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HPIC Lu'au shows broader representation

By NOAH APPRILL-SOKOL

hen Kylie Kalahiki took to the stage for the final time, she knew she was saying goodbye.

The graduating senior and co-president of the club, who had been part of the Hawai'i Pacific Islander Club since her first year, donned a lei and danced the hula with her fellow seniors, swaying to the steady, slow beat of the traditional Hawaiian song.

"With my senior class, we've all been friends since our freshman year, and it meant a lot that I was able to spend my last lu'au with them," said Kalahiki, co-president of the club. "It was a super special moment and, with the hula especially, just being able to do that one last dance with them, it again meant so much to me."

Kalahiki's senior dance was the final performance of the lū'au, the largest of this year's cultural events, hosted by the Hawai'i Pacific Islander Club. The annual celebration and dinner showcases Pacific Island culture and is a 52-year-old tradition at GU

This year's lū'au's main theme, "Unite In Order to Progress," was integrated throughout the dance and spoken word pieces of the cultural event, and each event performance was introduced as part of a story told by an elder, describing his experiences traveling to each of the Pacific islands.

Zion Vaoifi, the organizing chair for the event, said it was important in the programming to showcase and acknowledge the rich diversity of Pacific Island culture, which he said the cultural club has not always integrated into previous Lū'au.

"It hurts because as Pacific Islanders, we're very proud of our cultures and our heritage, and to just be generalized into one giant umbrella term takes away the importance behind all the different cultural significant aspects that each of us have," Vaoifi said. "That was kind of my



Performers dance a style of hula called Kahiko. From right: Zion Kekua A'o Kalani, Carissa Kanae, Kayli Ho.

goal [with the theme]."

The lū'au focused on the challenges experienced by the Hawai'i Pacific Islander people, addressing the impact of colonialism and modern tourism. The social forces, according to Vaoifi, have romanticized the culture, often losing, even erasing, the complex meanings connected to Hawai'i Pacific Island heritage.

Spoken-word stories shared by Josiah Saifoloi and Malik Goodrum described how their cultural heritages tied to the island states of Samoa and Guam have continued to be impacted by colonial forces that threaten the preservation of their culture.

Vaoifi said it was important to address these challenges and that the Lū'au and the

work of the club addressed the importance of cultural preservation and sharing in order to challenge the misconceptions and social forces that have diminished the culture.

"I was privileged enough to be brought up in a Native Hawaiian high school

SEE LU'AU PAGE 2

English professor sinks teeth into chapter on 'Jaws'

By TOMMY CONNOLLY

When "Jaws" hit movie screens in 1975, it changed the film industry, helping to usher in the new phenomenon of the blockbuster. Almost 50 years later, scholars and movie fans alike continue to gravitate to the Steven Spielberg

In March, a scholarly review of the impact of "Jaws" was released. The book, titled, "This Shark, Swallow You Whole: Essays on the Cultural Influence of Jaws," is a comprehensive look at the impact of "Jaws," with scholars

exploring how the movie has been so successful and why its influence has carried into the 21st century. It includes an essay by Gonzaga University English Professor Matthew Bolton.

The book is derived from an idea from the 2019 Summer Institute for the Study of Popular Culture at Bowling Green State University. Kathy Merlock Jackson, an editor for the book, teamed up with others in attendance who thought it would be fun to revisit "Jaws" as it approaches its 50-year anniversary.

"The central idea of the book is: what has 'Jaws'

wrought over time?" Jackson said. "Readers of this book learn about 'Jaws' long tail, how the film has influenced the industry and people's thinking about sharks, nature

Not originally at the 2019 conference, Bolton became interested in the research. His teaching focuses on film studies, literature and pop culture and his essay was chosen after he submitted an initial proposal.

"Dr. Bolton's essay was essential to the volume,

SEE JAWS PAGE 2



Welch Hall trashes Desmet in waste competition

By AIDAN CHRISLEY

A Cold War has emerged between the DeSmet and Welch Hall residence buildings in the middle of campus only separated by a narrow quad. They now engage in another battle — who is better at throwing away

The two dorms participated in a waste audit, which involves sorting through the dumpsters of each dorm and categorizing the trash. The goal of an audit is to determine if there were recyclable or compostable materials thrown away in the trash and if so, how much.

The result is a diversion rate. A higher diversion rate means that recycling or composting did not end up in the correct

"The Welch versus DeSmet waste audit was different than general waste audits we do because we formed it in terms of a competition between the two residence halls as a part of Earth Week," said Tristy Osbon, the waste reduction educator in the Office of Sustainability.

It was run by several different groups on campus including the Office of Sustainability

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GU offers green professional certification

The program will teach on sustainability goals

By BEN VANDEHEY

Gonzaga University announced last Monday a new Certificate in Climate Action Planning in an effort to help combat climate change.

According to the news releases, credentials can be earned after completing a program designed to equip professionals with the knowledge and skills to best achieve their local community's climate goals.

"I think we're at a point where we know we need to act and act quickly ... We need to get good information to people about how to make concrete plans so that they can be better prepared for what's coming and do their part to reduce their impact," said Brian Henning, one of the program's instructors.

The certificate will join an array of others initiatives offered by the university, for which the Center for Lifelong Learning has partnered with an organization or academic division on campus to provide professional certification.

"In addition to offering a holistic education matriculated to get a degree, the university has moved into this space where someone is able to enroll in a single course on a specific topic," said Rachelle Strawther, director of

Gonzaga's Center for Lifelong Learning. The idea for the certificate originated from GU's Center for Climate, Society and the Environment as the center looked for ways to respond to the climate crisis, Henning said.

Henning recognized that as humanity faces the worsening effects of climate change, an increasing number of individuals and communities are exploring ways to help mitigate the climate crisis. However, he said there has been a lack of education on the

Through the combined expertise of

GU's Center for Climate, Society and the Environment and Center for Lifelong Learning, the program will provide guidance on achieving emissionreduction goals for communities. municipalities, businesses and churches, Henning said.

'The audience that we're hoping to be the most interested are employees of cities or counties or consultants who serve cities and counties," Henning said. 'But it could really be anyone."

The program will be held synchronously online, optimizing the opportunity for enrollment across the country. Strawther said that no prior knowledge or experience is necessary.

"It's designed for people with varying levels of education," Strawther

Along with Henning, the program will be taught by Kara Odegard, former Spokane City Council manager of Sustainability Initiatives and founder and owner of the social impact consulting company Measure Meant. Henning said that, together, they hope to not only offer information that's practical but infused with their and the university's own judgment, values and identity.

"We're bringing in a Jesuit perspective," Henning said. "The content will highlight environmental and social justice."

The program will cover topics ranging from climate impact and vulnerability assessments to community engagement strategies. This curriculum will collectively serve the primary purpose of instructing those enrolled on how to create a climate action plan.

According to Henning, a climate action plan can be understood as a framework for planning and measuring goals. He illustrated this through an analogy of a person aiming to lose

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Kaia Poorboy sang, giving her character's definition of love during the Symposium performance.

NICO LOPEZ IG: nlopez@photography

Philosophy class brings Plato to the stage

By BEN VANDEHEY

new course at Gonzaga University offers students the opportunity to explore philosophy through the art of

Co-taught by theater and dance professor Charles M. Pepiton and philosophy professor Danielle Layne, Transforming the Erotic is devoted to creating a studentwritten, produced and performed adaptation of Plato's Symposium. The course prompts students to transform this ancient philosophical dialogue about the nature of love into a context relevant to contemporary society.

The students' resulting performance was showcased for the Ancient Philosophy Society Conference last week in GU's Magnuson Theatre.

"It's not just another paper that they'll forget about, but rather something that I hope they'll remember for the rest of their lives," Layne said.

Throughout the semester, students have assumed various individual roles to contribute to the grand project. The class consists of 25 students, with a number of different majors represented. Pepiton said the diverse assortment of students allowed for the positions to be easily delegated.

"We have a student who has a dance background and so naturally she's emerged as our choreographer ... We have students who are interested in issues of women and gender studies so they're helping to make sure that we have good representation across genders," Pepiton said.

The collaboration that has subsequently ensued has produced what some would call the epitome of a liberal arts education. Pepiton said students were required to adopt a high level of thinking in order to work with people from other disciplines.

"When we were reading Plato's Symposium and transforming it, each of our individual perspectives and life experiences were exposed," said Avalyn Renee, a student in the class. "We were all just trying to learn from each other.'

The adaptation became a direct product of these various personalities, according to Pepiton.

'What has come out is something really unique and unnecessarily contemporary because of how specific it is to each of the different people in the room," Pepiton said.

The students share one thing in common, however, according to Layne. They all took a chance enrolling in an unprecedented course.

'We created a class where students had no idea what they were going to end up doing," Layne said. "So they had to take risks ...they had to develop new gifts or realize that their current gifts can actually be applied in different

The result was an atmosphere of ingenuity typically not found in traditional lecture-style college courses, Layne said.

The class further boasts unconventionality through the authority and responsibility that Pepiton and Layne gave to the students. Pepiton said that, from the beginning of the semester, they built into the students an expectation that there was shared ownership of the production.

"There's a transformative power of not establishing the professors as authorities," Layne said. "When you allow students to be co-collaborators and even leaders, it's amazing what they can do."

Layne wants the course to ultimately incite students with the courage to innovate. She said she believes GU should be the first place students experiment with synthesizing projects from their education. That way, they won't be as hesitant to pursue these endeavors outside classroom doors.

Layne hopes that the students throughout the course will realize the power they have, as sources of creativity, intellect and good.

"It's shown me the ways that art can be used as a philosophical device," Renee said. "I'm happy to see that there is a lane for that ... it's unlike any learning experience I've had before."

Ben Vandehey is a staff writer.

JAWS

Continued from Page 1

showing how 'Jaws' influenced other works," Jackson said.

Bolton first became aware of the book in spring 2022 and started to do his preliminary research during the summer after the call for interest was accepted. Bolton's essay, "A Shark Eating Its Own Tail: Sequel, Cycle, and Remake in the Jaws Franchise, was completed after six to eight months of research, before compiling the 29-page chapter. Jackson said Bolton's chapter is essential to the third section of the book, which focuses on the film industry, and how it has been recreated with sequels, rip offs, remakes and franchises.

"I wouldn't recommend my writing process to many people," Bolton said. "I bury myself in research, but the article only took me a day to write after compiling everything."

After submitting his proposal to the editors, Bolton was handed suggestions and comments and incorporated their feedback. However, Bolton's work is a pillar of the book.

"This essay is the cornerstone of the last section of the book and integrates sophisticated thinking on moviemaking, markets and audiences over time," Jackson said. "Dr. Bolton is a substantive scholar; his chapter is well-researched and exquisitely

Tommy Connolly is a staff writer.

Continued from Page 1

Let's say your doctor says you need to lose weight or you're going to have severe health consequences, so you make a goal of losing 20 pounds," Henning said. "Then, you regularly weigh in and see how you're doing relative to that goal. If all you did was set the goal and step on the scale, you probably wouldn't be successful. You need a plan. That's what climate action planning is — you take goals, you learn about how to measure relative to those goals, and then you create concrete plans."

Through these plans, Strawther said she hopes the program will sufficiently educate individuals to help their communities reduce greenhouse gases, make more sustainable decisions about their infrastructure and influence the practices of everyone in the community.

"It's one thing to be aware of the climate crisis and have a desire to make a difference and another thing to actually have the skills that can create something tangible — something like a climate action plan," Strawther said.

Ben Vandehey is a staff writer.



The certificate program helps professionals learn to value the environment in their work.

LU'AU

Continued from Page 1

and learn about [colonialism] just in my day-to-day life," Vaoifi said. "There was definitely a culture shock coming here, just seeing how there was such an educational gap between the individuals in the continent and those in the Pacific Islands, especially when Hawai'i is a part of the United States."

The lu'au also featured many dances and games connected to Hawai'i Pacific Islander culture, which Vaoifi said he hoped expanded the audience's knowledge of the heritage and encouraged them to be curious in seeking additional cultural learning opportunities.

Three hulas were performed, each highlighting different iterations of the dance, which has changed over time and across locations. Ku'ualohaokalani Esquerra, not a student of GU, was also invited to dance in order to showcase Tahitian culture.

For Ally MacLellan, an attendee at the event, the different performances gave her valuable insight into a culture she was unfamiliar with and that the event was both entertaining and educational.

"I definitely felt amazed and inspired," MacLellan said. "I think it's definitely interesting getting to be a part of something like that as someone who doesn't identify with the culture — having an inside look at an intimate part of someone else's life and culture."

The night ended with a touching farewell from the seniors who were each recognized on stage where they

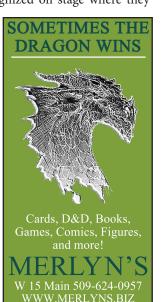
gathered to perform one final dance. Kalahiki said the goodbye moment was an example of the club's family culture, which has supported her throughout her four vears at GU.

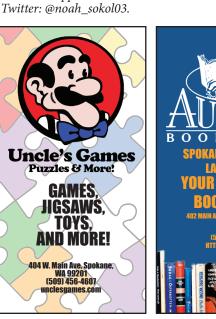
Kalahiki said she has hope in the underclassmen of the club, who she believes will carry on the traditions of the club as new leaders. She said she knows the cultural club will continue to be a grounding space of support for GU students to think about culture.

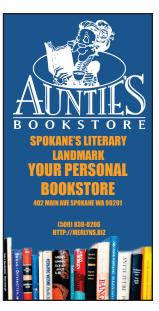
"I think through everything that we've all been through together, at the end of the day, we always have each other's backs," Kalahiki said. "We just always know where we stand in each other's lives, no matter what's happening."

Noah Appril-Sokol is a news editor. Follow him on









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GU students compete at DECA conference

DECA club members Maya Ortiz-Camacho and Mateo Cabrera-Gil finished top-five for their categories

By COURTNEY PEDERSON

onzaga University business administration students and GU Distributive Education Clubs of Am club members competed in the Collegiate DECA International Career Development Conference in Orlando, Florida last week.

According to DECA's website, the organization prepares emerging leaders and entrepreneurs at colleges and high schools across the globe for careers in a wide array of paths.

GU students Maya Ortiz-Camacho, Mateo Cabrera-Gil, Jailen Patel and Jadon Sansgaard showcased their knowledge on a national scale and garnered awards, as they represented GU in regional, state and national competitions.

The students were led by professor and Mozilo Chair of Business Administration, Danielle Xu.

Xu is the advisor for GU's DECA chapter and said she is proud of her

"The achievement that students gained in this year's competition is a testament to the strength of Gonzaga's programs and the dedication of its faculty and staff to helping students achieve their full potential," Xu said.

The four GU students received a ticket to the international conference after finding success at both state and regionals.

The international event took place over three days and highlighted the skills of business students from universities around the country.

"Participating in both state and national business competitions allowed students to showcase the skills, knowledge and creativity they learned at Gonzaga in a competitive environment, while also providing opportunities to network with other students and gain valuable insights from business professionals," Xu said.



From left: Jailen Patel, Maya Ortiz-Camacho, Danielle Xu, Jadon Sansgaard and Mateo Cabrera-Gil pose together at the DECA International Career Development Conference.

There was a total of nearly 1,200 students at the conference, yet the GU students were able to take home some

Cabrera-Gil won third place in the marketing management category.

Ortiz-Camacho took fifth overall in the travel and tourism category and Sansgaard was a finalist in the sales management meeting. Patel competed in hotel and lodging.

"I'm particularly proud of the freshmen who took leadership and gained tremendous experience in the competitions," Xu said. "I am also proud of the achievements in the national competitions."

Sansgaard, a first-year business administration student planning to concentrate on finance during his junior year, said he was successful at regionals and enjoyed his time representing GU in Orlando.

"It's been a lot of fun, obviously representing the school," Sansgaard said.

"It's fun to have your name called with your school tied to it. Our advisor for our club is Dr. Xu, she's awesome. It's super cool to be backed by senior faculty and have someone like that kind of almost be on your team traveling with you."

In addition to the competitions, there were professional workshops, networking events, career exhibits and opportunities for students to explore Orlando.

"It was a lot of fun and there were a lot of other schools," Sansgaard said. "I think Pepperdine was there, the University of Wisconsin Madison was there, a bunch of different schools from all over the country so it was cool to have Gonzaga be represented."

GU's DECA chapter's success is telling of the quality of GU students, Xu said. Their success and representation are not only impressive but inspiring for other GU students within the school of business.

"I look forward to seeing more Gonzaga students join the DECA club next year," Xu said. "I would also like to express my gratitude to Dean Anderson and our donor, the Mozilo Family, for their continued support of students to travel and participate in these competitions."

Xu said the business club gives students an educational opportunity, giving students a better understanding of the skills needed in the career world.

"The DECA achievements provide an opportunity for students to develop important life skills such as leadership, teamwork, communication and critical thinking," Xu said. "These skills are essential for success in any field and the DECA experience can help students develop them in a practical and meaningful way."

Courtney Pederson is a contributor.

WASTE

Continued from Page 1

and Gonzaga Environmental Organization.

In the end, Welch was declared the winner with a 35% diversion rate as opposed to a 48% diversion rate for DeSmet. That means that 48% of trash thrown away by DeSmet residents could have been recycled or composted.

"I feel like putting an emphasis on being aware of the small things, I just feel like people are in a rush and it's crazy and chaotic," said Michael Monroe, the resident assistant on the second floor of DeSmet. "In that chaos, stuff gets mixed up, and I feel like being more aware of it helps."

Emmy Wagner, a senior at GU and the president of GEO, said she thinks that the audits are a great way to help educate the campus, especially about composting.

"When food is not composted and is just put into the landfill, it releases a lot of harmful gases," Wagner said. "Whereas if it's composted, it can actually be really good for the environment."

Composting has been a focus at GU in recent years. The school began purchasing personal compost bins to be distributed in Coughlin Hall and Kennedy Apartments in April 2021 with a goal to have them in every residence hall.

There have also been compost bins across campus paired with signage to educate the population on what they should be throwing in the trash, what should be recycled and what should be composted.

"We try to put a lot of tools in place so that it's easy for students to compost and recycle," Wagner said. "I think it's not super time-consuming and also a very efficient way to help the planet."

The audit was planned for Earth Week, coming after

the news that GU ranked no. 32 in the Princeton Review's Top 50 Green Colleges list, its first year making the top 50.

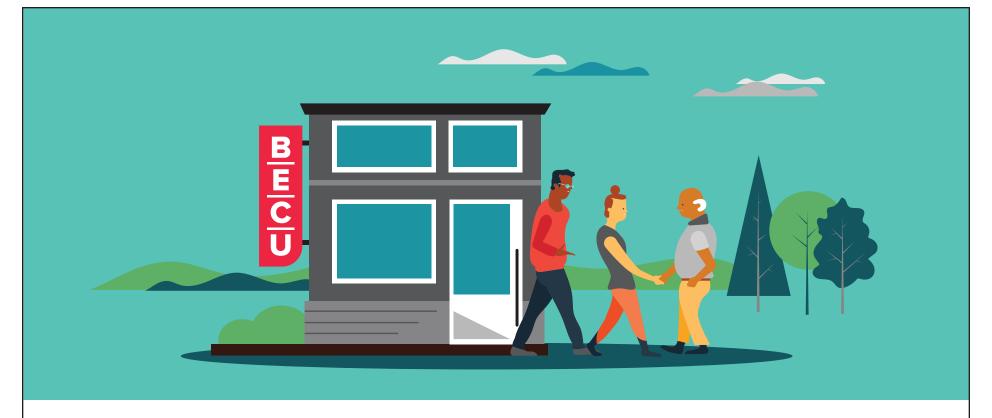
"From a student perspective it seems like 'everything is awful' maybe, or that we're not doing very much," Osbon said. "But having those results, it seems like we're doing a very good job and attempting to do that and improve."

While GU has done well, Osbon agrees that it, along with everyone else, needs to do better, and Wagner has some ideas on how to improve.

"Maybe putting some more educational materials in the classrooms about environmental impacts," Wagner said. "And not just within the environmental systems and studies majors."

This will not be the last waste audit GU ever holds, as they typically happen more frequently at the beginning of the school year and toward the end as the weather permits.

Aidan Chrisley is a staff writer.



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The dreaded 'G' word: Is the walk

brutally bitter, or seriously sweet?

It's High Time for a New Chapter

APRIL 27, 2023

ollege may not be the highlight of your life, but chances are, for those who attend, it's the most instrumental chapter of life. In college, your emotional intelligence eclipses teenage mood swings and your intellect and curiosity are celebrated.

I respect the institution, but I'm ready to get out there. College just isn't the real world. For four years, I've toiled over academic readings depicting the world around me. I've studied and studied and studied and now I hunger for the chance to test what I am capable of.

I'm not afraid of a lifetime of work. My career will take exciting, scary and unforeseen twists and turns. I'll get excited, then burnt out, then excited again. In actuality, we've all been working our whole lives, spending as much time in school as we will at a 9 to 5. Maybe there won't be recess or a Scholastic Book Fair, but there will always be something to revel

As an aspiring journalist, I yearn to latch onto a good story, zero in on the perfect source and press record. I am grateful for Gonzaga University, which was laden with opportunities for me to practice this, yet nothing will compare to doing so as a career journalist.

There is so much happening out there. Our generation's biggest defamation lawsuit just reached a settlement, our former president is going to trial on 34



By KATE SULLIVAN

counts of falsifying business records and confidential military documents are going unnoticed on Discord for weeks — this is not even half of it. Now that I've taken in all the skills this school can give me, I am itching to get out there and report on all this and more.

It's time for our generation to enter the workforce; it's daunting, but it's time.

Kate Sullivan is a news editor.

Keep the Book Open a Little Longer

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he end of the past three school years has always come with a sense of safety. I've known that I'm headed home or that I'm going to stay in Spokane and that the cycle would end up continuing sooner rather than later. Even through 2020, the knowledge that I'd return to Gonzaga University helped me not worry too much about what the future held for me. It was a privileged position in many senses, but I was lucky to feel like there was little I could do to change the plans that I had laid out. A commitment to college will do

Yet I find myself at the end of the fourth school year, without any of that. Sure, I have a job lined up. I have a place to live. My immediate future seems to be looking good, but what am I really working toward?

I'd like to not get too deep into the existential dread brought on by the capitalist labor system that will incentivize me to work more, earn more, spend more and repeat. It's not a very fun subject to think about when the future should seem so bright, and while I'm proud of what I've done at GU, it's conditioned me into being a goal-oriented person.

I think school does that to a lot of us. It's the reason that we fear deadend jobs and endless menial tasks. It's also the reason that we're told to divide large projects into sets of smaller and more achievable goals. Things are more manageable when you can get a



By LUCAS MIRANDA

reward for smaller, more quickly achievable tasks. Organizing these on a timetable and creating deadlines for yourself is also exceptionally helpful because it provides the structure that we desperately desire.

Some people don't need that, but it'll be the biggest thing that I will miss as I'm trying to live day to day. I'm far from bitter about my time, nor my status as a graduating student. GU has given me a lot, but I would hate to feel like I couldn't function properly without it.

Lucas Miranda is a contributor.

Paleolithic protein is just not the move

I don't know about anyone else, but the thought of eating extinct animal meat sounds nothing but horrible to me. I feel like this phenomenon would naturally put anyone off, but I can't imagine going to a grocery store and buying lab-grown wooly mammoth meat to cook into a burger that night.

The idea of bringing back extinct animals through cloning or genetic engineering has been a topic of scientific and ethical debate for many years. It could help restore ecosystems and advance scientific research.

However, the possibility of using resurrected animals for human consumption raises serious ethical and environmental concerns for many people. I don't believe I am the only one that thinks the cons outweigh the pros.

The main reason this really freaks me out is the fact that these animals are being grown in a lab with DNA that is recovered from millions of years ago. I understand the strong urge to want to do this because of all of the environmental benefits, yet I just don't believe people would be able to get on board with using this socalled meat over an everyday dinner like



By CALI CARMICHAEL

chicken or beef.

Do I think this is gross? Yes, very much so. Do I think this is ethical? Yes, but at what cost?

The idea of the ethical implications of breeding and killing animals for food raises complex moral questions. It is unclear whether resurrected animals would have the same moral status as other animals in their habitats, and the

concept of raising animals for food has increasingly come under scrutiny due to concerns about sustainability and general public health.

When I think of this idea, it makes me cringe at the thought of all the chemicals and weird product solutions that could be implemented while trying to resurrect extinct animals solely for the purpose of consuming them if all goes well. Something about the idea that the next big food is being grown in a lab doesn't sound very appetizing nor safe for consumption.

The ethicality of this idea is there, but it doesn't make sense because I feel like nobody will want to eat it. As a society, we already had to work to get people to try plant-based meats, let alone labgrown extinct animal meats. And I can confidently tell you I would not want to be the guinea pig for the first trial of wooly mammoth meatball.

While the idea of resurrecting extinct animals for meat production may seem enticing, the ethical, ecological and scientific considerations make it a risky and impractical road to go on. Rather than focusing on bringing

animals from the dead in hopes it works, we should work towards creating a sustainable and ethical food system that supports human health and environmental practicality.

Plant-based meat was one thing, but this is a completely different beast to tackle. I don't think anyone could pay me to try this meat, let alone buy it just because it is more sustainable. At that point, I would just get an impossible burger.

As much as it does gross me out, it is ethical because of the goal they are trying to achieve. The main thing that strays me away from this idea is the lack of practicality considering the society we live in and how many people would be genuinely afraid or put off from trying these animals once they hit the meat markets.

Cali Carmichael is a contributor.

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Despite best intentions, GU's ticket system lacks in the extreme

Year after year, Zags look forward to basketball season and time well-spent in the Kennel. They anxiously wait for their alarms to ring, staring into their screens where their login information is already typed in. When the clock hits 12:15 p.m., they sign in to their university Ticketmaster account to acquire tickets.

This process felt no different for graduation. When Gonzaga University guaranteed seniors six free tickets each, the sense of drive elevated, as everyone wanted to receive the best tickets for their family and friends. Hype was built when the president's office promised an additional free ticket, for a total of seven tickets per student. Yet, students did not anticipate the number of bumps and curves both GU and Ticketmaster would throw their way.

Guest tickets were pushed to go live on April 17 at 1 p.m. with the promise of a link being sent out for students to log in and receive their tickets. When I arrived at class that day around 1:10 p.m., a peer in my class informed us that tickets had gone live. Since I hadn't received an email from GU regarding the link yet, it had totally slipped my mind. It didn't take more than a little internet sleuthing, though, to find the link.

The email from the president's office was received 15 minutes after the tickets went live.

Here is where I ran into my first and luckily only problem with Ticketmaster. As I would come to find out later though, this was common for a handful of students — and was not the worst of the Ticketmaster problems.

As I logged into my regular account, the Ticketmaster main page had issues registering my password. This was weird considering my password is saved in my phone automatically, but it would not allow me to proceed. After a short process of resetting my password, I was able to access my account and receive my six

Here is where I find a second problem — the system would not let me acquire more than six tickets, despite the president's office promising

After my classes, I headed over to a friend's house. Like many students, my friend was not looking for her tickets until later in the day. While shopping for her tickets, she complained about Ticketmaster's lack of clear instructions for accessible seating. Upon checking out, she



By BELLE ASPLUND-WAIN

only received three of her six tickets. Although a frustrating process, it, fortunately, worked out for her situation. However, I find myself questioning the integrity of Ticketmaster's e-ticket buying

Although frustrating and stressful, my organized nature well-prepped me for these events. I will not have to go through this Ticketmaster process again, so I cannot be too upset with the minimal problems it threw my way. However, I wonder how this problem could have unraveled for fellow Zags.

I do not blame GU for this miscommunication of the tickets either. Graduation is a massproduced event with thousands of people, and this is one of the first years GU is reintroducing their traditional graduation ceremony. The event is long, parking is a nightmare and nobody can figure out how to properly fold their hoods on their gown. But that is the experience of it all, and we should still be grateful to be celebrated in this

Belle Asplund-Wain is a digital editor.

Sustainability for students: Reduce the waste while reducing the cost

By SHEI MCLAUGHLIN

iving sustainably may seem like it isn't financially sustainable, but every step toward caring for the planet counts. From turning off the lights when leaving a room to using shampoo and conditioner bars, there are a multitude of simple sustainability practices.

According to Tristy Osbon, the waste reduction educator for the Office of Sustainability, it may be daunting to live more sustainably when there is so much pressure to be consumers.

"Finding an area that you would be interested in that you think can be sustainable long-term is something that I always say is a great place to start," Osbon

Osbon used reusable Keurig pods as an example. She said using reusable Keurig pods can reduce waste and that buying coffee by the bag can also save money.

When it comes to sustainable beauty and wellness products, Osbon said that they may be an investment up front but will save money in the long term.

Osbon said she uses HiBAR brand shampoo and conditioner bars and that they are a great way to reduce waste while also saving money. She said that they may cost more initially than regular products but that they last longer.

"A shampoo bar is like \$13 but then it lasts me like three to six months and I think about how many shampoo bottles that are like \$4 that I would have to buy in that same time period," Osbon said.

Osbon said that she tries to be zero waste in the bathroom by being conscious of plastic pollution and the number of products she buys. In purchasing products, Osbon also said it is important to check the ingredients list to ensure it is safe for both people and the planet.



MAKOA DE ALMEIDA IG: makoadealmeida

Tristy Osbon, pitcured above, recommends several sustainable alternatives to incorporate in your lifestyle, such as toothpaste tablets.

'You should look through the ingredients list and make sure there are no harmful sulfates or phosphates," Osbon

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She said that an easy way to check the ingredients in beauty and food products is by using the app Yuka. The app breaks down the ingredients in a product, explains which ingredients are harmful and then rates it on a scale of 0-100 given how safe the product is.

"Yuka is a great app, I use it all the time," Osbon said. "And the best part is

Andie Rosenwald, the sustainability

engagement coordinator for the Office of Sustainability, said that the best way to live sustainably is to use what's already

"It's tempting to want to have a 12-step

skin care routine but I would encourage people to really critically consider if that is what they really need," Rosenwald said. Rosenwald acknowledged that there is

a social pressure to follow the trends and to have the nicest products. She said that the best way to counteract that pressure is to critically consider what products are

Aside from beauty products, there are lots of other ways to be more sustainable, such as using reusable cups and grocery bags, according to Rosenwald. She also said a great way to minimize waste is to consider more sustainable cleaning products.

"There's also a brand 7th Generation that makes called highly concentrated laundry detergent which uses less water and less plastic," Rosenwald said. "They also do laundry sheets, which uses minimal and recyclable packaging."

Rosenwald said that taking up more sustainable habits will create a domino effect that can really make a difference.

Emmy Wagner, the president of the Gonzaga Environmental Organization, said that the most cost effective way to live sustainably is knowing how to dispose of waste correctly. She said that living sustainably can be as simple as knowing what is and isn't recyclable and composting whenever possible.

Wagner also said that sustainability doesn't have to be expensive. She suggested reducing waste by turning off lights when they aren't being used, using Tupperware instead of Ziplock bags and by being conscious of waste production.

"We're college students, we don't have a lot of money," Wagner said. "Just pick one thing as a first step into being more

Wagner said that no matter the level of committment to being more sustainable, every bit counts.

This is where you're going to be living for the rest of your life," Wagner said. "Make it the best place it can be because there is nowhere else to go.'

Shei McLaughlin is a staff writer.

We're college students, we don't have a lot of money. Just pick one thing as a first step into being more sustainable.

Emmy Wagner, president of Gonzaga Environmental Organization

THE SAMURAL OF PUZZLES By The Mepham Group

Level 1 2 3 4

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Solution to Last Week's puzzle

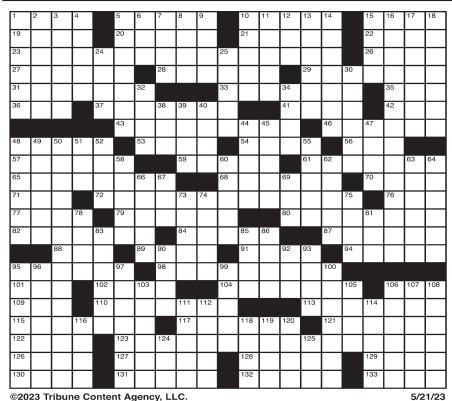
5/14/23

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit sudoku.org.uk

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Los Angeles Times **Sunday Crossword Puzzle**

Edited by Patti Varol and Joyce Nichols Lewis



PERFORMANCE REVIEWS By MaryEllen Uthlaut

archaeologist.

76 Color gradation 77 "The Wizard of Oz"

. Connecticut

actor
79 New __, Connectict
80 Part of a wedding
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82 Summer pest,
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ACROSS 1 Chow __: noodle

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dish

5 Sp. girls 10 USDA Choice, e.g. 15 Vinegar, chemically 19 Peak near Catania

words 21 Collar extension

Support staff? 23 The lazy housekeeper

26 Rootless water plant 27 "Lost in transit"

component 29 Sent through a

network 31 Charm

33 Like some inscriptions

35 WSW reversal 36 Police dept. title 37 John Bunyan,

41 Await decision 42 Dull brown

43 The disruptive

hairstylist ...
46 Leaning
48 Hoops player
53 First name in

Renaissance painting

Singles

56 "Can't help ya" 57 Breakdown of

social norms
59 Former capital of

61 Big cat voiced by Angelina Jolie in

'Kung Fu Panda' Domed halls

68 Nibbled (at) Rush-order letters 115 Lumbered 117 Playing fields 121 Farm 122 Vegan protein 123 The absent-minded dentist.

126 Footnote note "100 years of improvement" retailer

131 Fashion journalist

132 FaceTime

Burrowing bug
Mineral no longer
used in baby powder Woven fish traps

Spencer of "Good Morning America 48 Holiday

promising couple?
39 6.2 miles, roughly
40 Like the White Sox at Fenway Park
44 Election Day figure
45 Patriarch who
"welled with God" walked with God

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133 Smite, as a dragon

Like cheese in a

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2 Timeles

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poetically Still together Super casual "Sure!"

5 Breastbone6 Wine choice

8 Support staff

member: Abbr.
9 "The Orville" star
MacFarlane
10 Mercary Seven

astronaut John 11 Had status

bartender ... 17 Unworldly young

18 Maze setback

30 Calculating, in a

way 32 Theme park shuttle

24 Messy stack25 Steam room

Periodic-table entry 15 Berry native to the Amazon rainforest
16 The psychic

Fitting Take out

7 Factual

promising couple? 39 6.2 miles, roughly

34 Sanctuary section 38 Words from a

100 Curio stand 103 Name seen in many hotels 105 Gentlemen 106 Curtain rod decoration 107 Zambia neighbor

51 Bird that can run

55 Dutch painter Jan 58 Draw forth

60 Starts operating, as

a store 62 Sat in traffic, e.g. 63 Fries in a little butter

30 mph 52 Outer layer

64 Quick66 Lab gelatins

67 Wrongdoing 69 Hawaii's Mauna

academy

75 Fast one
78 WNBA stat
81 Nike's __-fit fabric
83 Honked
85 Flair

86 Like fluffy towels

90 Deep black
92 Prompt
93 Stevie Wonder's
"__ She Lovely"
95 Skipped an early
appointment,
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99 Broaden

96 Piercing place

97 Short work of fiction

74 Selassie of Ethiopia

108 Bureau 111 Do lunch? 112 Wipe clean 114 Has legs, so to

speak
116 Clothing
118 Pen points
119 Every which way

120 Moving with ease 124 Start of some subj.

125 N.Y.'s AOC, e.g

Green energy: Plant decor creates wholesome aesthetic indoors

By SAM MCKIERNAN

or sophomores Piper Fine and Ally MacLellan, bringing the outdoors inside has left them with more than just an aesthetic.

With the plant aesthetic being all the craze, it's a hobby that can be a struggle to stick with. It's a lot more work than meets the eye. It requires close research, consistency and dedication.

Without proper care, the one plant that the person at the plant store claimed would live forever won't survive. But with the right care and practice, any garden — inside or out — can flourish.

Piper Fine has been collecting plants for around three years. She has picked up taking care of and exploring the area of plants over the years. It is a hobby that she has fully embraced and has become one of her favorite things to talk about.

"It started with one pothos [plant] and now it has grown significantly since then," Fine said. "I have 22 plants

Fine's care for plants began before college started. Moving to a college campus hasn't stopped her from continuing to provide the green foliage that brightens her on-campus apartment. While being a student and taking care of her plants adds different challenges, it is important to Fine that she continues to prioritize the greens that decorate her apartment.

"Plants just bring a really good energy honestly," Fine said. "They really make your air quality better, and every time that someone comes into the apartment they always say that it's so 'homey,' it just has a 'homey energy."

The joy that Fine talks about plants bringing is similar to the impact that plants have had on MacLellan's life.

At the start of this year, MacLellan had a total of 18 plants. Her first plant was a spider plant that she got with her sister. She didn't realize how important it would become to her and now she utilizes this first plant to get other people started. MacLellan says that she loves her spider plant because it can be propogated to create more plants that be shared with others.

Plants have brought connection to MacLellan, with other people and with herself. She has been able to share her first plant, the spider plant, with people who are



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Piper Fine currently has 22 plants in her apartment to help bring "good energy" to her home.

hoping to begin their botanical adventures.

"I think plants are healing in a way, it kind of brings the outdoors inside," MacLellan said. "You know when you're stressed out it affects your plants. I do my best not to be stressed so that my plants thrive."

MacLellan said plants have not only improved the decor in her on-campus apartment, but they have also improved her ability to know what she needs to do for her self-care. She treats her plants the same way that she should be treating and taking care of herself.

"Taking care of plants has taught me routine and discipline," MacLellan said. "It showed me how to nurture something. Plants are like an allegory for the self. If I'm taking care of my plants then I'm also making sure to be

MacLellan compares plant owning and care to that of owning a pet.

Fine and MacLellan believe that plants are for everybody. For starters, a pothos or a spider plant can give a person the perfect entry into plants. Plants bring an energy that will leave anyone with a "breath of fresh air" without even stepping outside.

Samantha McKiernan is a staff writer.

Feed, bake, repeat: The art of sourdough breadmaking

COMMENTARY by **KAYLA FRIEDRICH**

Cooking is something that I learned to appreciate at a young age. It's been a way for me to decompress and fuel myself for the increasingly chaotic life I tend to lead. Growing up in a home where everything was made from scratch and we followed recipes that were written down generations ago has made me comfortable in making my way around the kitchen, but baking is a whole different beast.

The art of sourdough breadmaking was not something I would've considered myself well equipped for, but when a family member of mine gifted me a jar of sourdough starter and a beautiful Dutch oven for Christmas, I figured all of the hardest parts were out of the way and this was an opportunity to go for it.

Over the last four months, experimenting with sourdough has fulfilled a small creative corner of my brain and has become a way to bring good company together.

Each new loaf is an excuse to invite a group of friends over and have a night in over some warm bread and an infinite amount of toppings.

Creating your sourdough starter is the hardest part, but from there, the breadmaking isn't as daunting as the following instructions might make things seem.

Ingredients:

Unbleached all-purpose flour

Sourdough starter

Water

Salt

Maintaining and feeding your sourdough starter (storing starter in fridge):

- 1. Name your sourdough starter.
- 2. Take the starter out of the fridge and mix in any liquid sitting on top of your starter; it is a byproduct of fermented yeast.
- 3. Spoon equal parts starter (113g), unbleached flour (113g) and lukewarm water (113g) into a bowl; mix until it is smooth, and cover. Discard "leftover" starter or see pro tip.* You can feed more than 113g of starter as long as everything is equal parts.



Sourdough bread can be made with four simple ingredients: flour, starter, water and salt.



To maintain your sourdough starter, feed it with equal parts starter, flour and water.

- 4. Let the starter rest at room temperature for at least two hours. Bubbles in the starter will indicate that it is healthy and feeding on yeast.
- 5. Spoon newly fed starter back into a clean, warm jar and place back into the fridge.
- To maintain your starter, feed every 1-2 weeks.

*Pro tip: The scraps of starter can be either thrown away or used to make other sourdough goodies — pancakes, waffles, cake, pizza. Recipes for these treats can be found online.

Making your sourdough loaf:

- 1. Weigh 600g of unbleached allpurpose flour in a large bowl.
 - 2. Combine 397g lukewarm water,

227g ripe starter and 1 tablespoon salt

- 3. Mix and stir to make a rough, very sticky dough using a big spoon.
- 4. Leave the dough covered in the large bowl, letting it rise for one hour.
- 5. After an hour, pick up the dough and fold it over itself many times. Cover it again and let rise for another hour.
- 6. Repeat the rising, folding process one more time for a total of three hours. After the last hour, fold it again and place the bowl into the fridge and let the dough rest for a minimum of eight hours (maximum three days).
- 7. When ready to bake, take the dough out of the fridge, turn the dough out of the bowl and onto a well-floured surface and shape it into a ball. Let the dough sit for 15 minutes.
- 8. Before putting your dough into the vessel, make sure you've coated the bottom of the vessel with flour and then put parchment paper down. This prevents the bottom of the loaf from burning.
- 9. Shape the dough to then fit the Dutch oven or whichever vessel you're using to bake the bread. Place the dough into the vessel and cover. Let it warm to room temperature for 2.5-3 hours. The dough will expand and relax.
- 10. Preheat the oven at 500 F one hour before you're ready to bake.
- 11. Just before baking, dust the loaf with flour and use a sharp knife to score ½ inch-deep scores into your loaf. Make several slashes on the surface or an arched slash lengthwise. Be creative here!
- 12. Cover the vessel with a lid again and place into the oven. Reduce the heat to 450 F and bake for 45 minutes. Do not open the oven or remove the lid from the baking vessel during this time.
- 13. Remove the lid of the vessel and bake for approximately 10 minutes to achieve a golden brown crust.
- 14. Remove the bread from the oven and transfer it to a spot where it can cool. Let it cool for at least two hours before cutting into the fresh loaf. (I know how tempting it can be to cut in sooner, but your loaf will become stodgy if you cut into it too soon.)

Store the bread in a plastic bag.

Good luck and happy breadmaking.

Kayla Friedrich is an A&E editor.

Follow her on Twitter: @friedrich_kayla.

@GonzagaBulletin

GU student to open boba and taiyaki shop next to campus

By MARISSA CONTER

or many students at Gonzaga University, Spokane has become a home away from home, but it's natural to still miss certain aspects of hometowns. Whether it's a favorite café to study at or a go-to spot to satisfy a sweet tooth, a GU student is hoping to open a place that Zags can call home.

Kellie Tran, an economics and philosophy major, is opening Uoni Bubble Tea & Coffee, a boba tea and taiyaki shop next to Ultimate Bagel.

"I am Vietnamese American, and I've lived in Spokane all my life," Tran said. "I go to Gonzaga, and I've heard from a lot of students that there's just not a good boba shop and a place that has Asian desserts like taiyaki, especially compared to where they're from, like Seattle or California or Hawai'i."

One day, Tran saw there was a vacancy next to the bagel store and thought it would be a convenient location for a boba shop since Zags already frequent the area. With the help of her father, Tran got to work making her idea a reality. Tran said that getting started was difficult at first, since she is still young and in school, but has enjoyed learning along the way.

"Kellie and I were coworkers at one point at Chaos [Arcade]," said Hunter La Marchè, manager at Uoni. "She always talked about opening up a boba shop, so when she told me the news, like half a year ago, I just had to join because I love supporting her and I loved her ideas. I didn't want to miss the opportunity."

When it came time to pick a name, Tran settled on "Uoni." The name is in reference to the Korean honorific, which written in the American alphabet would roughly look like "unni," which translates to "older sister."

"It felt fitting because I am an older Gonzaga student and some people would refer to me that way," Tran said. "I think it makes sense with the bubble tea concept."

When selecting the drink and food options for her shop, Tran said she noticed that most bubble tea places in the area are more geared toward novice audiences, and she wanted to return to a more handcrafted boba that can be found in a place like downtown Seattle.

She plans on offering classic flavors like strawberry and mango, but also authentic Asian flavors like ube and black sesame. There will also be "house specials," such as a crème brûlée boba, which will be torched on the top. The shop will also offer coffee for those who do not like tea.

The shop will also feature taiyaki as its food option. Taiyaki is a Japanese pastry that consists of what can be described as a cake or waffle with a filling. It is known for being shaped like a fish, which comes from the word "Tai" which means "sea bream." Popular fillings include red bean, matcha and custard. Tran said Uoni will offer sweet flavors like Oreo and chocolate, but also savory variations that will all be made to order.

La Marchè has also been involved in testing and choosing the food and drink items, and he said he has been overall enjoying the process of getting the shop ready



Uoni Bubble Tea & Coffee wil be opening next to Ultimate Bagel in May. The boba shop will also serve taiyaki and coffee.

create merch and stuff for the shop. I've been invested in trying to get cool ideas for that."

In terms of the space itself, Tran said she wants it to be a study and hangout spot for Zags, instead of just a "grab and go" situation.

The space itself is really large, and we're going to have a ton of group study tables and self-study tables," Tran said. "That was really important to me, mostly because I love hunkering down in a cafe and staying there for quite some time. I have ADHD, so I wanted to have a space that was stimulating, because for me, I'm a person that finds it difficult to study and I get really bored of study spaces. So, the space itself is designed to have a variety of seating."

There will be spaces for lounging such as a couch, as well as access to outlets for those who are studying. Tran said she hopes that the GU and larger Spokane communities come to regard the boba shop as a space they feel comfortable in.

Tran said that she plans to accept Bulldog Bucks and also offer a student discount. She said they plan on opening before graduation, and in the event they do so, Uoni is considering offering a promotion for recent graduates.

For those who are interested in starting their own business but feel wary about doing so, Tran recommends going for it anyway.

"It sounds cheesy, but you just have to believe in yourself and be strong, and you can accomplish anything," Tran said. "It's really strange to do meetings with people and talking to other contractors and dealing with older people, but if you learn to stand your ground, be assertive,

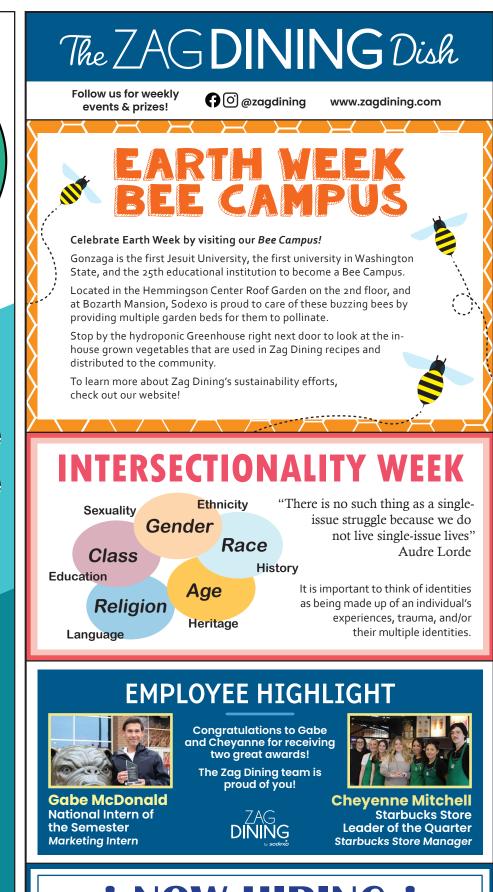
Uoni Bubble Tea & Coffee will be located at 1217 N. Kellie Tran will co-own the boba shop with her father.

Marchè said. "So, we're hoping at some point we can Hamilton St. To stay up to date on the boba shop, Zags can follow the business on Instagram at @uonibubble.

> Marissa Conter is an arts & entertainment editor. Follow her on Twitter: @marissaconter.







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Extra fun: Sea Dragons bring excitment to Seattle, XFL

By BRAD SAUVE

■ith the NFL offseason in full swing, fans looking to scratch their itch for live-action football should turn to the XFL for excitement and intrigue; especially Washingtonians, who have a new team to root for in the Seattle Sea Dragons.

APRIL 27, 2023

The Sea Dragons are a new edition of the Seattle Dragons from the 2020 XFL

"Representing the Emerald City with the same ferocity as the rough Seattle seas, the Seattle Sea Dragons come to the field with a powerful wave of force behind them. Beware this is where the calm meets the storm," said the news release announcing the XFL's return to Seattle.

The XFL, which stands for Xtra Fun League according to former owner Vince McMahon, is in its third incarnation and hoping to finally take off. Its first season in 2001 failed catastrophically, and its revival in 2020 was wiped out by the COVID-19 pandemic.

While the XFL bears a strong resemblance to the football that graces television screens in the fall and winter, it has several rules designed to spice up the viewing experience.

One such rule is the elimination of the extra-point kick. Teams can now opt for a 1, 2 or 3-point conversion following a touchdown, starting from the 5, 10 or 15yard line, respectively.

Instead of onside kicks, teams trying to maintain possession may now attempt a 4th and 15 conversion, increasing the competitiveness in late-game situations.

Now the Sea Dragons are back as part

divided across two divisions. The team has done quite well for itself in its first season, clinching the second seed in the XFL North with a 7-3 record.

It needed some help from the rulebook to do so, going down to the fifth tiebreaker with the St. Louis Battlehawks to claim its spot. That tiebreaker, per the XFL, is the best combined ranking among all teams in points scored and points allowed per game.

Four of the XFL's eight teams make the

The Sea Dragons bounced back from a rough start to their season that began with the club going 0-2 in its first two games courtesy of a pair of late-game collapses.

In the first week, a contest against the DC Defenders, quarterback Ben DiNucci (formerly of the Dallas Cowboys) threw a pair of interceptions, including a pick-six in the fourth quarter. Against the Battlehawks in Week 2, the Sea Dragons fumbled three times and lost all of them.

Since then, the Sea Dragons have elevated their level of play; their only loss since then a one-point decision against the Defenders, who boasted the league's best record at 9-1.

Seattle's roster also has a distinct Northwest identity, featuring former college players from Idaho, Oregon, Oregon State, Portland State and Washington. The most recognizable are cornerback Mykael Wright of Oregon, who played just last year for the Ducks, and linebacker Tre Walker of Idaho, formerly of the Washington Commanders.

"I think my job is to get as many players as I can to live their dream, whether it's to



Gordon, front, secured nine of 13 targets for 115 yards in the Sea Dragons' 28-9 win over the Vipers on Sunday.

go play in the NFL or just play this out and win a championship," said head coach Jim Haslett to the Seattle Times. "Whatever their dreams are, we're gonna try to help them out."

Seahawks fans will also recognize another name on the list — wide receiver Josh Gordon, a productive wideout for the Cleveland Browns and New England Patriots. He was barred from the league just after his Seahawks career began in 2019 due to violations of performance-enhancing substance and substance abuse violations.

The ex-Seahawk has caught 38 passes for 540 yards and 4 touchdowns, playing second fiddle to league leader in receptions

and teammate Jahcour Pearson.

Gordon is confident that he and his teammates can rise to the occasion.

There's nobody in this league that can mess with us," Gordon said to ESPN.

Seattle enters the playoffs with momentum on their side with two blowouts over the Battlehawks and the Las Vegas Vipers. The Sea Dragons will head east for a rubber match against the DC Defenders, hoping to prove correct the maxim that it is difficult to beat the same team three times.

The Sea Dragons-Defenders game will air on ESPN on Sunday, April 30 at noon

Bradley Sauve is a staff writer.

Alumni game unites Gonzaga rugby community

By OLIVIA KAIEL

The Gonzaga University men's rugby club team enjoyed their last game of the season as they took on former players in the annual alumni match at Mulligan Field on Saturday.

The current players felt grateful for the opportunity to play against GU's alumni team, according to Connor McClure, a sophomore on the team.

"This club is a brotherhood," McClure said. "A bunch of guys come out to the field and have fun and create a great community to be a part of."

The club welcomes all new athletes who are driven and willing to put in the time and effort. The team travels and competes throughout the Pacific Northwest.

Joe Tramonte, a sophomore who's been playing rugby for four years, said the club's environment has made a positive impact on his college experience.

"I love getting out every weekend and playing games and

getting to workout with all my friends," Tramonte said.

The club team has both 7's and 15's seasons. The 15-on-15 matchups are played in the fall and winter where there are 15 players on the field for each team, and the games last longer. The 7's format includes seven players from each team and is faster-paced.

For Tramonte, this past season has held many successes and excitements as the 7's team proved themselves as one of the best teams in the region.

"Our 7's season went well as we almost made it to nationals," Tramonte said. "We have a strong team for 7's next year since everyone is just getting better. This year we had a ton of new guys and everyone has been improving."

Many relatives and friends of the club members came

out to support the team for their final game of the season.

Grace Palamoutain, a sophomore, found it interesting to learn the rules of rugby the game's physical nature.

Palamoutain and her friend Monty Jackson, a sophomore as well, hope to see more students support their classmates next season.

We believe more Gonzaga students need to come out they deserve more support and the Gonzaga community should know how entertaining and successful the rugby program is," Palamoutain said. "Club sports should be more supported and have bigger fan bases. People tend to not watch a lot of club sports and we think that should change."

Olivia Kaiel is a contributor.



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Ryan Nembhard brings facilitating ability to the Zags

By AIDAN CHRISLEY

The commitment of Ryan Nembhard to Gonzaga University has brought the Zags back into the national spotlight.

With stars Julian Strawther and Malachi Smith declaring for the NBA Draft, eligibility up in the air and Drew Timme stating that he will not be returning, GU has a lot of production to replace in the 2023-24 season. Add on the fact that Rasir Bolton has run out of eligibility, Hunter Sallis transferred to Wake Forrest, Dominick Harris and Efton Reid III entered the transfer portal and the Zags roster was looking thin.

Head coach Mark Few recruited from the transfer portal heavily; and the prize was Nembhard, the No. 2 player in the portal according to ESPN.

Nembhard is coming off a season where he averaged 12.1 points, 4.0 rebounds and 4.8 assists per game while helping lead Creighton to the Elite Eight.

The facilitation of the offense is where Nembhard is going to aid the Zags the most. For the first time since the 2012-13 season, GÜ did not have a single player average more than 4.0 assists per game. With Nembhard, that is sure to be a different story.

In the 2021-22 season, his brother, Andrew Nembhard, was GU's main facilitator, averaging 5.8 assists per game. While Andrew stands five inches taller than his brother, they both play the pure point guard role.

"Of course my brother had been telling me for years what a great coach Mark [Few] was," Nembhard said to ESPN. "And it's obvious Andrew was well prepared for the NBA by coach Few and all the staff at Gonzaga the two years he was there; he started more games this year as a rookie than any other Pacers rookie has started in over 20 years."

In that role, Nembhard will have many new faces to pass to, both unfamiliar to him and the Zag faithful.

Nolan Hickman and Ben Gregg are the only Zags who are currently locked in for next season that played substantial minutes last season.

Nembhard's fit with Gregg is obvious at first glance. Gregg shot 37.7% from the 3-point line last season, a number that has steadily grown through his three years at



should use the Dig East Eventmen of the Veer in his first access with the Division

Ryan Nembhard was the Big East Freshman of the Year in his first season with the Bluejays.

GU. The pick-and-roll and pick-and-pop have been staples in the offense under Few and this should continue with Nembhard and Gregg.

Hickman plays a similar true point guard role where he typically thrives off being the primary ball handler. However, last season the Zags struggled to find anyone else who could be the facilitator on offense. Adding Nembhard takes some of the pressure off Hickman to do it all which could improve his offensive efficiency. Hickman saw a 2.4% dip in his overall field goal percentage from his freshman season, including a staggering 11.8% decrease in his 2-point shooting. With another capable ball handler, the numbers should trend in the other direction.

Reigning Big Sky Player of the Year Steele Venters is one of the new faces for the Zags, a transfer from nearby Eastern Washington. He is a career 40.3% 3-point shooter in college and that shooting ability will pair well with Nembhard's knack for finding the open man.

Facilitating the offense is not all that Nembhard is good for though, as he improved his 3-point percentage to 35.6% and his overall field goal percentage increased by 2.8%.

He is also an impressive rebounder for his size, something the Zags will need after potentially losing their top four rebounders in terms of production.

The Zags have shown a need for a facilitator in their offense, and with a lot of new faces, that is going to be more important than ever. Nembhard gives GU a true point guard with the ability to score and rebound, a well-rounded player that already has a Zag connection.

Aidan Chrisley is a staff writer.

Star transfer Graham Ike revitalizes GU frontcourt

By ZACH WHITE

The signings of Graham Ike and Ryan Nembhard brought much needed assurance to a previously unsure Gonzaga men's basketball program.

After weeks of speculation, the Zags finally have their scoring big-man and have reloaded at the point guard position.

The former looks to have a bounce-back season in Spokane after sitting out the entire 2022-23 season due to a lower right leg injury. In the wake of his injury, Ike opted to redshirt last season, giving him an extra year of eligibility.

In his 2021-22 season, the 6'8 junior forward averaged 19.5 assists and 9.6 rebounds per game while shooting 51.0% from the field for the Wyoming Cowboys.

These numbers earned Ike a First-Team All-Mountain West selection as he led Wyoming to an NCAA tournament appearance, garnering nationwide recognition as one of the best collegiate scorers in the post.

The lefty forward is known for being one of the nation's most prolific foul drawers. Ike ranked fifth nationally in fouls drawn per 40 minutes and took more than 220 free throws during the 2021-22 season.

Ike's influx of frontcourt production comes at the perfect time. It follows the departure of All-American forward Drew Timme, Efton Reid III entering the portal and lingering uncertainty surrounding Anton Watson and Kaden Perry.

GU's pick-and-roll offense will suit Ike's game well, and his production levels seen in the Mountain West should transfer over to the West Coast Conference.

Ike's interior game features an impressive passing ability in the low post, crafty finishes at the rim and creating midrange shots.

"I think he fits very well into Gonzaga's schemes," said Adam Morrison, former GU star, on his FanNation podcast. "He is not

afraid of the physical back-down game. He's so crafty with how he bumps you, creates space and extends for finishes. Defensively, he's a really good individual post defender. All in all, I think this is a terrific get for Gonzaga."

In addition to his fit with the Zag's system, Ike found GU to be an ideal landing spot due to the community built within both the school and the men's basketball program.

"What it really was when I touched the campus and saw the family environment, it was great," Ike said to the Spokesman-Review. "There was big love there. It was amazing to see all the players that come back, the (former) players on staff, and they're all treated like family."

Ike's admiration for the GU program was matched by the admiration shown for him by current players and staff.

current players and staff.

"Graham is exactly the big guy we've been looking for and in need of for next

season," said GU head coach Mark Few in

a news release. "After having him up for a visit and meeting him and his mom, he's just going to be the perfect fit for our program. He is a young man of high character, who is really focused and a hard worker. He has shown himself to be a highly effective player over the years."

In the 2023-24 season, Ike will join a front court rotation that is set to include Ben Gregg, Jun Seok Yeo, Alex Toohey, Braden Huff and Kaden Perry.

With the transfer portal still open, all eyes turn to what is next to come for the Bulldogs. By guaranteeing star transfers in areas of need, GU will surely maintain their high competitive level.

The arrival of Graham Ike, coupled with the additions of Steele Venters and Nembhard, signal that Mark Few's team is reloading, rather than rebuilding.

Zach White is a staff writer.

Pitching injuries, slow bats plague Mariners in '23

COMMENTARY By AIDAN CHRISLEY

Last season, the Seattle Mariners made the playoffs for the first time since 2001, the year the movie Shrek was in theaters. It was their second straight 90-win season and with young talent across the roster, expectations were high

for the 2023 season.

However, the team has not gotten off to a hot start, losing four of their first six series including getting swept by the Milwaukee Brewers.

One reason the team is seemingly underperforming is the disappointing starts for some of their offseason acquisitions. While Teoscar Hernandez was the big offseason acquisition, many of the smaller moves are not paying off yet for the Mariners.

Seattle is employing a three-man platoon at the designated hitter position and all three players are new to the team. Unfortunately for them, all three are underperforming.

AJ Pollock was a free agent signing after having a down year for the Chicago White Sox. Things only seem to be getting worse for the 12-year veteran who is struggling to get things going at the plate.

Tommy La Stella was released by the San Francisco Giants after failing to live up to a three-year contract. With the Mariners, he has continued to show signs of decline. Cooper Hummel was acquired in a trade for Kyle Lewis, the 2020 American League Rookie of the Year After only two hits in 23 at-bats, Hummel was optioned to Triple-A.

The designated hitter role has been a struggle as Pollock, La Stella and Hummel all cannot seem to get their bats going early in the season. However, a player who knows a thing or two about starting slow has done the exact opposite this year for the Mariners.

Jarred Kelenic had a .181 batting average in 2021 and an even worse .141 in 2022. But the former top prospect is finally showing his ability as he is hitting over .300 and currently has the lowest strikeout rate of his career with the highest home-run rate of his career.

"I'm really excited where he's at, and really probably more excited to see where this goes going forward," said Mariners manager Scott Servais to the Seattle Times. "For years we've been talking about the talent, the talent, the talent, the potential and all those other things - and now we're starting to see it play out."

Kelenic is not the only one who has gotten the bat going, as Ty France and Julio Rodriguez are performing as expected to start the year. It just has not been enough to make up for the somewhat anemic bottom of the order.

The pitching staff has been performing well for the

Mariners, although some injuries have gotten in the way. Reliever Andrés Muñoz did not allow an earned run in his first four outings this season but was placed on the injured list in early April, so those outings are all he has on

Robbie Ray was injured in his first start of the season, forcing the Mariners to turn to veterans Chris Flexen and Tommy Milone to make some spot starts.

The injuries to the pitching staff mean the team has to rely more on healthy starters, and Luis Castillo has stepped up to the challenge.

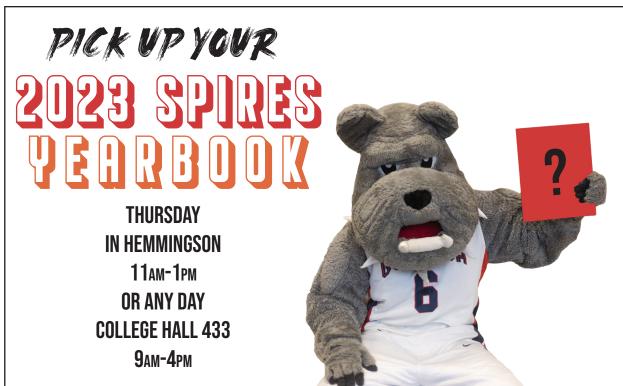
After signing a five-year contract extension in the offseason, Castillo has been sharper than ever before, allowing only two runs in his first four starts, both coming in the same game against the Cubs. Castillo was a trade deadline acquisition in 2022 for the Mariners and he has been well worth the deal so far.

"For one pitcher to come in and change the vibe or the way people viewed your team the way Luis did at the deadline was pretty remarkable," said Mariners president of baseball operations Jerry Dipoto, according to the Seattle Times. "I'm thrilled we have him. We're really looking forward to him being with this group for a full season."

With the breakout from Jarred Kelenic and Luis Castillo pitching far beyond an all-star level, there is reason to be hopeful for the rest of the season. But the role players are going to have to step up.

Aidan Chrisley is a staff writer.





Acing it: Club volleyball player finds comfort on court

By SYDNEY FLUKER

emma Shogren, her favorite place to be is out of her comfort zone. According to Shogren, the best thing that motto gave her was volleyball.

APRIL 27, 2023

"Volleyball is my comfort space, it's a safe space for me," Shogren said. "I've just had a good experience, all of high school meeting new people and playing the sport, and I needed to find those people here."

Shogren started playing volleyball her first year of high school, when she tried out and made the c-team at Edmonds-Woodway High School in Edmonds, Washington. She had moved two hours east from Sequim, Washington, for high school and was hoping to make friends on the team. What she didn't expect was a newfound passion for a sport she had never tried.

Shogren stuck with volleyball through high school, making the junior varsity team her sophomore year and varsity her junior year while trying out with an injured ankle. She joined Washington Volleyball Academy as a sophomore and loved the relationships she had built with her coaches and teammates from other schools.

"They were just an amazing club with a really nice facility and just made me feel included," Shogren said.

Shogren said that when she started at Gonzaga University in fall of 2021, college life was so overwhelming that the thought of playing club volleyball didn't cross her mind. Being lab partners with last year's club volleyball president motivated her to attend an open gym session, where she realized how much she missed it.

Shogren now has a full season at GU under her belt and is excited to get back on the court in the fall. She loves being able to enjoy the sport with other girls who have that same passion.

"I love it when my friend does an amazing kill — I want to see my teammates, my friends, play at their absolute best and just demolishing the ball," Shogren said. "I want them to be the center of attention. I want the best for my teammates. As an athlete, I just love to motivate."

Shogren's teammate, sophomore nursing major Kylie Corcoran, said Shogren is always cheering the loudest and has helped Corcoran improve her skills with one-on-one attention.

"Emma is not only an amazing volleyball player because of her skill, but also because of her leadership and encouragement on and off the court," Corcoran said. "She is by far one of the



EMMA PATENODE IG: emmapateno

@GONZAGABULLETIN

Shogren is majoring in accounting and business with a concentration in business analytics and a minor in Hogan Entrepreneurial Leadership Program.

most positive and kind people I know as well as the most hardworking."

Shogren plays the middle blocker position, which is situated in the middle of the front row. She loves the position because of the ability to do trick plays, which she wasn't able to do as much on her high school team.

"That's one of the things I've been having so much fun with in club, because all my friends are willing to do trick plays and we can trust each other to try something new or something out of our comfort zone," Shogren said.

Shogren played tennis for nine years prior to trying out for the volleyball team, but experienced ableism from the coach at Edmonds who referred to her as "that deaf girl." Though she had considered trying to play in a professional league, she quit tennis for good after tough discussions with her coaches from Sequim and her family, who supported her decision to prioritize herself.

Shogren was born fully deaf due to bilateral mondini malformation, a condition that occurs when there is a disruption in the development of the inner ear during the seventh week of gestation. Cochlear implants in both ears help her with sound perception, which she got when she was 2 and 4 years old. She confidently knows half of American Sign Language, but typically relies on reading lips when communicating with others in the deaf community.

COVID-19 provided a whole new challenge to Shogren, with masks blocking her ability to read lips. She adapted to the added challenge by putting her dominant ear, her left ear, to the person speaking and asked them to repeat themselves. Her family also wore clear masks so she could read their lips when needed.

"It was definitely difficult [with masks], but it also helped me grow as a person," Shogren said. "Growing up I had a hard time advocating for myself, but during the pandemic I was more like 'no, you're a person with a disability, you have the right to ask for more.' It just helped me not be afraid to speak up for myself."

Shogren finds a lot of support from her

family, and is especially close with her aunt and grandma, who live in Seattle. Shogren's grandma emigrated from Thailand and Shogren calls her "yai," the loose Thai translation for grandma.

Shogren has two tattoos, both of which mean a lot to her. She has a red ink elephant that matches with her aunt, honoring their

GU SPORTS

Thursday, April 27

→ Men's golf at West Coast Conference Championships, Bremerton, WA, all day

Friday, April 28

- → Track at OSU High Performance Meet (women only), Corvallis, OR, all day
- ➤ Baseball vs. Pacific, 6 p.m.

Saturday, April 29

- ➤ Women's rowing at Dexter Lake Invite, Dexter Lake, OR, all day
- ➤ Baseball vs. Pacific 6 p.m.

Sunday, April 30

➤ Baseball vs. Pacific, noon

Tuesday, May 2

➤ Baseball at Washinton State University, Pullman, WA, 6:05 p.m.

Home games in bold

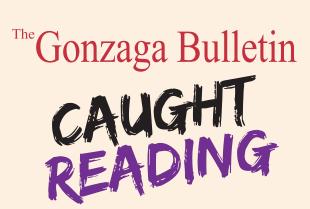
Thai heritage and special relationship.

"[My aunt is] my biggest motivator right now," Shogren said. "I go to her for advice and she's one of the smartest, most passionate people I know."

The second tattoo is a bouquet of flowers covering up a faded stick and poke tattoo, which she said symbolizes growth. She has plans to get a third tattoo of a bouquet of flowers in honor of her yai, who gave Shogren bouquets of flowers from her garden throughout her childhood.

Shogren also joined GU's Alpha Kappa Psi chapter last fall, which she said has been a really fun experience. She is majoring in accounting and business with a concentration in business analytics and a minor in Hogan Entrepreneurial Leadership Program. She is planning on staying for a fifth year at GU to become a certified public accountant.

Sydney Fluker is the managing editor. Follow them on Twitter: @sydneymfluker.



KASSIDY ESPINOSA WAS CAUGHT READING AND WON A HUCKLEBERRY'S GIFT CARD!



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