

Fall 2021

Student Arrival & Return to Gonzaga Guide

GRADUATE & LAW VERSION

Zag On 

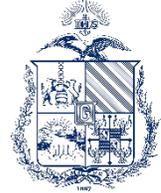




TABLE OF CONTENTS

<u>Together, We Zag On</u> – A Letter from the President	3
- Context & Guiding Principles	5
- A Shared Responsibility: Expectations of All Students	6
<u>Welcome Home Zags</u> – Your Arrival On/Return to Campus	8
- Academic Instruction & Learning	9
- Facilities, Dining & Other Services	12
- Campus Public Health & Well-being	15
- Guest Guidance	23
- Campus Safety & Security	24
- Fitness Center, Intramurals & Club Sports	25
<u>We're Here for You</u> – Physical, Mental, Spiritual & Emotional Well-Being	27
<u>COVID-19 Notice & Acknowledgment of Student Risk</u>	31

Together, We Zag On – A Letter from the President



Dear Gonzaga Students,

Greetings – and I hope your summer has gone well. We are very much looking forward to the upcoming academic year and welcoming both new and returning graduate and law students to campus.

The COVID-19 global pandemic has disrupted all of our lives, and all indications are that we will be dealing with it for some time to come. Fortunately, we at Gonzaga now have some experience at supporting students in the pursuit of their educational program while managing life in the face of this pandemic. This Guide is intended to provide you with information and resources that we hope will be helpful as we work together to find our way this coming year.

It is important for you to know that, in my opinion, the single most important element of our success in the face of COVID-19 **has been taking the commitment to health and welfare – our own and each other’s – seriously**. As we prepare for the Academic Year 2021-22, we once again find ourselves faced with new variants of SARS-CoV-2, **and the need to be intentional about keeping infection rates as low as possible**. This Guide is intended to provide specific information about how we will work to accomplish this.

Over the course of last year, we continued to ask our students what kinds of support would help them stay informed and supported. From this dialogue, we learned some very important things:

- **Communication is Key:** While it can at times feel like we are over-communicating, the fact of the matter is that this is still uncharted territory, and you deserve to hear about critical decisions and have your questions answered.
- **Protecting Yourself and Others is Job #1:** Identifying processes for what to do when you are experiencing symptoms, have been exposed to someone with symptoms, or have tested positive are examples of frequently sought out information. The fact that our University has our entire community’s health and safety as its #1 priority cannot be overstated.
- **There is Risk of Illness.** Despite our best efforts, collectively, there are certain health risks inherent in joining a community of people. This is why we ask our students to read and acknowledge such risks exist, and commit to working together to manage them.

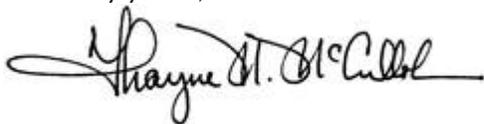
This *Graduate & Law Student Arrival and Return to Gonzaga Guide* is written **for you**; these protocols and guidelines have been developed with **you in mind**; and our leadership, staff and faculty, are here to support **you**. We know that our work continues to evolve in an ever-changing, dynamic environment. As new information and direction arises, this *Student Arrival and Return to Gonzaga Guide* will itself be revised and improved. .

This past year and a half has shown us more than ever the power that commitment, dedication, encouragement, and tenacity have in our success. As we prepare for our next academic year, we continue to set the stage for another thoughtful and carefully managed educational experience, relying on our community to be active participants in mitigating risk and protecting one another.

I know I speak for all of my tremendous colleagues and campus partners when I say that we certainly learned a lot over the past 18 months. I want to extend my deepest gratitude to our students, faculty and staff who have approached their work in the most innovative and creative ways, and who work so well together. I have never been prouder of our community than I am today.

Together, we will stay focused, support one another, and **Zag On**.

Sincerely yours,

A handwritten signature in black ink that reads "Thayne M. McCulloh". The signature is fluid and cursive, with a large initial "T" and "M".

Thayne M. McCulloh, D.Phil.
President

NOTICE: *This document is not a contract but rather a Guide for what to expect when you return to Gonzaga. It's important to understand this guidance is subject to change and modification as circumstances warrant and public health authorities may issue new directives, advice and requirements. The University reserves the right to modify this guidance as it deems necessary and appropriate.*

CONTEXT & GUIDING PRINCIPLES

We all look forward to the day that we no longer have to deal with the restrictions and limitations necessitated by the pandemic. As members of our global community take the steps to get vaccinated, that reality becomes increasingly more possible, and our hope continues to grow every day. However, we know this will take time.

Throughout this period of pandemic response, we have continued to place the health, safety and welfare of our community members at the forefront of our planning and decision-making. As the numbers of positive cases and hospitalizations continue to increase given the Delta variant, we are constantly aware of infection rates here in our region, justifying the need to remain vigilant about reducing opportunities for viral transmission.

Since the Spring of 2021 – hopeful that the advent of vaccines would constitute a new and powerful tool against COVID-19 – we began planning for a full return to in-person instruction, housing and campus activities. We look forward to a vibrant on-campus experience for our students, faculty, staff and community members.

But the reality is, the University still cannot completely guarantee a COVID-19-free environment. Taking steps to minimize the risk of COVID-19 infection (or any other spread of disease) is a shared responsibility. Every community member must do their part to be safe and follow the practices outlined in this document, which may be updated at any time.

We all must follow the public health practices and guidance shared in this Guide. These practices will be updated over the course of the academic year as additional information becomes available.

GUIDING PRINCIPLES

Our protocols for responding to the COVID-19 pandemic continue to be rooted in our shared mission and values, and guided by science and ongoing information shared by the Spokane Regional Health District (SRHD). The safety of our students, faculty, staff, and the public we interact with continues to be of paramount concern.

The last year has shown us how we are constantly called to show our collective commitment to the dignity of the human person, social justice, diversity, and care for the planet as we demonstrate responsible stewardship of our physical, financial and human resources.

There are numerous reasons some individuals choose not to be vaccinated. We are concerned, as the cases of COVID-19 continue to mount, that rates of COVID-19 infections and death in the unvaccinated population far exceed current rates for those vaccinated. This is why we are advocating for the value and benefit of vaccines. Vaccination is a complex issue, and we will continue to address the tensions inherent in balancing our many considerations of service, productivity and safety as we animate our collective mission and encourage vaccination for public health.

The primary goals for our continued response to the COVID-19 pandemic are to continue to protect public health and carry forth our vital mission of education while using our institutional values to guide our work and decisions.

Our plans remain consistent with local health orders and ordinances of the City of Spokane and Spokane County, as well as the State of Washington. Additionally, we continue to follow recommendations from the federal government, Centers for Disease Control and Prevention, SRHD, and our Pandemic Response Task Force.

A SHARED RESPONSIBILITY: EXPECTATIONS OF ALL STUDENTS

Our work is dependent upon doing everything reasonably possible to prevent and reduce the spread of COVID-19 and keeping everyone as healthy as possible. We have been living in this COVID world for more than a year and a half. **We all must continue to take this seriously – the health of every individual, and our institutional viability, depend upon it.** As these circumstances continue to evolve over the next months, we will require your patience, flexibility, and creativity. Per the Governor’s Proclamation on Higher education, provided that we are in compliance with state requirements, Gonzaga University has been authorized to resume in-person instruction, housing and campus activities for Fall 2021. A condition of resuming in-person operations is that you have read, and agree to follow, the steps outlined in this Guide.

All students must read this Guide and review the [COVID-19 Notice & Acknowledgement of Student Risk document](#).

MAINTAINING OUR COMMITMENT TO A BIAS-FREE ENVIRONMENT

At Gonzaga, we respect and celebrate the inherent dignity of all individuals and expect professional conduct in activities and programs and in the relationships we share. Taking care of each other is an important value for our student community. *Cura Personalis*, or care for the whole person, and *Cura Apostolica*, or care for the work or institution, go hand in hand and are integral to our mission. We are committed to maintaining an educational, working and living environment free of all forms of discrimination or harassment.

Engaging in negative treatment of others based on perceived COVID-19 symptoms, medical conditions or abilities, national origin, racial and ethnic characteristics, or any other protected status negatively impacts individuals, harms our community and **will not be tolerated.**

MASK-WEARING: AN EFFECTIVE DISEASE-MITIGATION STRATEGY

We want to underscore the significance of wearing of masks and maintaining distance where possible. We will all be wearing masks indoors, in congregate settings, particularly in indoor classrooms and labs and public settings for at least the first part of the semester. Also, consider wearing a mask in crowded outdoor settings and for activities with close contact with others who are not fully vaccinated. *Community members that are unvaccinated must continue to wear masks and physically distance indoors.* However, those who are vaccinated may choose to wear a mask for any reason. Assumptions about vaccine status should not be made based upon whether a mask is being worn or distance observed.

We have all had very different experiences of this pandemic and we understand that COVID-19 has impacted various populations within our country in disproportionate ways. We are here to support you and provide you the resources necessary to allow your experience at Gonzaga to be

the best it can be. The [Office of Diversity, Inclusion, Community & Equity \(DICE\)](#) utilizes the principles of critical dialogue, reciprocity and solidarity to facilitate learning that cultivates cultural engagement, enriches mindfulness, fosters a sense of belonging, and challenges systems of privilege and oppression. To connect with the DICE team and learn more about resources and support systems available during this time of uncertainty and challenge, call (509) 313-4100. Click [here](#) for a list of [additional resources available for you](#).

ACCOUNTABILITY TO ONE ANOTHER

The health, safety and welfare of every member of our community is paramount. Having said that, and even with a majority of our campus community being vaccinated, we cannot guarantee a COVID-19-free environment. This is simply not feasible. Taking steps to minimize the risk of COVID-19 infections (or any other spread of disease) at Gonzaga is a shared responsibility.

As a member of our community, you must do your part. This means adhering to national, state and local health guidelines and requirements and those measures we deem safe and appropriate for our campus. This pandemic continues to evolve, and it is important to understand that there **are inherent risks associated with the decision to return to campus that cannot be eliminated regardless of the care taken to avoid infection** and that there is the possibility of contracting COVID-19 and infecting others.

We need you to be active participants in helping us continue to mitigate the transmission of COVID-19. Compliance with all public health practices is expected of all of you, as well as other members of the Gonzaga community. These expectations align with Gonzaga's values, including our commitment to social justice and for the care, health and well-being of all members of our community.

Gonzaga's Student Code of Conduct includes provisions for addressing student misconduct, which include such behaviors as refusal to wear a mask or distance if you are unvaccinated. We know that your sense of responsibility to our community and one another will be the guiding force that ensures accountability with COVID-19 prevention requirements.

Reviewing the [COVID-19 Notice & Acknowledgement of Student Risk](#) on the last pages of this Guide, coupled with your understanding of the Code of Conduct, will provide the standards and processes for ensuring accountability. We ask that you agree to commit to these practices not just for yourself, but for the safety of others, consistent with your obligations as members of the GU community.

Last year showed us just how much our students support and look out for each other. Our Mission binds us together and fortifies us all, even in the most challenging of times.

Now more than ever, we need each other.

We are Gonzaga.

And we will **Zag On**.

A photograph of the main building of Gonzaga College at dusk. The building is a large, multi-story brick structure with a central stone archway entrance. Above the archway, the words "GONZAGA COLLEGE" are inscribed. A statue of a man in a robe stands in the archway. The building is illuminated from within, and the sky is a pale blue. A large evergreen tree is on the left side of the image. In the foreground, there is a cobblestone courtyard and some manicured bushes.

**Welcome
Home
Zags:**

**Your Arrival
on/Return
to Campus**

WELCOME HOME ZAGS: YOUR ARRIVAL ON/RETURN TO CAMPUS

Last year, we developed a Student Arrival & Return to Gonzaga Guide that included much of the information our students and families needed to know ahead of the start of the fall semester. Our hope is that this year's Guide will answer the questions you have and provide you all of the necessary information to ensure that your questions are answered ahead of the start of the semester.

We understand there is a lot of information here – please note that our [Zag On website](#) has substantial information and FAQs that are updated as new clarity and direction is provided from our health care partners.

Following are some things you need to know ahead of the start of fall semester:

ACADEMIC INSTRUCTION & LEARNING



We are proud to deliver an educational experience that supports you. Given vaccine requirements, all instruction will continue to prioritize your personal educational experience and care for you as a whole student, while maintaining our highest educational and teaching standards.

Gonzaga's Mission calls us to prioritize the life and health of our Gonzaga community members and the surrounding communities with which we interact. We do this while carefully attending to our charge to “educate students for lives of leadership and service for the common good” and to be responsible stewards of our resources.

Graduate Programs will follow the current [academic calendar](#) for Fall 2021 semester:

- **Classes begin Tuesday, August 31** (*Monday-only classes begin on August 30*)
- **Classes conclude Friday, December 10**
- **Final exams and/or final projects must be completed by Friday, December 17**

Additional guidance will be provided for different programs over the next few weeks. Or contact your college/school/program for specific calendars. The **Law School Academic Calendar** is available [here](#).

A Return to In-Person Teaching

On-campus, in-person instruction is resuming, and it is our plan that most classes that were delivered in-person prior to the pandemic will return to in-person modality by the start of the Fall 2021 semester. Alternative teaching modalities, like those employed during the 2020-2021 academic year, may be used by some academic areas for personnel related reasons, with the approval of the school's Dean and the Provost.

What To Expect in the Classroom

- As with any other semester, **all in-person courses will adhere to scheduled meeting times.**
- With few exceptions, classes will be taught, in-person, and face-to-face. Rare changes to in-person instruction will follow departmental, school/college procedures and will be

communicated via [ZagWeb](#).

- Classrooms will be at full occupancy and instruction is returning to pre-COVID methodologies, including regular student/faculty interactions and student/student interactions.
- According to local, State and Federal guidelines, and due to the vaccinations of Gonzaga community members, **physical distancing will not be required in classrooms**, allowing us to resume regular in-person instruction and normal in-class interactions.
- To facilitate a smooth and safe transition, indoor interactions in university settings (e.g., classrooms, offices, labs, hallways, and including in-person instructions) will **require the use of masks** by vaccinated and unvaccinated students, faculty, staff and vendors until at least October 1.
- The Class Attendance Policy (and the option to assign a V grade) as stated in the University's [Academic Policies and Procedures](#) is reinstated. However, we will accommodate *COVID-19 related* sickness and periods of quarantine or isolation on a case-by-case basis. Absences will follow faculty policies as outlined in their course syllabi, including the availability and management of class recordings on a case-by-case basis at the instructor's discretion.

Outside the Classroom

Many faculty will hold office hours in-person but may also offer remote options. Faculty will specify their office hours and options in their syllabi. Individual or small group interactions with students (e.g., office hours, advising, mentoring) may be conducted either in-person or via Zoom (or a different mode of communication), at the faculty's discretion.

Class Recordings

On-campus, in-person instruction in the 2021-22 academic year may be disrupted by the pandemic and students may at times be unable to attend regularly scheduled classes due to isolation/quarantine requirements or COVID-19 illness. Class recordings, if made, may be provided on a case-by-case basis to students who are unable to attend class, with the understanding that not all course material and discussions are appropriate for recording, and that recordings need not be shared with all students. Class recordings are not meant as a substitute for on-campus, in-person instruction, nor are faculty required to provide recordings when requested. Furthermore, if sensitive or personal student information is disclosed during a discussion, sharing a recording is discouraged.

Student Accommodations and Adjustments

We recognize the intense challenges you face during this time. Rest assured that resources are available for you.

- Students with qualifying disabilities and/or medical conditions are eligible for and may request reasonable accommodations through established procedures. Students should contact the [Disability Access office](#) to begin the process.
- Students may face economic hardships or life situations that impact their ability to fully participate in their academic program. Student health and well-being resources will be broadly promoted and students experiencing economic hardship should contact [Student Financial Services](#) at finaid@gonzaga.edu.



International Student Support

With the ongoing pandemic, the level of complexity involved with assisting international students is even higher. Although some significant obstacles have been lifted as U.S. consulates resume operations worldwide and travel bans are being relaxed, some new and continuing international students who are currently overseas might encounter hurdles in returning to the campus largely due to enormous backlogs at the U.S. consulates, costly flights, and remaining uncertainties.

Students arriving from overseas who have not been vaccinated per [WHO standards](#) should contact Ashley Davis, Director of International Student & Scholar Services (davis3@gonzaga.edu OR (509) 313-3443), with any questions around international student support or how to complete their vaccination process.



FACILITIES, DINING & OTHER SERVICES

[Zag Dining](#) remains committed to innovating services, allowing for flexibility with safety standards in place for students, guests, and staff. Last year, most facilities were opened to meet the needs of community members that returned to campus. It was a year that required flexibility for changing conditions as more knowledge was gained about COVID-19 and how to manage a campus environment to better protect all who live and work here.

Many updates to facilities and service areas put in place this past year will be maintained including practices around sanitation, ventilation and movement of individuals within dining locations. It is our intent to return to fully dine-in operations this fall for all resident dining locations. Please see below for a list of safety protocols that will be maintained:

- All dining locations will have signs visible that highlight physical distancing standards and protocols, if required by SRHD
- Masks, gloves, airborne particle barriers (plexiglass or safety glass), other PPE and sanitizing products will continue to be utilized in all locations as required
- Visible floor markings will be in place along with directional flow and stanchions for crowd control and risk mitigation, if necessary
- Students will swipe their ID card and an attendant will monitor and provide support at an appropriate distance
- Cashless payment will continue to be promoted and encouraged to mitigate risk by limiting exchange/cross contact opportunity
- All credit card readers/pin pads used by customers will continue to be disinfected after each use. Should any cashier need to handle a customer card for any reason, the attendant protocol will require the use of PPE, specifically gloves and sanitizing product
- Surface areas will continue to be disinfected after each use
- All dining locations will have schematic floor, seating and flow chart diagrams created to ensure compliant seating based upon any change in SRHD phase designation, and offer safe dining and flow of traffic given the circumstances at that time
- Implementing station-specific sanitation procedures and have sanitizing stations available for guests. The department will continue to document sanitation efforts for each location.
- Hours of operation will continue to be assessed and adjusted each week in collaboration with University leadership

The COG

Last year, all dining locations, including the main dining hall, made updates to ensure the safety and health of our students. Hours will remain the same or extended for normal operation standards. Upon entry, you will swipe your Gonzaga ID card and an attendant will monitor and be available to provide support. The COG will pivot to a full dine-in experience while still offering “Grab and Go Pick 3” Items outside of The COG doors on the second floor.



Other Dining Facilities

- Welch Hall food location will remain closed
- Kennedy Apartments and 1887 at Cataldo will continue to be used to ensure exceptional student experiences while maintaining efficiencies. The intent is to ensure students have access to food on the west end, midpoint, and east end of campus, particularly if physical distance requirements slow throughput in the COG

Please note that with the ever-changing needs of the campus, ZagDining's approach may change. We will continue to work diligently with the campus and all state and local regulatory agencies to ensure that our services align with the most updated requirements. We appreciate your patience and understanding through these evolving times and know that we are working tirelessly to ensure you are not only safe and healthy, but also being fed to the high standards of Zag Dining.

John J. Hemmingson Center

The Hemmingson Center is scheduled to be open to general access daily and accessible after hours with your Gonzaga ID. Entrances will continue to be limited to the Northwest and Southwest doors, and the Northeast COG doors. All guests must check-in at the guest station near the Welcome Desk. A pass will be provided with a sign-in and out process.

Signage will include, but not limited to digital boards and kiosks. Furniture has been distributed to ensure physical distancing protocols are followed. Team members will continue to routinely clean all high touch surface areas, door handles, restrooms, counters, tables/chairs and any remaining furnishings in the Hemmingson Center. Workstations behind the counter are physically distanced. Routine cleaning will occur for all keyboards, monitors, phones and office supplies. Individuals dining in The Bulldog may be asked to present a GU ID prior to being seated. Guests currently cannot dine in the COG unless they are part of a scheduled University function.

Mail Services

Mail will be set on the counter for you to pick up (self-service lockers will also be used). The south entrance will continue to be used, exiting through the garage for larger package pickup and exiting out the SE corner door when picking up mail and small packages. Plexiglass will continue to be used for the back package window. Areas will be marked along the walls and signage provided on the sidewalk outside of Mail Services explaining new processes.

Bookstore (Zag Shop by Follett)

The bookstore will remain open in support of in-person and remote academic learning. Hours and staffing levels will change to accommodate the levels of business each semester. Online orders will continue to be filled in the store as normal. Items can be shipped to any location, picked up in the store, or picked up curbside in front of the bookstore. Signs at the entrance will identify any guest requirements such as expectations around physical distancing, the use of face coverings and handwashing. The bookstore will make available all course materials as indicated by professors and digital copies of all textbooks are being added to ensure availability to students and flexibility of material delivery. Traffic flow and customer cadence will continue to be planned and managed for events such as move-in weekend, graduation, Alumni events, conferences and athletic events.





Technology Infrastructure

Information Technology Services will continue to support academic needs as the campus returns to primarily in-person instruction. This includes continuing to support a robust technologic environment by being prepared for physical distancing, and other restrictions preventing full classrooms, should that be required. ITS will be prepared to quickly switch between different combinations of in person and online instructions as circumstances and government directions require. ITS will continue to maintain and enforce physical distancing and cleaning practices in all ITS managed areas as required or directed.



U.S. BANK

U.S. Bank will provide as many banking services as possible. Signs at the entrance to the branch will outline physical distancing and customers will have limited access to bank offices. Appointment scheduling will be encouraged for interactions that will take more than 30 minutes. Line management will continue to be in place at the ATM to ensure physical distancing of customers waiting to use the device. Operating Hours will be 9:30am-4pm Monday thru Friday, continuing throughout summer, with a review of hours before fall term starts.

ZAGCARD SERVICES

ZagCard Services will continue to offer appointments to cardholders via zoom and in-person.

Following are ZagCard distribution plans:

- Online learner ZAGCARDS will be mailed.
- Law School student ZAGCARDS will be directly handed off to the Law School to disburse at Orientation.
- Graduate students will be given the option for having their ZAGCARD mailed, or they can schedule an appointment for pickup.



CAMPUS PUBLIC HEALTH & WELL-BEING



COVID-19 created a unique and unprecedented health and safety state of affairs around the world that significantly impacted institutions of higher education. The risk of transmission and exposure on college and university campuses is augmented by the cultural and operational norms of these institutions. Development and implementation of specific and defined public health measures is necessary to best address and mitigate these risks.

This Health, Safety & Well-Being Plan has been developed in response to the COVID-19 pandemic and its past, current and potential future impacts on GU campus community. This plan, informed by our mission, has been developed in collaboration with SRHD to ensure that the prevention, intervention and mitigation strategies are rooted in current best practices, are evidence-based, and are feasible. As we continue to battle COVID-19, we rely on these mandates to help us navigate unprecedented times, protecting the health and safety of our community.

We learned a lot last year about how to create a health, safety and well-being plan in the best interests of our community. As such, following are the guiding principles for this plan:

- Develop a public health, safety and well-being plan for Fall 2021
- Provide strategies for public health education and communication
- Identify mental health repercussions from COVID-19 and develop strategies for prevention and intervention
- Make recommendations for public health measures for the campus community
- Ensure that the rights and privacy of individuals are maintained during COVID-19

The safety measures created last academic year, coupled with the availability of the COVID-19 vaccine, are allowing us to return to campus once again this fall. The only way, however, that we can do this safely is to continue to follow a public health and well-being plan centered on preventative measures and rapid response strategies:

1. **Prevention:** Vaccination, personal protective equipment, self-screening, masks, distancing, environmental design, cleaning/sanitation, mental health and well-being
2. **Intervention:** Testing, contact tracing, quarantine and isolation, mental health and well-being
3. **Adoption:** Protocols/guidelines, education, communication, norming, commitment

PUBLIC HEALTH MEASURES

We have developed guidance for public health measures necessary to mitigate the spread of infectious disease on campus. The measures and expectations are derived from public health, industry, regulatory, legal, and governmental authorities, and the guidance provided outlines the minimum expected public health and safety measures.

VACCINATION

All **campus-based*** graduate and law students must submit proof of **full COVID-19 vaccination** (along with other required vaccines) to participate in in-person, campus-based programs and activities, including eligibility to study abroad, beginning Fall Semester

2021. (*Students in graduate programs that are offered exclusively online are not required to submit COVID-19 vaccination proof or documentation. Students in programs that are offered partly on campus/in person must submit proof of COVID-19 vaccination.) All students must obtain a COVID-19 vaccine approved for Emergency Use Authorization in the US or through the WHO and be fully vaccinated prior to arrival to campus in Fall 2021:

- Pfizer-BioNTech
- Moderna
- Johnson & Johnson's Janssen
- [WHO EUL Approved Vaccine List](#)

Students are considered “fully vaccinated” two (2) weeks after their second dose in a 2-dose COVID-19 series, or two (2) weeks after a single-dose vaccine.

Due to the numerous viral variants, all students (vaccinated or not) must wear masks for at least the first few weeks in congregate indoor spaces (e.g., classrooms, labs, meeting rooms, and public indoor gathering spaces). All unvaccinated individuals are required to wear masks and physical distance for the academic year. Those who are vaccinated may choose to wear a mask for any reason. Assumptions about vaccine status should not be made based upon whether a mask is being worn, or not.

COVID-19 Vaccine Documentation

All students must provide documentation of full vaccination. The process to upload your status is very simple:

- Go to our [Online Health Portal](#).
- Enter your Gonzaga University login username and password.
- Follow the steps to indicate vaccination status and upload your documents (*please note that verification **takes approximately 5 business days**, and you will receive an email confirmation once your status has been verified; you do not need to follow up*).
- **All students must upload their Vaccine Status to be considered fully vaccinated and be allowed to attend Gonzaga this fall.**
- Records will be accessible to Gonzaga University Health and Counseling Services personnel (students only) and Gonzaga University Human Resources (employees only).
- Students who decline to provide documentation of their vaccination status will be considered “not fully vaccinated” and will be required to wear masks and physically distance.



Special Circumstances

- Exemptions (medical and religious) are special circumstances for not receiving a COVID-19 vaccine.
- Students with exemptions do not need to be fully vaccinated to return to campus. These individuals must continue to abide by public health measures such as masking and physical distancing through all applicable phases of the Washington State “Healthy Washington” plan and per SRHD guidance. Documentation of vaccination exemption is required.
- Some students may only be partially vaccinated prior to arrival to campus Fall 2021. These individuals need to complete full vaccination, including the 14 days post-vaccination time, and abide by any public health measures such as masking and physical distancing required

by the campus, public health authorities, and the state until full vaccination is accomplished. Documentation of vaccination is required.

- Some international students may not have obtained vaccines that are approved for use in the US or by the WHO or been able to access the vaccine. These individuals need to complete full vaccination with vaccinations approved in the United States, including the 14 days post-vaccination time, and abide by any public health measures such as masking and physical distancing required by the campus, public health authorities, and the state until full vaccination is accomplished. Documentation of vaccination is required.

COVID-19 Vaccine Access

Vaccines are readily available through on campus distribution in partnership with Providence Health and Services, as well as local pharmacies, healthcare agencies, and other sites.

If you arrive to campus partially vaccinated:

- Ensure that you have a plan in place to receive your second dose
 - Gonzaga will be hosting a clinic in partnership with Providence Health Care to offer free, on-campus vaccines during Orientation weekend
 - Visit the [Gonzaga University Vaccination Clinic site](#) for more information on vaccines and community resources
- When you have obtained your second dose, continue to submit full proof of vaccination in the [Medicat Portal](#)
- Partially vaccinated students must comply with the University's COVID-19 mitigation strategies until fully vaccinated:
 - Continue to wear masks and practice physical distancing, unless in the student's place of residence with other household members, or outdoors and separated from people not of their immediate household by at least six feet.
 - Partially vaccinated students are subject to quarantine directives if identified as a close contact of a positive case prior to reaching "fully vaccinated" status
 - People are considered "fully vaccinated" two (2) weeks after their second dose in a 2-dose COVID-19 series, or two (2) weeks after a single-dose vaccine.
 - Masks must only be worn for one day and must be properly laundered before use again. Disposable masks must only be worn for one day and then must be properly disposed.

If you have obtained a medical or religious exemption:

- Ensure that you have submitted documentation of your exemption in the [Medicat Portal](#)
- Each student who claims an exemption to the vaccination requirement must comply with the University's COVID-19 mitigation strategies for the remainder of the academic year:
 - Continue to wear masks and practice physical distancing, unless in the student's place of residence with other household members, or outdoors and separated from people not of their immediate household by at least six feet.
 - Exempt students living in residence halls must wear masks when outside of their personal room, suite or apartment.
 - Exempt students are subject to quarantine directives if identified as a close contact of a positive case.

- Exempt students may change their vaccination status at any point during the year by submitting proof of vaccination documentation in the [Medicat Portal](#).

MASKS AND PHYSICAL DISTANCING

In accordance with Washington State Department of Health [Order 20.03.2](#), **those who have not been fully vaccinated must continue to wear masks and practice physical distancing, unless outdoors and separated from people not of their immediate household by at least six feet.**

- Masks:
 - **Will be required for students and employees – vaccinated or not – at the beginning of the fall semester.**
 - **Are required for unvaccinated students**, unless in the student’s place of residence with other household members.
 - Students who cannot wear a mask for medical or other reasons should contact the [Disability Access Office](#)
 - Students may also use their own masks that meet the following standards:
 - fits snugly but comfortably against the side of the face,
 - completely covers the nose and mouth,
 - is secured with ties or ear loops,
 - includes multiple layers of fabric,
 - allows for breathing without restriction,
 - can be laundered and machine dried without damage or change to shape **OR** is disposable and replaced daily/when damaged or soiled.
 - Guests with unknown vaccination status must wear masks when visiting. Key guest intake points across campus will have disposable masks, but we encourage guests to bring their own prior to arrival.
- Physical Distancing
 - **Not required for fully vaccinated students.** Fully vaccinated students may resume activities without staying 6 feet apart, except where required by federal, state, local, tribal, or territorial laws, rules, and regulations, including local business and workplace guidance.
 - **Required for unvaccinated students**, unless in the student’s place of residence with other household members.

TESTING

Testing is vital in determining COVID-19 infection and mitigating spread. We will continue to use best practices around testing individuals for the SARS-CoV-2 virus that causes COVID-19.

Testing strategies include:

- **Signs/Symptoms/Exposure Testing (SSE):** Individuals **who should be tested** for current infection of COVID-19 include those who have:
 - Signs or symptoms of COVID-19, regardless of vaccination status or prior infection
 - Non-vaccinated individuals who have had close contact (within 6 feet for a total of 15 minutes or more over a 24-hour period) with someone with confirmed COVID-19
 - Non-vaccinated individuals who have taken part in activities that put them at higher risk for COVID-19 because they cannot physically distance as needed to avoid exposure, such as travel, attending large social or mass gatherings, or being in crowded or poorly-ventilated indoor settings

- Fully vaccinated individuals who have come into close contact with someone with COVID-19 should be tested 3-5 days following the date of exposure and wear a mask in public indoor settings for 14 days or until they receive a negative test result.
- The following individuals currently **do NOT need to be tested** for current COVID-19 infection (subject to change):
 - People who have tested positive for COVID-19 within the past 3 months and recovered do not need to get tested following an exposure as long as they do not develop new symptoms
- Students with symptoms of or known exposure to COVID-19 can access testing at Gonzaga University Health and Counseling Services or a local healthcare agency or pharmacy.
- Those who get tested and have symptoms or were potentially exposed should stay away from others pending test results and follow the advice of their healthcare provider
- **Targeted Testing** is performed by Health and Counseling Services in collaboration with SRHD and is the testing of close contacts of a confirmed case (both symptomatic and asymptomatic). Further targeted testing occurs based on the test results of close contacts and other epidemiologic factors surrounding each specific case.
 - Fully vaccinated students or those who have had COVID-19 within the past 3 months may not be required to test; however genomic sequencing testing may be considered per direction of SRHD and may include fully vaccinated students.
 - We will establish community partnerships with healthcare agencies to assist with the provision of targeted testing for students as needed
- **Surveillance Testing** on campus will persist only for special populations as needed (e.g., student athletes per NCAA guidelines, nursing students per requirements of clinical site or WA DOH). **We do not plan to have open walk-in testing on campus for Fall 2021.**

DAILY SELF-SCREENING

Daily Self-Screening and reporting of symptoms can quickly identify those who may be at risk for COVID-19. Self-screening also helps in the process of quarantining or isolating those who may have COVID-19 or have been exposed. Every day, we ask that you:

- Conduct symptom monitoring before coming to campus or leaving your residence for campus-related purposes (**this information does not need to be reported via ZagCheck in a daily attestation**).
- Do not come to campus if you are experiencing any COVID-19 symptoms.
- Report any COVID-19 symptoms to Health and Counseling Services (509-313-4052) and test for COVID-19 immediately at [Health & Counseling Services](#).

ISOLATION & QUARANTINE

Isolation and Quarantine continue to reduce the risk of COVID-19 transmission on our campus:

- *Isolation:* All known students who have tested positive for COVID-19 or have symptoms of COVID-19 must initiate isolation and, if residing on campus, may be required to move to an isolation space or within their own residence:

- Contact Tracers will provide case management for all students in isolation. SRHD may also provide support in instances of high-volume dependent on isolation space availability.
- Isolation protocols follow [CDC isolation guidelines](#) and SRHD guidelines.
- On-campus students in isolation may interact with each other and do not require a private bathroom.
- **Quarantine:** All known unvaccinated students determined to be a close contact of a positive case must initiate quarantine and may be required to move to a quarantine space or within their own residence:
 - Contact Tracers will provide case management for all students in quarantine. SRHD may also provide support in instances of high-volume dependent on quarantine space availability.
 - Quarantine protocols follow [CDC quarantine guidelines](#) and SRHD guidelines.
 - Fully vaccinated students who are close contacts of a positive case do not need to quarantine.

CONTACT TRACING

Contact tracing continues to be an effective disease control strategy that helps interrupt disease transmission. Contact tracing involves working with an individual who has confirmed COVID-19 and the close contacts of that individual where close contacts may need to isolate or quarantine. The privacy and confidentiality rights of a confirmed case and close contacts will be maintained at all times. Contact tracers will:

- Identify and reach out to those within the GU campus community who test positive or have potentially been exposed to COVID-19 by a confirmed case.
- Communicate to those impacted individuals the situation and the protocols that take place during contact tracing.
- Educate those impacted individuals about isolation and quarantine requirements utilizing established GU isolation and quarantine protocols.
- Forward case information to the COVID-19 Coordinator for use in the Isolation and Quarantine Branch or with SRHD as appropriate.



COVID-19 ACTION RESPONSE TEAM (CART)

One of the principles for protecting the overall health and life safety of the campus community is the ability to rapidly identify individuals with COVID-19, implement isolation and conduct rapid contact tracing to quarantine potential new cases. The use of the COVID-19 Action Response Team (CART) is the most effective means of providing a coordinated and efficient response. This team is comprised of contact tracers and subject matter experts who execute the specific duties and tasks assigned to the CART.

MENTAL HEALTH¹

We continue to focus on mental health education, prevention and intervention to support our students. The emotional, social and financial disruptions in combination with 24/7 media and fear and uncertainty surrounding this pandemic continue to impact students' well-being, leading to concerns about increasing rates of depression, anxiety, substance use disorders, suicide and domestic violence. Early research has shown that as many as 1 in 3 students will return to their

¹ Additional mental health plan details can be found in the [We're Here For You section](#).

institutions with significant mental health concerns and 80% of college students report that COVID-19 has negatively impacted their mental health. At Gonzaga, student visits to Counseling Services increased by 20% last year compared to pre-COVID-19 visit rates. Additionally, student visits to The Center for Cura Personalis rose by 24% and referrals increased by 42%. It is vital that we continue to address the mental health of all community members, and we are committed to doing just that.

Our plans are based on holistic approaches focused on the well-being of the whole person and the importance of social connection. The plan to support the mental health of our students involves multiple elements. Resources that are available to students include:

- Early Education/Messaging
- Print resources
- Training
- Virtual Resources Services, Education & information
- Clinical interventions
- Help-seeking behavior resources
- Non-clinical interventions (case management)

ENVIRONMENTAL DESIGN/CLEANING & SANITATION

COVID-19 has created a unique health and safety environment for institutions of higher education. The risk of transmission and exposure on college and University campuses is augmented by the cultural and operational standards of these institutions. Environmental design and cleaning and disinfecting procedures best address and mitigate these risks.

Environmental design influences the amount of interaction and contact between individuals in any given environment. Modifications to our existing environment help improve our physical distancing capabilities while maintaining important business functions and can improve general safety in the work or learning environment.

Barrier Devices: When physical distancing is not possible, physical barriers or other controls (sneeze guards, plexiglass, plastic sheeting, etc.) must be maintained between all individuals who are not fully vaccinated or have not verified their vaccination status. Barrier devices can be used in areas where 6 feet of physical distancing is not possible.

Though transmission of COVID-19 via surfaces is minimal, **cleaning and disinfecting** decreases how much of the virus remains on high-touch surfaces and objects, further reducing risk of exposure. Regular cleaning and disinfecting are important and required for the duration of the COVID-19 pandemic.

Cleaning and disinfecting spaces, equipment, tools and vehicles pursuant to guidance from Washington State Department of Labor & Industries and the CDC and other recognized government agencies, has been implemented and will continue. However, updated guidance requires less stringency in most situations. Plant Services will complete cleaning and disinfecting per the most current guidelines and protocols. Cleaning and disinfecting supplies are made available for offices, classrooms, conference rooms and near entrances.

Every member of our community has a responsibility for disinfecting their own spaces and when using shared resources (e.g., meeting rooms, commonly touched surfaces and equipment).

EDUCATION & COMMUNICATION

Communication and educational efforts must reinforce sound public health practices, utilize multiple education and communication channels, be pilot tested in efficient ways and assessed, maintaining consistency across approaches to best address and mitigate risks. Utilizing multiple communication channels has been effective in helping mitigate risk and ongoing spread of COVID-19. Student input has increased the creation and delivery of concise key messages, particularly regarding updates that will influence their behavioral decision-making.

Our campus community relies on information around on new COVID-19 norms and expected behaviors in scalable, fact-based ways to mitigate the spread of infectious disease on campus, and by extension, off campus. Multiple communication and education strategies ensure that messaging is accessible, consistent, comprehensive, transparent, and holistic. Communication and educational efforts will reinforce sound public health practices, utilize various communication channels, be pilot tested in efficient ways, and be assessed.

We all need to practice behaviors that mitigate the spread of infectious disease both on and off campus. As such, educational opportunities will be provided on an ongoing basis with accessible, consistent, transparent and holistic information that you need through the following sources:

- **Zag Into Action:** Online course modules for new and returning students.
- **Digital/Print poster campaigns and campus signage**
- **Blackboard**
- **Pledge/Community Commitment Statement**
- **ZagOn Campaign (website, emails, social media posts, Morning Mail)**
- **Pre-Orientation Programs FAQ:** Guidance and questions answered specific to any community engagement opportunities will be offered prior to the start of the semester.
- **Building, & Bathroom Signage:** Print materials will reinforce desired behaviors, rapid response team information, etc. Regular updates regarding COVID-19 norms and expectations and other relevant health education topics will be provided.
- **Academic Messaging:** Emails with information and links to reach returning students, addressing specific considerations or concerns by major, academic program and/or school affiliation.
- **Testing Education:** Information for students who become involved in reactive contact tracing and targeted testing efforts and clarify available testing options.

We will provide timely and consistent information to all members of our community, particularly regarding expectations for behavior. Information will be disseminated through a variety of communication channels to ensure that constituents are both provided *and* understand these expectations.



GUEST GUIDANCE

As of Fall 2021, Gonzaga University is reopening to all guests. Gonzaga University requires that all guests and event attendees be fully vaccinated before coming to campus.

GUESTS ON CAMPUS

Gonzaga is committed to maintaining a safe and healthy environment for our entire community, including our students, employees and guests. The following health practices are essential to our efforts, and we ask our guests for compliance. Currently, there are no restrictions or requirements for capacity limitations or physical distancing for on-campus events. All guests will be required to wear masks for at least the first weeks of the fall semester. Participants or guests must show proof of vaccination if they wish to remove their masks should the requirement for masks be lifted. Without proof of vaccination, participants or guests must keep their masks on when both inside and outside.

Here is what you need to know before visiting or hosting someone on campus:

- **Guests/Attendees 12+** must be fully vaccinated having received a final vaccination dose at least **two weeks** prior to event date (e.g., second dose of Pfizer/Moderna or single dose of Johnson & Johnson) and have a CDC-issued COVID-19 vaccination card showing fully vaccinated status **presented at time of entry of event**
- **Guests/Attendees 0-12** must wear a mask while on campus
- **Guests who will be on campus for more than 10 minutes must:**
 - Complete a [digital self-certification form](#) certifying that they or a member of their household have not:
 - Been diagnosed with, or knowingly exposed to a positive case of COVID-19 in the last 14 days
 - Been experiencing any of the COVID-19 symptoms such as fever, shortness of breath, dry cough, new loss of taste or smell
 - Been asked to self-quarantine or self-isolate in the last 14 days
- Upon arrival, guests and attendees must show proof of vaccination at the event check in. If guests or attendees are unable or unwilling to provide proof of vaccination, they will be required to wear a mask while on campus (both inside and outside).



For information regarding attendance at large sporting events, please click [here](#) for the Athletics plan

Following are acceptable proofs of full vaccination (if 12+):

1. Vaccination card (which includes your name, type of vaccine provided, and date last dose administered)
2. A photo of a vaccination card as a separate document
3. A photo of your vaccine card stored on a phone or electronic device
4. Documentation of vaccination from a healthcare provider electronic health record or state Immunization Information System record (*note: self-reported vaccination records that are not verified by a health care provider cannot be accepted*).



CAMPUS SAFETY & SECURITY

The safety and security of campus remains fundamental to how behavioral changes (in accordance with public health needs) are promoted. We must balance public health needs with general care and concern for all individuals. Clear adherence to public health protocols and protection of the campus community will only be as effective as our communication of expectations and enforcement of those expectations being linked to education:

Failure to Observe Public Health Behavior Response: All of us must remain active participants in the work of mitigating transmission and conducting ourselves in a manner appropriate to this circumstance. Compliance with all required public health practices outlined in this Guide is expected of all of you.

- Our Student Code of Conduct addresses misconduct, which would include refusing to wear a mask or not physically distancing if you are unvaccinated.
- Reviewing the [COVID-19 Notice & Acknowledgement of Student Risk](#) document at the end of this Guide indicates that you will comply with all requirements.

University Identification:

CSPS officers will request a University-issued ID for verification before performing key services. All students must have their GU ID in their possession at all times while on campus and are encouraged to wear their GU ID in a visible fashion (such as on a lanyard or badge clip) for easy identification. Guests will be issued guest identification and be escorted through campus/to their destination by the sponsoring department.

Access Control:

Buildings: With the exception of certain “public access” and academic facilities, such as the Hemmingson Center, Foley Center Library, and Martin Centre Athletics, Gonzaga facilities will be accessible by card-key only. External building card-access doors, such as those to residence halls, will be locked 24/7. Employees and students can use card-access keys to access doors. External building doors with manual locks should remain locked with signage indicating the campus is closed to guests and directions to contact CSPS or the guest’s point of contact for assistance.

In an effort to assist with our contact tracing efforts, all building and department reception areas will have guest logs for visitors. Departments will ensure logs record when visiting individuals (such as prospective students, families, alumni, donors, guests) have entered and exited the facility. Completed guest logs must be retained by the department for at least four weeks.

Identification: It is recommended that you carry your Gonzaga ID card on your person while on campus. Additionally, you should obtain a form of guest pass/ identification for guests from the appropriate location on campus.

Campus Rides and Transportation: CSPS will offer critical transportation on-campus for employees or students, with GU ID, as long as all participants are wearing appropriate PPE (at a minimum, a mask) are not symptomatic/sick, and no more than 1 rider is in the vehicle. CSPS may request able-bodied riders to wipe down their door handles, seat, and seatbelt with a provided cleaning wipe at the end of the transport.



FITNESS CENTER, INTRAMURALS & CLUB SPORTS



Gonzaga University Athletics is committed to the safety and well-being of our students and staff. Our goal is for you to exercise and enjoy physical fitness in a safe and healthy environment.

PERSONAL SAFETY PRACTICES All athletics personnel, students, student-athletes and visitors must wear masks indoors in public or high-density areas until further notice. Unvaccinated staff and student-athletes **must wear masks at all times** when in the presence of others and in public settings where other physical distancing measures are difficult to maintain (e.g., common workspaces, weight rooms, meeting rooms, training rooms, locker rooms, classrooms, entrance and exit locations, etc.).



- **Masks:** Appropriate use of face masks is critical in minimizing risks to others. Spread of COVID-19 to others is possible for those experiencing little to no symptoms or are otherwise asymptomatic. A face mask is not a substitute for physical distancing. Masks must only be worn for one day and must be properly laundered before use again. Disposable masks must only be worn for one day and then must be properly disposed.
- **Physical Distancing:** For unvaccinated individuals, keeping space between people is one of the best tools to avoid being exposed to COVID-19 and slowing its spread. Due to the possible spread of the virus from people with little to no symptoms, it is important to maintain physical distancing of at least six feet whenever possible, even for those who are asymptomatic. Physical distancing is important for everyone, especially those who are at higher risk of getting very sick. Student-athletes and staff should follow these physical distancing practices:
 - Stay at least 6 feet (about two arms' length) from other people at all times
 - Do not gather in groups
 - Stay out of crowded places and avoid mass gatherings
- **Handwashing:** Consistent handwashing is highly recommended to help prevent the spread of COVID-19. Wash hands often with soap and warm water for at least 20 seconds, especially after sharing a public place, coughing, sneezing, blowing nose or touching one's face. If soap and water are not readily available and hands are not visibly dirty, an alcohol-based hand sanitizer that contains at least 60% alcohol may be used. However, if hands are visibly dirty, always wash hands with soap and water. When using hand sanitizer, cover all surfaces of one's hands and rub them together until they feel dry. Avoid touching eyes, nose, and mouth whenever possible.

SPECTATORS will be permitted, with specific directives in place, at home athletic events per state, local and University guidelines at the time of the event.

THE RUDOLF FITNESS CENTER (RFC)

Based on the CDC and the state of WA recent proclamations the Rudolf Fitness Center (RFC) will resume full-capacity operations in Fall 2021. All fully vaccinated individuals will be able to participate in fitness center activities without wearing a mask. Patrons will be asked to present proof of full vaccination status upon entry of the RFC.



All unvaccinated patrons must adhere to CDC recommendations including wearing masks and physical distancing while in RFC spaces, using RFC equipment, and during all RFC programming or events. Athletics staff will:

- Wear disposable gloves to clean and disinfect.
- Clean surfaces using soap and water to reduce the number of germs, dirt and impurities, and then use disinfectant to kill germs on surfaces.
- Practice routine cleaning of frequently touched surfaces.
- More frequent cleaning and disinfection may be required based on level of use.
- All exercise equipment should be cleaned and disinfected before and after each use.

INTRAMURAL ACTIVITIES

Intramural activities will have no more than 50 participants in total and contain a combination of non-contact and minimal contact activities. Sanitization standards will be important to maintain cleanliness of shared pieces of equipment. Intramural activities may resume in full in the fall with continued physical distancing protocols and sanitization of equipment. Intramurals will be offered with in-person activities, such as:

- Singles Ping Pong
- Doubles Pickle Ball
- Golf League at Esmeralda Golf Course
- Softball League
- Outdoor Iron Zag
- Senior Games (Kickball and Corn Hole)



Staggered game times will allow for cleaning and sanitizing of equipment before and after games. State and local guidance was followed during all IM activities, regarding cleaning and disinfecting protocols.

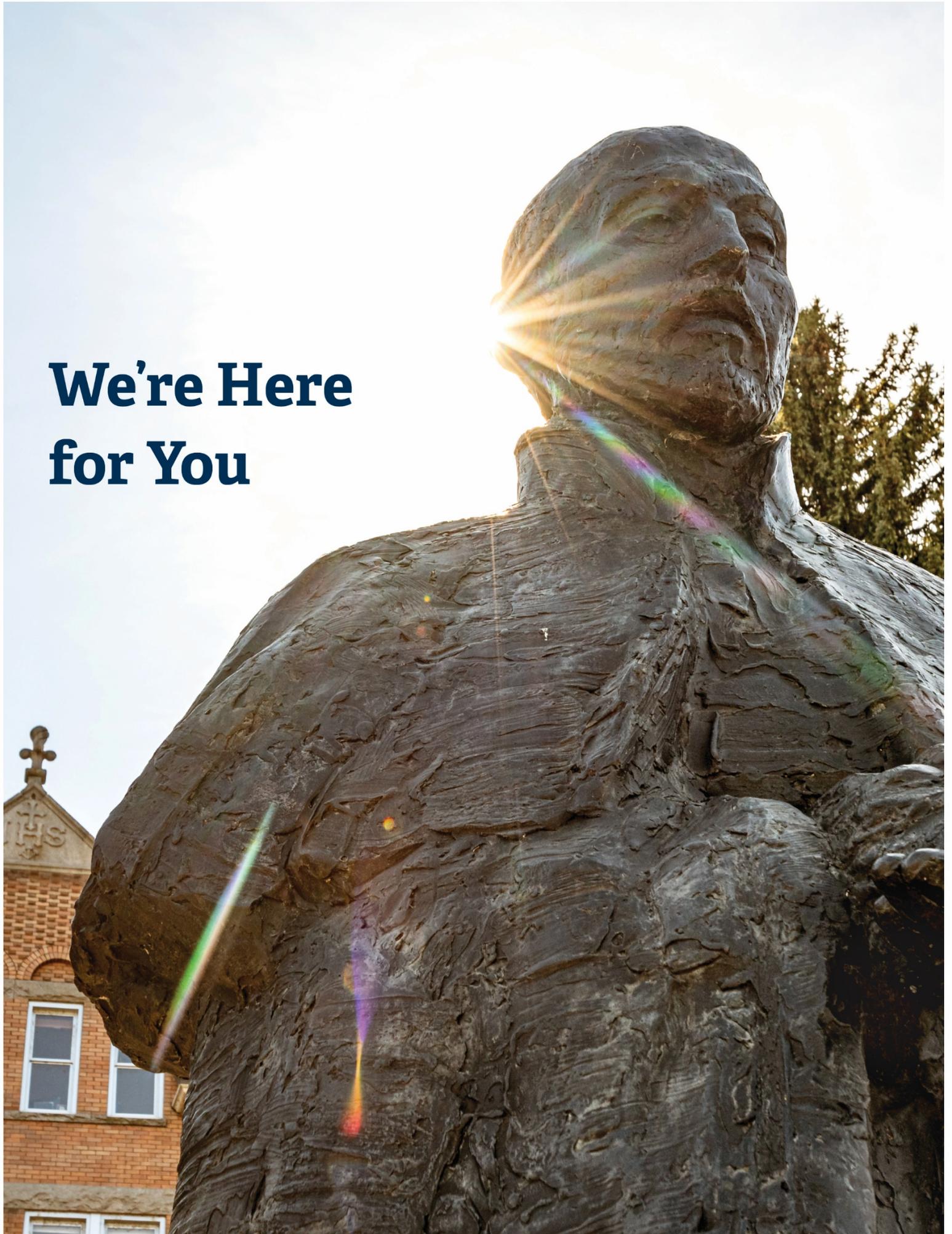
CLUB SPORTS will most likely resume following direction from Intramural Sports and the Spokane Regional Health District. If you have any questions or concerns, and for further updates, please email getinvolved@gonzaga.edu.

INTERCOLLEGIATE ATHLETICS

As student-athletes are allowed to return to use campus facilities for training and sports medicine needs, NCAA regulations and protocols set forth with the guidance of the SRHD have been implemented. Procedures including reserved workout times, capacity limitations based on Phases, health screenings upon arrival, cleaning and sanitization standards, hand hygiene and physical distancing provide a safe atmosphere that allows student-athletes to workout in their own predetermined space.

Following state, local and NCAA guidelines, plans and protocols have been developed for the safe return to college sports. Student-athletes may reach out to their coach for further details and questions pertaining to their team.

**We're Here
for You**



WE'RE HERE FOR YOU

PHYSICAL, MENTAL, SPIRITUAL & EMOTIONAL WELL-BEING

We remain committed to a holistic model of well-being and health; building on the individual strengths of each of us and a deep sense of community to attain and to maintain holistic health. Gonzaga's Health & Counseling Center provides treatment for Undergraduate, Graduate, and Law students, which may include referral services as needed.

The impact COVID-19 has had on you, your family and loved ones is difficult, if not impossible, to measure. Some students have reported feeling confused, anxious, and stressed. Despite your best efforts, it can be difficult to maintain your mental health during a pandemic. **You are not alone, and our community is here to provide you with the resources you need to cope with this crisis and your emotional experience during this time.** As a Gonzaga student, you have access to expert advice from healthcare professionals for many medical and health-related needs:

- Gonzaga University Health and Counseling Services: (509) 313-4052
- 24-Hour NurseLine: Talk to a registered nurse at no charge: (800) 841-8343
- Providence Sacred Heart Medical Center: (509) 474-3131
- MultiCare Deaconess Hospital: (509) 473-5800

MENTAL HEALTH

Emotional and psychological well-being are essential components of a student's health. We are committed to allocating resources to mental health treatment and education efforts. We understand that emotional, social, and financial disruptions, in combination with 24/7 media coverage, and the associated fear and uncertainty surrounding this pandemic, may take a toll on your well-being. Studies tell us this can lead to depression, anxiety, substance use, anti-social behavior and other difficult or potentially self-destructive responses. Innovative approaches at Gonzaga are being used to extend resources further as this pandemic continues to affect the mental health of students, faculty, and staff. Gonzaga's holistic approach to promoting a healthy community helps to foster an ethos of "cura personalis" that focuses on the well-being of the whole person. Following are some of the excellent resources for our students:

- Gonzaga University Health and Counseling Services: (509) 313-4052
- Gonzaga University Center for Cura Personalis: (509) 313-2227 (non-clinical)
- Campus-Wide messaging campaign around keeping Zags healthy found in the #ZagOn campaign, Positive Messages Campaign
- [COVID Care Packages](#)
- **National Suicide Prevention Lifeline:** 1 (800) 273-TALK (8255)
- **Crisis Text Line:** Text HOME to 741741
- Wellness Toolbox, Tips Packet/Care Cards
- **Educational Opportunities:**
 - Mental Health First Aid
 - Suicide Prevention Training
 - Zags Help Zags, and information on other campus resources

- **Virtual Resources and Information:** [Online Wellness Toolbox](#), [COVID-Related Information Hub](#)

Increase Help-Seeking Behavior: Campus-wide messaging campaign around keeping Zags healthy in new environment. Visual positive messages campaign, promotion of campus resources, establish/update plans to assess mental health in student population

Virtual Services & Education: Workshops, mindfulness practice, skill building programs, Identifying students at risk, Wellness Toolbox

Non-Clinical Interventions (Case Management): Gonzaga University Center for Cura Personalis can provide support for students testing positive for COVID, support for students whose mental health is impacted but do not require/desire clinical intervention, connecting “well” students to on & off campus resources, consultation for staff, faculty, students, families of students of concern, outreach to students of concern & students not engaging in class

Clinical Interventions: Gonzaga University Health and Counseling Services provides counseling visits for individuals, virtual group sessions (Spring 2022), careful attention/response to suicidal thoughts and behaviors, mental health crisis response (In-person in Fall 2021)

- [Wellness Toolbox, Health Check, Campus & Community resources](#)
- Other Links:
 - [Seize the Awkward](#)
 - [NAMI COVID-19 Resource and Information Guide](#)
 - [Active Minds](#)
 - [6 Daily Questions to Ask Yourself in Quarantine](#)
 - [COVID-19 Resource Guide](#)
 - [Steve Fund Knowledge Center](#)
 - [How LGBTQ Youth Can Cope with Anxiety and Stress During COVID-19](#)
- Tip Sheets for:
 - Staying Educated
 - [About Coronaviruses](#)
 - [Understanding & Preventing COVID-19](#)
 - [Health & Safety Resources](#)
 - Staying Mentally Healthy
 - [Coping with Stress During Infectious Disease Outbreaks](#)
 - [Mental Health and Coping During an Outbreak](#)
 - [Managing Pandemic Stress](#)
 - [Mindfulness](#), [Mental Health First Aid](#) and [Meditation](#) toolkits

If you need mental health support, please contact CCP at (509) 313-2227 and/or Health and Counseling Services at (509) 313-4052. You can also refer a friend using the online [Refer form](#).

YOUR SPIRITUAL & EMOTIONAL WELLNESS: OFFICE OF MISSION & MINISTRY RESOURCES

The [Office of Mission and Ministry](#) is available to meet with you and talk about faith, life, joys, sorrows, questions, and whatever is on your heart. Click [here](#) for contact information and a video or find the Digital Ministry Schedule [here](#).

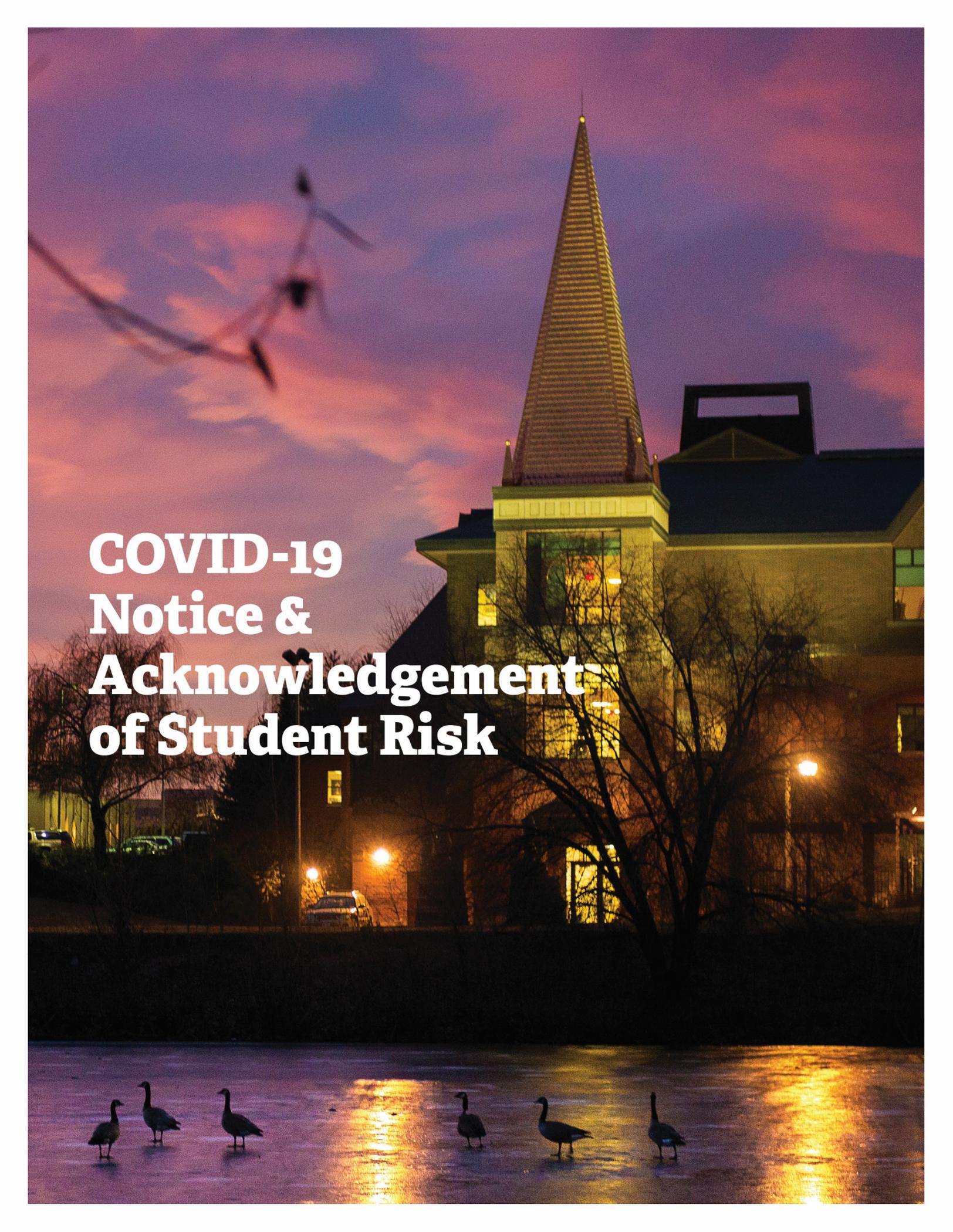
CONTACTS FOR SUPPORT



Following are campus contacts to reach out to with specific questions:

GU's Coronavirus (COVID-19) Information & Resources	
COVID-19 Call Center	(509) 313-7070
Health and Counseling Services	(509) 313-4052; studenthealth@gonzaga.edu
Study Abroad	(509) 313-3549; studyabroad@gonzaga.edu
Office of Diversity, Inclusion, Community & Equity	(509) 313-4100
Foley Library Resources	(509) 313-5931
Student Affairs Office	(509) 313-4013
Housing & Residence Life	(509) 313-4103
Parent & Family Office	(509) 313-4154
Center for Student Academic Success	(509) 313-4047
Move-In Weekend	(509) 313-4103
New Student Orientation	(509) 313-4346
Office of Mission & Ministry	(509) 313-4242
Center for Cura Personalis	(509) 313-2227
Campus Security & Public Safety	(509) 313-2222
Spokane Regional Health District	(509) 324-1500
Washington Department of Health	Coronavirus Call Center: +1 (800) 525-0127
CDC	

For general questions or for more information, visit www.gonzaga.edu/zagon or call the COVID-19 Call Center at (509) 313-7070.

A photograph of a large building with a prominent spire at dusk. The sky is a mix of purple, pink, and blue. The building is illuminated from within, and its spire is lit up. In the foreground, there is a frozen pond with several geese standing on it. The text "COVID-19 Notice & Acknowledgement of Student Risk" is overlaid on the left side of the image.

**COVID-19
Notice &
Acknowledgement
of Student Risk**

GONZAGA UNIVERSITY
AY 2021-2022
COVID-19 NOTICE AND ACKNOWLEDGEMENT OF STUDENT RISK

Each student making the decision to participate in academic, student life (including residence life), and/or athletic programs (“Program(s)”) at the Gonzaga University Spokane Campus during the 2021-2022 academic year should only do so after considering the risks and responsibilities described in the following paragraphs.

Each student must make an **individual voluntary decision** to participate in the Program(s) based on their individual health status and other personal considerations.

Coronavirus disease (COVID-19) is a disease caused by a relatively new virus that can spread from person to person. The virus that causes COVID-19 has spread throughout the world. Multiple variants of the virus that cause COVID-19 are circulating globally and within the United States. Scientists are working to learn more about these variants, including (1) how widely these new variants have spread, (2) how the disease caused by these new variants differs from the disease caused by other variants that are currently circulating, and (3) how these variants may affect available therapies, vaccines, and tests.

COVID-19 symptoms can range from mild (or no symptoms) to severe illness and/or death. A person can become infected from the uptake of respiratory droplets from an infected person; respiratory droplets are produced when an individual coughs, sneezes, or talks. Current data suggest that close-range aerosol transmission by droplet and inhalation, and contact followed by self-delivery to the eyes, nose, or mouth, are likely routes of transmission. As we continue to learn about the disease, variants, and associated symptoms, the best way to protect oneself is to avoid being exposed to the virus that causes COVID-19, become fully vaccinated against COVID-19, wear a mask, maintain physical distancing requirements, and comply with social gathering limitations.

A person infected with the virus that causes COVID-19 may be asymptomatic, suffer mild discomfort, experience severe illness, or even die. Persons in the following categories are at increased risk for developing more serious complications and/or severe illness from COVID-19: Older adults and people of all ages with certain medical conditions including:

- Cancer
- Chronic lung disease, including COPD, moderate to severe asthma, interstitial lung disease, cystic fibrosis, and pulmonary hypertension
- Chronic kidney disease
- Dementia or other neurological conditions
- Diabetes (type 1 or type 2)
- Down syndrome
- Heart conditions (such as heart failure, coronary artery disease, cardiomyopathies or hypertension)
- HIV infection
- Immunocompromised state (weakened immune system)
- Liver disease
- Overweight and obesity

- Pregnancy
- Sickle cell disease or thalassemia
- Smoking (current or former)
- Solid organ or blood stem cell transplant
- Stroke or cerebrovascular disease, which affects blood flow to the brain
- Substance use disorders (such as alcohol, opioid, or cocaine use disorder)

Students who are at increased risk for severe illness from COVID-19 should consider immediately contacting the [Student Disability Access Office](#) to discuss possible reasonable accommodations during the 2021-2022 academic year and/or postponement of their participation in Programs at the Spokane Campus until the COVID-19 and pandemic-related risks subside, even if doing so results in a delay of their progress toward degree completion.

In accordance with its Mission, Gonzaga University holds as paramount the health, safety, and welfare of every member of its community. Having said that, the reality is the University cannot guarantee a COVID-19-free environment. This is simply not feasible.

Taking steps to minimize the risk of COVID-19 infections (or any other spread of disease) at Gonzaga University is a shared responsibility. Every member of our community – including individual students -- must do their part. This means adhering to national, state, and local health guidelines and requirements, and adhering to those measures Gonzaga University deems safe and appropriate for its campus. Specific details will be provided as circumstances dictate, but these may include measures such as: vaccination, random surveillance testing, temperature checks, physical distancing, wearing masks, using other personal protective equipment, not attending Programs if sick, and isolating and quarantining when required. Effective at the beginning of the Fall 2021 semester, Gonzaga University is requiring all students attending in academic year 2021-2022 to be fully vaccinated against COVID-19. Exemptions may be requested for medical or religious reasons. Students receiving these exemptions will, at times, likely be subjected to more of the above-described measures than fully vaccinated students, including wearing masks.

The University's vaccination decision is informed by several key factors, including:

- The moral, ethical, and legal obligation to endeavor to create and support a reasonably safe and hazard-free campus and work environment for our students, faculty and staff;
- The fact that vaccination is supported by local, state, and national public health agencies as the primary tool for preventing COVID-19, and ending the pandemic;
- The belief that immunization creates the best opportunity for resuming “normal” campus activities, including in-person instruction, shared residence hall spaces, communal dining, student sports, recreation and performance activities – many of which are fundamental to the holistic educational experience to which we are committed; and
- The many challenges the Gonzaga community faced last year managing infections, and the desire to expend as few resources as possible on COVID-19 testing, isolation and quarantine services.

EACH STUDENT MUST VOLUNTARILY DECIDE WHETHER TO BECOME FULLY VACCINATED OR REQUEST AN EXEMPTION. STUDENTS MUST ALSO UNDERSTAND THAT THEY ARE FREE TO DO NEITHER.

If a student is unwilling to accept the risks (as explained by their healthcare provider) associated with (1) becoming fully vaccinated or (2) requesting an exemption and, therefore, chooses to do neither, they may request a leave of absence if eligible as a returning student, request to defer their admission as a new student, or cause their enrollment status to be changed to “on hold” or “disenrolled”, but they may not participate in on-campus Programs during academic year 2021-22.

Students must agree to engage in all of these COVID-19 countermeasures and protective measures not just for themselves but for the safety of others, and because this is consistent with their obligations as members of the Gonzaga University community.

Students making the decision to participate in Programs at the Spokane Campus during the 2021-2022 academic year must understand that there **are inherent risks associated with this decision that cannot be eliminated regardless of the care taken to avoid infection** and that they may contract COVID-19 and infect others.

The COVID-19 related risks of participating in Programs at the Spokane Campus during the 2021-2022 academic year **include, but are not limited to, contracting COVID-19, respiratory failure, organ failure, paralysis, exacerbation of existing health conditions, stress, social-stigmatization, spreading the disease to others, and death.** Although the University will be taking steps to mitigate these risks, the University cannot guarantee that students will not become infected and/or infect others.

By voluntarily deciding to participate in Programs at the Spokane Campus during the 2021-2022 academic year, each student acknowledges their individual responsibility to comply with the following requirements (which may be modified as the University receives additional guidance and conditions change):

- frequently check themselves for any symptoms of COVID-19 and maintain ongoing awareness of whether they are experiencing any symptoms;
- notify a healthcare provider immediately and not attend in-person Program classes or meetings if they become sick and/or exhibit any of the following symptoms of COVID-19: fever or chills, shortness of breath or difficulty breathing, cough, fatigue, sore throat, congestion or runny nose, headache, muscle or body aches, diarrhea, nausea or vomiting, and/or the new loss of sense of taste or smell;
- comply with the public health requirements and directives issued by Gonzaga University, the City of Spokane, the Spokane Regional Health District, the Washington Department of Health, other Washington state agencies, and the Washington Governor, including random surveillance testing, temperature checks, physical distancing, wearing masks, using other personal protective equipment, not attending Programs if sick, isolating and

quarantining when required; and

- understand that their decision to participate in Programs at the Spokane Campus during the 2021-2022 academic year may result in additional costs, including healthcare costs, travel cancellation and rescheduling costs, and additional food and lodging costs for students not in University housing or without University meal plans, including, but not limited to, costs arising from isolation and quarantine. International students may arrange for housing and dining associated with any government mandated period of quarantine upon arrival at the University by contacting campus housing.

Students should contact GU Health and Counseling Services at 509-313-4066 if they believe they have been exposed to COVID-19.

Please click [here](#) to sign your COVID-19 Notice and Acknowledgement of Student Risk Form