

GONZAGA UNIVERSITY

HOW TO ISOLATE-IN-PLACE

HOUSEHOLD SAFETY GUIDELINES







REMAIN IN YOUR OWN ROOM

• Remain separated from other household members, when possible

DESIGNATE A "SICK BATHROOM"

- If possible, have any sick person use a private bathroom
- If not possible, clean surfaces in bathroom after each use



HAVE FOOD DELIVERED

 Have meals or groceries delivered to your room or building's exterior by delivery services, friends, or family members

CLEAN SURFACES FREQUENTLY

- Clean and disinfect commonly touched surfaces in shared spaces after each use
- Make sure surface stays wet for the "contact time" listed on the bottle
- Gloves and protective clothing should be worn when cleaning



FOLLOW GOOD CLEANING PRACTICES FOR LINENS

 Wash bed linens, towels, and clothes with normal detergent on a hot water setting if needed



MASK UP IN SHARED SPACES

 Use a mask when in any shared spaces or when leaving your residence for medical appointments



 Have dedicated linens and eating utensils for each person



 Clean with soap and water after use - no need to throw away

DISPOSE OF WASTE PROPERLY

 Disposable waste from the sick person should be tied or placed in a waste bin with a lid in the sick room until proper disposal is possible