

# SPRING

Arrival & Return  
to Gonzaga Guide  
Grad/Law Version

Zag  
On  
2021





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*(for those who had not previously signed)*

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## Zag On 2021 – A Letter from the President

In late Spring 2020, Gonzaga made the decision to do everything possible to support and facilitate a safe Fall return to on-campus operations – including limited in-person learning, on-campus housing, dining, activities and support services, and a robust COVID-19 response (including support for testing, and students who needed to isolate or quarantine). We learned a lot of things along the way and adapted our plans and response accordingly.

One factor, above all, made our return-to-campus a success, and that is the amazing response of our students. Students understood that our ability to continue was fundamentally dependent upon each and every one of us adapting to new and creative ways of engaging, while simultaneously working to do our best to mitigate transmission of the virus. I am extraordinarily proud of this community and the ways it has responded in the face of this international pandemic.

As I write this letter, the US Government is in the process of approving and distributing the first of several vaccines engineered to help people develop effective COVID-19 antibodies, and the real chance of recovery from this devastating pandemic appears to be on the horizon. However, it is clear that vaccine programs are going to take some months to be implemented, and that in the meantime we will have to continue to work to protect ourselves, and each other, from infection. Over these past months, rates of infection have increased, not decreased, and with this the probability of exposure has increased as well.

In the fall, we shared a Student Arrival & Return to Gonzaga Guide, filled with information our students and families needed to know ahead of the start of the academic year. This *Spring Arrival & Return to Gonzaga Guide* revises and/or expands on the information that was shared in August and provides further direction so you can be as prepared as possible ahead of the start of the semester. As new information and directions from our public health partners arise, this *Guide* will itself be updated/revised. In addition, the robust library of FAQs housed on our [ZagOn website](#) has been, and will continue to be, updated with information specific to Spring 2021 return to campus.

The 2020-21 holiday season is going to be different than in years past, but our current circumstances invite us to think of new and different ways to connect, to celebrate, and to cherish all those in our lives who make continuing our educational journeys possible. I wish you the happiest of holidays and greatly look forward to seeing you all this January. Together, we will continue to Keep Calm and Zag On!

Sincerely yours,

Thayne M. McCulloh, D.Phil.  
President

***NOTICE:** For our **NEW STUDENTS**, This document is not a contract but rather a Guide for what to expect when you return to Gonzaga. It's important to understand this guidance is subject to change and modification as circumstances warrant and public health authorities may issue new directives, advice and requirements.*

*The University reserves the right to modify this guidance as it deems necessary and appropriate.*

## CONTEXT FOR THIS GUIDE

Last Fall, we developed a [Fall Graduate & Law Student Arrival and Return to Gonzaga Guide](#), a comprehensive document with all of the details our students and families needed to know given this COVID-19 environment.

I encourage our new students to become familiar with this *Spring Arrival & Return to Gonzaga Guide*. For our returning students, especially those who lived on campus this fall, much of the information shared in this *Spring Arrival & Return to Gonzaga Guide* will feel very familiar.

Throughout this Guide, you will see designations that look like this:

## NEW STUDENTS

This content has been developed specifically for you, our new students beginning coursework for the first time this January. Gonzaga's graduate and professional programs take place both on campus and online, yet we want to share on campus protocols with everyone.

## GUIDING PRINCIPLES

Coronavirus disease 2019, or COVID-19, is caused by the virus SARS-CoV-2. COVID-19 is spreading easily in many areas across the world and especially in the United States. The virus is believed to be primarily transmitted through inhalation of airborne respiratory droplets; many researchers now believe it is a virus that principally affects the circulatory system.

People who have the virus that causes COVID-19 have a wide range of symptoms, from undetected to severe. The illness is transmitted, especially to those in close contact with someone who has COVID-19. Transmission of the illness can occur even when the person has mild symptoms or no symptoms at all, known as asymptomatic transmission. Understanding COVID-19, its readily transmissible nature, and the potential health consequences, is critical to managing the disease and preventing further spread.

As this Guide is being produced, new vaccines that have recently been approved by the US Government's Food and Drug Administration (FDA) are being delivered throughout the country. This incredible feat of medical research technology will hopefully soon make COVID-19 a thing of the past, but it is anticipated administration of the vaccine will take some time. In the meantime, we must continue to do our part to mitigate the spread of this virus in our communities.

### LESSONS LEARNED FROM THE FALL

Everyone in the Gonzaga University community has worked diligently to mitigate the impact of COVID-19. As a result, we have been able to continue our educational mission while successfully supporting students in-person, both on and off campus. We are grateful for the efforts of each and every person who has taken these matters seriously, including those who have participated in our quarantine and isolation efforts. The Spokane Regional Health District (SRHD) has consistently shared with us that, in their view, our adoption of masks, physical distancing, commitment to testing, and isolation & quarantine procedures have been successful in preventing community spread and keeping transmission of the virus to a minimal level.

As of December 2020, the current number of positive cases in Spokane is rising, and our own Gonzaga COVID-19 dashboard reflects an increase in positive cases, as well. Therefore, we ask that you follow this guidance upon your return to campus this January:

- 1) Please continue to **avoid social gatherings**, parties, or other situations that involve close contact with people you do not currently live with.
- 2) Most of the cases we have been seeing of late are associated with community exposure off campus. When dining on campus, in restaurants or other public venues, **please maintain physical distance** from other patrons. If you choose to go out, please stick with those individuals you know and live with, as much as possible, and limit your exposure to individuals you do not know or are not part of your living community.
- 3) Please **continue to wear masks** that cover the nose and mouth, whenever possible.
- 4) In this time of increased respiratory illness, please **continue to wash your hands frequently** with soap and water and keep high-contact surfaces clean.

Every community member must continue to follow the public health practices and guidance shared in this Guide. These practices will be updated as additional information becomes available:

1. **Daily attestation ([ZagCheck](#)):** For students coming to campus to learn, please continue to use the [ZagCheck application](#).
2. **Staying at home when ill with or exposed to COVID-19:** Staying at home at the first sign of possible infection or exposure is vital in the effort to reduce the risk of transmission.
3. **Maintaining adequate physical distance from others (at least 6 feet):** Physical distancing protects you and others and is one of the best tools we have to avoid being exposed to the virus and slowing its spread.
4. **Wearing a mask:** Masks protect others in case you are infected. Masks are especially important when physical distancing cannot be adequately maintained. Dr. Fauci has now reported that masks not only protect others but protects the person who is wearing one.
5. **Practicing hand hygiene and respiratory etiquette:** Frequent handwashing with soap and water or the use of hand sanitizer greatly decreases the chance of transmission, as does coughing or sneezing into a tissue or your elbow.
6. **Cleaning and disinfecting:** Though transmission of COVID-19 is less common by mode of high-touch surfaces, cleaning and disinfecting them should occur at least daily.

Our protocols for responding to the COVID-19 pandemic are guided by science and the latest information we are receiving from the Spokane Regional Health District. The continual safety of our students, faculty, staff, and the public we interact with is of paramount concern. Rooted in our mission values as a Catholic, Jesuit and humanistic university, we are called at all times, particularly today, to show our collective commitment to the dignity of the human person, social justice, diversity, and care for the planet within our responsible stewardship of our physical, financial and human resources.

The goals for our response to the COVID-19 pandemic are to protect public health and continue our vital mission of education while using our institutional values to guide our work and decisions.

Our plans are aligned and consistent with local health orders and ordinances of the City of Spokane and Spokane County, as well as the [Governor of Washington's Proclamation on Higher Education and Reopening Guidance](#) (as modified 10/20/20). Additionally, we are following recommendations from the federal government, Centers for Disease Control and Prevention, Spokane Regional Health District (SRHD), and our Pandemic Response Task Force.

### **PREPARING THE SEMESTER'S START IN JANUARY**

To support a safe return to campus after winter break as well as lowering the risk of transmitting COVID-19 between individuals, we are asking you all to observe the following guidance:

- 1) **Reduce close contacts with people outside your living environment two weeks prior to the start of the Spring semester (January 19th).** Additionally, you should "quarantine at home" for the seven days immediately prior to returning to campus.
- 2) **If you have possible symptoms consistent with those associated with COVID-19 prior to your travels back to Spokane,** you should not return to GU until you have received a negative COVID-19 test.

- 3) **Get tested** for COVID-19 **within 72 hours** of your intended return to Gonzaga. If you have questions about testing, please call the COVID-19 Hotline number (509) 313-7070, ext. 1. You may also contact Health & Counseling Services at (509) 313-4066.

## **A SHARED RESPONSIBILITY: EXPECTATIONS of ALL STUDENTS**

Gonzaga University formally resumed modified, on-campus operations effective August 1, 2020, following the Governor of Washington's Proclamation on Higher Education and Reopening Guidance, (issued June 24, 2020), with additional guidance from SRHD.

To safely return this spring, a condition of resuming operations is that you have read, and agree to follow, the steps outlined in this Guide. Our ability to continue our work is dependent upon doing everything we can to prevent and reduce the spread of COVID-19 and keeping everyone as healthy as possible. **You, and we all, must take this seriously – the health of every individual, and our institutional viability, depend upon it.** As these circumstances continue to evolve over the next months, we will require your patience, flexibility, and creativity.

All **NEW STUDENTS** must read this Guide, and review and acknowledge the [COVID-19 Notice & Acknowledgement of Student Risk document](#).

### **MAINTAINING OUR INCLUSIVE COMMUNITY**

We recognize the inherent dignity of all individuals and expect professional conduct in activities and programs and in the relationships we share with students, faculty, staff, and the public. During this pandemic, where there are many unknowns, taking care of each other is just as important as taking care of ourselves. *Cura Personalis*, or care for the whole person, and *Cura Apostolica*, or care for the work or institution, go hand in hand and are integral to our mission. We are committed to maintaining an educational, working, and living environment free of all forms of discrimination or harassment. Making assumptions about or engaging in negative treatment of others based on perceived COVID-19 symptoms, medical conditions or abilities, national origin, racial and ethnic characteristics, or any other protected status hurts our community and will not be tolerated. Any acts of discrimination or harassment run counter to our University values and policies, including our Harassment and Non-Discrimination Policy.

We recognize that each of you continue to have very different experiences during this pandemic. We also understand that COVID-19 has had different impacts among various populations within our country, impacting disproportionately (for example) the elderly and people of color. We are here to support you and provide you the resources necessary to allow your experience at Gonzaga this spring to be the best it can be. The Office of Diversity, Inclusion, Community & Equity utilizes the principles of critical dialogue, reciprocity, and solidarity to facilitate learning that cultivates cultural engagement, enriches mindfulness, fosters a sense of belonging, and challenges systems of privilege and oppression. To connect with the DICE team and learn more about resources and support systems available during this time of uncertainty and challenge, call (509) 313-4100.

Click here for a list of [additional resources available for you](#).

### **A SHARED RESPONSIBILITY**

We hold as paramount the health, safety, and welfare of every member of our community. Having said that, the reality is that we cannot guarantee a COVID-19-free environment. This is simply not feasible. Taking steps to minimize the risk of COVID-19 infections (or any other spread of disease) at



Gonzaga is a shared responsibility. **As a member of our community, you must do your part.** This means adhering to national, state, and local health guidelines and requirements, and adhering to those measures we deem safe and appropriate for our campus. We are so grateful for your trust and faith in the plans and protocols we have put into place. This pandemic is rapidly changing, and it is important to understand that there **are inherent risks associated with the decision to return to campus that cannot be eliminated regardless of the care taken to avoid infection** and that there is the possibility of contracting COVID-19 and infecting others.

## **ACCOUNTABILITY**

We are counting on you to be active participants in helping us mitigate the transmission of COVID-19. Complying with all public health practices is expected of all of you. These expectations align with Gonzaga's values, including our commitment to social justice and for the care, health and wellbeing of all members of our community. We have developed a [fact sheet](#) outlining Student Expectations and Standards. Gonzaga's Student Code of Conduct includes provisions for addressing student misconduct, which include such behaviors as refusal to wear a mask or failure to practice physical distancing. We know that your sense of responsibility to our community and one another will be the guiding force that ensures accountability with COVID-19 prevention requirements.

For our **NEW STUDENTS**, reviewing the [COVID-19 Notice & Acknowledgement of Student Risk](#) on the last pages of this Guide, coupled with your understanding of the Code of Conduct, will provide the standards and processes for ensuring accountability. We ask that you [commit](#) to these practices not just for yourself, but for the safety of others, consistent with your obligations as members of the GU community.

### **A Cura Commitment**

Being a Zag is about honoring the dignity of the human person and recognizing our role in contributing to the common good. It is central to the University's Jesuit, Catholic and humanistic identity. We have a responsibility to take exceptional measures by caring for ourselves and others (cura personalis), caring for the community (cura civitatem), and caring for the work we do (cura apostolica).

As a member of the Gonzaga University community, you are asked to demonstrate an understanding of that responsibility through the following commitment statement:

I am committed to doing my part to fulfill Gonzaga University community relational obligations during the ongoing pandemic. I will support and maintain community expectations as outlined by public health agencies, the State of Washington, and Gonzaga University. I will care for my own health and follow safety precautions in order to safeguard the community from the spread of COVID-19 and other infections.

**We are in this together. Zag On.**

# **Welcome Home Zags:**

**Your Arrival/  
Return to Campus  
this Spring Semester**

## **WELCOME HOME ZAGS:** YOUR ARRIVAL ON/RETURN TO CAMPUS THIS SPRING

The weeks leading up to the start of spring semester will be different than in years past. Our hope is that this Guide will inform you of how Gonzaga will manage on-campus learning this spring. We understand there is a lot of information here – please note that the [Zag On website](#) has great FAQ sections and will be updated with new information as we are provided further clarity and direction from our health care partners. Please visit that site for additional information and ongoing updates.

Different individuals – students, parents, faculty, staff, and community members – are in very different places with regards to their needs, sensitivities, and desires as we live in this pandemic. Therefore, the plans that have been developed acknowledge the need for flexibility and options where possible, including remote learning and choosing not to reside on-campus.

**Students who will be on campus must complete a 7-Day Quarantine at Home & Pre-Test prior to returning to campus:**

- It is imperative to do your best prior to resuming classes and activities on campus. Accordingly, GU is asking you to quarantine at home for at least 7 days before your arrival to campus in January.
- You must be extra vigilant and employ COVID-19 public health measures (stay home, wear masks, limit contact with other people, physical distancing, no attendance at large gatherings or parties, etc.).
- This preparation can make a SIGNIFICANT difference in mitigating the potential spread of COVID-19 on our campus and is an important part of keeping others healthy as we come back together again. If you are feeling ill, have COVID-19 related symptoms, or have been exposed to someone with COVID-19, you should **NOT** come to campus. You should be tested and self-isolate until receiving the results of the test.
- Additionally, we ask that you get tested for COVID-19 before returning to campus and complete your [acknowledgement of risk](#).

**Academic Plan:**

- **Flexibility:** Graduate and Professional programs will be offered online and on campus; please receive guidance from your program director.
- **Academic Calendars:**
  - The Law School will keep the [current academic calendar](#) which begins on January 4, 2021 and includes a spring break.
  - Graduate Programs **held on campus** will follow the academic calendar found on [Gonzaga's website](#).
  - Click [here](#) to access the **online graduate program** calendar.
  - *(Please note: the academic calendars are subject to change/modification depending upon decisions made in the interests of student, faculty and staff health and welfare.)*
- **Delivery Options:** Flexibility and adaptability are the hallmarks of our approach. Some classes may be held using a hybrid approach, with classes in person on some days and remotely on others, and some classes will be online, using best practices for student engagement. Faculty are determining the modes for their courses and that information is available on ZagWeb. Nevertheless, it is possible that circumstances may change necessitating a change from in-person classes to remote delivery – on an individual class basis or as to all in-person

instruction – again depending on changed circumstances that may be a result of public health authorities’ directives. We will work with any student who has issues or concerns with their schedule based on the chosen method for their courses.

**Health Monitoring & Disease Containment:** We are committed to supporting you through this uncertain time:

- **NEW STUDENTS** will be provided two masks by Student Services; online students will be mailed their masks. Off-Campus students can pick up their masks in the Center for Student Involvement.
- **On-Campus Students**
  - All GU campus community members will continue to provide daily symptom self-screening information using the ZagCheck app ([click here for download instructions](#)). *Note, online students do not need to complete this self-screening process.*
  - Gonzaga University Health and Counseling Services (HCS) has COVID-19 testing available for those who may be exposed to COVID-19 or are experiencing symptoms.
  - A dedicated GU COVID-19 Coordinator and contact tracers work with the entire campus community to manage instances of positive or probable COVID-19 cases in the campus community, in collaboration with SRHD.
  - Signage to support physical distancing, travel paths, and cleaning/disinfecting is posted across campus and in residence halls.
  - GU works closely with Spokane’s two major medical centers as well as a third hospital in the event a student needs emergency care. These are located within three miles of campus.
  - Ongoing education to promote prevention/containment of COVID-19 will be offered.

**For a comprehensive list of FAQs, [click here](#).**



## SPRING CAMPUS PUBLIC HEALTH & WELL-BEING



Since the fall, we have developed and implemented public health protocols designed to keep our campus safe and healthy. These strategies are based on a three-tier process:

1. **Prevention:** Screening, masks, environmental design, cleaning/sanitation, mental health and well-being
2. **Intervention:** Testing, rapid response, contact tracing, quarantine and isolation, mental health and well-being, and student support services
3. **Adoption:** Protocols/guidelines, education, communication, norming, commitment

We continue to work within plans that comply with local regional health authority directions, state mandates, and are in line with our ethical care for the whole person. We recognize that many are faced with stress and anxiety during this time and as such our resources within the Health and Counseling Center, the Center for Cura Personalis, Mission & Ministry, the Center for Student Academic Success, and advisors remain available for Main Campus students to provide assistance and support.

### **PUBLIC HEALTH MEASURES**

The public health measures we put into place in the fall are largely the same for spring semester. We are continuing to abide by health and safety measures from public health, industry, regulatory, legal, and governmental authorities. These measures are necessary as we continue to work to mitigate the spread of infectious disease on campus:

- **Personal Protective Equipment:** Some level of PPE is still required for everyone on campus.
- **Masks:** Per CDC guidance, most<sup>1</sup> children and adults must still wear masks. Unless you are alone or in your residence, you must wear masks when on campus and in the community:
  - All masks must fit snugly but comfortably against the side of the face, completely cover the nose and mouth, be secured with ties or ear loops, include multiple layers of fabric, allow for breathing without restriction, be laundered and machine dried without damage or change to shape. [Here is a fact sheet on how to properly care for your mask](#)
  - If you cannot wear a mask due to approved exemptions, please contact [Disability Services](#).
  - **NEW STUDENTS** will be provided two masks by Student Services; online students will be mailed their masks. Off-Campus students can pick up their masks in the Center for Student Involvement.
- **COVID-19 Testing:** This fall we implemented a surveillance testing process, walk-in-testing, and signs and symptoms testing, which has seen over 12,000 tests administered thus far. We are grateful to all of you for your understanding of this process and support in its success. The Student Affairs division is continuing to formulate testing protocols for the spring with guidance from the Spokane Regional Health District (SRHD). Any changes to the testing program will be communicated prior to the resumption of classes.

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<sup>1</sup> Individuals who should not use masks: children under 2, anyone who has trouble breathing, is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

## ZAGCHECK

The [ZagCheck](#) Self-Screening App is **required for students who will be studying on campus only**. It allows for self-screening of key health factors related to COVID-19. It can be accessed via a mobile device through the Microsoft [Power Apps Mobile app](#) or on our [website](#). **Protection of your personal health information is a top priority**. All data is treated in a secure and confidential manner. Returning students must continue to follow the daily self-screening process.



**NEW STUDENTS:** [ZagCheck](#), allows for easy and efficient data input and collection. Use your GU login credentials to access online or on your phone. Every day you come to campus, you will use the app to conduct symptom monitoring before coming to campus or leaving your residence for campus-related purposes. You will enter information related to daily symptom monitoring, including a daily temperature check. You will also provide information about close contacts and any exposures to COVID-19. The app will provide prompts and directions based on the entered data. Click [here](#) to watch a short video about how to use ZagCheck.

**You must utilize this application.** If you need temperature check support, check points on campus will be available. For ongoing updates, click [here](#).



## CART

**COVID-19 Action Response Team (CART):** The CART team responds to individuals with COVID-19 illness and implements isolation and conducts rapid contact tracing to quarantine potential new cases. The CART is activated when there is a laboratory confirmed positive COVID-19 case identified specific to the GU campus community. The CART works quickly to support students and employees at GU who may need to be in isolation or quarantine. Support for on-campus students includes access to academics, meals, healthcare and mental health services, laundry service, and other services. Support for off campus students is in collaboration with Spokane Regional Health District (SRHD).

## CONTACT TRACING

Contact tracing is a public health function to track COVID-19 positive cases and for individuals who may have been exposed to COVID-19. Gonzaga has a staff of full-time contact tracers as well as part-time tracers that assist with these processes on nights and weekends. GU is in close collaboration with the Spokane Regional Health District (SRHD). GU has developed processes, together with SRHD, and will continue to support contact tracing in preparation for our students to return to campus this spring.

## ENVIRONMENTAL DESIGN/CLEANING & SANITATION

The following modifications improve physical distancing capabilities while maintaining important business functions and improving general safety:

- **Physical distancing** requires maintaining a minimum of 6 feet of separation between individuals (indoors and outdoors). Physical distancing does not replace the need to wear masks, practice good hygiene behavior, or good cleaning and disinfecting protocols.
- **Barrier devices** (sneeze guards, plexiglass, plastic sheeting, etc.) have been installed in areas where physical distancing is not possible AND there is frequent face-to-face interaction.
- **Access control** has been implemented to exterior campus building entrances. **NEW** and returning students can access buildings using your GU ID card.



**Cleaning & Disinfecting:** More frequent disinfection of surfaces and objects is required for the duration of the COVID-19 pandemic:

- *Hand sanitizer has been* placed in or near each room or near building entrances.
- *Campus buildings* are cleaned and disinfected more frequently.
- *Every GU community member* is responsible for disinfecting their own areas and any shared resources.
- *Meeting/conference/event rooms* are cleaned daily but users of these spaces should clean between meetings and events.
- *Emergency blue phones* are disinfected daily and after a known call has been received.

## **MENTAL HEALTH<sup>2</sup>**

We are focused on mental health education, prevention, and intervention to support you. This plan is based on a holistic approach focusing on the well-being of the whole person and the importance of social connection. Our mental health support involves multiple elements and available resources include:

- Education and training
- Messaging and print resources
- Virtual information
- Non-clinical support such as case management
- Counseling services for Main Campus students

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<sup>2</sup> Additional mental health plan details can be found in the We're Here For You section.



## SPRING ACADEMIC CALENDAR



You deserve an educational experience that supports you. To protect the vulnerable in our community, during fall semester we adopted creative ways of teaching classes to limit the risk of exposure to the virus. All instruction will continue to prioritize your personal educational experience and care for you as a whole student, while maintaining our high educational and teaching standards.

**Graduate Programs** will follow the current [academic calendar](#) for Spring 2021 semester unless your Graduate Program director has given different guidance:

- **Classes begin Tuesday, January 19** (*Monday-only classes begin on January 18*)
- **Classes conclude Friday, May 7**
- **Final exams and/or final projects must be completed by Friday, May 7**

*\*Note: due to concerns of students leaving and returning to campus mid-semester, Spring Break has been eliminated for spring 2021.*

**Classes for Law Students:** view the full [Law Academic Calendar](#).

- **Classes begin Monday, January 4**
- **Classes conclude Thursday, April 22**
- **Examination Period: April 26 – May 7**

*Spring semester is starting one week later than previous years and following are additional holidays being celebrated this spring after the start of spring semester:*

- *2/15: President's Day Holiday*
- *3/12: Mid-Semester Reading Day*
- *4/2: Good Friday Holiday*
- *4/5: Easter Holiday*

As with fall spring semester, many of you will be on or near campus with access to technology support, infrastructure, and disability accommodations. We will take special care to provide technology help, access to course materials, and accommodations to those who are unable to return to campus or choose to study remotely for spring semester.

### **Technology Support**

There continue to be many tools available to make your learning experiences as successful as possible. Click [here](#) for information and links on how to log into Zoom, video tutorials, how to use Zoom through Blackboard, and more.

### **Meeting with Faculty**

Faculty will continue to have their office hours available on their syllabi. If you need to meet with your professor outside office hours, email them to ask about scheduling a time for an individual or small group interaction (e.g., office hours, advising, mentoring). Conversations have been, and will continue to be, conducted online via Zoom, online chat, telephone, or outdoors (if such interactions must be conducted in-person, all COVID-19 precautions will be followed).



## **Accommodations & Adjustments**

If you have qualifying medical conditions, you may be eligible for, and request, reasonable accommodations (contact the Disability Access Office to begin the process). Click [here](#) to access health and well-being resources. Policies and procedures for attendance and leaves of absence are reviewed on an ongoing basis.

All services and support will continue to be provided virtually, including academic advising, tutoring and writing support, disability support services, career and graduate education planning, health and wellness counseling, library resources, information technology support, and other services.

## **Study Abroad**

While international education is a part of the core academic experience, the health and safety of our students is the number one priority. With many countries keeping travel restrictions and with lock down returning to certain countries, we unfortunately have cancelled all study abroad programs for this spring semester.



## **International Student Support**

For our international students, we will continue to work to provide you with flexibility and options for participation and/or opportunities to transfer to course sections better suited to your circumstances. Please communicate with your faculty regarding travel plans and course-related needs and to stay current with your academic work until you arrive on campus. For more information, please contact the [Center for Global Engagement](#) by phone (509) 313-3549 or email ([iss@gonzaga.edu](mailto:iss@gonzaga.edu)).

## **Foley Library**

Foley Library access is restricted to current students, faculty and staff with a valid ZAGCARD. Hours of operation for the Foley Center (Library) are available [online](#).



## SPRING FACILITIES, DINING & OTHER SERVICES



Zag Dining has safety standards in place for students, visitors, and staff. Zag Dining staff are trained on health and safety issues with the “The Six-Foot Kitchen” concept for safe food production. Each location has physical distancing standards and protocols posted. PPE and sanitizing products are utilized by Zag Dining staff, and directional flow is used to mitigate risk. All dining locations have implemented station-specific sanitation procedures and have sanitizing stations available. All locations have schematic floor, seating, and flow chart diagrams to offer the safest environments for dining and flow of traffic. Diners must observe physical distancing requirements with 6 foot table separations.

Throughout the fall semester, we have been proud to partner with Sodexo to offer campus community dining options that are flexible and provide variety during these times. We have also learned a great deal about students’ dining preferences along the way. In spring semester, Sodexo will communicate its plans and our campus dining options will reflect student preference.

### **The COG**

[Zag Dining by Sodexo](#) has information available regarding meal service and dining hours. All dining locations, including the main dining hall The COG, underwent updates this fall to ensure the safety and health of our students. For The COG, hours will remain the same or extended for normal operation standards. Upon entry, you will swipe your Gonzaga ID card and an attendant will monitor and be available to provide support.



Meals consist of a variety of Grab and Go options, along with limited dine-in seating. The COG has mirrored stations on the 1st and 2nd floors to also include Grab and Go Pick 3 items and special dietary consideration items. Seating is designed to maintain physical distancing, Plexiglass dividers have been added to all tables, and tabletop signs are used to show if a table has been cleaned or not. The dining room ensures sanitizing on constant rotation, use of disposable dishware and flatware for all meals and service attendants serve hot and fountain beverages to eliminate touchpoints on these high traffic stations.

### **Other Dining Facilities**

Welch Hall dining location has been transitioned into Grab and Go with expanded Pick 3 Offerings including pre-built salads/sandwiches, allowing students another easily accessible location for food to-go. Cataldo Hall has also been expanded to include The Globe Room. 1887 exclusively offers Grab and Go options, along with a rotating hot entrée option, while The Globe Room offers Simple Servings and Vegan options. Breakfast has been added to 1887. Due to physical distancing needs, Contemplative Café is closed to allow for additional space within the building.

Within Hemmingson Center, there are physical distancing measures and traffic flow requirements at The Marketplace, Starbucks and Wolfgang Puck. The Bulldog restaurant offers dine-in service at a reduced capacity and with physically-distanced seating.

Breakfast and lunch at Duff’s Bistro are swipe Pick 3 Grab and Go options, while offering its favorite menu items from afternoon through the late dinner hours.

Margie’s in Tilford and Café Lawte in the Law School, remain open to serve those areas of campus.

If you haven't already, we recommend you download the GrubHub app for mobile ordering and signing up for the campus portion to see all on-campus locations available for ordering ahead. This option will be available at all retail locations and will further assist in alleviating long wait times in line.

These plans are what Zag Dining is currently planning on for the Spring semester, however with the ever-changing needs of the campus, and continual government restriction changes, these plans may change. We will be working diligently with the campus and all state and local regulatory agencies to ensure that our services align with the most updated requirements. We appreciate your patience and understanding through these evolving times and know that we are working tirelessly to ensure you are not only safe and healthy, but also being fed to the high standards of Zag Dining and Gonzaga University.

### **John J. Hemmingson Center**

- **Entrances** are limited to the NW (main) doors and the East COG doors. During regular operations, all visitors need to check-in at the Welcome Desk or temporary pop-up visitor desk where a visitor pass is provided with a sign-in and out process for contact tracing.
- **Public Areas/Welcome Desk/Main Level:** Building access includes mission-critical operations staff and entrances will continue to be granted via GU ID. Campus visitors should wear masks.
- **Traffic flow** is controlled and signage to direct guests through entrances, exits, elevators and stairwells is posted throughout including one-way directional signs, silver sign messaging, digital boards and kiosks, and floor decals labeling 6 feet distancing for lines.
- **Furniture** has been redistributed to ensure physical distancing protocols are followed. The Welcome Desk workstation has been fitted with two Plexiglass dividers.

**Mail Services:** Mail will continue to be set on the counter for pick up (self-service lockers are also used). A customer flow in the south entrance has been created, exiting through the garage for larger package pickup and exiting out the SE corner door when picking up mail and small packages. Six feet is required between customers while waiting in line for mail and plexiglass has been installed for the back package window



**Bookstore (Zag Shop by Follett):** The Zag Shop will continue to provide as many services as possible; hours are expanded with additional staff. Signs outline physical distancing, the use of masks, handwashing, and encouraging customers with any illness to avoid shopping. The bookstore has made available all course materials as indicated by professors. Digital copies of all textbooks have been added to fall adoptions to ensure availability. Online orders will continue to be filled in the store as normal. Items can be shipped to any location, picked up in the store, or picked up curbside. The return policy will remain the same for both course materials and apparel. The Zag Shop will remain flexible to accommodate varying customer flow throughout the year, especially during events such as move-in weekend, graduation, Alumni events, conferences, and athletic events.



**Hybrid/Flexible Classrooms - Technology Infrastructure:** Many courses will continue to be taught in a hybrid environment where you may be physically present, and some where you attend through a synchronous online session. All 133 classrooms identified for hybrid online/in-person teaching have classroom computers and document cameras. Class sessions are recorded and



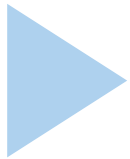
posted in the Blackboard Learning Management System so you can revisit the lecture after the “live” session is over.

**U.S. BANK:** U.S. Bank has an automatic teller machine (ATM) at the Hemmingson Center, and the staffed branch will reopen when U.S. Bank determines it can do so. Signs at the branch entrance outline physical distancing, and appointment scheduling is encouraged for interactions that will take more than 30 minutes. Line management is in place at the front teller windows and at the ATM to ensure physical distancing of customers waiting to be helped especially for larger events.



**Foley Library:** Foley Library access is restricted to current students, faculty and staff with a valid ZAGCARD. Hours of operation for the Foley Center (Library) are available [online](#).





## SPRING CAMPUS & COMMUNITY EVENTS, PROGRAMS, PERFORMANCES



Per recent Governor restrictions, Washington state still prohibits large events and gatherings. In the fall, we established guidelines for implementing or running GU-sponsored events, activities, or programming. Click here for a [fact sheet](#) that contains additional details.

*Note: these guidelines do not apply to academic (classroom or lab) activities, but are necessary to support performances, exhibitions, recitals, concerts, guest speakers, public lectures, etc. All activities, events, and gatherings must comply with state and local law and health guidelines, and emergent standards including:*

- Maintaining 6 feet of physical distancing between participants
- Screening employees for COVID-19 symptoms before every shift
- Following guidelines for cleaning and disinfection in spaces
- Minimizing use of enclosed waiting areas and reception areas
- Requiring employees to wear PPE as necessary for their task. The University must provide all PPE necessary for employee work
- Facilitating events outside
- Requiring PPE necessary for participation
- Ensuring hand sanitation stations are available in abundance in public areas and that soap and water is available for patrons and employees near sinks
- Posting University-issued signage that encourages customers, guests, visitors, patrons, etc. to wear masks
- Following a plan to screen for COVID-19 symptoms, maintaining a visitor log for 4 weeks and having at the ready a small supply of emergency PPE

### COMMENCEMENT 2021

At this time, following is the schedule for Commencement 2021:

- Commencement Mass: Saturday, May 8
- Graduate School and Law School Commencement: Saturday, May 8

### Athletics

At this time, spectators are not allowed to attend events and games. More information will be made available on our [website](#) as the spring semester progresses.



### Mission & Ministry

This spring, indoor services will continue with Chapel capacity up to 25% with 6 feet of distance between students. Each space can be accessed through the front door. Everyone must wear masks before, during and after services and there should be no direct physical contact. Anything consumed may not be presented in a communal container or plate. There will be no choir performances and restrooms are restricted to no more than 2 people at a time with 6 foot distances.



- *Daily and Sunday Masses* are conducted at 25% capacity until restrictions are lifted. Those wishing to attend Mass must [register online](#), and physical distancing will be observed. Masses may possibly be filmed and streamed online.

- *Retreats* are an important part of growing in faith, exploring spirituality, and building community. This year, the retreat program has been adjusted to include adapted virtual, on-campus\* or hybrid formats. Some new experiences have been created with others dropped or postponed to a later date.

*\*In-person elements are designed to meet current physical distancing/gathering size guidelines, keeping availability of campus spaces in mind as well as outdoor options. All participants must wear masks. Mission and Ministry track registration and attendance for contact tracing.*

### **Activities Outside the Classroom** (events, activities, programs, and student clubs)



Under the best of what remain very challenging circumstances, campus life during COVID-19 cannot be what it was before this pandemic, and activities outside the classroom will reflect this reality and follow the same public health guidance adopted for academic instruction as best as possible. For many students, attending Coffee House, a DICE Soup for the Soul lunch, participating in a hike with Gonzaga Outdoors, or attending a club meeting or event is integral to their Gonzaga experience. Student Affairs staff are closely connected to the work of the Pandemic Response Task Force and are actively pursuing ways to ensure that out-of-class opportunities are accomplished in ways that prioritize the health and safety of students, faculty, and staff.

There will likely not be large social gatherings on campus during the spring semester, including concerts, large assembly speakers, student organization fairs, picnics, movie nights, banquets, dances, and sporting events. Any in-person activities during Spring Orientation, as well as those outside of academic courses during the spring semester, must be reviewed by the University and structured in small groups, held outdoors or in large indoor spaces, and include best practices for limiting virus transmission, including:

- Wearing masks
- Limiting food and drink
- Providing hand sanitizer before, during and after
- Observing 6 feet for physical distancing

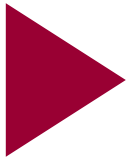
To the extent possible, student services provided this spring will once again be through remote delivery. Services that are provided in-person must adhere to guidance for physical distancing, barrier devices, access control, cleaning and sanitizing, signage and traffic flow, minimization of enclosed waiting and reception areas, staff wearing masks in all interactions, and visitor logs.

We know the incredible value of gathering as students in both structured and unstructured programs. Check out [What's up GU!](#), a website for student activities on campus:



Opportunities for leadership, community engagement, and campus events will exist – they'll just look a bit different. Be ready to engage in more virtual programming and gather in smaller groups.

Check the [Zag On website](#) for further information. We are making these decisions with your health and well-being in mind and so events will need to be prioritized given new requirements.



## SPRING CAMPUS SAFETY & SECURITY



This fall, we all learned how much COVID-19 creates a health and safety concern for campuses around the world. But we are proud of our campus community taking this seriously and practicing behaviors that have kept our rates of transmission low.

The risk of transmission and exposure is augmented by the cultural and operational standards of these institutions. Operating procedures continue to be evaluated with three goals in mind:

1. Creating procedures and protocols without altering current practices and responsibilities
2. Developing anticipated new protocols and procedures
3. Making recommendations on how Campus Security & Public Safety can partner with the needs of constituents on and off campus

Campus safety and security remains fundamental to how behavioral changes are promoted. The risks presented by COVID-19 produce stress that can manifest in a variety of ways. We must continue to balance public health needs with general care and concern for all individuals involved. Clear adherence to public health protocols and protection of the campus community will only be as effective as our communication of expectations and enforcement of those expectations being linked to education. Following are guidelines for campus safety and security:

**Residence Hall Incident Response:** Incidence protocols are in place involving entrance into residence halls or students' housing assignments, include understanding use of masks and other recommended health procedures.

**Failure to Observe Public Health Behavior Response:** All of us must continue to be active participants in the work of mitigating transmission and conducting ourselves in a manner appropriate to this circumstance. Compliance with all required public health practices outlined in this Guide is expected of all of you:

- Our [Student Code of Conduct](#) addresses misconduct, which would include refusing to wear a mask or not practicing physical distancing. For **NEW STUDENTS**, reviewing the COVID-19 Notice & Acknowledgement of Student Risk document at the end of this Guide indicates that you will comply with all requirements.
- An information card is given to individuals observed not adhering to recommended public health behaviors. Language/messaging is posted around campus sharing Gonzaga's expectations.

**University Identification:** You should wear your Gonzaga ID in a visible fashion for easy identification, particularly given the need to wear masks. Additionally, you must obtain a form of visitor pass/ identification for guests from the appropriate location on campus.

**Access Control:** External building card-access doors are locked 24/7. When appropriate, internal doors should be opened to facilitate airflow. You can use card-access keys to access doors. Manually-locked doors should remain open during business hours and configured to meet appropriate traffic flow (e.g., one-way entrance and exits, etc.) with clear signage.

**Campus Rides and Transportation:** CSPA offers critical transportation on-campus, with your GU ID, as long as you are wearing appropriate PPE (at a minimum a mask), are not symptomatic/sick, and no more than 1 rider is in the vehicle.





## SPRING FITNESS CENTER, INTRAMURALS & CLUB SPORTS



Gonzaga University Athletics is committed to the safety and well-being of our students and staff. Our goal is for you to exercise and enjoy physical fitness in a safe and healthy environment. Much of the Athletics plan from fall semester is still in place for spring semester.

### PERSONAL SAFETY PRACTICES

Masks must continue to be worn when in the presence of others and in settings where other physical distancing is difficult to maintain (e.g., weight rooms, meeting rooms, training rooms, locker rooms, classrooms, entrance and exit locations). Stay at least 6 feet from other people at all times, do not gather in groups, stay out of crowded places and avoid mass gatherings and practice consistent handwashing.



**THE RUDOLF FITNESS CENTER (RFC)** was able to operate, with limited capacity, through much of the fall semester. However, we await further guidance from the State as regards recreational opportunities as allowed by the state's current guidelines. As of December 2020 Patrons will CONTINUE to reserve the equipment they wish to use through Gonzaga's IMLeagues software program. Locker rooms and the pool are closed, and equipment is spaced to meet safety standards and physical distancing protocols under state and local health department guidelines. Please check the IMLeagues website and the RFC's social media pages for the most up to date information and updates.



- [Hours of Operation](#)
- Facility/Area Closures
  - Pool
  - Stevens Tennis Center
  - Locker rooms and showers
  - Day-use lockers
  - Track, Field House Basketball courts
- The number of patrons in each area of the facility is limited.
- All facility access will be through a reservation system (EMS):
  - RFC is open in time slots of 45-minute increments for patrons to reserve and complete their workout.
  - All equipment must be reserved using Gonzaga's EMS software
  - No walk-ins are permitted.
  - You are asked to reserve a time slot and equipment prior to entering the RFC.
    - Visit Gonzaga's EMS site
    - Select time slot and desired equipment
    - Fill out the form and submit request
    - Once request is approved, a confirmation email will be sent
    - You will have 45 minutes to complete a workout with reserved equipment and exit the facility. PA announcements will be made to remind patrons of

physical distancing and time remaining on the 45-minute time slots. To exit, you will follow the directional arrows to the fieldhouse doors.

- RFC staff sanitize and clean each piece of equipment after each exercise session. Equipment is arranged to allow 12' physical distancing between patrons. Doors are propped open as needed to limit contact. There is a designated entrance and separate exit. Directional signage designating flow patterns of movement directs traffic for patrons. Reservations are staggered and there are multiple lines to create clear separation for physical distancing. Stations with hand sanitizer and X wipes are provided to the patrons to clean equipment before and after use. A barrier of plexiglass has been placed at the front desk between patrons and on-duty staff members.
- If you are not feeling well or have been in contact with anyone who has been sick, you should stay home. You will be limited to reserved equipment during a reservation slot.

Updates and information on the Rudolf Fitness Center will continue be made through Morning Mail, the RFC website, the RFC Instagram (@Gonzaga\_RFC) and other social media channels as well as confirmation and MLeagues.com emails.

**INTRAMURAL ACTIVITIES** have limited shared-touch points, as they did in the fall. We will continue to follow all local, state and CDC requirements regarding our activities which may include of mixture of non-contact and minimal contact sports, with physical distancing applied (including virtual activities such as the Step Tournament and 5K). Sanitization is important to maintain cleanliness of equipment.



For protocols and procedures specific to intramural activities, click [here](#). Additional plans are on the intramurals website and IMLeague.com page. You will get additional information and updates via Morning Mail, Social Media, IMLeagues.com emails. Captains meetings will be hosted prior to each season/sport to answer questions and share changes. For more information about specific intramural sports, click [here](#).

**CLUB SPORTS** are continuing to undergoing evaluation to determine if and how they can operate during the Spring. We are striving to assist our clubs in being able to operate in the safest way possible. Guidance from Department of Education, Washington State, and the Spokane Regional Health District will be used to determine what is possible. If you have any questions or concerns, and for further updates, please email [getinvolved@gonzaga.edu](mailto:getinvolved@gonzaga.edu).

### **INTERCOLLEGIATE ATHLETICS**

Following state, local and NCAA guidelines, plans and protocols have been developed for the safe return this spring to college sports. Student-athletes may reach out to their coach for further details and questions pertaining to their team.

**We're Here for You**

# WE'RE HERE FOR YOU

## PHYSICAL, MENTAL, SPIRITUAL & EMOTIONAL WELL-BEING

Gonzaga University is committed to a holistic model of well-being and health. As such, we endorse a humanistic model that builds on the individual strengths of each of us and a deep sense of community to attain and to maintain holistic health.

If you are struggling with mental health issues during this time, know that **our community is here to provide you with the resources you need to cope with this crisis and your emotional experience during this time.** As a Gonzaga student, you have access to expert advice from healthcare professionals for many medical and health-related needs:

- Gonzaga University Health & Counseling Services are available for Main Campus students: (509) 313-4052
- 24-Hour NurseLine: Talk to a registered nurse at no charge: (800) 841-8343
- Providence Sacred Heart Medical Center: (509) 474-3131
- MultiCare Deaconess Hospital: (509) 473-5800

## MENTAL HEALTH

Gonzaga University recognizes that emotional and psychological well-being are essential components of a student's health and as such we have allocated resources to mental health treatment and education efforts. We understand that emotional, social, and financial disruptions, in combination with 24/7 media coverage, and the associated fear and uncertainty surrounding this pandemic, may take a toll on your well-being. Studies tell us this can lead to depression, anxiety, substance use, anti-social behavior and other difficult or potentially self-destructive responses. Innovative approaches at Gonzaga are being used to extend resources further as this pandemic continues to affect the mental health of students, faculty, and staff. Gonzaga's holistic approach to promoting a healthy community helps to foster an ethos of "cura personalis" that focuses on the well-being of the whole person.

Listed below are some of the excellent resources that you can access during this challenging time:

- **Early Education/Messaging:** Substantial information found in the #ZagOn campaign, Positive Messages Campaign
- [COVID Care Packages](#)
- **National Suicide Prevention Lifeline:** 1-800-273-TALK (8255)
- **Crisis Text Line:** Text HOME to 741741
- **Print Resources:** Wellness Tips/Care Cards
- **Trainings:** Mental Health First Aid, Suicide Prevention, Zags Help Zags, and information on other campus resources
- **Virtual Resources and Information:** [Online Wellness Toolbox](#), [COVID-Related Information Hub](#)

- **Virtual Services & Education:** “Let’s Talk” virtual drop-in sessions for students, workshops, mindfulness practice, skill building programs, “Calling All Zags” coordinated outreach program, identifying at-risk students, Wellness Toolbox
- **Non-Clinical Interventions (Case Management):** Support/coordination for students testing positive for COVID, support for students whose mental health is impacted but do not require/desire clinical intervention, connecting “well” students to on & off campus resources, consultation for staff, faculty, students, families of students of concern, outreach to students of concern & students not engaging in class
- **Clinical Interventions:** Tele-mental health care for individuals, virtual group sessions, careful attention and response to suicidal thoughts and behaviors
- [Wellness Toolbox, Health Check, Campus & Community resources](#)
- Other Links:
  - [Seize the Awkward](#)
  - [NAMI COVID-19 Resource and Information Guide](#)
  - [Active Minds](#)
  - [6 Daily Questions to Ask Yourself in Quarantine](#)
  - [COVID-19 Resource Guide](#)
  - [Steve Fund Knowledge Center](#)
  - [How LGBTQ Youth Can Cope with Anxiety and Stress During COVID-19](#)
- Tip Sheets for:
  - Staying Educated
    - [About Coronaviruses](#)
    - [Understanding & Preventing COVID-19](#)
    - [Health & Safety Resources](#)
  - Staying Mentally Healthy
    - [Coping with Stress During Infectious Disease Outbreaks](#)
    - [Mental Health and Coping During an Outbreak](#)
    - [Managing Pandemic Stress](#)
  - [Mindfulness](#), [Mental Health First Aid](#) and [Meditation](#) toolkits

If you need mental health support, please contact the Center for Cura Personalis at (509) 313-2227 and/or Health & Counseling Services at (509) 313-4052. Students can also refer a friend using the online [Refer form](#).

## **YOUR SPIRITUAL & EMOTIONAL WELLNESS:** OFFICE OF MISSION & MINISTRY RESOURCES

The Office of Mission and Ministry is available to meet with you and talk about faith, life, joys, sorrows, questions, and whatever is on your heart. Click [here](#) for contact information and a video or find the Digital Ministry Schedule [here](#).

## **CONTACTS FOR SUPPORT**



It is very understandable that you will have questions pertaining to your unique circumstances, major, and more. Following are campus contacts to reach out to with more specific questions:

<b><u>GU's Coronavirus (COVID-19) Information &amp; Resources</u></b>	
GU Call Center/COVID-19 Hotline	(509) 313-7070
<a href="#">Health and Counseling Services</a> for Main Campus Students	(509) 313-4052; <a href="mailto:studenthealth@gonzaga.edu">studenthealth@gonzaga.edu</a>
<a href="#">Disability Access</a>	(509) 313-4134
<a href="#">Study Abroad</a>	(509) 313-3549; <a href="mailto:studyabroad@gonzaga.edu">studyabroad@gonzaga.edu</a>
<a href="#">Office of Diversity, Inclusion, Community &amp; Equity</a>	(509) 313-4100
<a href="#">Foley Library Resources</a>	(509) 313-5931
<a href="#">Student Affairs Office</a>	(509) 313-4013
<a href="#">Housing &amp; Residence Life</a>	(509) 313-4103
<a href="#">Parent &amp; Family Office</a>	(509) 313-4154
<a href="#">Center for Student Academic Success</a>	(509) 313-4047
<a href="#">Move-In Weekend</a>	(509) 313-4103
<a href="#">New Student Orientation</a>	(509) 313-4346
<a href="#">Office of Mission &amp; Ministry</a>	(509) 313-4242
<a href="#">Campus Security &amp; Public Safety</a>	(509) 313-2222
<a href="#">Spokane Regional Health District</a>	(509) 324-1500
<a href="#">Washington Department of Health</a>	Coronavirus Call Center: +1 (800) 525-0127
<a href="#">CDC</a>	

### **Additional Questions?**

For general questions or for more information, visit [www.gonzaga.edu/zagon](http://www.gonzaga.edu/zagon) or call the hotline at (509) 313-7070.

# **COVID-19 Notice & Acknowledgment of Student Risk**

*(for students who had not previously signed)*

GONZAGA UNIVERSITY  
ACADEMIC YEAR 2020-21  
COVID-19 NOTICE & ACKNOWLEDGEMENT OF STUDENT RISK

Each student making the decision to participate in academic, student life, residence life, and/or athletic programs (“Program(s)”) at the Gonzaga University Spokane Campus during Academic Year (“AY”) 2020-21 should only do so after considering the risks described in the following paragraphs.

Each student must make an individual voluntary decision to participate in the Program(s) based on their individual health status and other personal considerations.

Coronavirus (COVID-19) is a disease caused by a virus that can spread from person to person. The virus that causes COVID-19 is a new coronavirus that has spread throughout the world. COVID-19 symptoms can range from mild (or no symptoms) to severe illness and even death. A person can become infected by coming into close contact (about 6 feet, or two arm lengths) with a person who has COVID-19. A person can become infected from respiratory droplets when an infected person coughs, sneezes, or talks. A person may also become infected by touching a surface or object that has the virus on it, and then by touching their mouth, nose, or eyes. Much remains unknown about the virus and we continue to learn about the disease and associated symptoms.

**A person infected with the virus that causes COVID-19 may be asymptomatic, suffer mild discomfort, or experience severe illness, including death. Persons in the following categories are at higher or increased risk for developing more serious complications and/or severe illness from COVID-19:**

- Older adults.
- People of any age with the following conditions are at increased risk of severe illness from COVID-19:
  - Cancer;
  - Chronic kidney disease;
  - COPD (chronic obstructive pulmonary disease);
  - Immunocompromised state (weakened immune system) from solid organ transplant;
  - Obesity (body mass index [BMI] of 30 or higher);
  - Serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies;
  - Sickle cell disease; or
  - Type 2 diabetes mellitus.
- Children who are medically complex, who have neurologic, genetic, metabolic conditions, or who have congenital heart disease are at higher risk for severe illness from COVID-19 than other children.
- People with the following conditions **might be at an increased risk** for severe illness from COVID-19:
  - Asthma (moderate-to-severe);
  - Cerebrovascular disease (affects blood vessels and blood supply to the brain);
  - Cystic fibrosis;
  - Hypertension or high blood pressure;
  - Immunocompromised state (weakened immune system) from blood or bone marrow transplant, immune deficiencies, HIV, use of corticosteroids, or use of other immune weakening medicines;
  - Neurologic conditions, such as dementia;
  - Liver disease;
  - Pregnancy;
  - Pulmonary fibrosis (having damaged or scarred lung tissues);



- o Smoking;
- o Thalassemia (a type of blood disorder); or
- o Type 1 diabetes mellitus.

Students who are at high risk or increased risk for severe illness from COVID-19 should consider contacting the Student Disability Access Office as soon as possible to discuss possible reasonable accommodations such as participating in distance education courses only during academic year (AY) 2020-21 and/or postponement of their participation in Programs at the Spokane Campus until after AY 2020-21. If a student elects to participate exclusively in Gonzaga University-delivered distance education or pause their academic progress during all or part of AY 2020-21 rather than participate in Programs at the Spokane Campus during AY 2020-21, their progress toward degree completion may be delayed.

There is currently no vaccine to protect against COVID-19. There are no non-investigational drugs or other therapeutics presently approved by the FDA to prevent or treat COVID-19. The best way to protect oneself is to avoid being exposed to the virus that causes COVID-19.

In accordance with its Mission, Gonzaga University holds as paramount the health, safety, and welfare of every member of its community. Having said that, the reality is the University cannot guarantee a COVID-19-free environment. This is simply not feasible.

**Taking steps to minimize the risk of COVID-19 infections (or any other spread of disease) at Gonzaga University is a shared responsibility. Every member of our community – including individual students -- must do their part.** This means adhering to national, state, and local health guidelines and requirements, and adhering to those measures Gonzaga University deems safe and appropriate for its campus. Specific details will be provided as circumstances dictate, but these may include measures such as: temperature checks, physical distancing, wearing masks or other facial coverings, using other personal protective equipment, not attending Programs if sick, and isolating and quarantining when required.

Students must agree to do all of this not just for themselves but for the safety of others, and because this is consistent with their obligations as members of the Gonzaga University community.

Students making the decision to participate in Programs at the Spokane Campus during AY 2020-21 must understand that there **are inherent risks associated with this decision that cannot be eliminated regardless of the care taken to avoid infection** and that they may contract COVID-19 and infect others.

The risks of participating in Programs at the Spokane Campus during AY 2020-21 **include, but are not limited to, respiratory failure, organ failure, paralysis, death, exacerbation of existing health conditions, stress, social-stigmatization, and/or spreading the infection to others.** Although the University will be taking steps to mitigate these risks, the University cannot guarantee that students will not become infected and/or infect others.

By voluntarily deciding to participate in Programs at the Spokane Campus during AY 2020-21, each student acknowledges their individual responsibility to comply with the following requirements (which may be modified as the University receives additional guidance and conditions change):

- frequently check themselves for any symptoms of COVID-19 and maintain ongoing awareness of whether they are experiencing any symptoms;
- notify a healthcare provider immediately and not attend Programs if they become sick and/or exhibit any of the following symptoms of COVID-19: fever (100.4F or higher) or chills, shortness of breath or difficulty breathing, cough, fatigue, sore throat, congestion or runny nose, headache, muscle or body aches, diarrhea, nausea or vomiting, and/or the new loss of sense of smell;
- comply with the public health requirements and directives issued by Gonzaga University, the City of Spokane, the Spokane Regional Health District, the Washington Department of Health, other Washington state agencies, and the Washington Governor, including temperature checks, physical distancing, wearing masks or other facial coverings, using other personal protective equipment, not attending Programs if sick, and isolating and quarantining when required; and
- understand that their decision to participate in Programs at the Spokane Campus during AY 2020-21 may result in additional costs, including healthcare costs, travel cancellation and rescheduling costs, and additional food and lodging costs for students not in University housing or without University meal plans, including, but not limited to, costs arising from isolation and quarantine. International students may arrange for housing and dining associated with their 14-day quarantine upon arrival at the University by contacting campus housing.

**If you are on campus, contact GU Health and Counseling Services at (509) 313-4066 if you believe you have been exposed to COVID-19.**