I found it here. I love it here.”

The Zags have no shortage of power forward talent in the league, and none have experienced more recent playoff success than the Memphis Grizzlies’ Brandon Clarke. In his third season, Clarke averaged 10.4 points, 5.3 rebounds and 1.1 blocks per game in a sparkplug role off the bench for the No. 2 seed Grizzlies.

Clarke was particularly valuable in the first round series against the Minnesota Timberwolves where he averaged 17 points per game on 68% shooting from the field. Before bowing out against eventual champion Golden State Warriors in the second round, Clarke scored the fifth most points throughout Memphis’ playoff run.

For the 2022-23 season, Clarke projects as a sixth man for the Grizzlies as franchise cornerstone Jaren Jackson Jr. has locked down one of the starting forward spots for the foreseeable future. However, Clarke is tied for the 12th best odds for the Sixth Man of The Year award at +2800, according to Vegas Insider.

Joining Clarke on the Grizzlies is third year forward Killian Tillie. Tillie continued to struggle with injuries throughout his first two seasons, though he did show some flashes in his limited opportunities, like a poster dunk along the baseline on Jalen Smith of the Phoenix Suns.

The Wizards employ a Zag duo of their own, with fan favorites Rui Hachimura and Corey Kispert suiting up in Washington, D.C. Despite being the No. 15 overall pick in the 2021-22 NBA Draft, expectations weren’t sky high for Kispert, who was seen as more of a developmental project. The 6’7” forward averaged 8.2 points, 2.7 points and 1.1 assists over 77 games, shooting 35% from three-point range. Kispert had the fourth most attempts and makes from deep among all rookies, legitimizing his threat as a deadeye that unexpectedly started 36 games for the Wiz.

Hachimura played a considerable amount of time with Kispert as both primarily came off the bench. Although he only played in 42 games last season due to various injuries, Hachimura showed marked improvement as a 3-point threat. Hachimura shot 44.7% from 3-point range on 2.9 attempts per game — both career highs. The Wizards should be on the cusp of the playoffs in the Eastern Conference, and a return

to form from Hachimura could push Washington from a No. 9 seed up to a potential No. 7 seed come play-in tournament time.

In his rookie campaign, Jalen Suggs similarly struggled with injuries. The former No. 4 overall pick in 2021, Suggs showcased his elite talent in addition to the weaknesses that could cap his ceiling. Although Suggs received six votes for the NBA All-Rookie Second Team, his stat line of 11.8 points, 4.4 assists, 3.6 rebounds and 1.2 steals per game was marred by a 21.4% clip from 3-point range. Suggs started 45 of 48 games he played in but isn’t a shoo-in to start after the Magic added veteran guard Gary Harris this offseason.

Nonetheless, the Magic will be a fun squad to pay attention to with the addition of No. 1 overall pick Paolo Banchero in addition to Jonathan Isaac returning from a long stint on injured reserve. Even more fun for Zag fans is the training camp addition of Joel Ayayi. Ayayi last played for the Washington Wizards last season, appearing in seven games after initially signing with the Los Angeles Lakers as an undrafted free agent.

Ayayi faces an uphill climb to make the Magic’s opening day roster, as guards Cole Anthony, Terrence Ross, Markelle Fultz and R.J. Hampton all return from last year. Should Ayayi make the 15-man roster, it would mark the third duo of Zags currently playing together in the Association.

Also in the Eastern Conference, Kelly Olynyk will play the role of an experienced veteran for the Detroit Pistons, where he averaged 9.1 points and 4.4 rebounds across 40 games last season. Olynyk should slot in as a nice bench piece for a young Pistons team looking to barge into the playoffs on the shoulders of Cade Cunningham and rookie Jaden Ivey.

The bleakest situation any former Zag will face is the San Antonio Spurs’ Zach Collins. The sixth-year center missed 54 games due to an ankle injury last season. When he was on the floor, Collins averaged 7.7 points and 5.5 rebounds per game for a Spurs team that finished 34-48 and made the play-in tournament. This season, the playoffs will be out of the question for the Spurs as they traded their best player, Dejounte Murray, to the Hawks in the offseason and seem poised to tank to the bottom of the standings in pursuit of Victor Wembenya.

The Zags were primed to have two rookies to pay close attention to with Chet Holmgren and Andrew Nembhard drafted No. 2 and No. 31, respectively, to the Oklahoma City Thunder and Indiana Pacers. Holmgren’s season was cut short before it could even begin as he suffered a Lisfranc injury while playing in the Seattle Pro-Am.

“[Holmgren] wants to be really good, he cares a lot,” Thunder general manager Sam Presti said in a press conference following Holmgren’s injury. “The thing I’m really impressed with is that he isn’t an outside in guy, genuinely he loves basketball, he loves the team, he is highly intelligent ... he is mature ... he has never experienced an injury.”

Nembhard will contend for significant playing time in Indiana’s rotation, particularly if the Pacers were to trade either Myles Turner or Buddy Hield. Hoping to join Nembhard in Indianapolis is journeyman David Stockton, who signed a training camp deal after his rights were traded to the G-League Fort Wayne Mad Ants. Stockton played 14 games for Memphis’ G-League affiliate last season, averaging 11.2 points, 4.3 rebounds and 2.9 rebounds per game.

Should Stockton and Ayayi make their respective opening day rosters, a total of 12 former GU Bulldogs will be in the NBA, tied with the University of North Carolina for the fifth most from one school.

Tommy Conmy is a sports editor. Follow him on Twitter: @tommyconmy.

GU SPORTS CALENDAR

Thursday, Sept. 22
➡Volleyball vs. Pacific, 6 p.m.

Friday, Sept. 23
➡ Women's tennis vs. Gonzaga, Hidden Duel, all day
➡Women's cross country at The Battle of Beantown, Chestnut Hill, MA, 12 p.m.
➡Men's soccer vs. Utah Tech, 7 p.m.

Saturday, Sept. 24
➡ Men's cross country at Cowboy Jamboree, Stillwater, OK, 6 a.m.

Sunday, Sept. 25
➡ Women's soccer at Temple, Philadelphia, PA,10 a.m.

Monday, Sept. 26
➡Men's golf at Nick Watney Invitational, Fresno, CA, all day
➡Women's golf at EWU Invitational, Spokane, WA, all day

Tuesday, Sept. 27
➡Men's soccer at St. Thomas, St. Paul, MN, 1 p.m.
➡Volleyball at Pepperdine, Malibu, CA, 7 p.m.

Home games in bold

Sudoku By The Mepham Group

Level **1** **2** **3** **4**

	2	6	3			1	7	
				6	7	8		
				8		9	6	
	4					7	3	
	5	1					2	
	7			5				
		5	4	1				
	6	8			9	5	4	

Solution to last Sunday’s puzzle

10/16/22

4	1	8	2	7	3	5	6	9
9	3	5	1	4	6	2	8	7
7	2	6	5	9	8	3	1	4
1	6	9	8	2	5	7	4	3
5	8	7	9	3	4	6	2	1
2	4	3	7	6	1	9	5	8
6	9	2	4	1	7	8	3	5
8	7	4	3	5	2	1	9	6
3	5	1	6	8	9	4	7	2

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit 1 to 9. For strategies on how to solve Sudoku, visit [sudoku.org.uk](https://www.sudoku.org.uk).

TOOL BOXES

By Gary Larson & Amy Enszt

- ACROSS**
1 Old Milwaukee brewer
6 Word in a very cold forecast
11 Bank founded in 1865
15 Actor Rhames
19 Impressive display
20 Sukiyaki mushroom
21 Soap Box Derby state
22 Nevada’s ___ 51
23 Perfect some boxing techniques?
25 Put off repeating some old sayings?
27 ___ hour
28 Provides lodging for
29 Actress Falco
30 Role for Sally Struthers on “Gilmore Girls”
33 Glossy fabric
37 Underground org.?
40 Particularly revealing
42 Whirl
43 Exchanges
46 Broadcast episodes of a Stacy Keach detective series?
49 Duffer’s goal
50 “___ there yet?”
51 “Washington Journal” channel
52 Michelle of “Crouching Tiger, Hidden Dragon”
53 Will Ferrell holiday film
54 Glacial epochs
56 Avid reader
59 Anger
60 Advice from PC pros
63 Song of praise
66 Currently handling the matter
67 Clock the Kentucky Colonel?
- 71 Sheet of paper
72 Discussion group
74 Cuts down to size
75 Landmass divided by the Urals
77 Less alert
80 Pesto ingredient
81 Hailed car
83 Fly like an eagle
84 Board
87 Hearing-related
89 Female bear, in Spanish
90 Sample Rice Krispies treats?
93 Devotion
94 “Wheel of Fortune” category
96 Unpleasantry
99 “Get it?”
100 ___ question
101 Product lines?
103 Poetic contraction
106 Dating profile category
108 Problem drivers
112 Rehearse some comedy routines?
115 Establish no-fly zones?
118 Auxiliary
119 ___ dixit
120 Wonderland cake words
121 Peruvian of old
122 Tie up to a pier
123 Airplane assignment
124 Roofs on some Corvettes
125 Round at the tavern
- DOWN**
1 Window section
2 Asian lake depleted by irrigation projects
3 “Captain Marvel” star Larson
4 Balm
5 Used a keyboard
6 Protégé
7 Yardstick division
8 Dramatic form similar to Kabuki
9 Hawaiian strings, for short
10 “___boom-bah!”
11 Top seller
12 Biblical “will”
13 Barbara Kingsolver’s “The Poisonwood ___”
14 Pitcher Gerrit who was the 2019 MLB leader in strikeouts
15 Poughkeepsie campus
16 Nest egg initials
17 Mint
18 Fuel for some furnaces
24 Textbook chapter
26 Virtual crafts store
28 Grammy-winning banjoist Fleck
30 Insignificant disruption
31 Razor brand
32 German road
34 Record portions of some musical compositions?
35 Underscore alternative: Abbr.
36 Soft ball
37 Actress Thurman
38 ___ Trench: Pacific chasm
39 Humming completely out of tune?
41 Young lady
42 Develop
44 Stereo component
45 Clothes line
47 Near-sighted person
48 Startled cry
51 Formally surrender
55 Chitchat
56 Nota ___
57 Sharon who won the 2013 Pulitzer in Poetry
58 Easter Island
59 Messy locks
60 “How hard can ___?”
61 Bygone autocrat
62 Contains
64 Perturb
65 Cultural org.
68 Dens
69 Bride part
70 Phoenix NBAer
73 One beyond hope
76 Gather
78 “An Inconvenient Truth” narrator Al
79 The “G” of LGBTQ+
80 False front
81 Duplicate
82 Stadium in Queens
84 Big party
85 Sportscaster
86 Addition column
88 Lute-fisk-making chemical
91 ___ hut
92 Fleece-lined slippers
95 Deer horn
97 Adds fuel to
98 Cashless deal
101 Take potshots (at)
102 Tons o’
104 Wing it
105 2020 Cy Young pitcher Bieber
107 Grand slam quartet, briefly
108 Ottawa-based law go.
109 Start of many fairy tales
110 Equipment
111 Digits with dashes
112 Three Gorges structure
113 Ipanema’s city
114 A vow avowal
115 Get in a pool
116 Delt neighbor
117 Nebraska native

Los Angeles Times Sunday Crossword Puzzle

Edited by Patti Varol and Joyce Nichols Lewis

